

# Constipation

Causes fully half the sickness in the world. It retains the digested food too long in the bowels and produces biliousness, torpid liver, indigestion, bad taste, coated tongue, sick headache, insomnia, etc. Hood's Pills cure constipation and all its results, easily and thoroughly. See All Druggists. Prepared by C. I. Hood & Co., Lowell, Mass. The only Pills to take with Hood's Sarsaparilla.

# Hood's Pills

Notice.

The Metalline Shoe Co., having sold out their business the Waterproof Soles will be hereafter known as the "Boston Waterproof" with the following trade mark:



The soles will be treated by the same party who treated them for the Metalline Co., and handled by the same salesman. Nothing but the very best oak tanned leather will be used in their manufacture, and in addition they will be put on Misses' as well as on Ladies' and Gentlemen's. The soles have proved so satisfactory to the trade on account of their flexibility, waterproof and long wearing qualities, and are so well known that it is unnecessary to dwell on their merits at present.

For convenience of out of town parties the shoes will be kept on sale by the following dealers: Metalline Shoe Store, Barton, D. Buchanan, Barton Landing, W. H. Tibbets, Coventry, J. C. Orne, Brownington, J. W. Brown & Son, Evansville, A. E. Anderson, Glover, W. C. Daniels, Westmore, M. B. Chafey, Albany, C. W. Wheeler, Frisburgh, F. G. Anderson, South Albany, E. B. Marcy, North Craftsbury, E. S. Stratton & Son, Craftsbury, W. H. Chappell, East Haven, Rollins & Sawyer, Wheelock, F. A. Holmes, W. W. Coc, West Burke, Geo. H. Brackett, Charleston, J. Miller, Newport Center, C. E. Harris, East Burke, E. Lane & Son, Derby Center, Fong & Hobson, Island Pond. And in fact by one dealer in nearly every village and town reached by the railroad.

Ask your dealer for the Boston Waterproof and take no other, and you will be sure of dry feet and a durable shoe that insures comfort from the start, needs no "breaking in." We believe in Protection for Farmers, that is protection for the soles of their feet. With a pair of the Boston Waterproof you can mow the wet grass without spoiling your shoes and with dry feet, for no matter how much you soak them they never become stiff and hard, and the soles never even become damp. Our Congress shoes all have Hub Gore which is warranted for eighteen months. Farmers' wives and daughters will find our Viscol Kid Shoes Waterproof, top and bottom, the easiest, as well as the most convenient, as you need no rubbers. Manufactured and handled by

CHAS. T. A. BENT, BOSTON, MASS.

Henry A. Beckwith, General Sales Agent for Vermont and New Hampshire.

LYNDON SAVINGS BANK, LYNDONVILLE, VT.

OFFICERS: W. SANBORN, President. C. D. BIGELOW, Vice-President. I. S. PEARL, Treasurer.

TRUSTEES: J. W. SANBORN, H. F. PILLSBURY, J. C. COPELAND, C. D. BIGELOW, H. E. FOLSOM, J. F. RUGGLES, J. C. EATON.

STATEMENT SHOWING THE CONDITION OF THE

# Orleans Trust Co.,

Newport, Vt., JANUARY 1, 1896.

Table with financial data including Resources, Loans, and Capital Stock.

C. A. PROUTY, P. J. FARREL, President, Treasurer.

Iron and Steel, Blacksmith's Coal, Chains, etc., for sale

Strictly for Cash on Delivery at J. W. MURKLAND'S.

Have just put in a large stock of Leather Belting of all widths, such as mill men are likely to want Lacings, Belt Hooks and Files.

WANTED. A MAN: to sell Canada grown Fruit and Ornamental Trees, Shrubs, Roses, Bulbs and Bulbous Plants, Grape Vines, Small Fruits, Seed Potatoes, etc.

LUKE BROTHERS COMPANY, International Nurseries, CHICAGO, ILL., or MONTREAL, QUE.

# WASHINGTON LETTER.

SPECIAL COLUMN OF THE MONITOR.

Washington, Oct. 5th, 1896.

