



SATURDAY... MAY 15, 1909.

FOR DINING TABLE

MANY NOVELTIES ARE SHOWN THIS SEASON.

Imported Accessories That Are Both Beautiful and Useful—Mission Chafing Dish That Will Surely Be Popular.

Imported novelties for the dining table are the thing just now among people who are particular about being up to date in household accessories.



The Burgundy or champagne bottle-holder of German silver is most useful when serving tonics. It is so fashioned as to hold the bottle securely, and has a handle by which the wine can be poured with ease and without danger of spilling.

The German silver wine cooler is a beautiful addition to the dining-room of those who entertain. The silver is highly polished, and ebony handles with silver mountings are particularly good style.

A wine tankard of burnished copper comes from France. This is unique in design. The pattern is copied from an ancient Egyptian model. It can be used for lemonade, cider, beer, and would make a charming hot chocolate pot if large company were to be served.

Another dainty novelty in copper is the glass holder. This is made especially for children's use, and is used to hold a glass of warm milk. The handle, which the child can grasp, precludes any danger of baby spilling his milk. It also will be of great assistance in the sickroom or to an invalid.

There is a demand for plain, unadorned articles of household use. The mission chafing dish is an especially good model. Made of the finest nickel or silver, with ebony handles and base; absolutely plain and easy to keep clean to the sparkling point, it is admired by all good housekeepers.

The college girl will appreciate this bit of plain silver, for nearly every college girl owns a chafing dish, and not one of them enjoys cleaning an ornate piece of silver where they are obliged to rub and scrub with old tooth brushes in order to get into the crevices of the design.

One girl's cry is echoed by all: "Give me a plain piece of silver that I can polish with a chamol and not get my hands all messed up with silver polish."

EXERCISES FOR COLD FEET.

Defective Circulation Present, and Must Be Improved.

Cold feet indicate a defective circulation, and relief will never be found until the circulation is improved. You may apply hot water bags and wear bed slippers, but the relief will only be temporary for these "cures" do not remove the cause.

Ankle exercises will improve the circulation of the feet wonderfully. When sitting in a chair stretch the foot out, extending the toes to the extreme limit. Then rotate the foot up and down sideways and around in a circle. Then stand, supporting yourself by a table or chair, and with one foot slightly raised make it hang lifeless. In other words, devitalize it.

With a circular movement of the lower part of the limb swing the foot around many times. Exercise both feet in the same way. When you have stopped the exercise you will feel a peculiar tingling sensation in the feet. This is the blood rushing back to them. Almost at once, you will feel a comfortable sense of warmth that will be different from any feeling of warmth obtained by the use of hot water bags.

Hat and Frock Express Idea.

The happy day of the hat that "goes with everything" is done. Now the hat which completes and makes a picture of one particular frock is the thing. And, mind you, that hat is not to be worn with any other frock. If it is its meaning—warns the artist who is responsible for the whole costume—will be lost.

Particularly in the case with the restaurant frock—never worn without a hat—is the hat a vital factor of success, and we be to the woman who shames her frock with headgear that does not correctly interpret it, or cheapens her hat by a gown that fails to carry out its meaning.

Comfort for the Cold Fearer.

The mother who persists in dressing her children in heavy clothes will not be pleased as will her daughter to hear that physicians are attributing the lessening susceptibility of our women to colds to unlined lingerie waists and cutaway coats.

Each winter there are more and more summer frocks and blouses worn, while the low collars of last season seemed direct pneumonia breeders to the old-fashioned mother.

Toys of Glass.

So far have we gone in the hygiene of the nursery that we will now pre-

sent children with toys of glass instead of painted wood. The glass is so thick that it is barely possible that a child could break it. They are intended to keep a child from sucking the paint off wooden toys, but they are not inexpensive.

SALT AND ITS VARIED USES.

Minor Ills and Discomforts Vanish Before Its Kindly Offices.

Salt can almost be regarded as a panacea, so many and varied are its uses.

It cleanses the palate and furred tongue and a gargle of salt and water is often efficacious.

A pinch of salt on the tongue, followed ten minutes afterward by a drink of cold water, often cures a sick headache. It hardens gums, makes teeth white and sweetens the breath.

Cut flowers may be kept fresh by adding salt to the water.

