

MOTHER'S COOK BOOK by Nellie Maxwell

"Some approbation now and then Works wonder with our little men; And words of praise from lips held dear Have often changed a girl's career."

TUNA FISH DISHES.

This delicate turkey of the sea, should be more appreciated. The following dishes are but suggestions, as there are any number of combinations making most delicious eating.

Tuna Salad.

Take three cups of tuna, one cup of diced celery, one hard-cooked egg, one green pepper shredded, one cup of thick mayonnaise, one-half cup of French dressing, one-fourth of a cup of chopped olives. If well made this salad is more delicious than the most inviting chicken salad. Several hours before serving, mix the tuna, egg, green pepper and celery together, adding the French dressing gradually. Just before serving add the chopped olives; toss lightly, put into a salad bowl and arrange a thick mayonnaise over the top.

Tuna Chop Suey.

Take one pound of fresh pork, one cup of tuna flaked, one cup of diced celery, one cup of chopped onions, one cup of chopped peanuts, one can of mushrooms, one tablespoonful of butter and salt and pepper to taste. Put the butter into a deep frying. Cut pork in small pieces and cook in the frying pan with celery and onions. Cover with one cup of water, the mushrooms and the

liquor; simmer one hour. Add peanuts, tuna, seasoning, and cook half an hour longer.

Tuna in Timbales.

Cook two eggs until hard. Cream three tablespoonfuls of butter and add yolks; when blended and smooth, add the juice of one lemon, salt and pepper to taste; two cupfuls of flaked tuna, one-half cupful of cream and two well-beaten eggs. Cook over hot water until well cooked. Fill the timbale cases and cover with parmesan cheese. Brown in the oven.

If the fresh fish is used in any of the above recipes, of course it must be cooked before using. These recipes call for the canned tuna. Salmon may be substituted, but it is not as desirable because of its oily, fishy taste, which is almost lacking in tuna.

Tuna in Peppers.

Cut peppers in halves lengthwise; remove the seeds and put peppers to soak in very cold water. Beat four eggs slightly; add one cupful of milk, two cupfuls of tuna, one cupful of bread crumbs, salt and pepper to taste. Pack the mixture into the peppers and sprinkle buttered bread crumbs over the top. Brown in the oven and eat hot.

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THE ROMANCE OF WORDS

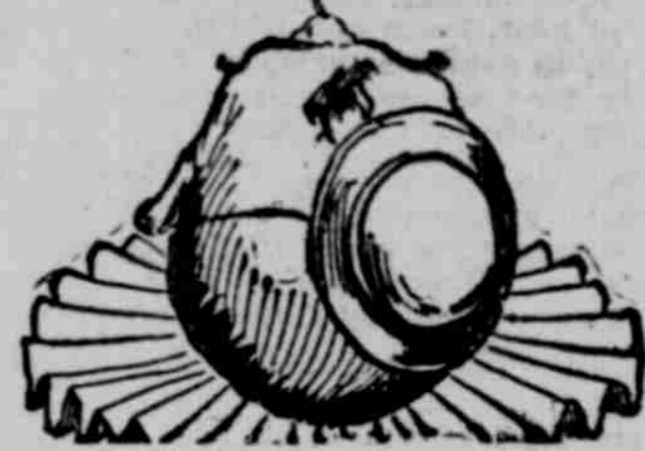
"GOB."

JUST as the American soldier entered a vivid protest against being known as a "Sammy" or any of the other home-made terms which were coined as synonyms, the American sailor has always objected to "Jackie"—the name which has been applied to him by a number of writers whose knowledge of the sea was gleaned from an occasional glimpse of the docks. "Jack" is allowed to pass unchallenged, but "Jackie," being a diminutive and smacking of the effeminate and childish, always causes the sailor to wince. His own name for himself is "gob"—a term which dates back to the middle of the last century when Perry made his Asiatic expedition.

It was at this time that the orientals first applied the name "gobshites" to the American sailors, and when the American naval Asiatic station was later established, the title persisted to such an extent that the sailors brought it home with them, gradually spreading throughout the entire navy under the shortened form of "gob."

