

THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.



If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Only Two Legs Left.

Carmargo, in Dewey county, Okla., has dogs—big dogs, little dogs and in fact all kinds of dogs, but it has one that is somewhat of an oddity. This is a dog that travels on two legs.

Several months ago a dog belonging to Mr. Storey, section foreman of Supply, Okla., was run over by a train and two of his legs cut off. For some time he was unable to move around, but now has recovered so that he can navigate quite handily. The two legs on which he is forced to walk are both on one side. He not only walks, but can also run, and seems to be about as well able to get around as a dog with four good legs.

Drink Denison's Coffee, For your health's sake.

Nearly 500 women in Aberdeen, Scotland and district have enrolled themselves on the war register at the Aberdeen labor exchange.

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

A man seldom saves any money after marriage unless he has a wife who saves it for him.

Danger in Delay

The great danger of kidney troubles is that they so often get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, gravel and Bright's disease may follow as the kidneys get worse. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills. It is the best recommended special kidney remedy.

An Indiana Case

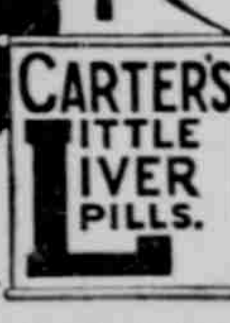
Mrs. John D. Whitaker, 406 N. East St., Madison, Ind., says: "For eight years I was in misery with kidney complaint. I had pains through my back, my head ached terribly and I was depressed and miserable. I could hardly get around and was discouraged. After everything else failed, Doan's Kidney Pills restored me to good health."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



W. N. U.

PARKER'S HAIR BALSAM
A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Softening the Hair. 50c. and \$1.00 at Druggists.

RHEUMATISM One box of the 14-day treatment effects cure. No return of trouble. Marvelous results. If skeptical, enclose stamp for further particulars. \$1.00 a box by mail, postpaid, The Bernice Co., Box 184, Station C, Los Angeles, Calif.

W. N. U., Indianapolis, No. 83-1915.

STYLES FOR THE FALL

PARIS OPENINGS PUT OFF UNTIL FIRST OF AUGUST.

Flattened Hips Hinted at in Advance Models—Silver Lining to Over-shadowing Cloud of Full Skirts.

The majority of the leading houses in Paris put off the dress openings of the season until the first of this month, although we were promised all the news of clothes by the second week of July.

What the reason was for the change in dates—whether the paucity of American buyers in Paris early in the month of July, or the difficulty of getting ready a new set of models after the manufacturers had depleted the first set—is of little importance to the question at large; the result is very satisfying to those buyers and sellers who want new clothes for the winter and not for the summer.

The one thing that the specialists strive for is to get their frocks before the public who wants the last thing from Paris and open the way for the manufacturers to copy these styles at once; the sooner the better, for the moment a French style is run to ground, the specialists have the chance to sell a new and complete set of fashions to the world of women who will no longer wear a style that



Wine Colored Cloth Suit Trimmed With Black Satin.

is selling for fifteen dollars through the cheaper ready-to-wear departments.

There are manufacturers' models in plenty in America already. Those who sell to the trade that pours into New York in July to get the fall materials, hats and gowns must be served. Why that goods do not wait until September is not a question for an amateur to settle by an answer.

There are certain dressmakers, catering to a large trade that does not dwell in or near New York, who also hurry home with a few models, buy others from the manufacturers, and get their autumn business off their hands almost before one knows that October is coming.

This variety of clothes has been

NEW COLORS ARE PROMISED

Already Fashion Is Determining What Shade Shall Be Worn During Fall and Winter Months.

From the Rodier collection of fabrics for fall and winter wear we find that the colors are quite as important as the fabrics. All the pearly shades to the lightest of the violet tones, with all the intermediate shades, including mauve and lavender, will be in demand. These shades, it is said, are particularly beautiful in the new pile fabrics, especially the new velvet weave known as "panecia."

Ranging from the deep, rich shade of bordeaux to the old-fashioned wine color are the reds that will brighten the dull winter months for the many who prefer the warm colors. In the new Rodier fabrics that combine both silk and velvet these red hues are particularly successful. From the beginning of the war it was almost impossible to keep enough solid blue to supply the demand, and it is said that America has had very little of this soft and beautiful shade of blue. Every tone that bore the slightest resemblance to the soldiers' uniform was so much in demand that there is little reason to doubt that it will be a most popular color for winter. In panecia this shade is charming. All the varying shades of marine and soldier blue will be obtained in the new fabrics.

There are many browns, with a new one in the market that will be sure to be desired. It is a light brown resembling, it is said, the color of hazelnuts.

The novelties in color combinations include stripes of two colors, with

on the market since July and the people who copy each acceptable fashion in large quantities are already at work. Soon the shops will offer them as the first and most authoritative ideas in winter fashions. Whether or not they prove to be all that their agents claim for them is a doubt that will not deter hundreds of women from buying them, because they are at hand and fall clothes are always needed as soon as the first chill makes its appearance, except by those lucky ones who always find a suit or a frock left over from the preceding season, which happens to fill the first necessity.

