

THE TIME DAILY MAGAZINE PAGE

Home-Making Instruction By Mail Will Keep Alive The Busy Housekeeper

Commendable Courses Are Prepared In Table Service, Coking, Hygiene, Nursing, and Management By Correspondence Schools For Those Who Wish To Keep Up-to-Date.

By MRS. CHRISTINE FREDERICK,

Visiting a large correspondence school recently, the writer was surprised to learn that in a town of about 500 population there were fifteen men taking some course in that particular school. In a talk the next day with an important business man, he told her his firm was arranging that its employees receive instruction from another business correspondence course at the firm's expense. And it did not seem mere coincidence to learn of this or that clerk, this or that business man subscribing to "instruction by mail."

How about the homemaker? Has she already reached maximum perfection, or can she, too, improve herself by taking instruction by mail? So many of us are too old to go to school, too busy to find time for several hours' study. But do not all of us have a few moments a day, an odd ten minutes, which could be devoted to improving us or give us further training in our daily work? Surely none of us are so egotistical as to think that we "know it all," or believe that there is nothing further that we can learn.

ADVICE TO GIRLS By Annie Laurie

Dear Annie Laurie: I am a very bashful young man, and am very desirous of making the acquaintance of a young lady in the town where I live.

She is employed in a store, and I have no chance of meeting her in business hours. I knew her family some years ago, but have not seen them of late.

It you introduce yourself to the young lady as one who formerly knew her family she will probably be willing to make your acquaintance. There will be no harm in your making the experiment if you do so in a respectful, friendly manner.

Dear Annie Laurie: I am a girl seventeen years old. I used to go with a real nice boy just about my own age. I thought quite a lot of him. He came to my house quite frequently.

Only seventeen, and wondering how to "win back" a boy silly enough to get vexed when he called and found you were not at home. Really, "Rosebud," you should be thinking of other things, for instance, studying your lessons and learning how to help mother more.

Dear Annie Laurie: I am employed in a store, and have a good many traveling salesmen. They seem to be too friendly with me. They

joke and call me pet names which I do not like, although I cannot be angry with them. Please advise me what to do. BLUE EYES.

Your position is a difficult one, Blue Eyes. You can take care of yourself by using womanly tact and good judgment. So long as you remain in your own place of business, go on with your own work, and show no signs of being flattered by the unwelcome attentions you will be all right.

Dear Annie Laurie: I am employed in a railway office, and am very bashful, so a girl every day, but am too bashful to speak to her. I am sure she is my ideal, for she asks my friend about me when she sees him. Please advise me. L. R. L.

You seem to know some one who is acquainted with the girl you so much admire. Why not ask for an introduction and make the girl's acquaintance?

Dear Annie Laurie: A grammar school girl would like to ask your advice about six girls with whom she has played for five years. We are in the same class. All our parents are well-to-do. We are considered the most popular girls in our school. But I don't like the idea of their having six beaux and not inviting me to join them.

I think I am always near to them, but I do not depend upon any one of them. A little independence on your part is the best remedy for your troubles, which, I am sure, will soon cure themselves.

Mias Laurie will welcome letters of inquiry on subject of feminine interest from young women readers of this paper, and will reply to them in these columns. They should be addressed to her care this office.

Annuals Will Adorn New Grounds Foliage Plants May Be Used To Take Place of Shrubbery On Lawn While Waiting For Slow-Growing Vegetation.

Spring Garden Series No. 1. (Prepared by the Department of Agriculture.) NEW well-chosen annual plants will do much to take the place of trees and shrubs until the latter may have time to grow, according to the Department of Agriculture's specialist. It is often a question in a new community where slow-growing vegetation has not had an opportunity as to what may be done to make grounds seem less bare. A lawn can be made in a few weeks and its appearance may be greatly increased by the addition of a few well-chosen annuals.

The specialist suggests as particularly suited for this purpose the following plants, which may be grown in most parts of the United States: Tall foliage plants—Castor bean, calladium, canna.