(Copyright.)

ON THE FUNNY SIDE



HOW IT HAD TO BE DONE.

"What are you doing at that safe?" shouted the political manager, as he turned a flashlight on the crouching figure in front of the safe.

"Indeed, boss," replied Bill the Burg. "I don't mean no harm. Of course, what I'm doin' looks a little irregular, but—"

"You came here to steal, didn't you?"

"No. All to the opposite. What I was doin' was tryin' to slip a few thousand into your campaign fund all unbeknown to anybody."

Fits the Circumstances.

"Why, this is a funny telephone; isn't finished, is it?"

"Yes; that's a complete telephone."

"But there is nothing to it but the receiver. Where is the mouthpiece?"

"Doesn't need one. That is the instrument over which I converse with my wife."—Puck.



KEEP THE SAME HOURS.

Wife—George, how can you stay away from home so late nights?

Hubby—Oh, easily. I acquired the habit while I was courting you, my dear.

Housewifery.

She gets some yeast and plans a feast Of which I hate to think; The things she'll make are bad to take In food and worse in drink.

True to Form.

"The ex-army officer gave his wife a real military command when she said she wanted to start the furnace." "What was it?" "Hold your fire!"

Cold Encouragement.

He—Darling, I dream of you as my own. She—But dreams, you know, go by contraries.

Disappointment.

Agent—Is that soubrette I sent you chic?

Manager—Chick? I should say not! She is a regular old hen.

Association.

"The young man who comes to see Maud has such an explosive manner." "No wonder, when his father is in the fireworks business."

A Condition.

"Harry asked my hand for the next dance." "Then give it to him on condition he keeps off your feet."



A HORRIBLE FAUX PA

"My dear you have made a terrible mistake."

"What's the matter?" "Don't you realize that this weather is much too cool for furs."

The Equivalent.

"I get but little out of life," said Abner Glinn. "About as little," said his wife. "As you put in."

Nothing Lacking.

"So you've started shaving yourself, eh? Don't you miss the barber's chatter?"

"Not at all. You see, I set my phonograph going during the process."

Another Construction.

Young Man—Do you think your sister would be sorry to marry and leave you?

The Terror—Oh, yes. She said she would have been married long ago if it hadn't been for me.—London Answers.

Mental Reservation.

She—How could you truthfully tell that sharp-tongued Miss Gabby that she reminded you of a flower?

He—So she did, but I didn't mention it was a snap-dragon.

SCHOOL DAYS



Air ships

considerable learning before you attempt to start making a living, especially if you mean to start in for yourself.

Some of us are congenitally unable to spell correctly. If that is your trouble, don't try to be a stenographer. You will drive your future employers frantic and never be able to hold a position long enough to be sure at which floor to get off.

Study your limitations. Everyone has them, but the successful are those who know them and act accordingly. (Copyright.)

Last Night's Dreams

—What They Mean

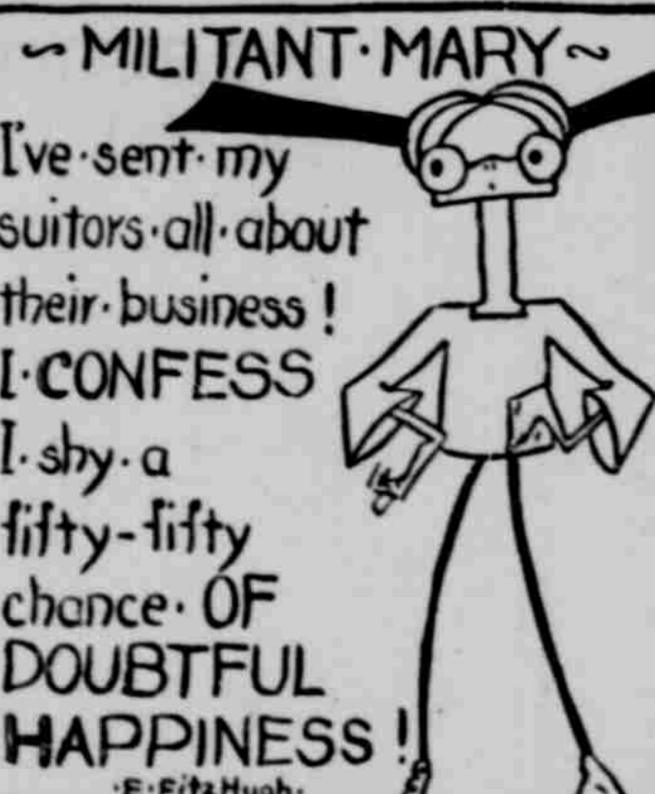
DID YOU DREAM OF CLOTHES?

