

## DEPENDENT UPON IT 20 YEARS

Lydia E. Pinkham's Vegetable Compound Has Been This Woman's Safeguard All That Time.

Omaha, Neb.—"I have used Lydia E. Pinkham's Vegetable Compound for over twenty years for female troubles and it has helped me very much. I have also used Lydia E. Pinkham's Sana-tive Wash with good results. I always have a bottle of Vegetable Compound in the house as it is a good remedy in time of need. You can publish my testimonial as every statement I have made is perfectly true."—Mrs. J. O. ELQUIST, 2424 S. 20th Street, Omaha, Nebraska.

Women who suffer from those distressing ills peculiar to their sex should be convinced by the many genuine and truthful testimonials we are constantly publishing in the newspapers of the ability of Lydia E. Pinkham's Vegetable Compound to restore their health. To know whether Lydia E. Pinkham's Vegetable Compound will help you, try it! For advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

## DR. CARTER'S K. & B. TEA Makes Fine Laxative Syrup

Make It at Home and Save About \$1.50—Children Love to Take It.

Full Directions With Each 30-Cent Package.

For a real tonic and blood purifier, take a teaspoonful every night or every other night for at least three weeks.

## HEALS RUNNING SORES

"I feel it my duty to write you a letter of thanks for your wonderful Peterson's Ointment. I had a running sore on my left leg for one year. I began to use Peterson's Ointment three weeks ago and now it is healed."—A. C. Gilbrath, 704 Reed St., Erie, Pa.

For years I have been selling through druggists a large box of PETERSON'S OINTMENT for 35 cents. The healing power in this ointment is marvelous. Eczema goes in a few days. Old sores heal up like magic; piles that other remedies do not seem to even relieve are speedily conquered. Pimples and nasty blackheads disappear in a week and the distress of shaving goes in a few minutes. Mail orders filled. Peterson Ointment Co., Inc., Buffalo, N. Y.

## DON'T CUT OUT A Shoe Boil, Capped Hock or Bursitis

FOR ABSORBINE

will reduce them and leave no blemishes. Stops lameness promptly. Does not blister or remove the hair, and horse can be worked. \$2.50 a bottle delivered. Book 6 free.

—ABSORBINE, JR., for manhood, the antiseptic ointment for Burns, Bruises, Swellings, Varicose Veins, Ailings Pains and Inflammation. Price \$1.25 a bottle at druggists or delivered. Will tell you more if you write.

W. F. YOUNG, P. D. F., 310 Temple St., Springfield, Mass.



## Vaseline

PETROLEUM JELLY

For sores, broken blisters, burns, cuts and all skin irritations. Also innumerable toilet uses. REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO. State Street New York

## Don't Persecute Your Bowels

Cut out cathartics and purgatives. They are brutal—harsh—unnecessary. Try CARTER'S LITTLE LIVER PILLS.

Purely vegetable. Act gently on the liver, eliminate bile, and soothe the delicate membrane of the bowel. Correct constipation, biliousness, sick headache and indigestion. Small Pill—Small Dose—Small Price

**DR. CARTER'S LITTLE LIVER PILLS**, Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness.

Send me your signature

Around World. 4 Nos. 1450. Steamers, Rail, Hotels, Tips, Incentives. Australia, Africa, Europe (Baltimore). Alone or parties. \$1.00. Birmingham, H. Harris, 842 E. 14th, New York

## EASY TO WIN CO-OPERATION

Main Thing to Remember is That One Must Earn What One Expects to Receive.

Getting on with others is a matter of co-operation. If you expect co-operation you must give co-operation—judiciously, systematically and with good will. You can win co-operation from a person when you help him to do what he wants to do.

Everybody has desires which are worthy and deserving of promotion. Study the desires of the person whose co-operation you wish to win and then idealize the ways by which you can aid him to realize those desires. It all comes back to a matter of service—to what Emerson called the law of compensation and what one teacher of New Thought calls the law of giving and receiving. In the language of salesmanship the way to sell yourself to anyone is through the principle of service. "What will you have?" quoth God; "pay for it and take it—Nothing venture nothing have—Thou shalt be paid for what thou hast done; no more, no less."

In more homely language you must earn what you get in the way of friendship, favors and co-operation of any kind just as you must earn anything else worth while. And by the way, to habitually take what you do not earn, what you do not give a fair equivalent for in one way or another, is to sap the vitality of your own character and unfit yourself for a place among men and women who are not parasites.

If you are a salaried worker and want to earn more money there is only one legitimate way in which you can do it (assuming that no other employer will give you the increased pay), and that is by giving more efficient, cooperative service. This service may take the form of carrying out instructions from others or of acting on your own responsibility; in either case the object is to efficiently help your employer to realize his ideals for the business.

You cannot throw into the business machinery the monkey wrench of indifference, or positive objection to the ideals of your employer and his ways of realizing them, and expect to get your pay raised therefor. Neither can you, by such a course, render relations more pleasant and agreeable and win the co-operation which you desire in the way of increased appreciation as evidenced by a fatter pay envelope.—William E. Towne in Nautilus.

**Omsk Once Cossack Center.**

Feodor Dostoevsky, the Russian Dickens, wrote his famous novel, "Crime and Punishment," out of his experiences with criminals at Omsk, which was for a time the seat of government of the regime of Admiral Kolchak. In this work Dostoevsky pictures a future Russian people freed from bonds of force, but united by ties of mutual trust and kindness. Omsk, under the Russian monarchy, was the crossroad of the routes to Central Russia, Orenburg and Turkestan. It lies along the trans-Siberian railway, running from Moscow to Vladivostok, a 5,385-mile journey. It was founded about 200 years ago and is approximately of the size of Birmingham, Ala., or Paterson, N. J.

