

ALL WRONG

The Mistake Is Made by Many Lexington Citizens

Look for the cause of backache. To be cured you must know the cause.

If it's weak kidneys you must set the kidneys working right. A Lexington resident tells you how. T. E. Dulaney, musician, near barracks, Lexington, Va., says: "About the first of September I had pains through my back and for two days I could not leave my bed or even turn over. When I did get out of bed I had to walk all stooped over. My kidneys were congested and felt like two hard lumps in my back. The kidney sections were terrible and very scant. I decided to try Doan's Kidney Pills and got them at B. H. Gorrell's Drug Store. After I used one box improvement was noticeable, and since I used three boxes I am better in every way."

Mr. Dulaney gave the above statement after using Doan's Kidney Pills in November, 1907. One of our representatives called on him on the 11th of March, 1913, and found him in good health. Mr. Dulaney said: "I am indeed glad that there is such an excellent kidney medicine as Doan's Kidney Pills on the market. I use them now and always get good results."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York sole agents for the United States. Remember the name—Doan's—and take no other.

N & W Norfolk & Western RY.

SCHEDULE IN EFFECT, MAY 26, 1913 LEAVE BUENA VISTA

2.30 p.m.—For Bristol and Intermediate stations. Pullman sleeper and Dining Car to Roanoke. Parlor car Roanoke to Bristol. Connects at Roanoke with St. Louis Express for all points West. Pullman Sleeper Roanoke to Columbus, and Cincinnati Cafe Car.

7.25 a.m.—For Roanoke, Bluefield, Pocahontas, Norton, Winston-Salem, Charlotte, Weich and intermediate stations. Pullman Sleeper to Gary and Winston-Salem, N. C. Cafe Dining Car to Gary connects at Roanoke with Memphis Special for Chattanooga, Nashville, Memphis.

1.57 p.m.—For Hagerstown, Philadelphia, New York. Pullman Sleepers via Hagerstown for Harrisburg, Philadelphia and New York. Dining Car to Hagerstown.

8.30 p.m.—For Hagerstown, Philadelphia and New York, Pullman Sleeper to New York, Cafe Car.

Rates, time tables and information cheerfully furnished upon application to Agent N. & W. Ry.

W. B. BEVILL, Gen. Pass. Agt. W. C. SAUNDERS, Roanoke, Va. Asst. Gen'l. Pass. Agt. Jan. 13 '09

Baltimore & Ohio GREATLY REDUCED CONVENTION FARES

Atlantic City, Baltimore, Md., Chicago, Ill., Cleveland, O., Kansas City, Mo., Minneapolis, Minn., Philadelphia, Pa., St. Louis, Mo., St. Paul, Minn., Toledo, O., Washington, D. C. and many points on the Pacific Coast.

For further details apply to nearest Baltimore and Ohio ticket agent.

Electric Bitters
Succeed when everything else fails. In nervous prostration and female weaknesses they are the supreme remedy, as thousands have testified.
FOR KIDNEY, LIVER AND STOMACH TROUBLE
It is the best medicine ever sold over a druggist's counter.

HOLLISTER'S Rocky Mountain Tea Nuggets
A Busy Medicines for Busy People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Biliary troubles, Pimples, Eczema, Impure Blood, Bad Breath, Stomach Bowels, Headache and Backache. Its Rocky Mountain Tea in tablet form, 35 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis.
GOLDEN NUGGETS FOR SALLOW PEOPLE

Foley Kidney Pills
What They Will Do for You
They will cure your backache, strengthen your kidneys, correct urinary irregularities, build up the worn out tissues, and eliminate the excess uric acid that causes rheumatism. Prevent Bright's Disease and Diabetes, and restore health and strength. Refuse substitutes.
R. H. GORRELL

FAVORITE FICTION.

"Void if detached."
"Old chap, your vacation must have agreed with you; you're looking fine."
"Geel! This is the first time I've had a fiddle in my hands for sixteen years!"
"Reginald, I feel so sorry for these people who are seasick. Don't you?"
"Desirable lots in this subdivision sold on easy terms."
"Try our corned beef hash; you'll like it."
"By George, it was a whale! It broke the hook and got away."

Some Variety.
"Have you seen the dear little book on 'Simple Lunches for Simple Tastes?' It's so useful."
"Why, we don't have lunches during the summer. George believes in the two meals a day idea. All we eat at noon is bread and milk."
"Then you surely need the book. It gives you your choice of twenty-seven different kinds of bread and milk spreads."



