FAINTING FASHION REVIVED BY WOMEN

Demand for Slight Waists Spoils Digestion and Renews Ancient Ills.

Women are beginning to faint again. The fashion, ever moving in cycles, has brought around this distressing feminine specialty once more.

A few generations ago women fainted as a matter of course. They fainted at any provocation and with no provocation. It was a habit.

The heroine of the popular novel held her position only because of the deftness and grace and aptitude with which she fell into a swoon. It might be that her lover was going to the wars. His last backward glance discovered her prone but always graceful.

In the presence of a mouse the woman of the period in question never leaped upon a chair. She fainted too soon to permit this. She fainted if she got a letter, or fainted if the letter failed to come.

A bottle of smelling salts was ever at hand, and her maid, or her gallant admirer, was always engaged in holding this to her delicate nose and chafing her cold hands.

Become Athletic.

Then women reformed. They got to wearing sensible clothes that permitted them freedom of motion.

They permitted their lungs to expand, and declined to let their bodies be tortured and despoiled of strength and symmetry by absurd stays.

They became athletic, took long walks, rode horses, paddled canoes, played tennis, and they would no more have thought of fainting than of doing any other silly and useless and annoying thing.

Of course, this reform could not last. It was too sensible. The athletic girl had to sacrifice herself to the demand for slimness. Her normal width she girded in mercilessly. The action of her lungs was restricted.

Her digestion was ruined because she squeezed her digestive apparatus out of all natural shape, and because she refused to comply with the demands of a normal appetite, lest she give the appearance of being well nourished while anemia and emaciation were dictated by fashion.

Then, of course, the practice of fainting was resumed. It's absurd and unnecessary, but when a woman is afraid to dress comfortably, to eat properly, she must expect to pay the penalty.

NEW TOUCHES FOR GIRDLES ADD TO THE EFFECT OF COSTUME

Nearly every modiste has ideas of her own with reference to girdles and belts, which she develops as occasion offers, and while there is no very great latitude possible with the ordinary frock, still many small details may be used that give original touches to the costume and prove charming additions.

For example, one clever foreign modiste takes two or three rings covered with heavy silk, buttonholed around the edges, and through these the ribbons or folds of the material are drawn in various combinations.

Another girdle of ribbon by the same modiste has for flowered muslin or silk frocks a cluster of blossoms matching some of those in the dress drawn loosely through a knot in the girdle. In this case the knot should be at the center front or to one side of it.

A young girl, for whom this dressmaker made an organdie lawn party frock in white with blackberry blossoms and leaves in lavender and pink, had a cluster of white berry blossoms and a cluster of unripe berries pulled through the white silk sash drawn high at the left side, and her large white leghorn hat was trimmed with trails of berry vines showing the white flowers and also now and then unripe green berries and an occasional purple one.

LATEST IN CHECKED SKIRTS RESEMBLES SUN PLAITED BIAS GARMENT

The latest thing in checked skirts is that formed somewhat on the lines of the sun-plaited bias garment. At the top of the waist the checks are infinitestimally small. They graduate larger all the way and at the baste of the hem are immense. These skirts are stitched in flat plaits, about half a yard from the top.

Gowns made from sheer materials are much less severe than those made of the heavy. They follow the princess models, and are worn over slips of the same of a contrasting color. The slips are made entirely separate from the outside garment and are well boned at the waist line. One of these slips may be made to do service for several gowns if the colors are chosen with a view to doing so. The lower edge of the slip is trimmed with ruffles or plaiting to give a fluffy effect.

One of the handsomest dresses seen this season was of soft black net over a slip of thin black silk. It was made en princess, with a yoke of white dotted net. Heading the bodice was a fold of pale blue satin, covered with black net. The short sleeves were moderately narrow and shirred in three different places. The turned-back cuffs were close fitting and showed blue satin lining. The beauty of this dress was its simplicity. The long flounce of fine lace was slightly draped at the left side, though otherwise unornamented.

RED IS COLOR OF GOOD MEAT

The color of good meat, as everybody knows, is red and not dark colored. The layers of fat betwen the fibers, of which the flesh is composed, give it a marbled aspect. Veal and pork are of lighter color than beef or mutton.

The odor of good fresh meat is pleasant enough, and a chemical test can be applied to the meat juice, which is of an acid character, so that if blue litmus paper is soaked in it the paper is turned to a red hue. This test applied to meat which is too old or of bad quality will result in the blue litmus paper retaining its original color.

