THE HOME, ITS PROBLEMS AND ITS INTERESTS

AN UP-TO-DATE AND RATHER FORMAL MAY BREAKFAST

The Rather Elaborate Menu May Be Served With Coffee Throughout or at End of the Meal, and With or Without the Fish.

By CORNELIA C. BEDFORD.

An up-to-date formal breakfast differs from a luncheon only in the fact that it is served by 12 o'clock, and that the concluding course is fruit, in some comparatively simple form, instead of a more elaborate dessert. This menu here given is a six-course one, but the fish course could be omitted if desired. While coffee appears at the end of the menu, it can be brought on with the second course, and be served throughout the meal.

Strawberries
Spanish Omelet French Fried Potatoes
Brown Bread Fingers.
Creamed Fish in
Sweedish Timbale Cases
Broiled Chicken Baked Potatoes, Souffle
Asparagus in Bread Boxes
Finger Rolls
Sweetbread and Cucumber Salad
Cheese Straws
Stewed Rhubarb Whipped Cream
Coffee

For the first course select large, perfect berries. Rinse but do not hull them. On each plate stand an egg cup filled with powdered sugar, and arrange about a dozen berries in a circle around it.

French Fried Potatoes.

The potatoes for the second course are pared and cut in long strips a half-inch square. Let them soak in ice water, changing until it is clear. Just before the meal dry them on cloths and fry golden brown in deep smoking hot fat, draining on soft paper. Do not salt them or they will lose their crispness. As a dressing for the omelet take one cupful and a half of slightly thickened tomato sauce, three tablespoonfuls of chopped bacon, two tablespoonfuls of chopped onion, and one tablespoonful of chopped green pepper. Cook this together for twenty minutes, adding more pepper to season. This poured round two omelets of five eggs each and is sufficient for six persons. The bread fingers are very thin brown bread and butter sandwiches cut in narrow strips.

Creamed Fish in Timbale Cases.

To make Swedish timbale cases separate the whites and yolks of two eggs, beat the yolks smooth, add a half cupful of cold water and one cupful of sifted flour. Add one tablespoonful of melted butter or olive oil, a half teaspoonful of salt, and beat hard; whip the whites to a stiff froth, add to the batter, beat again and put aside in a cool place over night. Immerse the timbale iron in smoking fat until very hot. Lift up, let drain for a second, dip carefully into the batter until a thin layer adheres to it. Plunge into the fat until the batter is delicately colored. Hold over paper, tap sharply with a knife, and the cup will fall off. If too thick, thin the batter slightly. When needed stand on a papered pan and reheat in an open oven. Fill with any kind of fish heated in a thick cream sauce, seasoned with lemon juice. Put a pinch of parsley on each when filled.

Baked Potatoes Souffle.

Allow one large potato for each person (fourth course). Scrub and bake them. When soft cut each in half, lengthwise and scoop the inside out in a heated bowl. Beat smooth, adding for each half dozen potatoes one large tablespoonful of butter, two tablespoonfuls of hot cream, salt and pepper to taste, the yolks of two eggs and beat hard. Then stir in lightly the stiffly whipped whites of three eggs and heap the mixture in the skins. Bake in a hot oven just long enough to make hot through and lightly colored on top.

Bread Boxes for Asparagus.

The bread boxes for asparagus are four-inch squares cut from a stale loaf, trimmed free from crust, hollowed out, brushed with beaten egg, rolled in crumbs, and browned quickly in deep fat. These are filled with cooked asparagus tips mixed with a thick cream sauce. The finger rolls are quite small. The broiled chicken (half to each person) garnished with watercress.

Sweetbread and Cucumber Salad.

In preparing salad for six persons cook one pair of sweetbreads in water, ter until chilled, dry, and dice with a half teaspoonful of salt. After simmering for twenty minutes drop in cold water until chilled, dry, and dice with a silver knife. Pare two cucumbers, dice them, and let drain. Whip one cupful of thick sweet cream to a solid froth. Gradually beat in two tablespoonfuls of lemon juice, adding salt and cayenne to season, and one tablespoonful of thick mayonnaise. Mix meat, cucumbers, and half of the dressing, using the remainder of the latter for garnishing. Serve in cups made of blanched lettuce leaves. Pass cheese straws with the salad.

Stewed Rhubarb.

When rhubarb is very young and tender (as it should be at this season) do not peel it. Wash, cut in inch pieces, and stew very gently and carefully in a sugar syrup made quite sweet. When tender skim out and boil down the syrup until thick, then pour it over the rhubarb. Serve in small glass dishes and heap a spoonful of whipped cream over each dish.

PRETTY LINGERIE HAT.

The inevitable, but pretty, lingerie hat is here again with renewed popularity. The shapes and arrangement of lace are, however, somewhat different from previous years. As will be noted by accompanying sketch, the ruffles of lace forming the crown stand up and the flounce for brim does not droop as heretofore. In this case a band and bow of pale blue ribbon encircles the crown, and a large pink rose fastened to under side of brim nestles artistically on the hair.