GIRLS WILL BE GIRLS.
Evelyn—I'm awfully afraid of lightning.
Myrtle—I don't see why you should be.
Evelyn—Why not?
Myrtle—Because there has to be something attractive even for lightning.

Very important.
Some people think themselves a lot. We see folks every day. Who think the town would go to pot if they should move away.

Getting it Exactly Right.
Clerk—Your ad reads: "Plain cook wanted." They rather fight shy of that, sir.
Subbubs—How shall I put it, then?
Clerk—I should say: "Woman wanted to do plain cooking."
Subbubs—Change it, will you? Glad you mentioned it. And, by the way, instead of "woman" you'd better make it "lady."

No Resort Complete Without Him.
"Who is the beautiful young man over there by the hotel piazza?"
"That's Jimmie Sweet. He's a professional proposer."
"What's that? A professional proposer?"
"Yes. He helps the summer girls make their engagement records."

The Cause.
"Her husband came home the other day and found Jennie in an awful fit."
"Good gracious! What caused it? Acute indigestion?"
"No; her dressmaker."

Speed.
"Has the baroness already another husband?"
"Oh, no, she's already without one again."—F. Liegende Blatter.

Quite Common.
Patience—Is she doing anything to try and reduce her weight?
Patrice—Oh, yes, she's lying about it.



HIS BREAK.
Fred—Give me a kiss.
Nina—And what reason have you for wishing to kiss me?
Fred (embarrassed)—I had a reason, but I—er—have lost it.
Nina—Then you'd better go. I couldn't think of kissing a man who had lost his reason.

The Best Way.
The world owes him a living. But he does not expect. Too easy pay; so day by day. He hustles to collect.

The Reason.
"I expect to die in harness."
"Then I take it for granted you

R. S. BRUCE, President. TELEPHONE 75
WM. R. KENNEDY, Vice-President.

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Rockbridge Realty Corporation

OFFICE: FIRST NATIONAL BANK BUILDING, MAIN ST.

LEXINGTON VIRGINIA

Desirable Farms and Town Property for sale. Located in Lexington, Va., Rockbridge and other Counties.

HISTORIC LEXINGTON: A center of education and culture, seat of Washington and Lee University and the Virginia Military Institute. The one enjoys the unique distinction of having been endowed by George Washington and administered by Robert E. Lee; the other, often called the "West Point of the South," is rich in the memories of "Stonewall" Jackson. Excellent High School, four strong Banks, five white and two colored Churches, two Railroads, a population of 4,000, including nearly 1,000 young men at the two institutions. Nearly 1,200 feet above sea-level, healthful and invigorating climate, average summer temperature 72 degrees, low cost of living, on the National Highway from New York to Atlanta.

ROCKBRIDGE COUNTY: Situated in a picturesque valley between the Alleghany and Blue Ridge Mountains, being a portion of the famed Shenandoah Valley of Virginia, and about one hundred and fifty miles from Washington City. Good farming lands, stock raising, blue grass, fine fruit, excellent springs. Thrifty people, flourishing schools, numerous churches, good roads, equable climate, attractive summer resorts, including Natural Bridge, Rockbridge Alum Springs, Goshen Pass, Rockbridge Baths and Wilson's Springs.

All properties listed with us are widely advertised without cost to owner, whether we make sale or not.

We are in touch with leading Real Estate firms in all parts of the State, and if we haven't what you desire, write to us and we will supply your wants. Deeds written free of charge for all property sold by us.

Farms	\$850 to \$20,000
Residences	\$500 to \$10,000
Lots	\$110 to \$1,600

Business Properties, Stocks of Merchandise, Timber Tracts, Flouring Mills, Bearing Orchards

Good Roads & Farm Notes

It's the stray cocklebur that seeds the field for next year. Never hoe or cultivate beans when the vines are wet with dew or rain. A heavy crop of weeds will check the growth of the clover a great deal. Blood meal is rich in protein, peas are much richer in protein than corn. Corn planted to secure a large yield of ears makes the most valuable silage.

The seeding of rape and turnips in corn has become an established practice. Sow some clover; if nowhere else, sow in corn after the cultivation is over. Alfalfa will grow on nearly all good, well-drained soils, but best on a rich, sandy loam.