There is a strong tendency in each of the fashions that are advanced as forerunners of what is to come in October toward flattened hips. For the last few months we have grown quite large in that spot; we have avoided any appearance of slowness and given ourselves over to gathers and plaits at the waist line. This fashion was deplored by all but the excessively slender, yet as all the models called for a certain amount of fullness from waist to ankles there seemed no other way to arrive at it except through a wide circular skirt, a cut to which the majority of women objected.

The latter method of cutting the skirt, however, is the one that is advanced today and the unevenness of the hem, which is sure to result, is offset by accentuating it and using cord or plaiting as an edge.

To quiet the rebellion against this kind of skirt among the larger number of women the Spanish flounce has been revived on all kinds of skirts, or rather on skirts made of various materials. Organdie, broadcloth, gaberdine, velvet, batiste and satin are the fabrics that show this deep ruffle; it gives the necessary fullness at the knees without increasing the girth around the hips.

It may not matter very much how one achieves that line of slowness at the hips and width at the ankles; the main thing is to be well assured of the silhouette and then work it out through any channel one desires. It is in just this divergence of method makers have a chance of success. There is a silver lining to the cloud of full skirts if these individual treatments are welcomed; especially will the incoming of the deep flounce with the smooth hip line please the women who have looked unpleasantly abnormal in the skirts that were gathered about the waist.

As to the frankly circular skirt which is growing in favor among those who decide on the fashions, there is a silver cloud to it also. A band of some kind of opposing fabric is dropped below the uneven edge of the hem which frames it in, or rather gives it a straight selvedge. The introduction of this redeeming feature has turned discouragement into optimism. It may be possible, after all, say many, to wear a circular skirt with confidence in its behavior, something that has been impossible since circular skirts were invented.

In the prevailing taffeta frocks that will be worn without coats on warm days and with them on chill days, the skirts are scalloped, not unduly, the edges corded, and the uneven line held together by a five-inch band of double net which is slightly gathered and steadied on its lower edge by a thick cord of the taffeta.

If you are not familiar with this method of finishing an uneven skirt, hem it is quite worth your while to try it. The effect is good because the skirt has the appearance of being actually finished; the ragged edge does not always give this.

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He Gets It All.

Now that it no longer is good form to whip the children, father takes all the punishment that is administered to the family.—Topeka Capital.

black and white, the always popular combination, black and sulphur, charcoal and blue, marine and black in many interesting new weaves. The staple navy blue we have with us always, and with the addition of solid blue as trimming it is expected that it will take on an added following.—Philadelphia Ledger.

BLUES OF SOFTEST COLOR

Easy to See That That Shade Is Going to Be the Most Popular for the Summer.

The prevalence of tender blues in summer dresses is very welcome, and in the soft crepons, linons, mousselines and fine cloth which are being used so generously nothing could look better. The coat with a loose back, partly bolero, partly jacket, is one to have, and the skirt, with side plaits is in great favor with good makers. The question of the high neckband is still burning. Any and every kind of front, guimpe, collar or cravat can be found and worn, but nice as many look in the shop window only a very few are entirely satisfactory. No woman who understands dress at its best will consent to being uncomfortable again about the throat, yet many realize that a high-necked blouse is more becoming to them. The real secret for such as these is the importance of soft draperies. Only the young or the very classic featured can bear complete bareness or unbending stiffness.

When the average girl arrives at the age of about sixteen she is usually surprised to find out how little her mother knows.

In most families the property is in his name and the religion in hers.

Drink Denison's Coffee, For your health's sake.

Never.

Some people are always saying "There ought to be something done about it," but they never do anything themselves.

Modern Hero-Worship.

"What's the big celebration? Conquering hero or something?" "No. One of the town boys murdered a fellow some years back and he's just been declared sane by a jury. That's the reception committee."—Buffalo Express.

SOFT WHITE HANDS

Under Most Conditions If You Use Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better or more effective at any price than these fragrant supercreamy emollients. A one-night treatment will test them in the severest forms of red, rough, chapped and sore hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Substitute for Horn.

A cheap and easily made substitute for horn can be made of wheat flour and sodium silicate. This substitute is very hard and strong and, by inserting organic dye into the composition while mixing, it can be colored to imitate almost any kind of horn substance. The compound is made by mixing 10 parts (by volume) of sodium silicate (40 degrees Baume) with distilled water, and then stirring the resultant liquid into a thick paste with fine white wheat flour. The mass is then allowed to stand for three weeks, during which time it undergoes a chemical reaction that produces a hard, hornlike substance. This composition can be molded without pressure when first made and turned and machined like brass after it has set.

Chocolate Soldiers.

Captain Bean of the commissary branch of the British army in France reports, says the Westminster Gazette, that Tommy Atkins is striving with all his might to live up to George Bernard Shaw's "Chocolate Soldier." Chocolate sweets and, in fact, sweetmeats of all kinds are in such great demand that British candymakers are busy night and day.

From Cairo comes the report that the Australians stationed there have absolutely eaten the entire chocolate supply.

Captain Bean's official report says: "Our canteen has five times the demand for sweets and soft drinks that was expected, and one-fifth the demand for beer."

