

Positive Proof

Should Convince the Greatest Skeptic in Lexington.

Because it's the evidence of a Lexington citizen. Testimony easily investigated. The strongest endorsement of merit. The best proof. Read it: H. A. Deaver, Jefferson St., Lexington, Va., says: "While I didn't use Doan's Kidney Pills myself, I can recommend them. A member of my family was troubled almost all the time by backache and was hardly able to do anything. When I saw Doan's Kidney Pills advertised, I got a box at B. H. Gorrell's Drug Store. They were used carefully and one box greatly relieved the dreadful aching. Her back was strengthened and her health improved." (Statement given January 27, 1903.)

One of our representatives called on Mr. Deaver on the 11th of March, 1912, and he said: "It pleases me to confirm my previous endorsement of Doan's Kidney Pills. I shall always be strong for them."

For sale by all dealers. Price 50 cents Foster-Milburn Co., Buffalo, New York sole agents for the United States. Remember the name—Doan's—and take no other.

N. & W. Norfolk & Western RY.

SCHEDULE IN EFFECT, MAY 26, 1913 LEAVE BUENA VISTA

2.20 p.m.—For Bristol and Intermediate stations. Pullman sleeper and Dining Car to Roanoke. Parlor car Roanoke to Bristol, Connects at Roanoke with St. Louis Express for all points West. Pullman Sleeper Roanoke to Columbus, and Cincinnati Cafe Car.

7.25 a.m.—For Roanoke, Bluefield, Pocahontas, Norton, Winston-Salem, Charlotte, Welch and intermediate stations. Pullman Sleeper to Gary and Winston-Salem, N. C. Cafe Dining Car to Gary connects at Roanoke with Memphis Special for Chattanooga, Nashville, Memphis.

1.57 p.m.—For Hagerstown, Philadelphia, New York. Pullman Sleeper via Hagerstown for Harrisburg, Philadelphia and New York. Dining Car to Hagerstown.

8.30 p.m.—For Hagerstown, Philadelphia and New York. Pullman Sleeper to New York, Cafe Car.

Rates, time tables and information cheerfully furnished upon application to Agent N. & W. Ry.

W. B. BEVILL, Gen. Pass. Agt. W. C. SAUNDERS, Roanoke, Va. Asst. Gen'l. Pass. Agt. Jan. 13 '09

Baltimore & Ohio

GREATLY REDUCED CONVENTION FARES

...TO... Atlantic City, Baltimore, Md., Chicago, Ill., Cleveland, O., Kansas City, Mo., Minneapolis, Minn., Philadelphia, Pa., St. Louis, Mo., St. Paul, Minn., Toledo, O., Washington, D. C. and many points on the Pacific Coast. For further details apply to nearest Baltimore and Ohio ticket agent.

Electric Bitters

Succeed when everything else fails. In nervous prostration and female weaknesses they are the supreme remedy, as thousands have testified. FOR KIDNEY, LIVER AND STOMACH TROUBLE. It is the best medicine ever sold over a druggist's counter.

HOLLISTER'S Rocky Mountain Tea Nugges. A Busy Medicine for Busy People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Biliary troubles, Pimples, Eczema, Itchy Blood, Bad Breath, Sluggish Bowels, Headache and Backache. Its Rocky Mountain Tea in tablet form, 25 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis. GOLDEN NUGGETS FOR SALLOW PEOPLE

Foley Kidney Pills

"What They Will Do for You" They will cure your backache, strengthen your kidneys, correct urinary irregularities, build up the worn out tissues, and eliminate the excess uric acid that causes rheumatism. Prevent Bright's Disease and Diabates, and restore health and strength. Refuse substitutes. B. H. SORRELL

Don't Scold Your Wife

If she stands half the forenoon talking with her neighbors over the back fence. She is merely getting the news. Have the Home Paper sent to her regularly and her hunger for news will be satisfied. Then she'll have dinner ready on time and your hunger will be satisfied.

The ONLOOKER

WILBUR D. NESBIT



What though the Chinese millions starve— Play ball! What though the Turkis Italians carve— Play ball! What though somebody finds the pole, Some plutocrat is in the hole, Or barons boost the price of coal— Play ball! What though the Teddies go daft— Play ball! What though they get the goat of Taft— Play ball! Who cares about the angry sound When Wilson kicks Clark's dog around? The players scamper o'er the ground— Play ball! Forget about the southern flood— Play ball! The peach crop's frosted in the bud— Play ball! Potatoes are one plunk per peck, The railroads have an awful wreck, And Levimer—they whacked his neck— Play ball! The Japs have landed on our coast— Play ball! The Kaiser gives some one a roast— Play ball! Come on, you southpaw! Flap your wing! Line up, you batsmen! Get it—sing! There's nothing else worth anything— Play ball! Let all the heathen nations rage— Play ball! They can't get on the sporting page— Play ball! Don't ask me how I plan to vote— Let me get wild-eyed, hoarse of throat; The season's on, I'd have you note— Play ball!