Grecian Garb in Paris

French women are discarding petticoats in their desire to be slim and are adopting a form of "combination" better suited to the Grecian dress now being pushed to the fore. Soft materials unlined are chosen for the dresses and the long veils worn on the hats float down and seemingly unite with the draperies of the dress itself.

This diaphanous attire is somewhat startling to the uninitiated, but although as yet worn only in the evening, it promises an entire change in woman's attire if it continues in favor. At present individual fancy runs riot in dress and affords much variety and great interest to the observant. Needless to say the Grecian mode requires a corset only over the hips, the rest of the body being allowed to follow the natural lines.

Japanese Servants

The Japanese are helping to solve the servant problem for people who can afford the high wages they demand. As a rule, they are worth it, too. Japanese nurses are growing in favor. Japanese cooks and butlers have been popular for some time, and Japanese house servants, such as maids and valets, are much sought after. Once in a while a Japanese chauffeur may be observed on a well-appointed motor car.—New York Sun.

House Cleaning

It is a good idea to spray clothes closets with a weak solution of carbolic acid every spring and fall. At the first hint that there is a moth in a piece of upholstered furniture, take it to the air—into the back yard if there is one—brush it thoroughly and then saturate it with naphtha. But never do this in the house. The fluid is so volatile that even a burning match may set the fumes on fire and cause an explosion. It should remain out of doors until the odor of the naphtha has left it.

Massage the Elbows

If the elbows are sharp and pointed try massaging them twice a day with a reliable skin food. The flesh all 'round them should be treated with the skin food, which will fill out the surrounding tissue and cause the angles to disappear.

Novel Fruit Salad

Another very good fruit salad is made with pineapple. First cut celery into matches and throw into ice water to chill. Peel a pineapple and shred it with a silver fork. Chop a green pepper and a few pimentoes, and put on the ice. Dry the celery in a napkin, and mix it with the peppers. Combine with the pineapple and serve with mayonnaise mixed with whipped cream.

A Dainty Luncheon Dessert

Oranges can be most delightfully served for luncheon by cutting a piece off the top of each orange and taking out all the pulp. Cut the edge of the orange, peel in points and mix the pulp with shredded cocoanut and sugar. Add a teaspoonful of sherry or creme de menthe to each glass, pile a little cocoanut on the top and serve with a sprig of dark green leaves on the plate.

OBSERVATIONS OF PEGGY.

Sitting in a manicure shop yesterday while a friend of mine in the profession was having herself beautified in a number of ways, the conversation of the different women gathered there for the same purpose attracted my attention. It goes without saying that they were all talking, and so rapidly and incessantly that it struck me that half the wear and tear upon the manicures, hairdressers and other beauty specialists who ply their trade there, must come through the ceaseless and almost invariably frivolous chatter that goes on there from the moment the doors are opened in the morning until the key is turned in the lock at night.

But most surprising of all as I considered the matter quietly and deliberately from my seat in the corner, were the personalities that some of them indulged in and the freedom and ease with which they made their intimate affairs known to people they had never set eyes upon before, and possibly never would again. Undoubtedly I have been in a thousand places where women alone composed the company and undoubtedly the same state of affairs has been in order at every one of the thousand, but as I myself was engaged in making my tongue go as fast as the rest I have missed until today the opportunity of noting what an amount some women tell about themselves. And this to women who cannot have any great interest in what is being retailed to them by the yard outside of an idle, unhealthy curiosity that it seems to me many people have in about everyone they see.

Now I can readily understand that the little woman who waved my lady's hair could have had an immense amount of interest in the cloth from which her new gown was to be made, the price per yard, what the dressmaker thought was the best way to make it, and what her own opinions upon the subject were, and the price she paid for a pin and bag, had she known her personally and on terms of friendly association from day to day. Then, too, if the hairdresser only heard this sort of chatter occasionally it would put a different face on the matter, but when she hears the same thing with slight variations from perhaps fifty women in a day it must be next thing to maddening. Seldom did any of those women who were engaged there in earning their living open their mouths except to be civil or to make some request of their patron in the line of their work. They had learned the golden lesson of silence, simply through hearing other women chatter away by the hour without doing themselves or anyone else good, and in some cases doing actual harm to themselves.

Maliciously gossiping about some one else's affairs ranks first among the evils that woman's tongue accomplishes, but next in rank is the foolish chatter that is had over "what I did, what I paid, what I said," and so on down the list. A woman that is at all wise talks little about herself and her affairs. Neither does she make of herself a mystery by refraining from ever mentioning her interests and pleasures. She knows, however, that it is boresome anyway, to be constantly harping on self and that the practice of confiding in every chance acquaintance that you meet is dangerous from many of its standpoints. People that you meet at telephone booths, in beauty parlors or in any of the numerous places where women congregate not always desirable acquaintances, as has been found out to many a person's sorrow, and the foolish confidences exchanged in the same places has had dire results though given, taken and retold innocently enough.

A New Ailment.

