

## AFTER 7 YEARS--STILL WELL

Now Enjoys Best of Health and Does Her Housework Unaided

"I didn't enjoy one day of good health for more than two years," says Mrs. C. E. Wildes, 746 E. Georgia St., Memphis, Tenn.

"At first I had nothing more than backache. Afterwards terrible attacks of pain left me weak and limp. My arms and limbs ached. My feet felt weighted with tons of lead. I couldn't walk without a cane and had to be carried to bed every night. I couldn't do a bit of work and kept my people busy rubbing my aching limbs. Sometimes my whole body became rigid. My feet were swollen twice their normal size."

"It almost killed me to pass the kidney secretions. I lost 42 pounds and each day felt I had aged a year. I was so nervous the rustle of a paper made me scream."

"Finally I was advised to use Doan's Kidney Pills and seven boxes made me a well woman. I have enjoyed the best of health for seven years, and have done all my housework without any trouble." Sworn to before me.

JOHN McNULTY, Notary Public.

Get Doan's at Any Store, 60c a Box

**DOAN'S KIDNEY PILLS**

FOSTER-MILBURN CO., BUFFALO, N. Y.



## Vaseline Carbolated

Reg. U. S. Pat. Off.

PETROLEUM JELLY

An antiseptic dressing for cuts, sores, etc.

A necessity where there are children.

AVOID SUBSTITUTES

**CHESEBROUGH MFG. CO.**  
State Street, New York

The truest teaching is living; and the primary philanthropy is to live a good life.—Edward Howard Griggs.

## LESS MEAT IF BACK AND KIDNEYS HURT

Take a Glass of Salts to Flush Kidneys if Bladder Bothers You.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.—Adv.

Natural habitat of a fur overcoat is somewhere north of Minnesota, but it looks gorgeous anywhere.



To Preserve and keep all household linen spotlessly white and in perfect condition use

**Red Cross Ball Blue**

in the laundry every week.

Nothing else will take its place and nothing else is just as good. All grocers, 5c

## Wear Comely Clothes

Apparel Which Is Becoming to Some, Not to Others.

Do Not Follow Fashion Too Closely in Skirt Lengths, Advises Fashion Writer.

Don't wear a skirt with drapery of long fringe that suggests the Hawaiian grass skirt, advises a fashion writer in the Buffalo Express. Now there are some overplump women who have a fondness amounting almost to a passion for a fringe. They are convinced that it is one of the things that make them look slender. Well, it may sometimes, but remember that the long fringe about the hips and thighs has a way of undulating as you walk. It accentuates what you may regard as a very irresistible swaying motion but what is probably nothing more nor less than a waddle.

Don't wear kimono sleeves—especially the short kimono sleeves that are probably going to be very much in fashion as the season advances. It is one of the things that some stout women will want to wear. They are so comfortable and cool. But they tend to make the arms look short, and they do not produce that length of line which is so much to be desired by the woman of too rotund figure.

And please don't wear small high heels. A high heel is well enough if it is of the military sort, for then it seems, at least, as if you were having adequate support for your weight. But when the heel is both small and high and your entire weight seems to be thrust forward on a very small part of the ball of your foot, then the effect is truly painful.

Don't follow the fashion too closely in regard to skirt lengths. Short skirts were never meant for you—that is very short skirts. On the other hand, if you are a large woman—tall as well as heavily built—the skirt that is very long will make you look larger than you are. The best thing for you to do is to stick to a skirt that is short enough to look smart and trim, but not so short as to display the too ample rotundity of your legs.

The double-breasted coat or suit gives the appearance of greater width to chest and bust than the single-breasted model. For this reason it is better to select the latter sort. Large or striking buttons on the jacket or coat certainly do not contribute to the appearance of smallness. These things are best avoided.

Don't imagine that black satin is

RICH GOWN OF BLACK SATIN



This dress is of black satin, charmingly draped and is given an unusual touch by the curiously patterned silver beading.

always your best selection. Most stout women wear it a great deal. But the very gloss about it sometimes accentuates the curves of the wearer. A dark silk with less gloss, such as a crepe de chine or a pussy willow taffeta is a better selection. Duvelty with its extremely soft, flat surface is a material that may be safely worn by the stout woman.

And don't be misled into thinking that the uncorseted effect in clothes was ever intended for such as you. Even if you are only moderately plump, please don't attempt it.

## FASHION'S FANCIES.

The demand for velveteen is great. Corduroys are much used for negligees.

Curled ostrich dominates in millinery. The eastern note is dominant in jewels.