SANDY KNEW SIGNS. Eandy, strolling up the banks of the river, came upon an English visitor fishing in the stream.

Geranium, California poppy (eschscholtzia), zinnia, marigold, aster, petunia, cockscomb, larkspur, nasturtium. Flowering annuals—obovata, scandens, moonflower, Japanese morning glory. Varieties in color and contrast, in height and general effect, should be studied in placing the plants.

The general appearance of plants on the home grounds or in the garden is of great importance.

TOWN AND COUNTRY. But, could you be content to bid adieu To the dear playhouse and the play-er, too? Sweet country seats are purchased everywhere.

Widow of Joseph Fels, Single Tax Exponent, Would Abolish Poverty

Mary Fels Travels Through Land Spreading Gospel of Single Tax, of Which Her Husband Was Notable Promulgator.

Hope That Poverty Can Be Abolished Held Out By Advocates of Single Tax System Of Taxing Only Land Values.

By FLORENCE E. YODER. THERE is a visitor in Washington today who wishes to accomplish a very wonderful thing, the abolition of poverty.

Of course there are many such, but this visitor is so diminutive, is a woman, and is so likely to succeed, since she has chosen a sensible method by which she may accomplish her purpose, that she is worthy of especial attention.

Her name is Mrs. Joseph Fels, she is the widow of Joseph Fels, is very wealthy, and very small and unassuming, but with a remarkable person with a wonderful mission—the spreading of the gospel of the single tax.



MRS. JOSEPH FELS.

or guardian of the people should hold the land in fee for them, since it is really the people, the presence of all other capital, and the kind of the land at all. Should they not receive some value for their community existence and for the land which is made valuable by their presence?

which has been gobbled up since the war began in Europe. "Germany installed single tax laws there, and today Kiaoo Chow is one of the richest and most coveted seaports in China. It is not falsely rich, but soundly prosperous, the kind of prosperity which reaches not a few but the many."

National Program of Mothercraft

German Institution Puts Every Resource of State At Disposal of Mother and Child.

From Pictorial Review. AT a cost of \$600,000, they built for the Empire in 1907 the Kaiserin Augusta Victoria Haus at Charlottenburg, a suburb of Berlin. It is an institute of scientific research and sociological investigation, a lyceum hospital, and a school for the study of infancy, which no problem of child life is foreign. The Prussian government votes an annual grant of \$5,000 for its support.

Achievement of Civilization. All the resources of science were placed at the command of that first young mother whose incubator baby the Empress eagerly watched over in the newly opened Kaiserin Augusta Victoria Haus.

to be a mother. There is no expense too great for the government to incur to aid when the life of a single baby is at stake.

A SONG OF SHOPPING.

Oh, glad am I with her to go Where apple blossoms are dropping And merry birds are hopping on the leaf!

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Day Nurseries.

When Katrina Grieg returns to work, industry must make way for her home responsibilities. Her employer is now required by law to allow her an hour and a half instead of the usual noon hour, and this will afford her the opportunity properly to nurse the baby at midday.

HIGH BROW, HIGH PRICE.

"Farm products cost more than they used to."

Prospective Brides

—should decide right now to use CREAM BLEND FLOUR for baking when they start housekeeping.

Planning for the Stork's Arrival

Among those things which all women should know of, and many of them do, is the value of a good prenatal application.

HORLICK'S The Original MALTED MILK Unless you say "HORLICK'S" you may get a Substitute.

Dr. Quiet, Dr. Merryman And Dr. Diet Will Cure Recurring Spring Fever

By DR. LEONARD K EENE HIRSHBERG. (Copyright 1915, by the Newspaper Feature Service, Inc.)