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Winston Churchill's Fiancee

MISS CLEMENTINE HOZIER.

The engagement of Winston Churchill and Miss Clementine Hozier has attracted wide interest in the social world in America and abroad.

The announcement was of particular interest among the members and employes at Lloyds, where the bride elect's father, the late Col. Sir Henry Hozier, has for many years been secretary and immensely popular. Politically the Lloyds are opposed to Mr. Churchill's views, but members and employes alike have agreed to forget politics, and are planning a gift for the bride which will probably be the handsomest ever given by a business firm as a wedding present. It will doubtless be a complete silver service.

HAT FASHIONS FOR MEN SEEM AS AMUSING AS THOSE FOR WOMEN, BUT FASHION RULES

The man came into office and asked for some mucilage. When it was handed him he took the brush and with it carefully and painstakingly mucilaged the two layers of the brim of his straw hat, which had become dissevered in some way. Then he pressed these together and put on the hat experimentally.

When he found that the mended place seemed likely to hold he removed his chapeau again and found time to speak to me.

"Write something about straw hats," he said. "Something about what becomes of them when their owners give them up, whether or not if chopped up they make good chicken feed, or perchance prove a delicate morsel for the family cow."

I refused to be amused at this badinage, and he spoke again. "Really, it's not a bad subject," he said. "Here am I in the latter part of August with a hat which is glued together. If I were caught in a storm, what would happen to me? Why, the glue would run down my face and the hat brim would separate into its component parts and I would be a laughing stock for gods and men. It is much too late to buy a new straw hat, and a derby is heavy for this season. Now, what shall I do?"

A Lightweight Felt Hat.

"Buy a lightweight felt hat," I suggested.

"But I look like a bloody idiot with a broad-brimmed 'Merry Widow' on," he protested.

"You might wear a silk hat during this 'between' season. I remember when gentlemen used to wear them even while riding a bicycle," said I.

"My silk hat is very unbecoming," replied the man, discontentedly. "I fancy (I hope it is only fancy) that to look well in a silk hat a man should have an aquiline nose and an air of grave dignity. I have the air of grave dignity, but the nose is lacking, at least the aquiline nose. If I could wear a cockade in my hat I think it would be more becoming—something to relieve the somberness of the occasion, you know; but one can't wear a cockade without being a footman, and as I understand it he can't be a footman without in some measure being a horseman."

"Don't be silly," I said severely, and the man much injured walked away haughtily. En route to the door, however, the glued underbrim of his hat fell away from the glued upper brim and obscured his eyes.

"Bother the thing!" he cried. "I shall have to buy a new hat after all, much as I dislike the idea. I'll buy another straw one."

Too Late in Season.

"But that would be manifestly absurd when in two weeks no man would be caught dead wearing a straw hat," I objected.

"I can wear it next season, can't I?" inquired my guest.

"No; because next season the brim of men's hats, instead of being two and seven-eighth inches wide, will probably be three inches, and no man with any self-respect could wear a hat which did not measure to the thousandth part of an inch what it should. Talk about a blind following of fashion, there is nothing about which a woman is so foolish as man is about his hat measurements.

My guest did not reply. That's where men have the advantage of us. When they are accused they always take refuge in silence, instead of hastening to excuse themselves, as does sensitive femininity.

"Come around the corner and help me buy a hat," said the man, and, inasmuch as hat fashions are a source of interest to me, no matter what sort of hats, I went.

Any Sort of Old Hat.

"I want to buy a hat," said the man carelessly to the clerk, so that no one might think he cared a whit about how he looked. "Oh, any sort of a hat to finish the summer with!"

The clerk brought forth a hat. Now, there is very little found in the public prints regarding the ridiculousness of hat fashions for men. All the time and space there is spent in ridiculing women's hats, but never have I seen anything more absurd than the little hat the man placed upon his poll. It was of a creamy-tan color; the brim was edged with black and the band was of black. It was a round little hat which looked something like a jelly pot, and it was as absolutely characteristic as that necessary but unlovely article.

"How do you like it?" he asked, turning toward me shamefacedly.

"It looks very well, indeed," said the clerk.

"It is the most hideous thing I have ever seen," said I truthfully.

The man took off the hat and tried another that was proffered him by the salesman. T is bore a strong family resemblance to the other, except that the little snippy brim was rolled a trifle.

Might Belong to Child.

"This is a very swagger hat," said the salesman.

"What do you think of it?" asked the man.

