

HOME, ITS PROBLEMS AND INTERESTS



CHIC MATINEE HAT.

A charming hat for wear to matinees with fancy waists is white beaver, with oddly shaped brim cut on left side and rolling slightly to back where a bunch of white tips rests prettily on the hair. A scarf of white crepe encircles the crown and three pink roses trim on the right side.

PERSISTENT CARE REQUIRED TO KEEP COMPLEXION CLEAR

Friction, Cold Cream, and Hot Water to Cure Blackheads and Prevent Return of Eruption. Novel Appliance for Clearing Pores.

There is not a day passes that my mail does not bring many letters asking how blackheads are to be done away with and prevented, and though there would seem to be nothing left to say in the subject the fact that many persons continue to inquire demonstrates a need for enlightenment. Indigestion and sluggish circulation, the latter many times caused by the former, are responsible frequently for blackheads, but a certain secretion of dirt is always present. Without it they are white, and not blackheads. The face is filled with countless oily follicles, whose purpose is to keep the skin soft and flexible. When they work too quickly an oily skin is the result. Unless the face is scrupulously clean a speck of dust becomes covered with the oily secretion, is held into the pore through which the matter was exuded, and the result is a blackhead. Unfortunately, the mere presence of dust acts as an irritant, each gland so covered making active efforts to "throw it off." In this active effort that causes irritation, and in the center is left a little black plug, which, unless promptly removed, forms an objectionable pimple.

Obviously then the thing is to keep the skin as clear as constant care can accomplish. Precisely the manner of doing this is a matter on which many experts differ, but with one accord they agree that the thing to do is to use heat in some form or another, causing the pores to open, and the matter can be extracted, and the pores are again closed by using an astringent.

The two most popular methods of beginning are either to wash the face with hot water until all the pores have expanded or else to steam. As a rule, washing is easiest for persons who have not a regular steaming apparatus, but it must be remembered that warm water will be of no service. It must be hot, and the face can endure many more degrees of heat than can the hands. A large cloth that will hold a quantity of water, and in which the face can be buried, will be found the best thing. When the skin is pink and the pores open is the time to extract the blackheads. It will be found sometimes if this hot wash has been given with liquid green soap that many of the smaller excrescences have disappeared, only the larger ones needing to be opened. For this nothing is better than a coarse new cambric netting. Prick each one, which will be soft from heat, press out the matter gently and then touch the spot with a drop of cologne. The cologne acts as an astringent. If there are many blackheads only a few should be opened at a time, or the skin will be over irritated. The others may be treated on the succeeding day.

Some persons advocate opening blackheads with a watchkey, pressing the round aperture over the swelling. I do not, for the reason that there is less chance of the metal's being quite clean antiseptically, and that the matter is less likely to be pressed out. At the end of the treatment the whole face should be wiped over with cologne, cold water or anything that is astringent, to close the pores. Persons who have a tendency to blackheads may ward off many by using a complexion brush every day. The friction removes dust, and will also help to promote color.

treating blackheads has the advantage of combining a massage effect, but unless the skin is very hot it will not extract the matter. The device is patterned on the old cupping theory, which means suction. This newest appliance consists of a little cup at the end of a short rubber tube having a little mouthpiece. The cup is put over the face or neck, the mouthpiece is attached, and by drawing in the breath a suction is created that draws the skin under the cup, and extracts matter. Nothing is taken either into the mouth or the tube, for the suction is not strong enough. Before using, the skin is heated by washing or steaming, and massage cream is rubbed over.

Then the cup is pressed gently on the face and the mouthpiece placed between the lips, sucking sufficiently to draw a little of the air out of the rubber tube. By so doing the pressure of the air on the outside of the cup will cause the flesh to rise inside and the pores to open and expel the dead matter, letting the blood circulate freely. The cup should be moved from the center of the face outward and upward while sucking. Nothing enters the mouth except the mouthpiece and a little of the air near it, consequently it is absolutely sanitary. The work done by the lips is exactly what an infant does with its lips and bottle; and as this little effort of the infant helps to make its cheeks round and beautiful, so the action may affect an older face. In fact, the massage is twofold—inside and outside.

A WOMAN.
She sat upon the stoop; knees close together.
And hands spread out on knees palm downward; back straight against the wall; eyes faded, tired, straight forward.
Agaze, without expression—glass all dull.
Wherein no thought brushed of the mist of sadness;
Thin gown to poor thin body meekly clinging.
And it was evening. . . .
Passing by I saw
And thought: "How like those images Egyptian
All postured so that look out o'er the ages;
Those kings of fame so mindful! Blank and hopeless,
She seems as carved in rugged stone, unpolished,
To sit at door of some great sepulcher
And touch the world with sadness, as those kings
Carved likewise somehow touch beholders with
Their dignity and mystery and might!"
—New Orleans Times-Democrat.