Kind Words. Many of us go about the world, roaming hither and yon, seeking opportunities to speak kind words. We stop men who are elevating ten-ton safes to the top floors of 20-story buildings and murmur heartening words to them about the dignity of toil. We lean over the edge of a 12-foot trench and spellbind a man with a shovel of dirt poised in his weary hands—spellbind him with a few well chosen remarks about the kingliness of labor. We halt the worn baggage-man who is trying to carry a hundred and fifty pound trunk up a narrow, crooked stairway and assure him that all effort has its reward and that the sight of him is scattering sunshine amidst the clouds of our existence. We peer into the kitchen where the cook has burned her fingers in hot rad and is also bewilderedly trying to figure out how she can get all the dishes washed before midnight, and we chirp to her about the inspiration faithful effort is to us. And all the time, if we could only grasp the truth, we are talking to ourselves. But, on the other hand, if we weren't dispensing kind words we would be giving good advice or telling folks how to do their work differently, so maybe it is all for the best.

Good Suggestion. "One of the copies of the first edition of Pee's poems has just sold for \$1,300," announced the sage of the boardinghouse. "Well, my goodness," commented the bright young lady, who sat opposite, "if I were one of these authors I should not issue any first editions until I had made all I could out of the rest of my writings."

An I for It. The reporter turned in a story about the decorations for a wedding, in which he wrote: "The scene was one of great beauty." "Ah," observed the critical city editor, "I see you have an 'I' for beauty." And the new reporter had chest enlargement during that day.

Merely a Day Dream. Rev. Prachem—I see that the Chinese have to pay \$100 apiece for old sermons they have destroyed. Mrs. Prachem—Yes, and I remember when I urged you to accept a call to Peking.

R. S. BRUCE, President. TELEPHONE 75. WM. R. KENNEDY, Vice-President. T. S. BURWELL, Treasure. E. S. SHIELDS, Secretary.

Rockbridge Realty Corporation OFFICE: FIRST NATIONAL BANK BUILDING, MAIN ST. LEXINGTON VIRGINIA

Desirable Farms and Town Property for sale. Located in Lexington, Va., Rockbridge and other Counties.

HISTORIC LEXINGTON: A center of education and culture, seat of Washington and Lee University and the Virginia Military Institute. The one enjoys the unique distinction of having been endowed by George Washington and administered by Robert E. Lee; the other, often called the "West Point of the South," is rich in the memories of "Stonewall" Jackson. Excellent High School, four strong Banks, five white and two colored Churches, two Railroads, a population of 4,000, including nearly 1,000 young men at the two institutions. Nearly 1,200 feet above sea-level, healthful and invigorating climate, average summer temperature 72 degrees, low cost of living, on the National Highway from New York to Atlanta.

ROCKBRIDGE COUNTY: Situated in a picturesque valley between the Alleghany and Blue Ridge Mountains, being a portion of the famed Shenandoah Valley of Virginia, and about one hundred and fifty miles from Washington City. Good farming lands, stock raising, blue grass, fine fruit, excellent springs. Thrifty people, flourishing schools, numerous churches, good roads, equable climate, attractive summer resorts, including Natural Bridge, Rockbridge Alum Springs, Goshen Pass, Rockbridge Baths and Wilson's Springs.

All properties listed with us are widely advertised without cost to owner, whether we make sale or not.

We are in touch with leading Real Estate firms in all parts of the State, and if we haven't what you desire, write to us and we will supply your wants. Deeds written free of charge for all property sold by us.

Table with 2 columns: Property Type and Price Range. Farms \$850 to \$20,000; Residences \$500 to \$10,000; Lots \$110 to \$1,600.

Business Properties, Stocks of Merchandise, Timber Tracts, Flouring Mills, Bearing Orchards

GOOD IN SCHOOL GARDENS

Aside From Everything Else, They Bring Teachers and Parents in Closer Communication.

Where school children have been given seeds and plants to take home no way has been found to ascertain results except to visit the homes. Luckily the work provides an excuse and warrant for this, for there is something at home that belongs to the school. Usually teachers and pupils do not meet under circumstances favorable to closer and more friendly relations—the reverse is usually the case, and the parent calls at the school. Now the teacher calls to inspect the garden, an acquaintance results, with a talk on gardening, simple but necessary directions are given for garden work, and all concerned, feel better.