The only good way to shock grain is in round shocks with one or two cap sheafs on top. Pick cucumbers often and clean. If permitted to mature and make seed, the productiveness of the vine stops. Hoe, cultivate or rake the soil about once a week. Thus weeds will be killed before they have a chance to grow.

The sand vetch is smaller and more recumbent than the common vetch, and has been tested but little in this country. Cypress is said to be the best material for wooden silo, as it possesses unusual weather and water resisting qualities.

Bear in mind that corn fodder, or fodder corn, must not be cut early for it means a loss of a large part of its feeding value. One lesson that the short hay crops of the past seasons have taught us is that a crop of hay can be raised along the roadside where weeds had their some before.

A Guaranteed Cure For Piles
Itching, Blind, Bleeding, Protruding Piles. Druggist are authorized to refund money if PAIN OINTMENT fails to cure in 6 to 14 days.

The pain of life but sweetens death; the hardest labor brings the soundest sleep.—Albert Smith.

Dr. Fahrney's Teething Syrup conforms to the Pure Food and Drug Law. Each bottle guaranteed. Sample free.

A Soured One.
Hewett—War is ludes.
Jewett—And Cupid is the god of war.
—New York Press.

Babies don't mind cold or take cold if kept well with Dr. Fahrney's Teeth-

Help the Horse
No article is more useful about the stable than Mica Axle Grease. Put a little on the spindles before you "hook up"—it will help the horse, and bring the load home quicker.
MICA AXLE GREASE
Wears well—better than any other grease. Coats the axle with a hard, smooth surface of powdered mica which reduces friction. Ask the dealer for Mica Axle Grease.
STANDARD OIL COMPANY

CARE AND USE OF CASSEROLE
Excellent Servant of the Cook Must Have Proper Treatment, and This Advice is Good.

Before using a casserole for the first time, it is well to temper it; this is best done by covering it with cold water. Then letting the water come to the boiling point, remove from the fire, and let the casserole remain in the water until it is cold.

Under no circumstances let the casserole be put on the stove without water or fat in it; if this is done the dish will crack. Avoid sudden changes of temperature with the casserole; that is, do not take it from the hot stove or oven and place it in cold water or in a wet sink; this will prove disastrous to the dish.

Casserole cooking requires only moderate heat; if something is being cooked in the casserole at the same time that intense heat is required for something else, take the precaution of setting the casserole in a pan of water.

In cooking anything in a casserole, it is well to allow twice the time for cooking that would be required were the stew or vegetables or fruit cooked in the ordinary way.

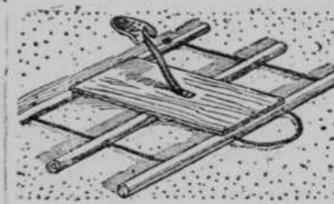
Novel Boudoir Clock.
Among curious clock novelties is the shadow boudoir clock. With it there is no need of getting up to strike a light or turn on the bulb. All that is necessary is to touch a button and the time is flashed on the wall, after the same fashion that signs are flashed on the sidewalk. When the owner of the clock retires he turns a night dial to the ceiling and when he presses a bulb the electric light reflects from the dial through the lens

POLE DRAG IS SERVICEABLE

Next Best Implement Where One Does Not Possess Land Roller—Easy of Construction.

If you don't possess a land roller, the next best thing is a pole drag. The one shown in the cut is better than a roller for leveling and pulverizing the soil. It is composed of three hardwood poles 6 inches through and 7 feet long, writes Fred O. Selby in the Farm and Home. They are fastened together about 2 feet apart by means of short pieces of chain.

To hold the seat a piece of board is bolted to the middle of the first pole and allowed to extend slightly



A Serviceable Pole Drag.

beyond the last one. On top of this an old mowing machine seat is fastened, and the arrangement is such that while the seat is held in place the poles may work independently of each other. As the seat is bolted to the board, it can easily be removed, making the implement much easier to house when not in use. The drag should be drawn by a short piece of chain attached to the center of the first pole, as is indicated.

CASTORIA

For Infants and Children. The Kind You Have Always Bought

Bears the Signature of J. C. Watson

CHICHESTER'S ENGLISH PENNYROYAL PILLS
Original and Only Genuine. SAFE, Dependable, Ladies' and Druggists' CHICHESTER'S ENGLISH PENNYROYAL PILLS are sold in gold, morphia boxes, sealed with blue ribbon. Take no other. Refuse Dangerous Substitutions and Imitations. Buy of your Druggist, or send 4c. in stamps for Particulars, Testimonials and "Letter for Ladies," in letter by return mail. 10,000 Testimonials. Sold by all Druggists. Chichester Chemical Co., Station D, Philadelphia, Pa. Mention this paper.