PARKER'S HAIR BALSAM
Promotes the growth of the hair and gives it the lustre and silkiness of youth. When the hair is gray or faded it BRINGS BACK THE YOUTHFUL COLOR. It prevents Dandruff and hair falling and keeps the scalp clean and healthy.

Overskirts on Wedding Gowns Made in Paris

The height of elaborate simplicity would seem to have been reached in fashionable wedding gowns this winter. The material of one is a soft rich satin, made with the skirt gathered into the belt; but not as gathered skirts are generally made—straight. It is gored rather sharply, so as to obtain the wide flare. Point lace put on in points imitates an overskirt effect that is decidedly novel in a wedding gown, the lines of which are, as a rule, more on the conventional up and down order. The high waist has a lace neck and sleeves, and is trimmed with a tulle fichu, the ends of which fall far down on the skirt. Another distinctive feature of the gown is the way in which the folds of the material on the waist have the ends put through buckles of diamonds or rhinestones, which ends of the fichu are passed behind these same bows.

At one time white satin was considered the only possible material for a wedding gown; now there are other fabrics which are every bit as popular. Exquisite gowns are made entirely of lace or of lace and chiffon combined, while the soft finished tulle is charming for this purpose. After all, the favorite white satin retains its supremacy and, as has been the case for so many, many years, an absolutely plain white satin gown with a point lace or lace trimmed tulle veil is the most becoming, the most effective and graceful gown which a bride can choose. When heavy white satin is found too expensive there are besides the soft and airy tulle and many other satin finished silks which for a bride cannot fail to be becoming.

For some reason long sleeves have always been more generally worn with a wedding gown than the elbow length, but this year all elaborate afternoon gowns have the short sleeve, and as a bridal costume would certainly come under that head, the elbow sleeve, with long kid glove, is now the accepted style. The sleeve, if it is to be made so elaborately made, tucked and trimmed with whatever lace is used on the gown. Trains are still tremendously long on the wedding gown, and the added court train and the ordinary long train dress are worn this autumn. Both the square and the round train are seen, and in length it must be made according to what style is most becoming.

When possible a net lace veil is unquestionably preferable to any other, but so becoming are the cloud-like folds of tulle encompassing the face that it is no hardship if the lace veil is not procurable. Extremely pretty and very handsome is a veil of meline or Brussels net bordered with a deep band of point lace. The only part of the veil which is caught to the hair is the lace border, while the net falls in the becoming folds down the back of the gown. Orange blossoms worn in the hair are still fashionable and unless the effect is particularly becoming should be arranged with a crown or tiara either in front of the veil or caught in with the tulle or lace. Orange blossoms are the only color allowable on a wedding dress, and this year are seen more than ever arranged in garlands on waist and skirt or caught on with small pieces of lace or ribbon.

Autumn Preserves.
Thick Plum Sauce for Meats.—Simmer damson plums till they are so tender you can slip the stones out. Measure each pound of plum pulp a half-cup of sugar and put over together to cook. Put half an ounce each of cinnamon, cloves and mace in a bag and drop this in. Cook till it is as thick as jam and put into glasses.
Preserved Grapefruit.—Get the largest to be had—those called shaddock are best—and take out the pulp from the by washing or steaming, and massage cream is rubbed over. Boil twenty minutes steadily and skim; remove from the fire and seal in jars.
Grapefruit Marmalade.—Remove the pulp and juice from the fruit as before. Scrape the entire white lining from the skins, leaving only a thin yellow rind, which cut into very narrow strips and add to the pulp. Weigh this, and to each pound add a quart of cold water; mix and let it stand overnight. Take as many pounds of sugar as you had of fruit before adding the water, stir all well, and simmer three hours.—Harper's Bazar.

Autumn Hints.
Try to keep up during the coming autumn and winter as many as possible of the good habits your family has formed during the summer. For instance, they have slept with their windows open and there is no reason why they should not continue to do so. See that the children's rooms are airy at night. They will grow accustomed to the cool night air during the autumn, and when real winter comes will not feel Jack Frost if well provided with bed-clothing. If settling for the winter means starting with new servants, now is a good time to correct any mistakes you may have made in the past. Even with servants who have been in the family some time, the return to town makes the opening of a new era possible. This is a problem each woman must work out for herself, for no two cases are similar. In a general way, however, it may be said that most cooks and most nurse-maids do more than their share of the work, and most waitresses and housemaids less.—Harper's Bazar.

Mourning Fashions.
Only on elderly women is the close-fitting small bonnet with long veil seen. The crepe veil is worn, but more often on a hat than on a bonnet, and with its fullness adjusted in most graceful folds, until the original idea of a veil to hide one's features from the gaze of too curious or sympathetic friends has apparently been quite lost sight of. Small round hats, turbans, and flat hats worn a little over the face are all considered good style worn with a long crepe veil, while as soon as the veil is shortened the millinery appears.
Combined with crepe for hat trimming are stiff wings, dull jet, and for lighter mourning, but still with crepe, black ostrich plumes fastened with jet buckles are not thought at all extreme. Black serge is now included in the list of mourning fabrics, but of as dull a black as possible; again trimmings of crepe are used, and buttons of dull jet. A crepe hat with stiff wing at the side completes a neat and smart street gown built on the latest lines for mourning.—From the Autumn Fashion Number of Harper's Bazar.



