

Look For This Name

Libby's On Packages of **Olives and Pickles**

—It's a quality mark for exceptionally good table dainties. Our Manzanilla and Queen Olives, plain or stuffed, are from the famous olive groves in Spain.



Libby's Sweet, Sour and Dill Pickles are piquant and firm. Your summer meals and picnic baskets are not complete without them. Insist on Libby's at your grocer's. Libby, McNeill & Libby Chicago

FRECKLES

Now is the Time to Get Rid of These Ugly Spots. There's no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots. Simply get an ounce of ointment—double strength—from your druggist, and apply a little of it night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength ointment, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

MANY AGENCIES AT WORK

Most Active Fight Against Tuberculosis Is Being Carried on at Numerous Points.

Statistics made public by the National Association for the Study and Prevention of Tuberculosis show that nearly 3,000 agencies are now listed in the fight against tuberculosis in the United States, an increase of 1,600 per cent since 1904, when the national warfare on this disease was started. These figures are taken from a new tuberculosis directory issued by the association.

The list includes 557 sanatoria and hospitals, 158 tuberculosis boarding houses, 90 hospitals for the insane and 35 penal institutions making special provision for tuberculosis, 455 dispensaries, 310 open-air schools, and 1,324 anti-tuberculosis associations and committees. To these are added 158 Canadian institutions and associations, making a total of 3,057. The directory also gives a summary of municipal and state legislation on tuberculosis.

When the national association was formed in 1904 and the first list of agencies was printed, only 183 organizations and institutions were found. The second edition of the directory in 1908 reported 649 different agencies; and 1,440 were listed in the third edition published in 1911. On the basis of the latter figures, the number of agencies in the anti-tuberculosis movement has increased 115 per cent in the last five years.

What has become of the old-fashioned woman who used to open a can of peaches when she had company at tea?

For Pure Goodness

and delicious, snappy flavor no other food-drink equals

POSTUM

Made of wheat and a bit of wholesome molasses, it has the rich snap and tang of high-grade Java coffee, yet contains no harmful elements.

This hot table drink is ideal for children and particularly satisfying to all with whom coffee disagrees.

Postum comes in two forms; The original Postum Cereal requires boiling; Instant Postum is made in the cup instantly, by adding boiling water.

For a good time at table and better health all 'round, Postum tells its own story.

"There's a Reason"

Sold by Grocers everywhere.

THE KITCHEN CABINET

The budget is to the housekeeper what the blue print is to the builder. The average housekeeper may reduce expenditure by keeping accounts each month of amounts spent for various food products.

HELPFUL HINTS.

In the first place every home keeper should keep accounts. Do you know any successful business man who keeps no account of his income and outgo? He is just as rare as is the housekeeper who does record her daily expenditures. Since the cost of living is constantly advancing it is vitally necessary that deep concern be paid to reducing certain items of expenditure. Food for the family costs more than any other item, and those who work with the thrifless and improvident know that their condition is largely a matter of what they spend for the inside rather than the outside of the body.

Since meat makes up a large part of the ordinary family diet, any economy in the purchase of it will make a noticeable reduction in the food bill. By using meat substitutes, which are less expensive, but as nutritious, the amount may be cut down by half. The use of cheese, which is rich in protein, a pound of cheese being equal to two pounds of meat in food value with much less waste, will prove most satisfactory.

It is a great advantage to market in person; she sees the food products, is able to furnish variety and if she has strength of mind enough to refuse to buy that which she knows she cannot afford, no matter how alluring, she will find her marketing profitable. The butcher will not give short weight with the customer looking on, though the difference may be small it amounts to much in the course of a year.

The cheaper cuts of meat, nuts prepared in loaf, eggs in various forms, are all economical dishes when prepared intelligently.

The utilizing of left-overs in the planning of the meals is another important item. It goes without saying that the economical housewife makes out her menu days ahead in order to save expense and use those left-overs profitably.

Brown bread, white bread or whole wheat bread is made more wholesome by the addition of a few raisins. Fruit and vegetables lend themselves to all sorts of combinations. As soups and salads they are satisfactory.