The Distome and the Pearl. In the opinion of many experts pearls are the product of decay. The free pearls found in the common pearl-bearing mollusk are little toms surrounding the bodies of the marine worms known as distomes.

In the month of August certain mollusks are found that have numerous small reddish-yellow points in the spot where pearls usually form. Then begins the imprisonment of the creature. In the first stages the surface of the distome is sprinkled with tiny grains of carbonate of lime. These granulations grow and take the form of crystals which end by forming a calcareous deposit around the creature's body.

Chance for an Inventor. Our scheme of civilization will not be perfect until somebody invents a bureau which will set flat on the floor, so that collar buttons cannot roll under it.

A Guaranteed Cure For Piles. Itching, Blind, Bleeding, Protruding Piles. Druggist are authorized to refund money if PASO OINTMENT fails to cure in 6 to 14 days.

Mistletoe. Why is mistletoe always hung in a light place? Because its presence is not necessary in the dark.

Dr. Fahmney's Teething Syrup conforms to the Pure Food and Drug Law Each bottle guaranteed. Sample free

Strikes. "Never strike a man larger than yourself." "Better still, never strike a man who is short."—Life.

Babies don't mind cold or take cold if kept well with Dr. Fahmney's Teething Syrup. Get it anywhere. Sample free.

Help the Horse

No article is more useful about the stable than Mica Axle Grease. Put a little on the spindles before you "hook up"—it will help the horse, and bring the load home quicker.



MILK INSPECTION IS NO FUN

Incident Showing How Hard It is to Force Sanitary Rules on Dirty People.

The trials and tribulations of a milk inspector trying to force insanitary people to live according to sanitary rules are shown in the issue of the Healthologist, the official organ of the Milwaukee health department. The story follows: A Milwaukee milk inspector during a farm inspection, came upon a place hopelessly filthy, disorderly and run down. A motherly person with a big heart, but firm and weird convictions, listened to the young man's suggestions. Then looking over her spectacles plyingly, she said: "Boy, my mother was ninety-seven years old when she died. She was dirtier than I am, and lived in a dirtier house and drank dirtier milk. If she could stand it I guess there ain't no reason why I and the city folks that get milk from this farm can't stand it too." And not being able to answer that argument, the milk inspector left her—kindly withal, but yet voicing her indignation over "them there new fangled ideas of cleanliness."

Civic Center Idea is Old.

The civic center idea is not new. It is as old as systematized building. The forum of a Roman city was flanked with its courts of justice and buildings of administration. The agora of Athens, as nearly as one may learn, had its temple and schools and courts of law. But in American cities only the oldest and the newest have their public buildings so grouped that each may be seen by itself and yet so that all fit into a consecutive architectural scheme.

WHY WE DETEST PARASITES

Feeling of Instinctive Revulsion is Justified, for They Are Carriers of Disease.

The feeling of instinctive revulsion against parasites of all kinds which characterizes humanity generally, and which is due to something much more than the mere pain or annoyance that their bites might inflict, become more interesting as further discoveries show the role of insects in the spread of disease.

Unfortunately this natural abhorrence has not been enough to protect man under conditions of poverty and uncleanness from harboring such parasites, and now those who understand how much more than a mere personal annoyance is in question from the existence of parasites must take up the problem to eradicate them.

The possibility of the bedbug conveying relapsing fever, typhoid and leprosy has been suggested and apparently there is no parasite of man that may not be a mode of disease conveyance. Flies, fleas, mosquitoes and bugs not only are all under suspicion, but most of them are also actually demonstrated as ordinary and frequent conveyors of diseases of various kinds.

Health authorities must now take up the problem of getting rid of insect parasites in order to stamp out disease.—From the Journal of the American Medical Association.

He Was Prepared.

Mrs. Marryat—"Oh, John, I didn't expect you home to lunch. We have nothing but smoked sausage in the house." Mr. Marryat—"Well, being hungry, I'm prepared for the worst."—Catholic Standard and Times.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of J. C. Ayer & Co.

CHICHESTER'S ENGLISH PENNYROYAL PILLS

Original and Only Genuine. SAFE. Always reliable. Ladies, be warned! CHICHESTER'S ENGLISH PENNYROYAL PILLS are the only pills that can be taken with absolute safety. They are the only pills that can be taken with absolute safety. They are the only pills that can be taken with absolute safety.

