

ORLEANS COUNTY MONITOR

WALLACE H. GILPIN, Publisher, Barton, Vt. Published every Wednesday afternoon.

Subscriptions: One year \$1.50. Six months, 75c. Eight months, \$1. Four months 50c.

Advertising: Cards of thanks, 50c. Resolutions, \$1.00. Reading notices, 10c per line for insertion.

The city papers tell us that dancing is fast giving way to skating in fashionable circles and that many a dance hall is being converted into skating rinks.

What is the trouble with a business that the state licenses, legalizes, sanctions and receives money for, but will not permit the owner of which to hold public office?

Last week the Monitor congratulated Craftsbury and the Greensboros on the coming of electric current into their villages. This week the Monitor can extend its congratulations to more Orleans county villages because we understand private capital is to extend the lines of the Barton municipal plant into the villages of Irasburg and Albany.

Carrier Pigeon's Secret. Recent experience has tended to show that carrier pigeons and other birds of passage are guided by magnetic currents.



WHAT THE PAPERS SAY.

Court of Last Resort. The traveling municipal courts are finding that present conditions generally count about according to the prevalent sentiment in the communities where the causes are tried.

Pleasure in Reading Advertising. It is always a pleasure to look through our newspaper advertising at this time of the year with all the suggestions of holiday good cheer it brings.

Put Up the Bars. Senator Dillingham has introduced his bill to restrict immigration. There are signs aplenty that the American melting pot has been overtaxed to the extent that it hasn't done business in a satisfactory manner.

Should Be Discretionary. The Rutland Herald says that no state officer has the slightest check upon the expenditure of the state automobile fund.

Slaughter. Almost every paper in the state is deploring as something fearful, the "slaughter" of so many deer the present season, the number having already reached the four thousand mark and the returns are not yet all in.

Who Should Be Health Officer? It seems to be the custom in Vermont to appoint a physician to the office of local health officer. Why this rule is so well followed may fail to understand.

Right Religious Atmosphere. In the address given by the Rev. Dr. Houghton at the Center Congregational church, Brattleboro, Sunday, emphasis was laid upon the fact that there had not been the right religious atmosphere in Brattleboro in the past.

Health Note. The one way to obviate the possibility of getting up on the wrong side of the bed or mornings is to climb over the footboard.—Galveston Daily News.

NO ALCOHOL IN THE SICKROOM.

The editor of the Rutland Herald takes issue with the writer's statement that "alcohol is worthless in the sickroom as a food or stimulant."

The gentleman in question asserts that "medical authority will not support such an assertion, on the contrary, alcohol is used as a stimulant and accelerates the action of the heart."

The American Red Cross uses no alcohol in any form in their hospitals, nor do they in the great Battle Creek sanitarium of Michigan.

The London Temperance hospital, the Royal hospital of Edinburgh, the Cook Street hospital of Dublin, the German hospital of Brooklyn, the Baptist hospital of Massachusetts, the General hospital of Massachusetts, the Kane hospital of Pennsylvania.

Dr. F. D. Crothers of Hartford, Conn., a recognized authority upon alcohol and its effect upon the human body says, "Break up the delusion of today, that alcohol is a stimulant and a tonic, and a new age will come in."

United States Senator Owen of Oklahoma, a physician of over 40 years' experience said at the last session of Congress: "There is no good in the use of alcohol and there is no argument which can be made in its behalf so far as any benefit to be derived from it by human kind."

The Boston Journal of Chemistry said, "If all the alcohol in the world were annihilated, and the art of making it were forever lost, it would be a decided gain to the medical profession."

Just how alcohol accelerates the heart is best described by Dr. Frank Oserton of New York, who says, "Alcohol is not a stimulant, it is a heart paralyzant of the nerves, which control the flow of blood through the heart, and these inhibitory nerves suffer temporary paralysis, the heart beats faster, but less blood is pumped than is natural; the effect is exactly the same as removing the pendulum from your clock, the periods of rest for the heart are thus shortened and exhaustion results."

The Herald has quoted Dr. W. B. Mayo of Northfield, a former representative saying that alcoholic liquors are a necessity in the sickroom and the Herald says that "upon the best medical authority, the consensus of opinion among Vermont doctors will show that there is no proper and legitimate place for alcoholic liquors in the practice of medicine."

to the truth of this statement. Now isn't it rather ridiculous to recall that a remedy which injures a perfectly healthy man, should be considered necessary and beneficial to a sick one?