Something is wrong with everything. We live upon the planet of mistakes. Most of us are misfits. The rest are excuses. I know of no ideal condition except the condition of someone else. No human being ever had things just exactly to suit him. The sooner we awake to this truth and make up our minds that if ever we are to find contentment at all, it will be among things as they are and not among things as they ought to be, the better it will be for us—and also for the unfortunate people who have to live with us.—Frank Crane.

DAY WITH PANCAKES.

If pancakes are to be light, more mixing will not do. The batter must be thoroughly beaten for five or ten minutes. The frying pan should be very smooth and fairly hot so the cakes may cook quickly without getting soggy.

Plain Pancakes.—Sift one cupful of flour into a basin; add a quarter of a teaspoonful of salt, one unbeaten egg, and half a cupful of milk. Mix until smooth, then begin to beat with a wooden spoon for a few minutes; then add another half cupful of milk and continue beating until air bubbles rise to the top. Fry on a hot griddle and serve with lemon juice and sugar.

Cherry Shortcake.—Add to the cherry juice a little cornstarch, cook until smooth, add butter, then the pitted cherries and place on the cakes. Serve with the sauce instead of cream.

Rice Pancakes.—Boil a quarter of a pound of rice until quite soft, then drain. Mix with it one cupful of cream, four well beaten eggs, a quarter of a teaspoonful of salt, nutmeg to taste, a half cupful of melted butter and sufficient flour to form a smooth batter. Fry and serve.

Serving a thin slice of orange sprinkled with sugar on the nice brown cake, which is but little larger than the orange is a most attractive and delicious cake.

Scotch Pancakes.—Beat four eggs with four tablespoonfuls of sugar. Have six tablespoonfuls of flour and a pint of sweet milk, mix a little of the milk with the flour until smooth, add this to the beaten eggs, then add a little salt and mix all together. Put a tablespoonful of butter on a smooth griddle and pour a cupful of the well beaten batter on to the pan, cook until well browned, then spread with butter and orange marmalade, roll up, sprinkle with sugar, serve on a hot dish.

Chopped pineapple or other fruits may be served on these cakes, even grated chocolate added just as they are taken from the griddle, dusted with sugar, is a cake liked very much.

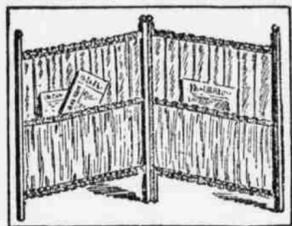
Nellie Maxwell

HAS TWO PURPOSES

COMBINATION OF SCREEN AND NEWSPAPER RACK.

Easily Made and the Cost is Comparatively Nothing—Can Be Draped With Silk Remnants If They Are at Hand.

A very charming little screen can be prepared from a small two-fold clothes horse that can be purchased at a very slight cost, and we give a sketch of a novel one that serves the purpose of a newspaper rack as well. The screen is draped with soft silk, the upright bars of the clothes horse



Useful Screen.

painted with enamel to match it. Enamel of almost any shade of color may be purchased for a trifle, in small tins, together with a brush for putting it on, and one small tin will be sufficient for this purpose.

Both sides of the horse are draped with silk which is arranged in plaits and gathered into a tiny frill at the top and bottom.

The silk is fastened to the upper and lower bars with tacks and over the tacks narrow braid is fastened on with fancy brass-headed nails driven in close together.

TURN AGAIN TO PATCHWORK

Old Fashion Is Being Revived—Scrim as a Material for the Curtains.

Piecing the old-fashioned patchwork quilt is again a popular occupation. Nursery quilts are made of heavy cotton or linen sketched with designs to be worked with floss, Mother Goose figures being favorites. Simple patterns done in blue and white or rose and white chambray are chosen for boys' rooms. The mystic rose design, now popular, calls for a pale pink calico, a rose shade, a rich red and the right shade of green for foliage. The morning-glory pattern of rose and French blue calico, is also a favorite. The "four patches" calls for a white background dotted with tiny pink rosebuds. For a colonial bed the old log cabin design is chosen.

