

Business Directory

PHYSICIANS
JOHN W. WESLEY, M. D.
Special work done in Fractures, Gastric Analysis, and Obstetrics.
Office and Residence 27 Mt. Pleasant St.
Tel. No. 422-2

Lyndonville

Mr. and Mrs. Harry Silsby in an Automobile Accident—Teachers For The Town Schools.
Mr. and Mrs. Harry Silsby returned Friday from Ocean Park, Maine, where they have been spending a three weeks' vacation.

remain with her daughter, Mrs. George Knight, until the latter goes to Springfield, Mass., where she is to move soon. Mr. and Mrs. Fred Campbell and son, Gordon, are moving into her house down stairs.
Guests last week at A. L. Finney's were Mrs. Albert Evans of St. Johnsbury Center, Miss Sue Brown of Worcester, Mass., and Mrs. U. P. Richmond of North Middleboro, Mass.

Harlow Esterbrooks Observed His 95th Birthday Sunday—Locals
Harlow Esterbrooks was 95 years old Sunday, the 24th, the oldest person in town. He is very well and comfortable for one of his extreme age. He goes out but little but gets around the house as he wishes.

WEST BARNET
Mrs. C. A. Choate returned from Brightlook hospital Thursday.
Mr. and Mrs. Albert Carter and daughter of Tilton, N. H., are guests of Mrs. Julia Carter.

YOU who require the best and purest medicine see that you get Foley's Honey and Tar Compound in preference to any other for all coughs, colds, croup, asthma, hoarseness, tickling throat and other throat and lung troubles. It is a strictly high grade family medicine, and only approved drugs of first quality are used in its manufacture.

The non-advertising merchant knows that his only chance for getting a part of your trade lies in the possibility that you are not an ad-reader.
It gives the best results, and contains no opiates. C. C. Bingham, Adv.

FOR LIQUOR and DRUG USING
The Only Successful Treatment for Liquor and Drug Addictions.
The Institute occupies one of the Most Modern Residences in the State
The Keeley Institute, Manchester, N. H.

The Man Who's Always at Ease
The man you like and respect, whose judgment is good and who has that undefinable charm of manner that quickly makes and keeps friends
He Is The Man Who Has Traveled
It's the greatest education in the world, this getting away from the rut.
Meet other people, hear their views. See new places, have new ideas. Brush elbows with the "other half".
Sounds inviting, is fascinating.
And It's Inexpensive.

Keep Your Blood Cool by Right Kind of Food and Enjoy Hot Weather
It's largely a matter of selecting the hot weather diet with reason.
Summer is Nature's season of activity—seed-time, growing-time, harvest-time—a time of expansion, energy—and Man is influenced to do his part—to put forth greater effort because activity is in the very air.
BUT—caution is necessary to avoid excessive heat from combustion (digestion) of heavy, greasy food, (Nature's way of generating body-heat in winter) in addition to the heat of the summer atmosphere.
Grape-Nuts, made of Whole Wheat and Barley, contains all the natural elements of these cereals, including the phosphate of potash grown in the grain for rebuilding waste tissue cells, especially of brain and nerves.
Try for breakfast, lunch or supper:—
A Little Fruit; Saucer of Grape-Nuts and Cream; A Soft Boiled Egg; Slice of Crisp Toast, and a Cup of Postum, hot—or iced with sugar and lemon.
Surprising how cool, yet full of healthy energy and "go" one feels on such a meal no matter what the weather.
"There's a Reason"

BROWN'S RELIEF
UNEQUALLED
For Coughs, Colds, Colic, Sprains, Scalds, Cuts, Burns, Sore Throat, Chills, or Sore Feet.
Prepared by the NEWAY MEDICINE CO., NEWAY, ME.
YOUR MONEY REFUNDED.
If it fails to benefit you when used strictly as directed on the inside wrapper, 25¢ bottle, sold by all druggists.