Society demands a new disease. It declares that appendicitis is passe and that no other has been found to take its place to relieve the ennui of the social world. Platonic melancholia has not proved satisfactory, and the latest cure, "the sand" cure, is almost too much for even the extreme faddist, as it consists of a systematic diet of sand. This is rather too suggestive of the allotted peck of earth supposed to be eaten during each person's life time. This would seem to be a method of hurrying fate not altogether pleasant. So it remains for some one to introduce a new ailment sufficiently dangerous to rouse a little excitement.

Cultivate Cheerfulness

Cheerfulness is a habit, just as much as worrying—only it is a good deal pleasanter for yourself and everybody else. Get the habit, then, and the first thing you know the worries will have taken flight. They cannot stand sunshine. In a cheerful atmosphere they find themselves so distinctly "out of it" that they prefer to make themselves scarce. Therefore be cheerful. It may cost you something at first, but it will pay in the end.

TOPIC TIPS.

This method of washing blankets given by a contributor who vouches for it from personal experience may be of service to some busy housewife during the general renovation this spring. Pour a pint of boiling water over a half bar of shaved laundry soap; put over the fire and stir till thick, after which add one tablespoonful of borax and two tablespoonfuls of ammonia. Stir this mixture into a tubful of tepid water to which has been added one tablesponful of borax. Put in the blankets and let them remain an hour, turning over occasionally. Rinse twice through tepid water, adding a little ammonia to the first one. Hang in the sun after passing thorugh the wringer.

The accordion-plaited sheer blouses which accompany some of the new princess skirts are very dainty accessories to this favorite skirt. The yoke is of fine embroidery, and cloth bands like the skirt follow it and the bottom of the short sleeves to give the effect of an entire costume.

Three box plaits front and back provide ample fullness for the small girl's low-necked, no-sleeved dress which is worn over a guimpe. The plaits are fastened to a two-and-one-half inch circular band which takes the place of a yoke.

If the bridesmaid for the evening wedding is to wear yellow, let her choose a rich shade, or it will fade to a sickly hue beneath the artificial lights—and gravish yellow was never becoming to anybody.

Automobiles and automobile apparel now occupy the attention of a host of men and women—especially the apparel. Every woman seems to be trying to find a coat and a hat that will be practical and becoming, too, and she is succeeding beautifully. There never were so many natty automobile hats shown and worn as this season.

Shoes of patent leather with white kid tops and black buttons are preferred by some to the all-white shoes to wear with light, thin gowns; it would be hard to say which is the better style for both are very modish.

Among the wide variety of hand decoration now in vogue, darned lace is again coming to the front, and those who are adept at this work will be able to evolve very dainty accessories.

When a young woman parts her hair down the back of the head in preparation for an around-the-head arrangement of the hair, let me caution her to get the part directly in the center. A one-sided part at that point is not the coquettish touch it is when over the face. Some girls never use a hand glass, but it is as essential as the large mirror.

It is not necessary to wear a leather cap when motoring or even a cloth one, for there are many charming little toques of crin and straw that fit so cutely and snugly to the head they seem almost a part of it. With them the marcel wave seems the softest arrangement of the hair.

The black-and-white block checks are exceedingly stylish, but the refined woman will use them for trimming a plain material rather than for an entire garment.

Pipings of a contrasting material and color are seen on both skirts and suits for street and outing wear.

LINEN SMART

For Street or Afternoon Wear Pretty and Becoming.

Linen dresses of every description are now offered everywhere, among the bargain sales at the department stores, as well as at the most fashionable modistes. Linen gowns simple enough for morning or sufficiently elaborate for afternoon are alike smart, and linen is to be used on pretty nearly all occasions this year. Dark colors and light, new, unusual shades and soft, pale tones that look cool, with the thermometer at its highest point; all these are already on the market.

Linen suits, that is, coat and skirt costumes, are designed for traveling, for wear in the city and for general morning wear, when a light wrap is desired. There are a number of models with long jackets; some are very long, some medium, and a few the average length. The long coats are made with little or no attempt at fit; they are simply long, loose driving coats. The so-called three-quarter length jackets are some inches shorter this spring than last. These are fitted double breasted in front. If a bolero or Eton coat is not becoming this is the best length. All short jackets are, however, very much in vogue.

The coats are most of them full and quite short. The dark shades are relieved by white lace or lingerie collars and cuffs. The long coats, too, are frequently enlined by deep white embroidered collars. If the sleeves are short there is a little white cuff at the elbow just the same, but while all the short jackets have sleeves of elbow length, the long coats are made with three-quarter or full length sleeves. The long sleeves are full to the elbow, and then caught into a deep tucked cuff which is finished off at the wrist with a flat band of embroidery or lace.

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the new Quick Desserts that grocers are now selling. They are justly termed "Easy to Make" as all ingredients are in the package. Three complete products. D-Zerta Quick Pudding and D-Zerta Perfect Jelly Dessert at 10c per package, and D-Zerta Ice Cream Powder, 2 packages for 25 cents. Five choice flavors of each. A trial will convince how easy it is to have the finest desserts with no labor and little expense. Order today.

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