The poptocrats are a frightened crowd just now, and the publication of Bryan's statement of his alleged confidence over his own signature is generally regarded as farcical under existing circumstances. Not only are they frightened about the states which the republican managers conceded to be in doubt at the beginning of the campaign, but which they now consider safe for McKinley, but also about seven or eight southern states, some of which the republicans had no idea of making any serious campaign in until very recently. They realize that Maryland, West Virginia and Kentucky, which have from the beginning been strongly contested by the republicans, are more likely to be carried for McKinley than for Bryan, and now the antics of Tom Watson have got them into a state of fright over North Carolina, Florida, Alabama, Tennessee and Louisiana, and they are no longer certain even of carrying Texas. What they especially fear in several of these states is that the republicans may withdraw their electoral ticket and support that of the gold democrats, an idea that is being advocated by some shrewd republicans for such states as Louisiana, where the gold democrats are numerous and influential.

A Jacksonville, Fla., business man—Mr. W. J. Farrell—now in Washington, dropped a few words which have set a lot of people to thinking. He said: "I take but little interest in politics, and do not assume to predict the result of the coming election in Florida. I take it for granted that the state and county democratic Congressmen will be elected. It does not follow, however, that Bryan will carry the state. In fact, I think that McKinley's chances are better. There are a great many sound money men in the democratic party in Florida, who will go over to the republicans because of their hostility to free silver. Among the farmers are many Northern men who are naturally for McKinley. I think Florida can fairly be classed among the doubtful states, so far as the electoral votes are concerned."

The general distribution of campaign literature by the republican Congressional Committee is practically finished, although orders for documents will be filled right up to election day. More documents, both in number and in bulk, have been sent out than were ever before sent from Washington in a single campaign, and the correspondence of the committee leaves no doubt that these documents have accomplished an enormous amount of good, in setting right those who had been misled by having read only one side of the financial and other questions. The work of the committee will not be finished until after election.

The latest news from Kentucky is decidedly good. It indicates that McKinley will carry the state by not less than 15,000 majority, notwithstanding the fusion of democrats and populists, and that a majority of the Congressional districts will elect republicans. In short, it looks like the state might be swept by a republican landslide in November.

A democratic Congressman from Alabama has been telling tales out of school. He says there are not less than 15,000 democrats in his state, who will, under no circumstances vote for Bryan, and he adds: "Kentucky will probably vote for McKinley, and likewise Maryland and West Virginia. I think there is no chance for Bryan to be elected. The free silver movement is not now as strong as it was only a little while ago. It steadily grows weaker. This is not to be wondered at. As men examine the question they become convinced that free coinage is a delusion."

Few republicans have had a doubt about how the electoral vote of Illinois will be cast since the meeting of the Chicago convention, and those few have been convinced that McKinley will carry the state by an immense majority, by a thorough investigation which has just been completed. So certain is the result now regarded that wagers have been made that McKinley's majority in that state will exceed 200,000.

Be sure you are right and then go ahead. If your blood is impure, your appetite failing, your nerves weak, you may be sure that Hood's Sarsaparilla is what you need. Then take no substitute. Insist upon Hood's and only Hood's. This is the medicine which has the largest sales in the world. Hood's Sarsaparilla is the one true blood purifier. Hood's Pills are prompt, efficient, always reliable, easy to take, easy to operate.

# State News Items.

A south bound freight train on the Central Vermont road was wrecked near Roxbury Oct. 4th by the breaking of a wheel. Sixteen cars were badly demolished, but luckily the trainmen escaped with a few bruises.

A barn belonging to Frank W. Labor of Bristol, together with five cows, two horses, and some hay and grain, was burned to the ground the night of Oct. 3d. It appears to be the work of an incendiary as there was a smell of kerosene.

# THE BUSINESS SITUATION.

During the past week the conditions in business generally have shown an improvement. Just as there existed a few weeks ago a general drag upon business in the shape of a lack of confidence in the political condition of the country, so, on the other hand, there is now a better feeling in business everywhere because the political outlook is so favorable to the success of the sound money cause. The collapse of the free-silver party in New York, through the nomination of a gold democrat for governor, has probably had much influence on the minds of business men. In addition, the news received from commercial correspondents throughout the West and South has been generally encouraging during the past week. Although every business man has been able to secure some evidence of the trend of affairs in the West, and the general consensus of opinion seems to be that the outlook in nearly all the States of the middle West is strongly favorable to republican success. Altogether the political conditions have been very encouraging during the past week to friends of sound money.