The short waist will be greatly favored. Monkey fur appears on sport costumes.

Turbans appear, worn with eastern robes. Paris uses color in her undergarments.

The new blouses have large and dashing revers. Soft felt hats in vivid colors are one type of sport hat introduced for southern wear and likely to be popular for spring and summer.

Accordion plaiting is introduced as the skirt feature in many spring models, both dress and suits; sometimes the entire skirt is accordion plaited, then again the plaits are introduced in the form of panels.

The American woman will wear the splendid trikot corset of American manufacture that meets the requirements of fashion and yet is practical for her figure and the climate and environment in which she lives.

## ATTRACTIVE HAT FOR SPRING



This model, an American fashion, is a fine Italian Milan soft flexible rolled straw. Made in dark shades for spring wear.

## Bracelet Is Now In Vogue

Decoration Regarded as Necessary When Short Sleeves Are Worn; Lace-Topped Gloves.

Since Paris persists in making us wear short sleeves, the bracelet has taken on a new lease of life. If these abbreviated sleeves were only for the young and fair, all would be well; but even stately dowagers must, to be in fashion, have their sleeves well above the elbow. And in such cases, even so small a thing as a bracelet helps free one from the consciousness of harsh elbows that have lost the soft charm of youth. So the wide gold bracelets, that have long been in the discard, are being taken out of faded velvet cases, and sent to the jeweler's to be freshened up a bit.

Paris has sent over recently some interesting bracelets in imitation of jade, tortoise shell, ivory and celluloids, all intricately carved to reproduce some good luck charm or god. Coming as they do in so many different colorings they are worn to match the costume.

The quaint little short-topped gloves with a frill of silk or lace, of our grandmother's days, are back in style again, and are most effective with an old-fashioned bracelet worn just above.

Museums and art stores are being searched for models of the old Roman armlets of gold and silver, so as to have them copied. Of these the ones of Etruscan gold are loveliest. Many of these ancient bracelets do not meet entirely, but show the arm through

the open space between the ends. Indian bracelets of beaten silver are made in the same manner, these often being decorated with a single large stone, such as rose quartz, turquoise, or garnet.

## ANGORA CLOTH IS POPULAR

Favorite Combination Method Is to Make Skirt of Silk and Trim With Bands.

When satin or knitted silk fabric is combined with angora, a favorite method is to make the skirt of the silk fabric and trim it with one, two or three bands of the angora, the entire coat or scarf to be of the wool fabric. While white and the light bright colors take first place, darker colors are not ignored. One striking costume recently seen featured a skirt and scarf of angora in Indian or autumn colorings woven in broad stripes.

Angora cloth is not only warm, but warm looking. It is an ideal fabric for sports apparel. Last season it appeared in the separate scarfs worn with sports or semi-sports suits everywhere during the first fall days, before winter furs were donned, and on the golf links throughout the winter. This year it has entered the field of ready-to-wear with a vengeance.

The sport frock that consists of skirt and slipover blouse appears to be the season's favorite. It is being developed in all sorts of attractive silk and wool fabrics for wear at the American winter resorts.



WHEN you see this famous trade-mark, think a minute! Think of the delicious taste of a slice of fresh toasted bread!

That's the real idea back of the success of Lucky Strike cigarettes. Toasting improves tobacco just as well as bread. And that's a lot.

Try a Lucky Strike cigarette—

## It's toasted

Guaranteed by The American Tobacco Co.



Printers measure their takes, and tailors take their measure.

## BOSCHEE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous. Statistics show that more than three times as many people died from influenza last year, as were killed in the greatest war the world has ever known. For the last fifty-three years Boschee's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectation in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere.—Adv.

## JUST THE THING FOR PRINCE

Conditions Being in Europe What They Are, Press Agent Had Decidedly Good Idea.

I assisted the other day at what may prove to be the springs and origin of the next great international marriage. The press agent for an organization which deals in philanthropy for Europe was talking:

"I want to bring Prince Donatotski over here next year," said he. "I think I can marry him to some nice American girl."

"That'll be nice," I said. "Especially for the prince."

"That's right," said the press agent, seriously. "There isn't a royal family in Europe that is open to him just now. He could not get into some of them—he ain't 'ach a much of a prince, you know—and it would not pay him to marry into some of the others. They have no money or thrones or palaces or anything like that."

"So you think it would be a good idea for him to marry into some well-to-do factory family over here?"

"Sure," said the press agent.—New York correspondence of the Kansas City Star.