Sweden is increasingly using kerosene and gasoline motors.

An Empire Ranch.

We hear often of "captains of industry," "Napoleons of Finance," and "land barons," but what title is imposing enough to fit the Australian cattleman who owns or controls 28,800,000 acres of ranch land—a domain as large as Pennsylvania?—Youth's Companion.

Learning Things.

"Pa, what are gargoyles?" "They're medicines to use when your throat's sore, sonny."

A Benevolent Refusal.

"Senator, I wish you would give me a job as your private secretary." "Oh, my boy," responded the old senator, "don't get mixed up with the government service. Nothing to it. Ruins a young man. Besides, I have promised that position to my son."—Kansas City Journal.

Always sure to please, Red Cross Ball Blue. All grocers sell it. Adv.

London claims to be the healthiest European capital.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever. Genuine Castoria always bears the signature of *Chas. H. Fletcher*.

Sleep.

For do but consider what an excellent thing sleep is! It is so inestimable a jewel that, if a tyrant would give his crown for an hour's slumber, it cannot be bought; of so beautiful a shape is it that, though a man live with an empress, his heart cannot be at quiet till he leaves her embraces; to be at rest with the other; yea, so greatly are we indebted to this kinsman of death, that we owe the better tributary half of our life to him; and there is good cause why we should do so; for sleep is that golden chain that ties health and our bodies together. Who complains of want, of wounds, of cares, of great men's oppressions, of captivity, whilst he sleepeth?—Thomas Dekker.

Lawyer Blind From Birth.

Blind from birth, yet successfully passing the bar examination before the state supreme court, is the record of Ole H. Flow of Pierre, S. D. Flow is a native of South Dakota and has made his way regardless of his handicap for many years.

Procuring a copy of Blackstone, he memorized it from readings by his sister. He then joined fortunes with another young aspirant for the bar, and they have worked together until both passed the examination. Flow wrote out his answers to the questions read him by one of the court stenographers, using an ordinary typewriter.

A Natural Question.

Nearly a billion bushels of new wheat in America this year. Shall we refuse to export the surplus because wheat will undoubtedly help to prolong the war?—Springfield Republican.

Needed Gift.

The Widow—Well, why don't you kiss me? Bashful Youth—I would, only I have some sand in my mouth. "Swallow it, young man. You need it in your system."—Life.

Whom He Dreads.

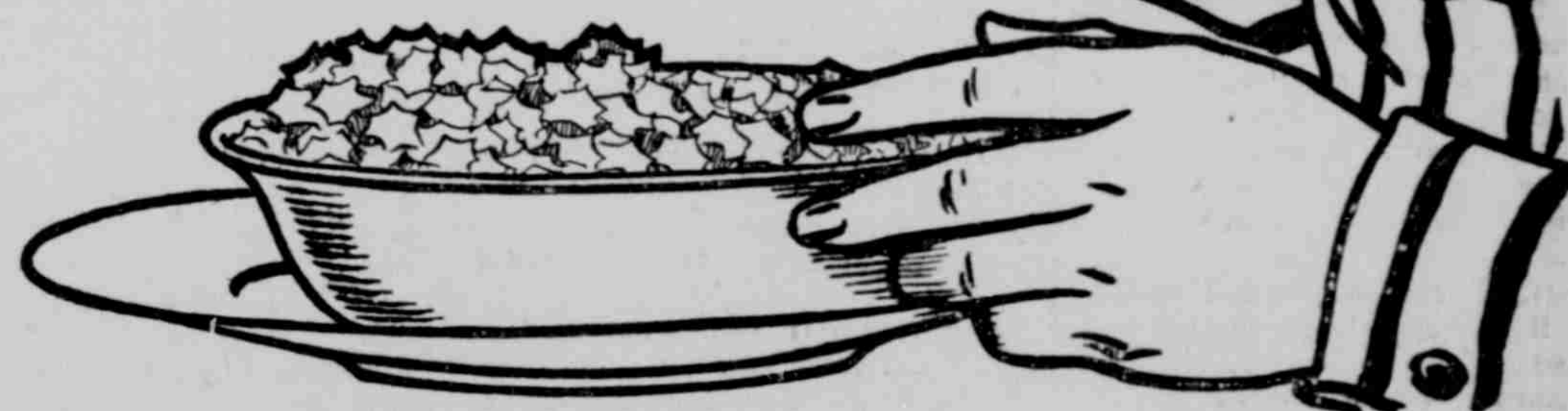
It isn't the girl who grows indignant when he tries to kiss her that a man dreads. It is the one who laughs at him.

"Gee, I never tasted any Flakes like these

New Post Toasties

They're absolutely new—made by a new process that brings out the true corn flavour and that keeps the flakes firm and crisp, even after cream or milk is added.

New Post Toasties are made of the hearts of selected white Indian Corn, cooked, seasoned and toasted; and they come to you FRESH-SEALED—as sweet and appetizing as when they leave the ovens.



The little puffs on each flake are characteristic of the

New Post Toasties

Your grocer has them now—get a package and give your appetite a treat.