CLOTHES play an important part in Dreamland, sartorial effects having their value even in the world of shadows. To dream of clean, new clothes means good luck; that you are wearing good clothes, a long and happy life. But to dream that your clothing is old and dirty is not a favorable sign, though to dream that your clothing is old but yet neat and clean is not so bad—which is gratifying in view of the present necessity of wearing our old clothes because of the high price of new ones.

But be modest with regard to your dress, even in the selection of dream-clothing. If you have in your wardrobe a great quantity of clothes, more than you know what to do with, you will suffer through your own extravagance—the same law in regard to this seeming to hold good both in the land of dreams and the world of actualities. Also, if your dream-clothes are of gaudy colors there is disappointment in store for you; another point in which the two worlds agree—that loudness of dress is bad form.

Where they most decidedly disagree is with regard to the stealing of clothes. To steal clothes in your dreams foretells great success in love and business, whereas to steal them outside of dreamland is frowned upon by the law. Dancing-tights are entirely out of fashion in Dreamland—they indicate a temporary shortage of money.

As a headgear, a silk cap seen in a dream is a lucky omen. If you dream of putting on any sort of cap be very watchful in your love affairs; if you take a cap down from a nail something concerning you which you would rather have unknown is soon to come out. If a cap is presented to you it means marriage. An old dream-hat predicts misfortune, but a new one great success in business. To lose your hat means vexations of a business nature. The less you dream about trousers the better. As to shoes, if they are old and want blacking, the signification is that you make enemies by being too outspoken—correct your manners. To have your shoes shined by a Dreamland boot-black means prosperity and happiness; new shoes, good news. (Copyright.)



A Distinction.

"Do you think the majority of women will learn quickly how to mark up their ballots?" "Not as quickly as if they were to be marked down."

THE GIRL ON THE JOB

How to Succeed—How to Get Ahead—How to Make Good

By JESSIE ROBERTS

LIMITATIONS

THE reason why many women fail to make a success of their work is because they are not careful in studying their own limitations.

We all know that there are thousands of people who think they can write or paint or act or become motion picture stars, and who waste years of effort in thus attempting the impossible, ending in disappointment and poverty where half the amount of effort given to something they could do would have brought them at least a fair living.

But there are other limitations besides those of lack of artistic talent. There are bodily limitations that need to be recognized. There is no more use in attempting work for which you are not physically capable than that for which you are mentally or temperamentally unfit.

Many people can do excellent work if they are not obliged to superintend or arrange the work of others. For a woman of this type to try to run a business of her own that necessitates employing and managing a force of assistants is mere foolishness. However well she understands the job, she will not make a success of it if she cannot direct other persons. Because a woman can trim a hat smartly is no sign that she can run a successful hat shop, whether the money to start is available or not.

The old adage that it pays to know yourself is nowhere more necessary than in business life. Live and learn is all very well, but you want to do

THE WOODS

BY DOUGLAS MALLOCH

THE SNOW IS HERE.

THE snow is here. I heard it in the night Upon the roof in marshaled measure tramp.

The passing year Has changed the world to white And set the seal of winter on the camp. But yesterday A footpath down the hill Touched hands with other roads that led afar;

But now the way Is hidden 'neath the chill Of diamonded drifts that glisten like the star.

We are shut in From every distant thing, That other life amid the world of men; From dirt and din, Until returning spring Shall find the road and waken us again.

