

Feminine Fads and Fancies in Fashions, Frocks, and Frills

BEAUTIFUL ARMS OFTEN THE RESULT OF PROPER BATHING

Short Sleeves Make Common Defects Conspicuous, and It Is Essential to Care for the Arms Properly.

Fashion's recent decree that all frock sleeves shall continue short this season means that arms will be conspicuous. That they should be pretty goes without saying, and certain common defects must be overcome if a woman is to look her best when wearing elbow or three-quarter length sleeves. Among these deficiencies I should count roughness, for it appears even on arms well shaped, and is always disfiguring.

To be kept soft the arms need soap and fine towels quite as much as the face does. A skin food, that is to say, cold cream, is also an essential, and should be applied at least once a day. A bath brush will be found good, for friction tends to smooth the skin. Tepid water is better than either extremely hot or cold, and the best quality of soap is none too good.

Roughness is not infrequently caused, strange to say, by the fact that one is apt to be careless about drying the arms after a bath. Remembering this, pains should be taken to rub thoroughly.

An arm that blushes, and I have seen many perform this distressing trick, is generally traceable to a tight glove, a tight sleeve, shoe or corset. Nowhere as with the hands and arms does an outraged circulation so soon take its revenge.

Habitual redness is a different matter, and is generally to be treated with a good cream. A very good home remedy is to rub it daily with equal parts of almond paste and honey. Massage cream or skin food will do equally well.

Should the arms look very bad, get your druggist to make you a lotion com-

posed of glycerine, rosewater, and oxide of zinc, and apply it just before going out. It is a harmless make-up and will dry on; but I advocate it only as a temporary remedy.

For thin arms massage and a skin food are the sovereign cures and either olive oil or cod liver oil will help to make flesh if rubbed in well every night.

Each morning after the daily bath, and each night after carefully washing the arms, some skin food should be taken on each of the fingers of the right or left hand, as the case may be, and the arms rubbed for at least five to eight minutes, first kneaded and then rubbed in a circular, roller fashion. Shape it, as it were, into the desired round fashion. If the elbow and wrist bones are small, it is a great beauty; if large, then the arm should be kept fatter, so as apparently to diminish the size of the bones.

I consider, most difficult to overcome, for though there are preparations to be applied for absorbing and softening flesh, they are not desirable, I think, to use them to make the skin loose and baggy. Iodine soap is, perhaps, the least harmless, if the most expensive, and it is used by applying and letting it remain on for fifteen minutes or half an hour. It is then thoroughly washed off.

If used the arms should be watched carefully, and if there is the slightest evidence of looseness of the flesh massage should be begun.

To tell women that hard exercise of the arms, such as swinging, rowing, or swimming, is the best to shape them, is usually to waste one's breath, for women are willing to use their muscles, but those who do will be more repaid, if willing to try systematic movements for some weeks.

Checked Taffeta Visiting Gown



Very graceful is the princess gown depicted in the sketch. The princess idea is accentuated by having the skirt perfectly tight-fitting over the hips; below shows a graduation of the material. The brette effect is also combined with the skirt; the side goes extend over the shoulders and meet a similar extension from the back. A cap is added to the bretelles falling over each shoulder. Suitable development can be had in taffeta, chiffon, panama, slanting, rajah, checked or striped voile and linen. A fine lingerie waist worn with this skirt makes a pretty costume.

To Serve At Weddings

In the home where the income is small the expense of a wedding is a serious problem and demands thought, if anything worthy of the occasion is provided.

What, then, can one of moderate means serve at the reception that must follow the wedding? What can she decide upon that will not seem too informal or meager, and yet prove inexpensive and fitting? It is obvious that all, or nearly all, the providing must be the outcome of her own labor. Caterers' charges are quite beyond the possibilities and such service must be planned as can be easy of accomplishment with the help at hand.

The wise woman will recognize the subtle relation between the kind of a wedding arranged for and the refreshments to be served and plan her function accordingly. A noon wedding, with its brief and hurried service, where expense has to be considered, and when the services of a caterer can not be had, an afternoon or an evening wedding does not make such demands upon one's resources, although elaborate service is not infrequent at these times.

