

The News of Carbondale.

LACK OF SEWERS A FACTOR IN TYPHOID

Carbondale Medical Society's Discussion of Importance and Value of Carbondale Residents in Face of Disease Epidemic in This City.

Lack of Sewers in Districts Where There is Typhoid Fever Commented Upon—Valuable Hints from Physicians to the Public.

Whether or not the widespread prevalence of disease in Carbondale is an epidemic, or whether the numerous cases of fever are typhoid, this much seems assured, that out of the discussion of these conditions fruitful results will follow.

The Carbondale Medical Society, which includes all of the physicians of Carbondale and vicinity, took up the question of typhoid fever at its meeting Wednesday night and gave it a ventilation that ought certainly to awaken the public to an appreciation of the neglected conditions in Carbondale, which are a menace to health, a decided factor in typhoid fever, and which can be remedied without extraordinary effort or attention.

Persons among these vitally necessary conditions to the good health of the community is an adequate sewer system. The discussion among the physicians brought out the fact that where typhoid fever—genuine typhoid—is prevalent, there no sewer system can be found. The identity of these districts can be established by citing a portion of the Belmont street section, Paris avenue and Grove street. Here typhoid exists and here are there no sewers. As such a condition is productive of typhoid, the necessity seems imperative to construct sewer systems.

This is not saying that the source or origin of these typhoid cases is to be found in the absence of sewers, but this is such a big factor, and in the face of the present methods of living, the closely built-up conditions of city life as compared with the earlier days of Carbondale, that the introduction of sewers would greatly minimize the danger of a typhoid outbreak.

Another fact brought out, which is even more deplorable, is the failure of property-holders to establish connections with sewers where there is, already a system and has been for a long time. That lax spirit, that is too often found and permitted even when attention is directed to its presence, has permitted property-owners here and there to do as they pleased with respect to making sewer connections. The evil consequence of this is that even along the main portion of the city there are health-menacing vaults, that one physician rightly named as one of the "last century's abominations."

These are some of the conditions which endanger health in Carbondale and which should be abated if the physical well-being of the community is to be conserved. There is a prodigious work before the board of health, in which the co-operation of the public is a necessity. The law of self-preservation, if nothing else, should be sufficient, it seems, to awaken the citizens to the duty before them.

The discussion by the physicians brought out many points of value to the public at all times, but doubly valuable these days when disease, in which there is undoubtedly a good deal of typhoid, is prevalent and epidemic in a sense.

Dr. John S. Niles, who had the subject of diagnosis, emphasized the point that the fever cases should not be confounded with catarrhal or bilious fever, which though alike in typhoid in symptoms, runs a shorter course and is less severe.

Of these, there are a number in the city.

Dr. Lowry pointed out the vital importance of a capable nurse in typhoid; one who has the courage to defend the patient under her care against visitors, and who has the tact and firmness to carry out the regulations of diet, excluding solid foods, when demanded by the sufferer.

Dr. Wheeler's discussion of the sources of infection was especially valuable. Typhoid, he said, is primarily a water disease. But equally dangerous as the contamination of the water supply is the pollution of the milk supply.

Dr. Wheeler condemned the practice of allowing men to fish from the banks of No. 4 reservoir, which supplies Carbondale, and he urged the inspection of dairy farms that supply Carbondale with milk. He pointed out the danger of eating unwashed fruit, as it has been proven that this has been a means of conveying contagion in certain parts of the country. If the public, he said, would boil milk and water, the danger of sickness would be minimized.

Dr. Shields and Dr. Harper presented a number of points of value to physicians in the treatment of typhoid. In the general discussion that followed, the conditions pointed out in the beginning of this article were brought out.

DEATH FROM TYPHOID.

Typhoid fever, which has invaded a number of homes in Carbondale the past few months claimed a victim yesterday. The sufferer who succumbed is Deane Henry Morgan, the 15-month-old son of Mr. and Mrs. Thomas Morgan, No. 55 Grove street.