The outlook as regards exports of American products and the consequent imports of gold is still reassuring. The rush of ocean freight has been remarkable. The total of merchandise exports for the first eight months of the year shows an excess of \$82,000,000 over the figures for the similar period in last year. It is said to be almost impossible to obtain freight room for certain classes of products for the next two months, on some of the regular transatlantic lines. The demand for American goods is very strong abroad, a net advance of nine cents a bushel having been shown on wheat during the recent past. The exports may be checked slightly by the increased rates on ocean freights, but the very increase has been due to the phenomenal amount of business.

DeWitt's Witch Hazel Salve is an antiseptic, soothing and healing application for burns, scalds, cuts, bruises, etc., and cures all skin diseases. It instantly stops pain. H. C. Pierce, Barton.

# WORKING POLEWARD.

An Englishman named Jackson has been two years in Franz Josef Land, and proposes in the spring to push northward. Most of the Arctic explorers have been transient visitors; Jackson has learned to live in those higher latitudes and to execute more reliable surveys of the country. He has made a careful study of Franz Josef Land, and, as a result, has found how inaccurate are the maps of Weyprecht and Payer. In the course of the winter Jackson expects to complete the mapping of the islands, and to be ready to advance on the approach of the warm season. "I look upon Victoria sea," he writes, "as my most favorable route northward, next spring the mapping of Franz Josef Land will be practically complete and nothing should prevent my attempting the open water or the crust of ice on the sea." Mr. Harmsworth, who foots the bills, declares that no effort will be spared to reach the highest latitude ever attained by man. Jackson will strain every nerve to break Nansen's record. It is in his favor that Jackson is an expert in Arctic exploration. He has seasoned men with him in Lieut. Armatage, Dr. Kettlits and Mr. Hayward. He has a fresh equipment of sledges, reindeer, portable boats, and food of all kinds. He knows what Nansen has done, and is determined to do something more important. He has some advantages over his predecessor. By traveling due north for 240 miles, he will reach the point attained by Nansen; and then he will have 200 terrible miles before he can gain the pole. He may succeed in advancing further toward it than any former explorer.

# Bucklers' Arnica Salve.

The Best Salve in the world for cuts, bruises, sores, ulcers, salt rheum, fever sores, tetter, chapped hands, chilblains, corns, and all skin eruptions, and positively cures piles, or no pay required. It is guaranteed to give perfect satisfaction or money refunded. Price 25 cents per box. For sale by H. C. Pierce.

The MONITOR takes pleasure in announcing to its readers that the well-known house of D. Appleton & Co. have just issued a new work, which should find a place in every household. It is entitled, "In Sickness and In Health." As its title indicates, it treats of family medicine, but in a far different manner from any previous publication. "Family Physician," so called, have appeared from time to time, but they have been issued with one of two purposes in view: either the advertising of some special physician, or, for the purpose of puffing some patent medicine. Their lack of value is therefore apparent. The publishers in this work, have employed a corps of skilled physicians, each of whom is assigned his specialty, thus securing the ablest possible treatment of the topics treated. The work is receiving the highest eulogiums wherever shown.

Agents are wanted in every county of Vermont to push the sale of this great work. It will be a bonanza for the right man. Address the publishers, D. Appleton & Co., W. H. Clark, Manager, Boston, Mass.

DOOR.—In this issue of our paper appears an advertisement for Idoit, one of the best blood purifiers ever made. Many strong testimonials confirm this statement. It is highly recommended by the famous Dr. J. S. Dodge of Lincoln, Vt., and a number of other good physicians. It is considered superior to the best sarsaparillas.

# RUSSIAN CENTENARIANS.

Dwellers in the Caucasus Whose Ages Run Up to 140 and 150.

Last year an old peasant named Ivan Kouzmin was reported to have traveled from Moscow to Kiev at the age of 140. He was said to be in good health. He had formerly been coachman to Count Sheremetief, but in 1840 was sent to Siberia, where he spent 54 years, returning in 1894. His is not the only instance in which a Siberian exile has survived to extreme old age. Two years ago there was said to have died in Samara one Lavrentii Efimof, who had attained the age of 150. According to the newspaper reports of him he took part as a boy in the famous Pugachev rebellion in the reign of Catherine the Great, and for his share in that brief but sanguinary outbreak spent 30 years of his life in Siberia. Recently there was said to be living in the village of Vank (Saratof government) an Armenian aged 110, the proud ancestor of 91 descendants, of whom 71 were still living. His name was David Kazarian. Another Armenian, a priest named Ter-Mikaeliantz, was reported not long ago to be living at Gori in the Caucasus at the age of 108. He was still able to walk to church and once a year performed the liturgy. If recent history in the Turkish empire continues to repeat itself, such instances of longevity among the Armenians seem likely to become rare. Last December there died in the government of Kharkof an old man, Theodore Liptzof, who was said to have reached the age of 115. He well remembered the Napoleonic invasion of 1812. It is worth noting that he drank vodka freely and that he took snuff and was an inveterate smoker of tobacco, which he not infrequently chewed as well. The Caucasus would seem to be a region favorable to length of days. In addition to the instance of the Armenian priest already quoted the following other instances have been reported from there:

Last year, in the town with the unpronounceable name of Mtzkhet, a peasant with the appropriate but equally unpronounceable name of Adam Martolekishvili died at the reputed age of 130. Unfortunately some doubt must be thrown on the accuracy of this instance, for the newspaper (The Kavkaz) from which it is quoted adds that Adam left two sons, the eldest 60 and the youngest 40 years of age. If this be true, the youngest son must have been born to his father at the great age of 90, an almost incredible feat in nonpatriarchal times. Adam is said to have left a widow aged 100, and this same town with the impossible name is stated still to shelter several old men and old women between 90 and 100. Three years ago one of its favored inhabitants, a woman, died at the age of 120. Happy Mtzkhet! In Tiflis, not long ago, a woman named Urumsina Arutunova died at the supposed age of 120, and as recently as May last a brutal murder was brought to light in the district of Tiflis in which the victim was said to be 100 years old. The object of the crime was not discovered. The case of Nicolas de Savin, the old French soldier who was taken prisoner by the Russians in 1812 and died two years ago in Saratof at the age of 126, was commented upon at that time in the English press. About the same time the case of another old soldier was brought forward, a Finn living in Wyborg, whose age was said to be 122. This summer there was said to be living a still older Cossack soldier. This man, named Solodof, residing in the village of Jovnino (Poltava government), is reported to have passed his one hundred and twenty-fifth birthday. Finally an old woman, aged 117, is it is stated, still living in Nikolaiet. She is a Pole and remembers the taking of Warsaw by the Russians in 1793. In closing the list it is well to add that in many of the instances quoted a closer investigation might materially diminish the ages of the persons in question. Only last year a paragraph appeared in the papers relating to an old man who had come from Siberia and who had reached the age of 138. A later paragraph stated that on examining his passport his true age was found to be only 99.—London Lancet.

# Bicycle Fire Engine.

In Paris it is to be seen a fire engine propelled by cycling firemen. The machine has the appearance of two tandem bicycles coupled with a single steering post. Hanging between the two bicycle frames are the hose reel and a rotary pump. The whole outfit weighs less than 140 pounds, and four experienced wheelmen can push this along faster than any other fire engine ever vent. The foot power of the four men propels the machine to the scene of action, and when once there the same power pumps the water. After the arrival at the scene each man is assigned to some part of the duty of making the change. One raises the back of the machine on a leg, allowing the rear wheels to revolve freely. He also throws the pump into working order, and the others have unreeled the hose and made the coupling connections. Then, jumping into the saddles again, the energies of the men are directed to pumping. About 4,500 gallons of water per hour can be thrown between 75 and 100 feet in the air. The rapidity with which the machine can be propelled to a fire and also with which it can be put into action are its two great advantages. In two or three minutes after its arrival all necessary changes can be made and the machine is pumping a stream over the roof.

# An African's Care For His Ornaments.

Soon after you get started on a journey with black followers, all your breakable property—cups, saucers, etc.—will be smashed or lost, but the gentle African notwithstanding will wear round his ankle a thin thread of beads for three years. He will tear his way through matted grass and follow a wounded buck through tangled jungle without injury to his ornament. It is remarkable how an ornament sticks to a native.—Century.

# DO ATHLETES DIE YOUNG?

With the reopening of the colleges the old question of advantages and disadvantages of athletic sports comes up for consideration. "Why do athletes die young?" was the question put by a reporter recently to William Blaikie, the well-known authority in athletic matters. "They do not," was the prompt reply; and, in proof of what he said, he pointed to the pictures of three athletes upon his walls: Gladstone, Bismarck, and David Dudley Field.

The fact that certain prominent athletes have died in consumption has been thought by some indicate that athletic training tends to cause that disease. But as consumption is now believed to be a germ disease, this would be impossible, unless the constitution was so weakened by over-exertion, dissipation, or an inherited tendency, that in some one of many ways the tuberculosis germ found congenial lodgment in the system.