"I think it looks exactly like a child's hat that a man has got on by mistake," I said, surveying him.

The man took off the hat and tried on another. It was also distressingly short of brim and round of crown, and his good-natured face looked like a full moon under a very small saucer.

"It won't do," I insisted.

The man looked at himself in a mirror. "I shall have to wear a sunbonnet until the fashions change," he said sadly.

"Let us see some broad-brimmed felt hats," said I.

"They are no longer worn," replied the clerk. "The Alpine shape has gone out entirely."

The man put on eleven more of the little jelly-glass sort of hats in quick succession, and in each of them he looked worse than the other.

Brim Gave Way Again.

"Is there anything the matter with my face?" he inquired in desperation finally, and failed to listen to the salesman's reiterated assurances that he looked very well, indeed, in the autumn shapes.

"Give me some mucilage" he said gloomily, and, being handed a pot, he glued together the dissevered brim of his straw chapeau and clapped it on his head. "Come on," he said; "there's no use staying here. Not even a purple and red band could make one of those hats look well. I know what I'll do. I'll pretend my hair is falling out and that I have to go without one until times and fashions change." And when we reached the office door he left me with a bow the grace and dignity of which was sadly interfered with by the fact that the brim of his straw hat suddenly gave 'way again in the act.

LEONORE CALVERT.

The person who has once experienced the pleasure of a cup of delicious "Salada" Tea—that feeling of satisfaction that its purity and flavor guarantee, is not easily persuaded to accept a substitute.

PROPER DRESSING FOR ALL SPORTS

Girls Do Themselves Harm By Not Following the Rules.

The girl who attempts to go in for sports without the proper dress is apt to get more harm than benefit from it.

As far as the feet go, sensible dressing is the rule. It cannot be otherwise as few persons are willing to have their tennis courts torn up by high heels.

But with the corset it is far different. Here a girl has but her common sense to guide. If that is not exercised she alone is the sufferer.

The wise girl, who goes in for tennis or rowing, will wear a ribbon girdle rather than a corset. The latter, even when moderately low and loose, restricts the muscles and renders the breathing spasmodic.

If the figure is too full for a girdle alone, a tight-fitting brassiere should be worn with it, to give support. This can take the place of a corset cover.

If the ankles are at all weak and low shoes are used, a rubber ankle support should be worn under the stockings, for tennis and golf, or a bad sprain may result.

While the serge skirt and light wool waist is the most hygienic for violent exercise, it is doubtless asking too much of our American girls to wear anything but cotton blouses, at least, during the intense heat of summer.

She should never omit, however, to have a light sweater or coat with her to throw on as soon as the playing is finished. This is advisable even in the warmest weather, as waiting one's turn at the tennis court, or changing from the oars to the bow, in a boat, may mean a bad cold if care is not taken to cool off gradually.

Dressing the hair for sports is an art in itself. The tousled head of hair blowing in the eyes is not only unsightly, but may mean the difference between a good stroke and a bad one in tennis or golf.

For tennis, riding, or all other violent exercise, the front hair should be parted or arranged in a natural pompadour and tied rather low on the head, turned up several times and tied with a ribbon. A fillet is also worn, for tennis.

If this method of hair dressing is too youthful, the hair can be braided from the crown, tied there with a ribbon, and pinned flat with many bone pins.

HOW SALT WATER AFFECTS THE HAIR

Those who spend their summers at the seashore should be most careful about their hair if they go bathing in salt water, and most people do. Salt water is extremely bad for the hair, and it should always be washed with fresh water after the sea bath.

One should protect the hair as much as possible with oilskin caps, for an ounce of prevention is not only worth a pound of cure in this case, but a saving of many hours' time.

Salt water not only makes the hair rough, coarse looking, brushy, and devoid of luster, but streaks it as well, besides fading it. It is especially severe on blonde and brown hair. Every time the hair and scalp are wet by the briny deep wash carefully afterward with pure fresh water, then shake and lift the hair until it is dry. The scalp should also be massaged gently with a rotary motion from the edge to the center of the scalp, and if wet often some sort of oily tonic should be applied once or twice a week. A tonic of some sort should be used after the sea water has soaked the hair and scalp.

CHEESE AND PEPPERS MAKE DAINTY SALAD

Another delicious salad combines cream cheese, green peppers, string beans, and lettuce. To prepare the filling take as small cooked string beans as you can get, and have them as tender as possible; mix them with some cream cheese. Have green peppers as nearly the same size as possible, open them at the top, and remove the inside. Cut them at the bottom so they will stand up, and fill them with the beans, mixed with French dressing. On the top of each pepper put a spoonful of cream cheese, and set the peppers on lettuce leaves.