Weak ankles should be rubbed with a solution of salt, water and alcohol.

Bad colds, hay fever and kindred affections may be much relieved by using fine, dry salt, like snuff.

Dyspepsia, heartburn and indigestion are relieved by a cup of hot water in which a small spoonful of salt has been melted.

Salt and water will sometimes relieve an unconscious person when hurt if other remedies are not at hand. Hemorrhage from tooth pulling is stopped by filling the mouth with salt and water.

Weak and tired eyes are refreshed by bathing with warm water and salt.

Many public speakers and singers use a wash of salt and water before and after using the voice, as it strengthens the organs of the throat.

Salt rubbed into the scalp or occasionally added to the water in washing prevents the hair falling out.

Feathers incured by damp weather are quickly dried by shaking over a fire in which salt has been thrown.

Salt should always be eaten with nuts and a dessert fruit should be specially made.

DESIGNED FOR THE BRIDE.



A charming suggestion for a bridal costume is made from ivory white liberty satin. The draped fichu is trimmed with bands of pearl passementerie, and where it crosses a trifle to left side there is a long sash falling to below knee depth and also trimmed with passementerie and finished with silk fringe. This is caught at bust line with a bunch of orange blossoms and the sleeves are alternate bands of tuck satin and passementerie. Plastron and high stock are tucked tulle.

About Sleeves.

Although the long sleeves, which are the style this season, are pretty and a welcome change from the short full sleeves which were the style for so many seasons, there is one drawback to them—namely: That they give one a narrow effect across the shoulders. Women with narrow shoulders and a flat chest look extremely narrow and thin in these tight sleeves.

To a small extent this appearance may be done away with.

Most of the sleeves have a slight fullness at the top of the arm, and when gathering this fullness stitch the top of the sleeve with two rows of machine stitching about a quarter of an inch apart. When sewing the sleeve into the waist sew along the line of the first stitching and leave the other row to show at the top of the sleeve. This will give a pretty tailored finish to the top of the sleeve and will hold the top of the sleeve firmly up so that it will give an inch or so on each side to the width of the shoulders. You will be surprised to note how this adds to the appearance of a waist.

A Practical Use of Ribbon.

Warranted to weather all sorts of weather is a simple yet effective ribbon trimming which is entirely new this year. The graceful "Janet" hat in today's illustrations shows this unusual mode of trimming. Yards and yards of three-inch satin ribbon, edged at one side with pliable wire, are massed into a full rosette. Still more yards are arranged in lapping folds around the crown. Even with the lavish amount of ribbon employed, such a hat would prove quite inexpensive and be both practical and attractive for runabout wear.

To Protect the Sleeves.

To protect your sleeves when doing kitchen work wear cuffs of white oilcloth about seven inches long. Stitch them on the machine. Five cents' worth of table oilcloth makes two pairs—the time required for making each pair, five minutes. They are easily adjusted, quickly wiped off, and to a housewife prove a "joy forever."

The Gentleman.

He is gentle if he doth what 'longeth to a gentleman.—Chaucer.

FASHIONS IN FURS

COMBINATIONS NOW FORM THE CHIEF MOTIF.

Neckpieces, Muffs and Hats Combine with Ribbon Bows and Rosettes—Good Reason for Seeming Over-Elaboration.

Fortunately the woman who has a piece of fur too worn about the edges to be worn in its present shape, yet not unworthy of recutting, for she may imitate at very slight expense the novelties that bring so high a price in the shops. A very little piece of fur will do for a neckpiece, muff or hat, for the style is now to combine with ribbon bows, rosettes and ruffles, and even with inset lace.

A most elaborate combination, you will say—but think—how can we protect our throats from winter's chill and yet have our huge incroyable revers and other director motifs uncovered to admiring gaze? As for the muffs, they must assuredly not present an unbroken expanse of fur in opposition to the much beruffled stoles above them. Then why should not



My Lady Dainty boast a hat to match?

The note of novelty in the simple ruffled bands of fox fur, sable, mink and martin, is this, that almost without exception they are joined to the head of the animal on the side instead of in front or back. The ends, moreover, if there be ends, are made to hang over the back of the left shoulder, for the new coats all protect the throat.