PARKER'S HAIR BALSAM

Cleanses and beautifies the hair. Promotes a luxuriant growth. Never Fails to Restore Gray Hair to its Youthful Color. Prevents hair falling out. 50c and \$1.00 at Druggists.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute of Chicago.)

LESSON FOR AUG. 11.

A TROUBLED SEA AND A TROUBLED SOUL.

LESSON TEXT—Mark 4:35 to 5:20. GOLDEN TEXT—"God is our refuge and strength, a very present help in trouble. Therefore will we not fear, though the earth do change, and though the mountains be removed into the heart of the sea." Ps. 46:1-2.

We now turn from our studies in the manifesto or inaugural address of Jesus to one of the outstanding incidents of his life of service.

This lesson is a dramatic one. Lights and shadows, surprise and revelation, rebuke and encouragement are rapidly mingled. The subject of the lesson is well chosen. Leaving the multitude to whom he had been preaching, Jesus commands that they pass over to the other side of the lake, v. 35. "Let us pass over," he says. Jesus never asks his disciples to go where he will not go or has not been before. How touchingly vivid is the suggestion of v. 36, "they took him as he was,"—he is tired and weary, he, whose invitation is to all who are weary and needing rest, he who had not where to lay his head, is carried by loving hands into the boat and is soon lost in restful slumber? Loving hands minister to the loved teacher.

Both master and friends, who are soon to meet a case of great sin, are before that met by a great storm. But he who is Lord and Master of forces, sleeps calmly on. Why not? Who else could be indifferent? Not so these disciples; they have yet to know him perfectly and hence it is quite natural that in their alarm they should awaken him as they view the rapidly filling boat and exclaim, "Master, earnest thou not that we perish?" Weary as he was, and personally indifferent as he may have been, yet for the sake of his chosen friends he arose and rebuked the storm, and the peace which he later gave the demoniac is first shown in material things as he quieted the waves (Compare v. 39 and 45).

Had Little Faith.

It was a great storm, v. 37, likewise a great calm. The psalmist says, "great peace have they who love thy law," great peace have they who truly know and love Jesus, (John 14:27). His rebuke to the disciples, v. 40, was so gentle as to lose its sting,—"how is it that ye have so little faith?" They had some faith, it is true, for they appealed to him in their great need, but oh so little. Our proportion of faith is the measure of our fear. What wonder (v. 41) that they were amazed. This man of flesh who had been sleeping the sleep of intense weariness commanding the sea and that it should obey him with the meekness of a child. "What manner of man is this?" Nineteen hundred years has failed to answer that query.

Reaching the other side they entered the land of Gadara. There they met a demoniac who is, we believe, a type or picture of great sin in that he was (a) without restraint, "no man could bind him," v. 3; (b) he was injuring himself "cutting, etc.," v. 5; (c) he was separated from his friends, "dwelt among the toms," v. 3; (d) he was "unclean," v. 2. There is also evidence of the futility of human resolutions and the vainness of attempts at control or reformation, see verse 4—"no man had the strength to tame him." Then note the torment of his life, v. 7.

Sins to Account For.

Church members have no right to condemn the liquor traffic and then to rent stores in which to carry on the same. Naturally therefore, these people when they saw their illegal gains interfered with should request Jesus to depart, v. 17, and this even in the face of what had been done for stricken man. Luke tells us (Luke 8:37) that they were helden with a great fear. Fear of what? Surely not any fear of this Galilean teacher, but rather were they fearful of the effect of his life upon their material prosperity. Big business will have some sins to account for when in the face of known facts they still press for their gains ignoring the cry of the afflicted and careless of unreasonable house and unsanitary living conditions.

On the other hand why did Jesus refuse such a logical and seemingly reasonable and proper a request as that recorded in verse 18? Was it not a very natural request and an evidence of gratitude as well? Jesus, however, knew a better place, for he saw a greater joy in store for this man. Hence he commanded the man to "go home."

A suggestion outline for this lesson would be as follows:

- I. A great storm 4:35-41. The command of Jesus, v. 35; the weariness of Jesus, v. 36; the alarm of the disciples, v. 38; the indifference of Jesus, v. 38; the great calm, v. 39. II. A glorious cure, 5:1-20. (1) The Gadarene a type of sin, v. 1-5, unclean, separated, no restraint, self-injury. (2) The Gadarene cleansed, v. 6-15. He recognized purity. III. The great mission, v. 16-20. An improper request, v. 17. A proper request, v. 18. A hard request, v. 19. A great result, see Luke 8:40.