## Honor Paid Belgium's Queen.

The queen of Belgium is the first woman in nineteen years to pass inside the garden walls of the historic Spanish mission of Santa Barbara, the last before her being Mrs. William McKinley, wife of the president.

## The Reason.

"What are you storming about so for?" "We're having a thundering good time."

## GOT A CHILD'S COAT BY DYEING GARMENT

"Diamond Dyes" Help Make New Outfits for Youngsters.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods,—dresses, blouses, stockings, skirts, children's coats, feathers—everything!

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you "Diamond Dye" Color Card.—Adv.

## GETS ALL BUT THE GOBBLE

Showing How a Chef Who Really Knows His Business Can Dissect a Turkey.

Ever ask Charlie Baer, Claypool hotel chef, how to carve a turkey when turkey is 60 cents a pound and you want to save everything but the gobble? Ever ask Charlie? Go at it this way:

"Charlie, I've invested my life's savings in a turkey. I want to make that bird pay."

"Oh, yes, yes," Charlie answers.

Then he grabs a turkey and a butcher knife—turkey in the left hand, knife in the right! Zippy! Off comes a leg! Zippy! Off comes the other leg! Zippy! Off comes one wing! Zippy! Off comes the other wing!

Then all you have to do is to draw the knife gently 'through the white meat.

"And you can make soup out of the neck and sauce out of the giblets," said Charlie.

See? That's how!

## Looking Forward.

They have just become engaged. "I shall love," she cooed, "to share all your griefs and troubles."

"But, darling," he purred, "I have none."

"No," she agreed; "but I mean when we are married."

If opportunity were at sea, lots of people would hesitate on the shore, dreading submarines.

## Mother Gray's Powders Benefit Many Children

Thousands of Mothers have found MOTHER GRAY'S SWEET POWDERS an excellent remedy for children complaining of Headaches, Colds, Constipation, Feverishness, Stomach Troubles and Bowel Irregularities from which children suffer at this season. These powders are easy and pleasant to take and excellent results are accomplished by their use. Used by Mothers for over 30 years. Sold by Druggists everywhere. Trial package FREE. Address, THE MOTHER GRAY CO., Le Roy, N. Y.

## MILLIONS Suffer from Acid-Stomach

Millions of people suffer year after year from ailments affecting practically every part of the body, never dreaming that their ill health can be traced directly to acid-stomach. Here is the reason: poor digestion means poor nourishment of the different organs and tissues of the body. The blood is impoverished—becomes weak, thin, sluggish. Ailments of many kinds spring from such conditions. Biliousness, rheumatism, lumbago, sciatica, general weakness, loss of power and energy, headache, insomnia, nervousness, mental depression—even more serious ailments such as catarrh and cancer of the stomach, intestinal ulcers, cirrhosis of the liver, heart trouble—all of these can often be traced directly to acid-stomach. Keep a sharp lookout for the first symptoms of acid-stomach—indigestion, heartburn, belching, food repeating, that awful painful bloating after eating, and sour, gassy stomach. EATONIC, the wonderful modern remedy for acid-stomach, is guaranteed to bring quick relief from these stomach ills. Thousands say they never dreamed that anything could bring such speedy relief—and make them feel so much better in every way. Try EATONIC and you, too, will be just as enthusiastic in its praise. Make your life worth living—no aches or pains—no blues or melancholy—no more of that tired, listless feeling. Be well and strong. Get back your physical and mental punch; your vim, vigor and vitality. You will always be weak and ailing as long as you have acid-stomach. So get rid of it now. Take EATONIC Tablets—they taste good—you eat them like a bit of candy. Your druggist has EATONIC—50 cents for a big box. Get a box from him today and if you are not satisfied he will refund your money.

## EATONIC FOR YOUR ACID-STOMACH

YOU CAN'T CUT OUT A BOG SPRAIN OR THOROUGHPIN but you can clean them off promptly with

## ABSORBINE

and you work the horse same time. Does not blister or remove the hair. \$2.50 per bottle, delivered. Will tell you more if you write. Book 4 R free. ABSORBINE, JR., the antiseptic liniment for marking, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Alays pain quickly. Price \$1.25 a bottle at druggists or delivered. Made in the U. S. A. by W. F. YOUNG, P. O. F., 310 Temple St., Springfield, Mass.

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## A Health-Building Cereal Grape-Nuts

A satisfying food, greatly pleasing to taste, full of rich nourishment and ready to eat without cooking.

Needs no Sugar

Pleasing alike to young and old.

"There's a Reason"