The funeral was yesterday afternoon and was private. Rev. A. F. Charfee conducted services, and burial took place in Maplewood cemetery. The circumstances of the affliction are made doubly sad by the sickness of the father, Thomas Morgan, who is down with the same disease, typhoid.

At the Euchre in Jermy.

Mrs. George W. Keene, of this city, took the ladies' first prize, and Mr. Keene also secured a prize, at the St. Mary's choir euchre in Jermy, Thursday night. Among the Carbondallians at the event were: Mrs. E. J. McFale and daughter, Florence; Mr. and Mrs. George W. Keene, Miss Mary Glenn and Misses Joseph Glenn, William Conner, James Conner, Frank Buckley and Patrick McDough.

A SAD DEATH.

Mrs. Kate Tighe Passes Away at Danville Hospital.

A death, and beyond the ordinary, was the passing away of Mrs. Kate Tighe, of upper Fallbrook street, at Danville Hospital for the Insane, where she was received as a patient on Tuesday. She accidentally strangled herself shortly after being admitted, and was found dead Wednesday morning.

The deceased was removed to Carbondale Thursday, and was laid at rest in St. Rose cemetery yesterday afternoon. Mrs. Tighe is survived by the following: Three daughters, Mary, Adeline and Genevieve; one son, Bernard; three sisters, Mrs. John Clune, of this city; Mrs. Huff, of St. Louis, Mo., and Mrs. Barnes, of Scranton, and one brother, Joseph, of Scranton.

OF A SOCIAL NATURE.

There were numerous family reunions or dinners in Carbondale on Thanksgiving. Among the number were the following gatherings: Mr. and Mrs. Frank Smith entertained at their home on Garfield avenue, Mr. and Mrs. W. B. Clifford, Mr. and Mrs. Ray Clifford, Maurice Clifford, Miss Edith Bailey, Miss Lois Smith, of this city, and Mr. and Mrs. Fred Edwards, of Scranton.

Mrs. Julia A. Reynolds had the following as her guests: Mr. and Mrs. E. W. Reynolds and daughter, Lola; Mr. and Mrs. Charles Gramer, Mr. and Mrs. W. J. Roberts, of this city, and Mr. and Mrs. Clarence Rose and son, Charles, of Danbury; Mrs. R. T. Burns, of Eldale, and the Misses Delta and Florence Reynolds and Beatrice Burdick, of this city.

Mrs. Thomas Orchard, of John street, gave a dinner, at which the members of St. G. Seminary and N. L. Moore's families were entertained.

Rev. and Mrs. B. H. Abbott, of Spring street, entertained Dr. and Mrs. W. G. Weaver and Miss Helen Abbott, of Wilkes-Barre, and John F. Abbott, of Hoboken, N. J.

One of the most pleasant family dinner parties was that at the home of Archibald W. Burdick, on Lincoln avenue.

F. W. Mills and wife entertained the members of the Mills and Moore families. Twenty-two sat down to the spread.

Mr. and Mrs. C. W. Seaman, of No. 62 Wyoming street, gave a dinner, at which were present Miss Lottie Seaman, manager of the Postal Telegraph company's Homedale branch, and Robert Brown, also of Homedale.

Mr. and Mrs. Chauncey Hunter were entertained by Mr. and Mrs. A. C. Purple, of South Washington street.

Mr. and Mrs. William Wright, of Gravity avenue, gave a dinner to the latter's parents, Mr. and Mrs. John E. Haley, and other members of the family.

Mr. and Mrs. G. E. Gunsauls and daughters, Hazel and Gladys; Mrs. L. A. Adams, Edward Sharp, Arthur Knight, and Miss Mary Shan spent Thanksgiving at a family reunion at the home of Mr. and Mrs. Truman Sharp, at Steene.

Mr. and Mrs. C. Mittan, of Canaan street, had as guests, Mrs. Mittan's grandmother, Mrs. Mary Sears, and Mrs. Frank Benjamin, of Maplewood.