One Touch of Nature

The scene was a busy city street. From one of the windows of a hotel, as famous as it is large and magnificent, floated the red, white, and green flag of sunny Italy, a token of honor to a distinguished visitor to our country.

Down the street came, plodding slowly, for the long, hard day was almost over, two Italian women, one dragging after her a heavy organ, the other trudging listlessly behind. Dull, dispirited, stupid, they looked—typical peasant, beasts of burden, with an added touch of pauper and ill health brought on by the city atmosphere.

Suddenly, she who walked behind the instrument, turned sharply, and with a quick, "Mio Dio!" pointed a trembling finger to the flag, waving slightly in the evening breeze. The other dropped her organ; for one minute she stood steadfast, her eyes fixed on the emblem of the beautiful land that she would see no more.

In the dusk, the figures of the two women partook exactly of the simple reverence and adoration of Gabriel's "Angelus." Then with a little sigh the other bowed her head and followed.

The two tired, ungraced forms vanished into the twilight. And the girl who had watched them murmured softly to herself the words that always mean to her music and far-off home—Napoli, Firenze, Lerici, and—a che fatto!—Roma!

Home Travel

The world wide and still increasing appreciation of the attractions to be found in the British Isles ought to suggest a keener appreciation thereof among ourselves. Should the English tourist, indulging in home travel by way of a change to foreign travel, not feel happy near drop earrings and a large pearl? He does not quite understand, he can try what he can do with Gaelic in Scotland, Irish in Ireland, and Welsh in Wales.—London Truth.

Latest in Rings

A rage for large single pearl rings has set in among smart French and American women. The larger the pearl the better, and it must be set in the most airy fashion, showing its entire shape, upon a slender plain ring, like a lovely, creamy bubble that has alighted on the hand. Four or five of these rings are worn, to the exclusion of all others, and it is a mode which is especially favored by the woman with pretty hands, for the rings draw attention to her tapering fingers. In keeping with the rings are worn immense pearl drop earrings and a large pearl upon a slender chain as a pendant, and perhaps a single string about the neck. Fine imitation stones, which are now made so that only an expert is aware of the substitute, are worn instead of the real gems.

Radiator Brushes

Radiator brushes are well liked by particular housekeepers and are practical for both winter and summer. They are long and narrow, with stiff bristles. These brushes are 25 cents apiece.



CORBY'S Mother's Bread

Pure as mother made it. The label identifies it.

Free Admission To Hippodrome At Glen Echo See Sunday's Times

Paris Patterns



No. 1999. Ladies' Lounging Gown, In Empire Effect, with Three-Quarter Length Sleeve, All Seams Allowed.

Made of pink flowered challis or foulard on dimity, this lounging gown, which is really a summer tea gown, is charming and dainty. Women of taste will accept its pretty outlines immediately, as the fulfillment of a desire for something which they have long cherished but did not know how to make or describe.

The pattern is in four sizes—32, 34, 36, and 4 inches, bust measure. For 32 bust the gown needs 1 1/2 yards of goods 20 inches wide, or 8 1/4 yards 27 inches wide, or 6 yards 26 inches wide, or 3 1/2 yards 42 inches wide; 3 1/2 yards of beading, and 3/4 yards of ribbon to trim.

To obtain this pattern or any of the others heretofore described in The Times fill out the following coupon and inclose it with 10 cents in an envelope addressed to the Fashion Editor, The Washington Times, Munsey Building, Washington, D. C.

To the Fashion Editor, The Washington Times, Munsey Building, Washington, D. C.:

Inclosed find 10 cents, for which send me

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Size

Date published

Name

..... street

..... city

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Date of this order

Sachet Bags

Sachet bags are made of Swiss and trimmed with a hemstitched border, are filled with the ever fragrant lavender flowers. Ribbons form graceful trimmings at the corners of the bags, which are displayed in long and square effects. These sachet bags are more practical than almost any other style, for they can be laundered at any time and the perfume renewed. On the under side of the bag the muslin is finished with a narrow hem, which is fastened with a few stitches so that it may be opened easily when laundering is necessary.