ESTER bespeaks the awakening of nature from the indolence, sluggish hibernation and cold death of winter. The glorious exhalation of vitality, health and spirit now assumes an exuberance in the human heart that not even spring fever, tired feelings, or sulphur and molasses can utterly and completely rout out.

through them, and torment the fibers to your heart's content, yet they will not show fatigue or exhaustion. As a matter of fact, everything is exuberant in the world or minimized by comparison. Blue eyes are made more blue by blue apparel. Knock-knees look worse if the child has rosettes, ribbons on the outside of his knees.

Answers to Health Questions

A Reader—Q. My little daughter has what appears to be a tiny flat pimple with tiny veins extending from it, which seems to be growing larger. What shall I do to remove it?

alternate nights apply a cream made of one dram of carbonate of iron and one ounce of vasoline. Rub in a hot bath before retiring, drink a cupful of hot milk and eat a few crackers before going to bed.

Mrs. I. H. H.—Drink a glassful of milk boiled half an hour every three hours and take a Bulgaria tablet with it. Take ten grains of bismuth after meals.

C. T. P. B.—National Soldiers' Home, Tenn.—Q.—Can you advise a remedy for sleeplessness?

F. L. O'C.—She had a goitre or enlarged thyroid and she still has it. It will disappear in time. Give her more sunlight and fresh air, green vegetables, fresh fruits, milk, eggs, sweets, cereals and water. She needs more good food.

A.—Eat nothing heavy for your evening meal, be in the fresh air and sunlight most of the day, get several hours' active exercise, take a hot bath before retiring, drink a cupful of hot milk and eat a few crackers before going to bed.

Mrs. M. H.—Clarendon, Va. There are several free dispensaries in Washington where your knee and limb trouble will be diagnosed free of charge. Possibly the Georgetown Hospital would be the most easily reached by you.

Dr. Hirschberg will answer questions for readers of The Times on medical, hygienic, and domestic subjects, at the expense of general interest. He will not undertake to prescribe or offer advice for individual cases, where the subject is not of general interest. Answers will be considered personally, if a stamped and addressed envelope is enclosed. Address all inquiries to Dr. L. K. Hirschberg, care this office.

L. C. T.—Q.—Can you suggest a harmless remedy which will remove corns?

YOUR SICK CHILD IS CONSTIPATED! LOOK AT TONGUE

A.—Paint the corns each night with 10 grains of salicylic acid to which there should be added one ounce of colodion.

If cross, feverish or bilious give "California Syrup of Figs."

Mrs. E. L. D.—Q. My mother has been troubled with a short breath for some time. She is past eighty and has always enjoyed excellent health. What shall I do for her?

No matter what ails your child, a gentle, thorough laxative should always be the first treatment given.

A.—She should have no excitement, obtain lots of sleep and rest. She should not overexert herself and avoid meats, nuts, beans, solid food, peas, hot dishes, and salt, pepper, and other condiments. Have her take fifteen drops of a saturated solution of iodide of potash in water after meals, increasing one drop at a time until she is taking fifty drops, then go down again to fifteen drops and up several times. Take a Bulgaria tablet with her meals and drink three quarts of distilled water daily, also lots of fresh milk.

Mothers can rest easy after giving this harmless "Fruit Laxative," because it never fails to cleanse the little one's liver and bowels and sweeten the stomach and they dearly love its pleasant taste. Full directions for babies, children of all ages, and for grown-ups printed on each bottle.

C. J. H.—Q.—What shall I do for an oily skin and enlarged pores?

Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," then see that it is made by the "California Fig Syrup Company."—Adv.

A.—Avoid all greasy, oily, and hot foods, pastries and candies. Massage the face with cold water each night. Lily of the valley water, six ounces; tincture of benzoin, one dram; quince seed juice, one ounce.

At any rate it is reasonable to believe that since "Mother's Friend" has been a companion to motherhood for more than half a century no more timely advice could be given the inexperienced mother than to suggest its daily use during expectancy.

M. S. Q.—I. The front part of my hair is getting very gray. Can you advise a remedy? 2. What will reduce the hips.

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A.—I. Take twenty drops of tincture of chloride of iron in a wineglassful of water through a tube after meals. On

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