After a Quarter of Century.

Mr. and Mrs. Z. Pierce, of Genesee, Ill., are visiting in Carbondale, after an absence of twenty-five years. Mr. Pierce, who is a brother of Henry Pierce, was born and raised in Carbondale. The appearance of Carbondale and surroundings have changed greatly since he left, causing him no end of surprises. He will leave on Monday for his western home, where he is in prosperous circumstances.

Made Employee Happy.

Superintendent Frieder, of the Klots Bros' silk throwing mill in Simpson, gave further evidence on Thanksgiving day of his thoughtful regard of the several hundred employees under his charge by having a generous lunch of turkey with seasonable delicacies, at the night and day forces, at their luncheon. His thoughtfulness and generous spirit were fully appreciated.

Professionally Engaged.

Miss Mary R. B. Jenkins, trained nurse of this city, is professionally engaged in Oliphant, attending Mrs. James O'Malley, wife of Attorney James J. O'Malley, Mr. and Mrs. O'Malley, who have numerous friends in Carbondale, are rejoicing over the arrival of a son at their home.

Funeral of William Thomas.

The funeral of the late William Thomas, who died at his home, Mayfield yard, Wednesday night, will take place this afternoon, the procession leaving the house at 2:15 for St. Rose cemetery. Burial will be in St. Rose cemetery.

Back to Carbondale.

John Boylan, of Pike street, who was employed at Clarke Bros' store in this city, and later at the Scranton store, has resigned, and is now back in Carbondale, at the Jirkins' market on Park Place.

THE PASSING THROUGH.

Miss Kittle Godwin, of Scranton, is the guest of Miss Mary Quinn, on Fallbrook street.

Mrs. J. E. Watt is entertaining the Misses Josephine and Ruth Courtright, of Wilkes-Barre.

Miss Mary Laughan and Miss Haggerty, of Scranton, were Carbondale visitors on Thursday.

Miss Mina Frank, a student at Syracuse university, spent Thanksgiving with her parents here.

James J. O'Reilly spent Thanksgiving at the home of his sister, Mrs. T. J. Kelly, in Green Ridge.

Mrs. Mary Flynn, proprietor of the Valley house, Scranton, visited in Carbondale yesterday, his former home.

Miss Mary, a student at St. Mary's seminary, Scranton, is visiting relatives here for a few days.

Mr. and Mrs. Charles Lozier, of Homedale, spent Thanksgiving at the home of George W. Hughes, on Wayne street.

John Downing, of South Park street, who has been confined to his home by illness for several days past, is improving.

District President Thomas D. Nicholson, of the United Mine Workers, and family, spent Thanksgiving with Carbondale friends.

Mr. and Mrs. U. C. Rogers, of Patterson, N. J., are visiting the latter's

Connolly & Wallace Scranton's Shopping Center

"Keen Kutter" Shears, 25c for any size from 4 to 9 inches long. Not many left, but enough for a day or two.

To Men: You haven't much time to read advertisements we know, but you miss something if you don't look over this page every day.

To Women: Do you care for Fashion? For new gowns or wraps or dress goods or silks or laces—or for bargains?

Now for Christmas: Twenty three shopping days and nothing in the way to turn your mind from the one thought—gifts.

Winter Underwear: Some people want wool or nothing; some wouldn't wear wool if they got it for nothing—so we have every kind of good underwear that's made.

Blankets for the Horse: You won't forget your stable on Christmas, will you? All kinds of Street and Stable Blankets at prices under market values.

Holiday Handkerchiefs: Men's and Women's. The handkerchief store that lives up to its ideals all the year round is the store that's going to get the cream of the holiday trade.

Men's and Women's Initial Handkerchiefs: Women's, in both medium weight and fine sheer linen, 25c each, or \$1.25 for a box of half dozen.

Boxed Waist Patterns: Enough all-wool French Flannel for a waist, with silk embroidered pieces for front, cuffs, collar, etc., all colors.