Dress Child Simply

The little girl who has but one party dress and that one so "fussy" and over-trimmed that it is outgrown before it has seen any service, is indeed to be pitied. The rule today is to dress children as simply as possible. It is only the person with lots of money, and little taste who overdresses a child. The child who represents nothing so much as a bundle of lace and ribbons is absolutely out of date. Instead dainty hand work on children's dresses is preferred, and when lace is used it is narrow and extremely fine ones which find way into the little frocks. Shimmering ribbons made and extremely simple in style immediately marks a child as of refined parentage.

Therefore let your little girl's white frocks be all "party" frocks, or that is have them made so that any one of them will answer for the small party dress to the childish heart. Fine dotted Swiss, or even that which is not really fine, but sheer, makes charming little dresses for the little girl from five to ten years old, and one of the latest models is that which has a small yoke of Valenciennes lace and the Swiss. A simple, or even a narrow ribbon, edged with the lace may edge the yoke, and the sleeves, made elbow, may be trimmed with either two or three rows of the lace running round or set in up and down. The skirt should be full, and one recently seen had three-inch tucks across a ruffle about four inches wide edged with lace. This idea is a good one, since the tucks may be let out another year if necessary.

Another favorite material for children's dresses is Persian lawn, and India linen is yet another which washes and dries without wear. Just at present the "jumper" dress is designed as often for children as it is for the grownups, and with pretty gumpie are dressy "without being in the least." Little girls as often wear pale pink and blues to parties these days as they do to the dinner table. Children nowadays wear pink, blue, and white stockings and slippers, but black stockings and slippers always are good taste and far more desirable for those who cannot have the changes.

Ruffles on Lawn Gowns

Plain ruffles on a lawn gown not always are considered dressy enough, and even when edged with lace they take on something of an old-fashioned appearance. For those who want a really new effect there is a new way of making a ruffle. It takes both the material and the lace together to make a pretty effect, the material to be used as a heading to the lace, the latter being half again as wide as the heading. Say, for instance, you have lace three inches wide which you sew on plain to the heading an inch and a half wide. Then, on the fancy edge of the lace, add a bias fold of material two or three inches wide, the effect being something like a deep hem. Being bias, it gives a fuller appearance to the lace. When a skirt is trimmed with two or three of these ruffles, beginning at the knee and reaching to the hem, nothing prettier could be wished. The upper portion of the skirt may have a row or two of lace insertion. There are many ways of carrying out the bias fold trimming on the bodice, in square herths edged with the lace and the folds, or shoulder pieces of lace edged with the folds, or, perhaps, just sleeves caps, whichever may be suited to the style of the wearer. Such a dress made of pale blue batiste, the lace being of inexpensive Valenciennes, is not only dainty, but suitable for both afternoon and evening wear at quite smart affairs. It was such a frock that created considerable comment a week or so ago at an afternoon tea in one of the suburbs, and, besides being novel in idea, also possessed a certain charm, because it was minus all attempts at trimming with ribbon or embroidery.

Don't Overheat

It is the close and overwarm atmosphere that causes the camellia buds to fall after going indoors. This plant will bear a high temperature while growing, but as soon as the flower buds are discovered a cool, shaded place should be given. They should be supplied bountifully with water, with an occasional sprinkling of the foliage, and kept in moderate shade during the period of growth.

CAMILLIA Buds

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A DAISY LUNCHEON

By CORNELIA C. BEDFORD.

For a yellow and white luncheon with marguerites for decoration, the following menu would be extremely appropriate:

- Creamed Clam Bouillon
- Fish Souffle
- Salted Nuts
- Sweetbreads with Mushrooms
- Broiled Chicken
- Molded Egg Salad
- Sardines
- Ice Cream
- Frothed Coffee
- Sweet Potato Croquettes
- Steamed Potato Balls
- Pimolas
- Radishes
- Bechamel Sauce
- Mayonnaise
- Neufchatel
- Daisy Cake
- Hot or Frappe

In planning to serve ten persons take three dozen hard shelled clams. Scrub the shells well to remove sand and dirt, then place in a kettle, add a cupful of boiling water, cover closely, and boil until the shells open. Put the clam meat aside for other use, and strain the liquor through cheese cloth. Measure and allow sufficient milk to bring the entire amount of liquor up to three pints, but keep the two separate. Scald the milk in a double boiler and thicken slightly with one tablespoonful of cornstarch, cooking after thickening for ten minutes. Three minutes before serving stir in the hot clam liquor, adding salt and white pepper to taste. Beat together the yolks of three eggs and two tablespoonfuls of cream. Take the soup from the fire, add the egg mixture, and serve once in white cups.