Loosely woven gray scrim, which is inexpensive, would make extremely good-looking curtains for your living room or library. Use the selvage as a finish for the sides and across the bottom; hemstitch a two-inch hem. An unusual way to decorate the curtains is to embroider a stencil pattern in greens and bronze. A quaint foliage pattern would give the right effect. Place the stencil on the curtains, and with a pencil mark the pattern. By holding the pencil in an upright position and following the cut line of the stencil board, the outline can be readily traced. Simple, sketchy stitches should be used for the embroidery, as a light shadowy effect is desired. Another unique color combination is dull silver and orange; then when the light shines through the curtains the embroidery will emit a bright bit of color. This sort of curtain will

SILKS THAT ARE FAVORED

Quite a Variety of Different Materials Have Their Followers This Season.

Taffetas, crepes, grosgrains, failles and satins are the favored fabrics, especially black satin. Taffeta, with its high luster and both soft and very slightly stiffened finish, has manifold uses. It is exactly suited to the distended, flounced and frilly gown of today. Summer taffetas include stripes, checks, small mayflower blossoms and pompadour bouquets in subdued colorings that make up well alone or in frilled or distended pannier styles, with a shirt of plain silk, chiffon accordianplated, mousseline embroidered and so on. Light gray, champagne, old rose and French blue shades are smart.

For elaborate evening gowns, tulle, net or mousseline and taffeta are worked up together with metal embroidery or metal embroidered lace applied, and the result is exquisite. Silver or gold cloth skirts are made with overdresses of plain or printed taffeta. Gray taffeta with pompadour bouquets is combined with old blue mousseline.

A late idea for the use of taffeta is a set of short directoire cape and hat to match. The hat is of taffeta or much trimmed with the silk, and the short cape is edged with a tiny plaited ruffle, has a turnover collar and is draped on the shoulders. Longer capes or wraps in light shades of taffeta, faille, gros de Londres, etc., are worn in the evening. Some new printed taffetas have an inch or two-inch stripe in a cashmere design on a neutral ground. Others have simple lines of different lengths, geometrical in effect. Broche satin in rose designs with foliage are on satin. Foulards in polka dots, rings, single blossoms, pompa-

The pockets for the newspapers cover the lower half of the screen and they are made with the same silk that had been used for covering the screen.

The upright bars of the horse are finished off at the upper ends with small brass balls, which may be procured from almost any hardware store at a trifling cost.

TWO STYLES HAVE CHARM

Flower-Decked Millinery and the New Petticoats Win the Admiration of All.

Summer would not be summer without the flower-decked hat, but the notion rarely lasts longer except on the large picture hat of leghorn, crin, or hemp, which completes the June bridesmaid's costume or the summer beauty's dainty frock. This season, however, there is a strong indication that flowers will play more than their ordinary role in summer millinery. The medium-brimmed, rather stiff-tailored hat, with its upstanding bouquet of vari-colored blossoms, so popular some years back, is being noticed here and there; one sees, also, a number of flower turbans; flower crowns are favored with certain costumes, and wreaths are quite popular. The flower-studded hats are very well liked indeed. Ribbon, too, is smart for trimming, and ostrich, in the form of fringe and fancies, is a popular trimming.

The new petticoats are truly delicious with their full ruffles round the hem, the most elegant, destined for wear under the gossamer summer frocks that are coming, being lightly wired full way up the skirt to give that billowy aspect of movement that is as refreshing as a breeze on a hot summer's day.

SUGGESTIONS OF FALL HERE

look especially well in a room where blue is the dominating color.

EXIT BLUE MONDAY



This fall suit of navy blue serge has a box-plaited skirt with a plain gore on the side. Medium length jacket with set-in pockets. Collars and cuffs of white silk poplin. The coat is piped with white poplin, white pearl buttons are used on pockets and sleeves. One large white button closing medium-width belt.

four effects, mayflowers and spring blossoms, such as clover, buttercup, etc. are stunning designs. Foulard is cool, durable and very attractive as a summer silk.