Omsk was long a Cossack center. In the principal square stands the church of St. Nicholas, in which hangs a banner reputed to have been that of Yermak, a Cossack bandit of the Volga, who turned over the vast domain of Siberia to Ivan the Terrible, with the result that Yermak procured his own restoration to Moscow court favor.

**Remarkable Feat of Juggling.**

An Indian juggler's remarkable feat is described by a writer in the Wide World Magazine. A slim young native, accompanied by a gray-bearded assistant, appeared carrying a couple of large baskets, from the first of which was produced a big python, which the young native proceeded to "charm" with his pipe. The juggler took the basket containing the python, placed it upon a large cloth, the four corners of which he knotted together with a strong, thin rope. At the end of this rope were affixed two little hollow-leaden cups, which he placed over his eyeballs in such a way that a vacuum was created. He then shut his eyes so that the lids were outside the cups.

The two sides of the rope were then passed over his ears and, rising from his squatting position, he lifted the basket containing the snake by the grip of his eyeballs and the suction on his eyeballs alone. The writer says he has never heard of the feat being performed before or since.

**Just a Reminder.**

"The Grabcoins are spending the winter in Florida," remarked Mrs. Dubwaite, who was glancing over the society pages.

"Well, what is that to us?" asked Mr. Dubwaite, fretfully. "We can't afford to spend the winter in Florida."

"Probably not," answered Mrs. Dubwaite, with an air of resignation. "I just thought I'd call your attention to the fact that it is still being done."—Birmingham Age-Herald.

**Strange Character.**

"How about Gilburt?"

"In what respect?"

"His mentality?"

"Oh, I wouldn't go so far as to say Gilburt's mind is a perfect blank, but I've never heard him express an opinion on the League of Nations, and he has no plan for unscrambling the railroads."—Birmingham Age-Herald.

## GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, The Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger.

Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

**Naturally**

"You look depressed this morning."

"I have a good reason. When I went to look at my private stock I found I was out of spirits."

## DON'T FEAR ASPIRIN IF IT IS GENUINE

Look for name "Bayer" on tablets, then you need never worry.

To get genuine "Bayer Tablets of Aspirin" you must look for the safety "Bayer Cross" on each package and on each tablet.

The "Bayer Cross" means true, world-famous Aspirin, prescribed by physicians for over eighteen years, and proved safe by millions for Colds, Headache, Earache, Toothache, Neuralgia, Lumbago, Neuritis, and for Pain in general. Proper and safe directions are in each unbroken "Bayer" package.

Handy tin boxes of 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Mononaceticacidester of Salicylicacid.—Adv.

The man who thinks doesn't talk much; the man who talks much, seldom thinks.

## RUB RHEUMATIC PAIN FROM ACHING JOINTS

Rub Pain Right Out With Small Trial Bottle of Old "St. Jacobs Oil."

Stop "dosing" Rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs Oil" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacobs Oil" is a harmless rheumatism liniment which never disappoints and doesn't burn the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache and neuralgia.

Limber up! Get a small trial bottle of old-time, honest "St. Jacobs Oil" from any drug store, and in a moment, you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.—Adv.

Those who wait for the help of the "uplifters" and politicians may never secure help.

## HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.—Adv.

**Seeking the Truth.**

He—I can't bear that fellow Chatterton. He always brings up such uninteresting subjects. What was he talking to you about?

She—You.—London Answers.

There is no excuse for the dyspeptic with Garfield Tea accessible at every drug store.—Adv.

**Record in Dry-Docking.**

A world's record in dry-docking achievement was established recently by the 30,000-ton floating dry dock of the Morse Dry Dock and Repair company of Brooklyn, N. Y., when the S. S. Minnesota, the largest cargo carrier afloat, was lifted in 25 minutes actual pumping time.

Back of your grocer

—stands the great Schotten direct-from-plantation-to-table plan of bringing coffee quality to you.

Three Blends: Sinbad Golden Days Queen's Taste

**Wm. Schotten Coffee Co.**  
St. Louis, U. S. A.  
Importers of Coffees, Teas and Spices

Ask your grocer about Schotten Quality

## Many School Children are Sickly

and take cold easily, are feverish and constipated, have headaches, stomach or bowel trouble.

## MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

Used by Mothers for over 30 years

Are pleasant to take and a certain relief. They tend to break up a cold in 24 hours, act on the Stomach, Liver and Bowels and tend to correct intestinal disorders and destroy worms. 10,000 testimonials like the following from mothers and friends of children telling of relief. Originals are on file in our offices:

"I think MOTHER GRAY'S SWEET POWDERS FOR CHILDREN are grand. They were recommended to my sister by a doctor. I am giving them to my little three year old girl who was very puny, and she is picking up wonderfully."

"We have used MOTHER GRAY'S SWEET POWDERS FOR CHILDREN at different times for past nine years, and always found them a perfect children's medicine and very satisfactory in every case."

Get a package from your druggist for use when needed. Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWDERS.

Talking Back to the Parson. Free.

"I fear, doctor, I am not good enough to go to church."

"But, my dear madam, it isn't your goodness, it's your desire."

"But I'm not good enough to have any desire."—Boston Transcript.

"You go into a sideshow and you see about six freaks."

"Well?"

"But the living skeleton tells me he sees a thousand every day."—Louisville Courier-Journal.

# The "Cream" of Phosphate Baking Powders

# Dr. PRICE'S "Cream" Baking Powder

## Now made with pure Phosphate

# 12 oz. Can 25c.

The first important move toward reducing the high cost of living

Pure Wholesome Economical