Connolly & Wallace 123-125-127-129 Washington Ave.

parents, Mr. and Mrs. C. E. Lathrop, on Garfield avenue.

Mr. and Mrs. A. S. Lewsley and son, Dolan, of High street, were guests at the home of Mrs. Lewsley's parents in Nineveh, Thursday.

Thomas Moran, Michael McGarry and John Cameron witnessed the production of "Mrs. Jack" at the Lyceum in Scranton on Thursday.

Miss Mary Brown, a student at St. Mary's seminary, is spending a few days' vacation at the home of her parents on Fallbrook street.

Mrs. M. H. Lathrop, Mary L. Cune, and M. Isabelle Lathrop, and Mr. D. Lathrop, spent Thanksgiving with W. W. Lathrop, of Scranton.

Samuel Pugliano and sister, Miss Lottie Pugliano, spent Thanksgiving with their sister in Scranton, Mrs. Vincent Cassese, who was recently wedded.

Mrs. Frank Pierce, of Belmont street, is suffering from three fractured ribs, the consequence of a fall down a flight of stairs at the residence on Thursday night.

Mr. and Mrs. James Creggan and family spent Thanksgiving at the home of Mrs. Creggan's parents, Mr. and Mrs. Patrick Reilly, at Pleasant Mount.

Miss Alice Guest, of Danville, was the guest over Thanksgiving of Miss Nettie Burdick. She is the sister of Maurice K. Guest, a former Carbondalian.

Mr. and Mrs. Daniel Scarry and daughter, Helen, of Washington street, spent Thanksgiving at the home of Mr. Scarry's sister, Mrs. Carson, of Hyde Park.

Miss E. F. Burns, who attended the family reunion at the home of her sister, Mrs. Julia Reynolds on Thanksgiving, returned to her home in Eldale yesterday.

Miss Alice Hames, who visited at the

home of Mr. and Mrs. Henry W. Cross, in the country, returned to her home in Oklahoma City, Oklahoma, on the Erie flyer on Wednesday.

Miss Lena Chapman, one of the corps of assistants at the International Correspondence Schools of Scranton, visited her parents, Mr. and Mrs. Alfred Chapman, on South Washington street, Thanksgiving.

William J. Lyne, who recently distinguished himself in the immense graphite combine, returned Thursday from New York city, and is spending a few days in this vicinity on business connected with his enterprise.

J. S. Hughes, manager of the Carbondale Telephone company, and family, spent Thanksgiving at a family gathering at the Hughes homestead in Wilkes-Barre. Mrs. Hughes and children remained to spend a week with relatives there.

Miss Mary Satry, of North Scranton, and Miss Hopkins, of Danbury, operators in the Green Ridge station of the Pennsylvania Telephone company, attended the dance of the Bon Ton Social club Thanksgiving night. They were guests, during their stay here, at the home of ex-Secretary of Councilman Thomas Battie.

Deputy Internal Revenue Collector W. D. Evans left yesterday with the Scranton United choir, which is to compete in the Artian festival in New York city today. Mr. Evans is a member of the choir. Carl Bouslog, manager of the Knuts brewery, also left yesterday for New York city to attend the festival. He has a number of personal friends among the Artians.

While operating a circular saw in the carpenter shop at No. 2 breaker, yesterday, John Sheridan had one of his fingers completely severed and another badly cut.

This signature is on every box of the genuine Laxative Bromo-Quinine Tablets, ready that cures a cold in one day.

White Flour Starvation \$20,000.00 Experiment

Post says that one pound of Grape Nuts furnishes more nourishment than the system will absorb than ten pounds of meat, wheat, oats or bread.

He has a reason for the statement. The white flour makes useless millions of calories expending him for the statement.

Post further says the excessive use of white bread causes disease of the bowels frequently ending in peritonitis and appendicitis.

Class under the spell of the wheat lie the phosphates, potash and other elements absolutely demanded by the body for its proper feeding, particularly for the nerve centers and the brain.