Tinsel woven crepes, made up with cloth of gold or silver, make elegant evening costumes. A new crepe swans-down is as silky and downy as one can imagine. Just a little crepe, with the silky down finish that gives it a wonderful effect made up alone or with a satin taffeta, chiffon, etc.

Wraps of Silk.

Wraps of taffetas in delicate evening shades, as well as those which offer dark blue, black, gray, brown and green, are very smart. Not more so, however, than the cape wraps made of dark blue serge and black satin, while capes in army gray or of any of the colored cloths used for foreign officers' capes are most recherche.

Black satin is making its bow as a fabric for separate coat, jacket and wrap wear.

A number have been noticed during the week, worn with costumes of different mold. It is thought the separate box coat of black taffeta or satin will be quite modish for this season's usage.

Fitted Veil.

A veil, designed by a Boston woman, has a neckband forming the lower edge. This is fastened in the back with a clasp and prevents the veil from bunching.

Embroidered Chiffon.

Chiffon embroidered in self color or contrasting color in large flowers is much used in combination with plain taffeta or crepe for afternoon frocks.

The Wheat Yield Tells the Story

of Western Canada's Rapid Progress
The heavy crops in Western Canada have caused new records to be made in the handling of grains by railroads. For, while the movement of these heavy shipments has been wonderfully rapid, the resources of the different roads, despite enlarged equipments and increased facilities, have been strained as never before, and previous records have thus been broken in all directions.

The largest Canadian wheat shipments through New York ever known are reported for the period up to October 15th, upwards of four and a quarter million bushels being exported in less than six weeks, and this was but the overflow of shipments to Montreal, through which point shipments were much larger than to New York. Yields as high as 60 bushels of wheat per acre are reported from all parts of the country; while yields of 45 bushels per acre are common.

Thousands of American farmers have taken part in this wonderful production. Land prices are still low and free homestead lands are easily secured in good localities, convenient to churches, schools, markets, railways, etc.

There is no war tax on land and no conscription.

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Suffer from Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheumatism—Its Cause and Cure. Most wonderful book ever written, it's absolutely FREE. Jesse C. Case, Dept. C. W., Brockton, Mass.—Adv.

Well Named.

"I am going to call my magazine New Blood."

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Dean's Rheumatic Pills

For Rheumatism & Neuralgia. Entirely vegetable. Safe.—Adv.

Sawed-Off Sermone.

Where ignorance is bliss it is folly for a woman to acquire wisdom by going through her husband's pockets.

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NEW PERFECTION KITCHEN PRIMER

LESSON 5



EXIT BLUE MONDAY

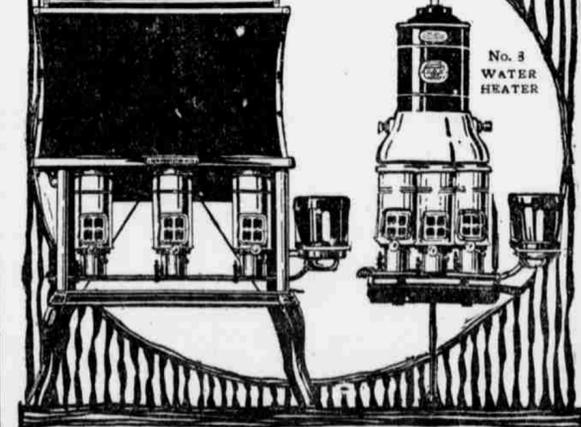
Here it is Monday washday and Mrs. Sprightly is still smiling.

Why? Because she has plenty of hot water. Her New Perfection Kerosene Water Heater supplies all the hot water she needs for kitchen and bathroom and it costs less than it would to keep a hot fire going in the range. Mrs. Sprightly lets the range go out altogether in the summer time—does her cooking on a New Perfection Oil Cook Stove.

It's the famous long blue chimney burner that makes New Perfection oil-burning devices efficient and trouble-proof. 1916 model New Perfection Oil Cook Stoves use the new patented reversible glass reservoir and many other improvements. Sold in 1, 2, 3, and 4 burner sizes by dealers everywhere.

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