There are also little chokers of mink, martin and other soft furs that fasten in back with a knot of ribbon. These may or may not have separate pelts set on the bottom of the collar at the sides with tails and heads overhanging front or back.

But more attractive still are the little folded collars of velvet banded at the top with a bit of short-haired fur, which is in turn completed by a plaited ruche of double-faced satin ribbon. Colors are often used in this combination, moss green with a touch of gold being employed to brighten up the lighter furs, white also being seen with black.

The muffs foremost in favor are of alternate strips of fur and inset lace, or of fur set off by ribbon finishing.

The furs of the winter's vogue are the richest, glossiest things that ever an animal grew for woman's adornment. Sable and chinchilla take the lead, though their great expensiveness makes them prohibitive to mere ordinary mortals. Black lynx and pointed fox rank second in favor, the glossy lynx in particular setting off the satin coats and hats to advantage.

Our drawing shows a fancy neck-piece of ermine, with platings of chiffon and lace. It is made with a high ruche around the neck, and the fur bands are finished with the ermine tails.

The hat on this figure shows a combination of lace, fur and paradise plumes for trimming. Just below are two fancy neckpieces, one of plaited chiffon and ribbon, and the other of fur finished by a bow.

Smart Coat of Mink.

A mink coat seen at a smart furrier's had its side seams open to the waist line and the sides cut away in front almost to the waist line. The full sleeves were shaped into deep, almost close, cuffs from the elbows down. The turned-down collar was of pale brown velvet edged with gold bullion trimming, and the small revers matched. The coat closed cabochon-breasted with large dull gold cabochons, and each cuff showed two smaller cabochons.

A heavy braid in brown, picked out with gold thread an inch and a half wide went all around the edges of the coat and around the bottom and up the outside seam of the cuffs.—N. Y. Times.

Vivid Linings for Coats.

The new black satin coats, which are made on director's lines and worn with black skirt or over colored frocks, are lined with brilliant colors. A lining of plain black or white, or black and white, is commonplace. One has wistaria, catwaba, vivid geranium, American beauty, and the new pink as choices for linings. There is no repetition of this color on the collar and cuffs, but the lining has a way of showing. Some fastidious women repeat the color of their hats.

Bloomer Petticoats.

Bloomer petticoats have considerable favor because of the closeness of the new skirts.

KIMONO INSTEAD OF MANTLE.

English Women Have Made Decided Change in Style.

English women have exchanged the kimono and the liberty cape for the mantle. These are considered the proper evening wraps for young girls no less than women of middle age. Those worn by young girls are made of satin and a lightweight serge. For

A Homelike Cottage.

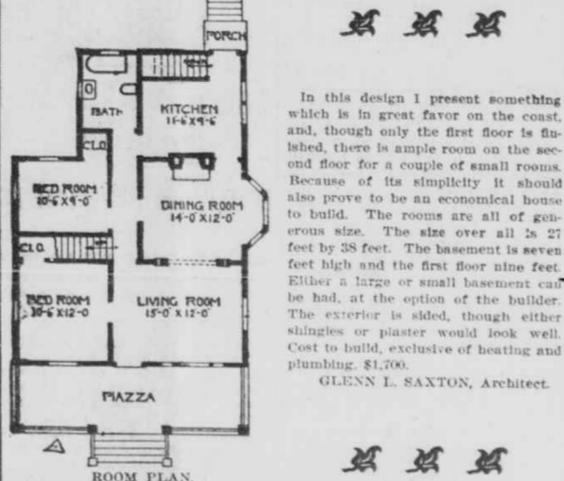
Arranged For One or Two Stories and Basement.

Estimated Cost, \$1,700.

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PERSPECTIVE VIEW—FROM A PHOTOGRAPH.



ROOM PLAN.

In this design I present something which is in great favor on the coast, and, though only the first floor is finished, there is ample room on the second floor for a couple of small rooms. Because of its simplicity it should also prove to be an economical house to build. The rooms are all of generous size. The size over all is 27 feet by 33 feet. The basement is seven feet high and the first floor nine feet. Either a large or small basement can be had, at the option of the builder. The exterior is sided, though either shingles or plaster would look well. Cost to build, exclusive of heating and plumbing, \$1,700.