The writer is informed through the Herald that our own state board of health is so up-to-date that they too have joined the big prohibition chorus that will soon resound from ocean to ocean.

That disease can be treated scientifically and successfully without alcoholic dope, may be proved from the following: The Frances Willard hospital of Chicago in 1884 opened its doors to the suffering public, announcing that no alcohol would be used in their treatment of disease.

Other large hospitals who have discontinued the use of alcoholics in their treatment of disease are: The London Temperance hospital, the Royal hospital of Edinburgh, the Cook Street hospital of Dublin, the German hospital of Brooklyn, the Baptist hospital of Massachusetts, the General hospital of Massachusetts, the Kane hospital of Pennsylvania.

Sir Henry Thompson, said to be the greatest authority in the world on the subject, says, "Alcohol instead of aiding digestion only obstructs and retards it, the only safe way is to abstain altogether."

Dr. W. F. Waugh, editor of the Alkaloidal Clinic of Chicago puts the matter in a nutshell when he says, "There is today but one reason for the continued use of alcohol—men use it because they love it."

Dr. Alexander MacNichols of New York says, "Alcohol antagonizes every manifestation of life, stamps every disease with the seal of disease, depraves the morals and destroys the Fountain of Immortal youth; it is the essence of depravity, the grave of hope, the advance agent of death."

A "Toy Party" Is Lots of Fun at Christmas

SOME thirty boys and girls in less than half that many homes were in a further of excitement just before Christmas. Little girls asked to go to see other little girls "just for a few minutes" and boys gathered in knots and with curious gestures, seemingly explanatory, discussed an apparently important subject.

Then some young wisecracker would say, "Really I do not think we ought to tell each other," and another wisecracker would respond: "Why not? We are going to wear our own faces, and, as everybody will know everybody else, I think it is much better to tell each other, 'cause then there will not be so many of one kind."

THE LIBERAL POLICY

Adopted by the management of this Bank and which provides for "Extra Dividends" to depositors is a practical demonstration of the "Mutual" idea.

The Burlington Trust Co.

Capital and Surplus \$300,000

"SAFETY FIRST"

It was a splendid success! Of course the guests did not simply sit or stand around and stare at one another.

Energy. Conserve your energies. This is a health rule which most people might do well to consider seriously. It takes energy to worry over small things. It takes energy to traverse the hundreds of needless steps on their daily duties.

Ask To See

7 Compartment Mixing and Blending Machine

Which we have just installed to be used making

RAY'S READY RATION

Come in and watch us blend 7 kinds of feed not trash, into a perfect dairy ration.

RAY P. WEBSTER Vermont Barton,

JOIN OUR CHRISTMAS CLUB Starts Dec. 27. In Class 2, pay 2c the 1st week, 4c the 2nd week, 6c the 3rd week, and so on for 50 weeks and we will mail you a check two weeks before Christmas for \$25.50.

BUSINESS DIRECTORY

F. W. BALDWIN Attorney, Insurance Agent, Surety Bonds BARTON, VT.

J. M. BLAKE, M. D. BARTON, VT.

Special attention given to treatment of diseases of the eye, ear, nose and throat, and the fitting of glasses to defective eyes.

C. A. CRAMTON, M. D. ST. JOHNSBURY, VT.

SPECIALIST. EYE, EAR, NOSE, AND THROAT. Office 28 Main St., over Post Office. Office Hours: 9:00 a. m. to 5:00 p. m.

Harry Dickens AUCTIONEER Orleans, Vt. N. E. Telephone

N. H. DREW Licensed Auctioneer Glover, Vt. Satisfaction Guaranteed.

FREDERICK LANPHEAR, M. D. ORLEANS, VERMONT

GENERAL PRACTICE, Eye, Ear, Nose and Throat. Examination of eyes for glasses by appointment.

JOSHUA A. PEARSON, DENTIST, BARTON, VT. OFFICE IN Owen's Block.

W. W. REIRDEN, LAWYER, SHAVEN'S BLOCK, BARTON, VT. PEOPLE'S TELEPHONE.

HUBBARD HASTINGS CONSULTING FORESTER Timber, Estimating and Surveying 18 Summer St., St. Johnsbury, Vt.

Buck Real Estate Co. Dealers in Farms, Village Property, Business Opportunities, etc. Rents taken care of for reasonable commission.

Richford, Vermont Phone 11-2

Typewriter Ribbons CARBON PAPER at the MONITOR OFFICE