The fish course needs three cupfuls of finely chopped boiled or steamed fish (any white variety) to which is added one tablespoonful of chopped parsley, one tablespoonful of onion juice, one teaspoonful of lemon juice and a high seasoning of salt and cayenne. Blend together over the fire two tablespoonfuls each of butter and flour, and when bubbling slowly work in one cupful of milk. When smoothly thickened add the beaten yolks of six eggs and take off. When nearly cooled stir in lightly the whites beaten to a stiff froth and fill small individual molds. Stand in a pan partly filled with boiling water, place in a hot oven and cook until the centers feel firm when lightly touched—about ten or twelve minutes. These must be served at once or they will fall. Cut small potatoes in balls and steam until tender but unbroken. Turn them into a hot dish, pour over them a few tablespoonfuls of melted butter and sprinkle with a little chopped parsley.

The sweetbread can be served in pretty ramkins or paper cases. Soak two pairs of sweetbreads in cold water until whitened, then drop into boiling water and simmer for thirty minutes. Drain,

chill in cold water and dice with a silver knife. Cut fine a half pound of fresh mushrooms, stew gently in three tablespoonfuls of butter for fifteen minutes, sprinkle in two tablespoonfuls of flour, cook three minutes then gradually stir in a half cupful each of chicken broth and cream. Season to taste with salt and pepper, add the sweetbreads and simmer for ten minutes.

When the chickens are small one will be needed for two persons; if of medium size three will suffice for two persons. After cleaning and halving or quartering brush each piece with butter, dust with salt and pepper and broil over a clear fire, flesh side downward at first. They will take about twenty-five minutes to cook.

Sweet potatoes can be had now in many large markets; when not to be found rice croquettes may take their place. Boil the potatoes until tender, then peel and mash. To each five cupfuls add three tablespoonfuls of soft butter, a high seasoning of salt and pepper, little onion juice and two tablespoonfuls of chopped parsley. Beat well, and when cool enough to be handled mold into small croquettes. Dip each into slightly beaten egg, roll in fine dry bread crumbs, and just before the meal fry golden brown in deep smoking lard fat.

Hard boil six eggs, and when cold cut fine with a silver knife. Beat one egg until well mixed, pour it into a slightly buttered small flat pan, and steam until solid. Turn out and cut in fancy shapes with tiny cutters. Very slightly oil some tart or other shaped patty pans and decorate the bottoms with these pieces. Soak one tablespoonful of granulated gelatine in three tablespoonfuls of cold water, melt over hot water and add to one pint of heavy cream. When the cream begins to thicken whip it a stiff froth, gradually sprinkling in three tablespoonfuls of lemon juice, a quarter of a teaspoonful of salt and a dash of cayenne. Mix in lightly the cut eggs, fill the patty pans, and stand on ice until firm. Turn out on lettuce leaves on plates and serve with mayonnaise, the saltines and neutralized cheese cut in squares.

When a caterer serves the ice-cream it may be ordered made in dainty forms; or it may be served in a long roll for slicing, the outer layer being white and the center yellow cream. For home service make an ice-cream yellow with eggs, and serve with it whipped cream which has been sweetened, flavored with vanilla and cherry, and set on ice until very cold. The cakes should be any white mixture preferred, baked in fluted patty pans, iced with white icing, and decorated with daisies outlined in yellow icing.

Should the day be a very hot one the coffee may be ice-cream. Make a very strong, clear drip coffee. Sweeten to taste and chill. Add a few drops of vanilla and sufficient heavy cream to make quite rich. Chill thoroughly, and when ready to serve add a pint of whipped cream, stirring it in thoroughly.

A BROWN NECK

is embarrassing in summer. Spots in the skin are often caused by friction—of collar or clothing—producing excessive pigment in the rete mucosum. This condition is called "Chloasma."

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