PRETTY FROCK IN PRINCESS STYLE

By MAY MANTON

Princess effects are just as fashionable for the school girl as they are for the grown-ups and this dress can be made available for school or for dressy occasions as it is made from one material and in one color or the other. As illustrated a dull shade of raspberry is trimmed with banding, but royal and cadet blue, brown in all the golden shades and the beautiful wine reds all are to be extensively worn this season and challis, cashmere, light weight serge, and many new materials showing a mixture of silk and wool are offered while they suit the design and girls' needs perfectly. The panel and bertha are cut in one and arranged over the dress to give the princess effect while the blouse and five gored skirt are joined by means of a belt. Any guimpe can be worn beneath. If a very dressy frock is wanted one of the simple silks would be charming banded with velvet ribbon; or cashmere could be used and the panel with bertha embroidered in some suitable design, or soutache could be applied to give an exceedingly handsome result.

For a girl of twelve years of age 8¾ yards of material 21 or 24, 6¾ yards 32, or 5⅝ yards 44 inches wide will be needed, with 8 yards of banding to trim as illustrated.

QUEEN OF SPAIN GROWING BEAUTIFUL

Motherhood Has Marked Wonderful Change in Appearance of Former Princess.

Queen Victoria Eugenie has for some time been entertaining her mother in Madrid, and Princess Henry of Battenberg's visit has been a long one, for she has remained with her daughter ever since the birth of Alfonso's second son.

Queen Victoria Eugenie is an exceedingly happy wife and mother, and what strikes those who have known her in girlhood is the change that marriage has made in her expression. She was always pretty, but as a girl her face in repose had a certain proud and chilly, almost hard, look, which was not exactly attractive. This was translated by those who knew her best as an expression of disappointment, and perhaps even of resentment against fate, and probably this interpretation was correct.

Till she entered her teens Princess Ena was accustomed to being the idol of a court, and she was the most petted granddaughter of the late Queen Victoria, after whose death she became a comparatively unimportant princess. That this position did not content her, it is easy to imagine, and it was a happy thing for her when she met the young King of Spain.

Queen Victoria Eugenie is now, evidently at peace with all the world, the old hauteur has vanished, the ice has melted, and she is radiantly happy, as her soft smiling eyes proclaim.

THINGS TO REMEMBER.

If, when using lemon for flavoring, you need only half a one, put the other half on a plate and cover with a glass tumbler. This excludes the air and prevents it from drying up or getting moldy.

Flower vases often overbalance when in use, for the flowers put into them are apt to make them top heavy. This defect is easily remedied by putting bits of lead, shot or pebbles at the bottom of the vases.

To prevent shoe laces coming undone tie the laces in the usual manner, but before tightening the bow pass its right-hand loop through the knot in the center. Then draw the bow tight and it will stay tied until you pull the string to undo it.

Table linen which has been stained with egg should never be placed in boiling water, as this has the effect of "setting" the stain and making it almost permanent. The best method is to soak the cloth in cold water, which will make it perfectly easy to remove the stain before sending it to the wash.

ONE SIDE OF HEAD ENTIRELY BALD

Hair Began Falling Out After a Severe Illness—Consulted Several Barbers without Satisfaction—Friend Cured Same Trouble with Cuticura and Advised Its Use.

CUTICURA REMEDIES EFFECTED HIS CURE

"After a severe attack of sickness my hair fell out all over. One side of my head was completely bald. I was frightened, not knowing what to do for it. I was almost wild. I consulted several barbers with no satisfaction. A friend of mine told me that his hair fell out in patches all over. He had secured a set of Cuticura Soap, Cuticura Ointment and Cuticura Resolvent which stopped his hair falling out and made it grow again as thick as ever. He induced me to try the Cuticura Remedies. I began using them and in forty days, more or less, I noticed my hair coming out all over the bald spots. I was so glad I did not know how to praise the greatness of Cuticura. I used three cakes of Cuticura Soap, three boxes of Ointment and two bottles of Resolvent Pills. I can prove by numbers of persons that I was bald before using the Cuticura Remedies, and you may use my name as a guarantee of their wonderful cure. George Simmons, 1630 So. Franklin St., New Orleans, La., October 10 and 22, 1907."

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