

Malta-Vita The Perfect Food. Tastes good—Because it is good. PERFECTLY COOKED ALWAYS READY TO EAT.

Malta-Vita The Perfect Food For BRAIN and MUSCLE. PURE, PALATABLE, POPULAR. Millions are eating MALTA-VITA "the perfect food."

TABLE AND KITCHEN. PRACTICAL SUGGESTIONS ABOUT WHAT TO EAT AND HOW TO PREPARE FOOD.

SUGGESTED MENUS. WEDNESDAY. BREAKFAST: Baked Apples, Stuffed with Raisins, Bacon, Scrambled Eggs, Coffee, Entire Wheat Gems. LUNCHEON: Potato Balls, Oysters in a Poquette, Stuffed Cabbage Salad, Stewed Fruit, Cocoa. DINNER: Roast Chicken, Giblet Sauce, Mushrooms, Stewed Potatoes, Orange and Grape Salad, Cheese, Coffee, Wafers.

ONE OF OUR FINEST ESCULENTS. FEW of our food plants have undergone greater change and improvement under cultivation than celery. The tender, white and aromatic stalks of the present aristocratic garden product bears little resemblance to the plebeian from which it originally came.

INQUIRIES MADE BY THE COMMISSIONERS. (Concluded from Page 1.)

INQUIRIES ANSWERED. *M. H. writes:—Kindly insert in your paper a recipe for elderberry wine.

Elderberry Wine. We gave this recipe quite recently; but will repeat it once more as our correspondent may be a new subscriber.

Nut Sandwiches. Mrs. K. writes:—Will you kindly publish in next issue a recipe for making nut sandwiches?

JAPAN TO SEND OUT FLEETS. Will Establish a Permanent Station in Pacific Waters. By Exclusive Wire from The Associated Press.

WRECK ON NEW HAVEN ROAD. Samuel Crutenden, Horseman, Is Killed—Mail Trains Delayed. By Exclusive Wire from The Associated Press.

HAWAIIAN PLAGUE CLAIMS. Chinese Satisfied with Agreement to Pay \$800,000. By Exclusive Wire from The Associated Press.

WHITE STAR MAIL TRAINS. Austen Chamberlain Says Abandoned Service Was of No Benefit. By Exclusive Wire from The Associated Press.

INSURRECTION IN SIAM. Many Refugees from Northern Country Under French Protection. By Exclusive Wire from The Associated Press.

EARTHQUAKES IN ROUMELIA. Populace in Panic, but No Great Damage Done. By Exclusive Wire from The Associated Press.

Jonas Long's Sons Big Store

Special Notice Today. Moving Picture Exhibition Free—Only Four Days More. Programme begins at 10 and 11 a. m., 2, 3 and 4 p. m.

ART EMBROIDERY CLASS MEETS TOMORROW AT 2 P. M. Exceptional Values in Books.

Millinery For Women. Who want the latest effects shown at the Horse Show, such as velvet, grapes, foliage, roses, beaver, and maline Hats.

Holiday Gift Books. Are here in quantities for boys and girls and for the older members of the family.

Tam-O-Shanters. In all the popular shades including black and white, and a variety of fancy stripes.

Boys' and Children's Caps. In strictly all wool material, have double bands to protect the ears.

Stoves. Parlor Heaters—Are you in need of a good stove? One that will give satisfaction, one that you can buy for less than its regular price.

Theodore Haviland's China. A good time to buy new Chinaware is now, everything new. Your Thanksgiving Dinner will be more replete in its setting if, perchance, a 100-piece set, selected from six pretty designs of this handsome line, graces your table.

World's Leader—Two sizes, nickel plate trimmed, self-feeder. \$21.00 kind, close-out price this week, \$16.50. \$15.75 kind, close-out price this week, \$12.00.

THE OAK—Cylinder Heater, comes in 3 sizes. \$12.75 kind, close-out price this week, \$10.50. \$10.75 kind, close-out price this week, \$9.00.

Another style, nicklel trimmed, cylinder style. \$13.50 kind, close-out price this week, \$11.00. \$11.75 kind, close-out price this week, \$9.50. \$10.50 kind, close-out price this week, \$9.00.

SLAYS WOMAN SHE ACCUSES. Angry Wife Stabs Rochester Music Teacher to Death. By Exclusive Wire from The Associated Press.

CARNEGIE INDISPOSED. Whole Family Is Affected by Something They Ate. By Exclusive Wire from The Associated Press.

BEAUTY DOCTOR ON TRIAL. Sold Arsenic Preparation and Excessive Dose Caused Death. By Exclusive Wire from The Associated Press.

NEW SWISS MINISTER. M. Du Marthey, Secretary of Legation at Rome, Sent to Washington. By Exclusive Wire from The Associated Press.