PARKER'S HAIR BALSAM
Cleanses and beautifies the hair. Promotes a luxuriant growth. Never fails to restore Gray Hair to its Youthful Color.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute, Chicago.)

LESSON FOR SEPT. 15.

JUDGMENT AND MERCY.

LESSON TEXT—Matt. 11:20-30. GOLDEN TEXT—"Come unto me all ye that labor and are heavy laden, and I will give you rest."—Matt. 11:28.

The paragraph mark separating verses 27 and 28 should rightfully be removed for that portion is but a continuation and a contrast with what has gone before. As we see from Luke's account, Jesus has sent out the seventy who return boasting of what had been accomplished in Jesus' name, only to receive his reproof that they are not so much to rejoice in that as that their names were written "in heaven."

Jesus had made his appeal to Judaea only to be rejected; he has done a marvelous work in Galilee only to be rejected there also, and thus it leads to his appeal to the individual. Jesus knew that every problem of the church, financial or otherwise, every problem of the body politic, is in its final analysis one of the condition of the individual heart.

We have before us a twofold division of this lesson:

I. Those Who Reject. One can scarce reconcile the speaker of this first section with him who spoke the last words, but is any denunciation more awful than that of outraged love? There is no contradiction here for his invitation is extended to the very people whom he has denounced. Chorazin and Bethsaida, laden with sin, are urged to break off their yoke of bondage, be reconciled with him, become yoked with him whose burden is light.

Judgment Inevitable.

These cities had their day of opportunity. In like manner we notice that the measure of opportunity is the measure of opportunity. The fate of Tyre and Sodom was awful, but more terrible is to be the fate, in the day of judgment, of Chorazin and Bethsaida, because they sinned against the greater light. The possible exaltation of Capernaum as shown by the question asked in verse 23.

Again we need to note that judgment is inevitable. It is the lot and portion of us all. Jesus created a wonderful opportunity for those cities and in a like manner has created one for us as individuals of the city, what will be our accounting in the judgment? We as citizens are being illuminated by a wonderful revelation of truth and righteousness. Shall New York, Chicago and other large centers become as ancient Capernaum or Babylon, Nineveh and Tyre?

II. Those Who Come to Jesus. Coming now to the second section of our lesson, one can feel the tender pathos of the voice of Jesus as he turns from the whole to the individuals who comprise the whole and cries—"Hither to me." Not alone those who are burdened by ceremonialism or guilt but a more wonderful scope than that, "All who labor." His invitation is, however, limited, for it is to the laboring, thus excluding the willfully idle, whether they be idle materially or spiritually.

Offers a Life.

Jesus knew the rest of harmonious relation to the Father, the rest of service, and so the climax of his invitation is the test of experience, v. 30, "For my yoke is easy and my burden is light." Notice that our labor is to be fruitful, "heavy laden," but the joy of service far outweighs any thought of its becoming a duty and therefore onerous. A yoke implies a being attached to a load and with another. How may we know if his words be true? There is but one condition, "Come." Jesus meant just what and all that word implies. The babe sitting upon the knee of its nurse knows what its mother means when she calls "Come," and so Jesus extends his arms to sorrowful, laden humanity as well as to ceremonially laden Israel and says "Come." Not to a church or to some religious leader, but to Jesus himself. The invitation is very personal both as to the one who shall come, and the one to whom we are to come.

There is in this lesson a luminous suggestion of Jesus' method of dealing with the ill of our great cities. He does not propose a lot of negotiations, but offers a life, an energizing power that shall enable a company of his believers to change these conditions of ill. Some one has called attention to Jesus' attitude towards the Roman empire. Not one word of specific rebuke nor denunciation, yet in approximately three hundred years there was a Christian emperor upon that throne.

These words of Jesus thrill with music. They have been a solace throughout the ages. They have brought into his kingdom countless thousands.

Jesus here assumes, as he always did, that the woes of the impenitent and the joys of the saved are conditioned upon our attitude towards him. Let us be careful not to slip the yoke and not to be unequally yoked with unbelievers. We are called to a partnership, a community of interest and to an agreement with him whose