Also class under the spell lie the elements of the diastase required by the body to digest the starchy part of the wheat into Grape Sugar during the process of digestion.

But the white flour miller throws out these important elements because they darken the flour. The white flour of the present day is almost entirely composed of starch, and the elements that will help digest that starch are left out; therefore when much starch, even in the shape of white bread, is put into the stomach it passes into the intestinal tract where, instead of being digested it ferments and causes trouble.

It was to remedy this trouble that Grape-Nuts were invented, for practically the same methods that are used in the manufacture of Grape-Nuts so that the famous food goes into the body in the form of Grape Sugar—that is, the starch has been changed and the first act of digestion has taken place.

The result is that the human body is furnished with valuable food elements in the most perfect form.

Now comes along the Maine Experiment Station to question Post's claim regarding the value of one pound of Grape-Nuts. They learnedly discuss the subject and produce a statement showing more calories of food value in ten pounds of bread than in one pound of Grape-Nuts.

That is not the question at issue. Like many other pseudo-scientific dabblers they befuddle themselves and become lost in the maze of scientific effort.

How much food value will the system absorb? Suppose you feed a man ten pounds of sugar, (which is nearly all pure nourishment.) Would his system absorb it in pounds? He would probably be made sick and really lose weight and strength. But suppose you prepared the sugar so he could quickly digest and assimilate it and absorb into his system the nourishing properties of it, is it not clear that 10 pounds of such food would furnish him more nourishment than his system would absorb than the 10 pounds, or even 50 pounds of raw sugar?

absorb, take up, make use of, that's the question.

The greater the intelligence and skill displayed in preparation and the more nearly the laws of digestion of food are followed the more perfect the result.

We have the true scientific facts for the basis and the practical every day results with feeding millions of people for our proof and the statement stands on the solid rock of fact one pound of Grape-Nuts will supply more nourishment than the system will absorb than 10 pounds of meat, wheat, oats or bread.

We are at home every day, come and see us. If you are a Scientist (?) from Maine bring your wallet.

The "London Lancet," one of the greatest medical authorities in the world has to say:

"The basis of nomenclature of this preparation is evidently an Americanism, since 'Grape-Nuts' is derived solely from cereals. The preparatory process undoubtedly converts the food constituents into a much more digestible condition than in the raw cereal. This is evident from the remarkable solubility of the preparation, no less than one-half of it being soluble in cold water. The soluble portion contains chiefly dextrin and no starch. In appearance 'Grape-Nuts' resembles fried bread crumbs. The grains are brown and crisp, with a pleasant taste not unlike slightly burnt malt. According to our analysis the following is the composition of 'Grape-Nuts': moisture, 6.02 per cent.; mineral matter, 2.01 per cent.; fat, 1.09 per cent.; protein, 15.00 per cent.; soluble carbohydrates, 48.40 per cent.; and unaltered carbohydrates (insoluble), 25.78 per cent. The features worthy of note in this analysis are the excellent proportion of protein, mineral matters and soluble carbohydrates per cent. The mineral matter was rich in phosphoric acid. 'Grape-Nuts' is described as a brain and nerve food, whatever that may mean. Our analysis, at any rate, shows that it is a nutritive of a high order, since it contains the constituents of a complete food in a very satisfactory and rich proportion and in an easily assimilable state."

We will place against \$10,000.00 to be deposited by the Maine Experiment Station (designated bank) and the total \$20,000.00 less cost of experiment, to be paid to them for their trouble and work if they prove our claim untrue. If they fail, the amount to be paid us for our time and labor of demonstration.

Common earth and air contain the raw elements necessary for man's food but even if a scientific state official should tell you that, would you therefore eat 10 pounds of earth and expect to extract its nourishment? It requires the curious and wonderful manipulation of the laws of the vegetable kingdom to select and combine and prepare these food elements of the soil in such a way that men and ani-

Postum Cereal Co., Ltd., Battle Creek, Mich.