The Real Love Letters of a Real Woman

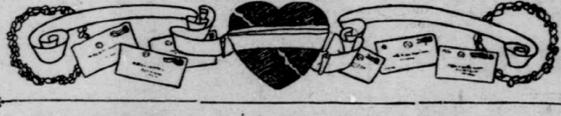
My Loved One:
I have constructed an imaginary ridge from my window to yours, and send you every morning, by the balmy zephyrs, a kiss and all the sweet thoughts I have of you. At night I open that same window and those zephyrs, which I fancy have returned from their morning trip, kiss my forehead and softly say, "Good night, my loved one." In person you are many miles away, dearest, but our lives are so united that I seem to hear and see you everywhere. I bless you a thousand times for the love you have given me and the happiness you have brought me.

I went to a dance last night, the only one I ever attended in my life without you as an escort. Can you imagine what gloomy thoughts I had all through the evening? I tried to appear gay, but alas! I am no hypocrite. All the world must know that I am not happy away from you. Oh! why is it, dearest, that we must drink the cup of sorrow to the very dregs? When papa's letter came saying he wanted me to come home next summer, I could not help thinking that possibly the old grudge had died; but alas! it was followed by one that completely shattered all the hope I had. Again the dark clouds lower over the canopy of my life; but again I solemnly vow that, although I am forced to live away from you, I am yours to all eternity. Death, itself, could only come between us for a little while.

You ask me why I don't write a novel? I could write one that would sell like hot cakes if I only had a hero for it. Now why don't you do some desperate, blood-curdling acts so I could make you the hero? Go off and get married on the sly, and keep on writing to me until one of my letters by chance falls into the hands of your new-found treasure. But no; such an act as that would be too much like what gives spice and distinction to high society. My novel, like my life, shall be the embodiment of simplicity; the simplicity from which has sprung everything that is great and good.

No novel heroine ever longed for her lover more than I do for you tonight; yet I must be content with sending you the goodnight kiss.
Forever your own.
P. S. Have you ever heard of the young lady who was called Miss Postscript because her name was Adaline Moore? I always think of her when my afterthoughts come.

What do you think? I am learning to cook! You see I am not going to have your love choke to death on soggy bread and tough pie-crust, or drown in watery soup. I shall strive to give you good food for the body as well as the soul, for:
The turnpike road to the heart of man, I find,
Lies through the mouth, or the mistake mankind.
Most lovingly,



THE WINNING STROKE

If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without griping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that SYRUP OF FIGS is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

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The Feast of Pumpkins.

A pretty variation on the regular "harvest home" festival was made last year by the young people of a church in one of our smaller cities. They called it "The feast of pumpkins," and that useful and cheerful vegetable formed the whole affair. The hall was decorated with two shades of yellow pumping—the deep orange-yellow of the pumpkin and the lighter yellow of the Hubbard squash. Where the hunting was resorted it was caught up with bunches of corn. The husks were torn open or turned back, showing the yellow grain on the cob. The waitresses were all dressed in yellow, with a conventionalized squash flower made of tissue-paper in their hair instead of a cap. At intervals were great "Jack-o'-lanterns" made of the pumpkins with electric lights inside instead of the traditional candle. The tables were ornamented with pumpkins hollowed out so as to form great bowls. These were filled with autumn leaves and flowers. The water for these decorations was put in a bowl which was placed inside the pumpkin. The menu included (besides the regular harvest-supper fare) such delicacies as baked pumpkin, pumpkin pudding, pumpkin bread, and pumpkin ice! The last named was a very yellow orange ice frozen in individual pumpkin molds. At the table where were sold the fancy articles and souvenirs of the occasion, there were pretty little pin-cushions made to imitate pumpkins, and bonbonnières which were china Jack-o'-lanterns filled with yellow candies.—Harper's Bazar.

SUNDAY SCHOOL PUPILS ENTERTAIN FRIENDS

As a preliminary to the annual fall rally to take place next Sunday, the pupils of the Epworth Episcopal Sunday school entertained their friends last night with many interesting musical selections. Palms, potted plants, and cut flowers decorated the lecture and class rooms. The numbers arranged by a committee of five included vocal solos by Misses Compton and Edmunds and Mr. Herbert, instrumental selections by Richard Edmunds and Joseph Herbert, and instrumental duets by the Misses Battles, the Misses Potter, and Miss Bower and Miss Ramsey. Recitations were given by Miss Sadie Trumbull and D. J. Finn, and selections by an orchestra composed of Captain Hill's class of boys concluded the program. Next Sunday, the usual Sunday school hour will be devoted to the autumn program prepared for the day, while the evening service will be in charge of the Epworth League.

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