It is generally agreed among medical men that men who train in order to gain health, vigor, and power of endurance, do not shorten their lives by athletics, if they are sound when they begin to train. Except where the subject has a weak heart or weak lungs, the effects are nearly always beneficial.

Even young men of inherited consumptive tendencies, if they keep carefully the rules of exercise laid down for them, will be likely to prolong life by athletic training; but violent work and the strain of competitive contests are to be avoided.

With athletics, as with many other things, it is only excess that injures. It is an excellent thing that, in some schools and colleges, not only are the best facilities for physical exercise, but increasing pains are taken to direct their use in accordance with the law of health and with some regard to individual differences.

They are so little you hardly know you are taking them. They cause no gripping, yet they act quickly and most thoroughly. Such are the famous little pills known as DeWitt's Little Early Risers. Small in size, great in results. H. C. Pierce, Barton.

Uncle Bob—I hear you took your bicycle apart. Did you get it together again so that it goes all right?

Bobby—Well, pretty good. I got the handle bars on the back and the back and the seat in front, but it goes all right when you get used to it.

HOOD'S PILLS cure Liver Ills, Biliousness, Indigestion, Headache. A pleasant laxative. All Druggists.

# PURE BLOOD

IS ESSENTIAL TO GOOD HEALTH.

IDOIT IS THE BEST BLOOD PURIFIER KNOWN. Ellen Trayak, Berkshire, Vt., writes: IDOIT has entirely cured me of Salt-Rheum. Before I began its use my hand were one great scab, now they are as smooth as any one's.

Price \$1.00 per bottle, six for \$5.00. If your merchant does not keep it send us \$1.00 and we will send a bottle express paid.

Fred'k Dutcher Drug Co., Proprietors, - - St. Albans, Vt.

# Don't Groan

When you pay a life insurance premium it is not expense, and you are not paying something for nothing. You are saving money, and insurance is taking care of it for you. If you think you can do better for yourself, do so, and go without insurance. Insurance makes no special plea; this is business, done in business-like manner. Each one pays his share and does so because it is for his interest to do so, and no others are wanted.

"The Best Insurance IN THE WORLD,"

NATIONAL LIFE Insurance Co. MONTPELIER, VT.

Assets, \$12,000,000.00.

# CHILDS.

RESULTS COUNT AT CHILDS BUSINESS COLLEGE. Do you know that we PLACE A LARGER PERCENT OF PUPILS IN POSITIONS THAN ANY OTHER SCHOOL IN THE EAST? THAT'S WHAT YOU WANT: a position. Actual Business Practice from Start to Finish in both Shorthand and Book-keeping. Write for particulars. Typewriting by touch. No need of the eye to strike the keys. Reduced fare on the railroads: board and rooms reasonable. Fall term opens Sept. 1, 1896. Catalogue Free. E. F. CHILDS, Proprietors. CHILDS BUSINESS COLLEGE, SPRINGFIELD, MASS.

# TO RENT!

Store 20x35 feet, fitted for steam heat and electric lights. Best of locations. Grand opening for Hardware Store. Address, 3511 BOX 76, MORRISVILLE, VT.

# BULL'S Cough Syrup

That heritage of rich and poor, has saved many a life. For Throat and Lung affections it is invaluable. It never fails to cure Cough, Cold, Croup and Whooping-Cough. DR. BULL'S COUGH SYRUP is the best. Price 25 cents. CHEW LANGE'S PLUGS, The Great Tobacco Antidote, 10c. Dealers or mail, A.C. Meyer & Co., Galto, Md.

Illustration of a woman and child with text: Women Will Talk! It is what they say makes or unmakes half the business enterprises of the world. They say they like (and they show it by what they do, too) —

# HANOVER CRACKERS

Packed in Paper Cartons. Consequently more and more Hanover Crackers have to be made every month as the months go by. Hanover Crackers—Perfect Crackers. GEO. W. SMITH & SON, Makers. Founded 1815.

# STOVES.

Now is the time to prepare for winter. Remember that we sell the

# GLENWOOD

STOVES AND RANGES,

Round Oak Heating Stoves, Stewart Coal Parlors and Ranges.

Try us on the Stove Business; we can do you good.

Guns and Ammunition for All.

New Stock of Lamps and Crockery.

Always in the Lead.

H. T. Seaver, - - - Barton, Vermont.