The chore-boy now His frosted finger blows And makes his path from islanded door to door; Like sturdy prow He parts the billowed snows And heaps his brands of comfort on the floor.

The fire he piles With piles of pitchy pine Until the flames roar upward in a gale; And we arise To breathe the wintry wine, To plunge abroad and icy tasks assail. So breaks the day; So comes the arctic dawn In this our world when snow is here; And so away The months shall follow on Till softer skies shall mark another year.

The horses stamp In clouds of steamy smoke, The teamster's voice of mastery await; Their bits they clasp And shake their leather yoke— And life breaks forth where life is isolate. Now from the wood, Comes stroke of ax and sawyer's steady swing; The tree that stood Beside the frozen rill

WARNING

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years, and proved safe by millions.—Say "Bayer"!



SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents—Larger packages. Aspirin is the trade mark of Bayer Manufacture of Monaceticacidester of Salicylicacid.

London Bird Boxes.

That body of nature lovers, the Selborne society, has for the last 18 years provided a haven of refuge for birds in the London (Eng.) district. Nineteen acres of woodland within walking distance of the west of London have been set apart as a sanctuary where birds can build; and between 40 and 50 species are known to have nested there, besides some 30 others which have lived there for a longer or shorter period. Widespread interest has been aroused in the experiment.

Immense Sulphur Deposit.

Popular Mechanics Magazine reports that a sulphur deposit of perhaps 10,000 to 15,000 tons has been found in the crater of an ice-covered volcanic mountain on Unalaska island in the Aleutian group. Akua island, in the same group, also has a sulphur deposit.

How It Feels.

Father—Why is the boy reading the auto ads so intently these days? Mother—Well, you know, he got a raise last week.

For Weak Anemic Children

for pallid young girls; for overworked men; for exhausted, nervous, run-down women; for feeble old people—the dependable tonic is

Grove's Iron Tonic Syrup

It is very pleasant to take and is more easily digested and assimilated than Iron Pills or Iron Tablets.

You can soon feel the Strengthening, Invigorating Effect of GROVE'S IRON TONIC SYRUP.

Note carefully how it creates a keen appetite for wholesome food, how it improves the complexion and increases weight.

Can be purchased at any drug store. Price 75c.

SHAKESPEARE UP TO DATE DRUG STORE, BY ALL MEANS

Public Demand for Comedy May Yet Bring About Just the Situation Recorded Below.

Victim of Accident in No Hurry to Be Carried to the Undertaker's Establishment.

Director—Would you be willing to accept a minor part for your first appearance in the pictures? To acclimate yourself, as it were.

Dramatic Star—Ye gods! I—I—I that have played kings and princes in me time essay a role of a nondescript miner and wear a lantern on the brow that has worn the crown and the laurel!

Director—No, no! You don't understand. I mean a small part—a minor role—an insignificant character. Strangely enough, the part is the kind you are familiar with—a prince—Hamlet.

Dramatic Star—What! The tragic Dane an insignificant part! Prithree, tell me, then, if Hamlet be a small part, what is the star role?

Director—Why, Yorick. You see, we resurrect him for our star funny man and run the play as a straight comedy. —Film Fun.

Analogy.

"A man who steals autos is an auto-jack, isn't he?"

"Of course." "Then is a man who steals boots a boot-jack?"

The principal use of a hat won on the election is to talk through.

More Practical Welcome.

Emily was fond of playing grown-up lady. One day she donned her mother's hat and fur wrap and came to call on me.

I answered the door and said: "How do you do? Come right in to the fire and warm your hands."

Emily looked her disappointment. She said: "Don't say that, Aunt Ida. You must say, 'Come right in and have a cup of tea and some cake.'"—Exchange.

A large nest of wasps will account for at least 24,000 flies a day, says one naturalist.

Finicky Digestions disturbed by ordinary food, find comfort in

Grape-Nuts

Twenty hours of baking make this blend of wheat and malted barley quickly and easily convertible into health and strength

Try a package from the grocer. Test tells "There's a Reason"