GLENN L. SAXTON, Architect.

SHOWER BATH AS TONIC.

Beneficial for Those Physically Able to Take Them.

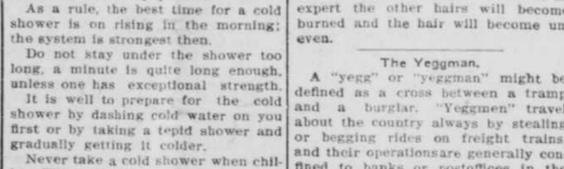
Not everyone is strong enough to stand a shower bath, but when taken properly it has a tonic effect. The best test whether it is beneficial or harmful is whether one is in a glow afterwards or feels creepy for several hours.

The shock is not good for anyone with a weak heart, and no one who is not well should use a shower except by the advice of a physician. As a rule, the best time for a cold shower is on rising in the morning; the system is strongest then. Do not stay under the shower too long, a minute is quite long enough, unless one has exceptional strength. It is well to prepare for the cold shower by dashing cold water on your face or by taking a tepid shower and gradually getting it colder.

Never take a cold shower when chilly. The cold feeling is a sign that your physical condition is not up to the mark. Follow a shower by hard rubbing and by a few physical exercises. Some women go back to bed for five minutes after the bath before dressing. The rest overcomes any shock from the cold water.

Do not stoop forward unduly in taking a shower. It is not good for the spine to receive the first shock of cold at the base of the brain or between the shoulders.

HAT OF OLIVE GREEN.



A choice bit of millinery is shown in the above cut. The attractive shape is a rich shade of olive green with a

Arctic Cold.

Water thrown upon ice in the arctic regions will crack it, just as boiling water breaks glass. This happens because the ice is so much colder than the water.

Split Ends of Hair.

It is essential for the proper growth of the hair that the split ends should be clipped off with the scissors. The easiest way to do this is to separate the hair into strands, going to work at it systematically, beginning at the front on one side and taking one strand after another around to the front of the other side. Twist each strand tightly and the hairs of different length will stand out so that they may be easily clipped. This is better than singeing the hair by means of lighted tapers passed quickly along the strand so that the hairs which stand out will be burned off. Unless this is done by one who is an expert the other hairs will become burned and the hair will become uneven.

The Yeggman.

A "yegg" or "yeggman" might be defined as a cross between a tramp and a burglar. "Yeggmen" travel about the country always by stealing or begging rides on freight trains, and their operations are generally confined to banks or postoffices in the smaller towns.

Daily Thought.

"Neatness in moderation is a virtue, but when it is carried to excess it shows littleness of mind. Good taste rejects showiness; it treats little things as little things, and is not hurt by them."—Fenelon.

Frugal Wife.

A sick peasant motions feebly to his wife to approach his bedside, and whispers, faintly: "I think, my dear, I could fancy a little broth." "My dear, what do you want of broth? Hasn't the doctor just given you up?"

Courage at the Counter.

Success never yet came to the man who lost courage at the first rebuff; but many men have courted failure by allowing the inevitable disappointments of an imperfect world to check their efforts.—From the Grocer.

Heaven.

The desire to get to heaven would be more general than it is if a good many people were not of the opinion that the gold with which the streets there are paved must be nailed down.—Chicago Record-Herald.

Origin of the Mennonites. The Mennonites grew out of four sects of Dutch, Flemish and German Baptists. They derive their name from Menno Simons, a Catholic priest who became a leader of the Anabaptists in about 1537. Simons was born in 1493 and died in 1537. His "True Christian Belief" was published three years before his death. Following the death of the leading spirit the sect underwent divisions and changes of creed. Whole Race Condemned. A native of Annam, Indo-China, sentenced in Paris for theft, wrote the following apology to his employer: "All Annamities, whether emperors, mandarins, secretaries, literary men, and others, are born thieves. It is a grave and deadly complaint, and there is no cure for it. I know people do not like thieves in France, but it cannot be helped." Army Dogs. The German army dogs are so trained that when they find a dead body they set up a prolonged howling. If no one comes they take the dead man's cap or some small article, and with this in their teeth go on a hunt for their trainer, whom they lead to the spot. If the man is wounded he gives his cap to the dog and the same object is accomplished.

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