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Eastland's Unknown Boy Arouses Desire to Help Other Lonesome Children

Somewhere on Earth Are Friendless, Hungry, Frightened Lads Who Would Envy Fate of Tiny Victim of Chicago's Steamship Disaster.

By WINIFRED BLACK.

THEY didn't know his name—the little boy whose body they pulled up out of the Chicago river the other day.

He went down on the steamer Eastland, and he seemed to have been alone—at least no one has ever claimed him.

Who was he, I wonder? Was his mother with him when the ship went down, and have they met somewhere, and are they together, talking it all over, the sudden shock, the terror, the struggle, and then the peace?

Where Do Ambitions Go? Where do they all go, the little boys who want to be firemen, and why do they change their minds and make lawyers and doctors and grocers of themselves instead?

How often have you stood, little fellow, and watched a great train whiz by in the early dusk, and said to yourself: "That's me, that fellow there in the whole bit train will have to stop."

And they thought at home that you were "just a kid," and they laughed sometimes when you said things that were not funny at all.

Because We Have Remembered. Hadn't you had the old moon come sailing right along and follow you the night you and the other kids slipped out down to the fire engine house, just for fun?

How often you wished you had them—real wings, like a bird—and now, have you found them, little boy—the wings—and do they bear you, fair and free and light and swift, somewhere in some blessed country of dreams and sweet imaginations come true?

Dear Miss Laurie—I have met a boy who is a very nice in every respect. I have heard that he has a sister who is "no good."

First of all, make sure that the young man is all that he should be. In addition to his being a good fellow, his sister's danger is that some meddling gossip may try to bring you and him together.

Miss Laurie will welcome letters of inquiry on subjects of feminine interest from young women readers of this column. They should be addressed to her care, this office.

How you loved flowers, and how quickly they wilted in your hot and eager little hand!

Dear little boy, can you pick them now and hold them so they will not fade?

And are you glad that you have left

American Women Organized First Relief Societies in Civil War

Half Century Ago 10,000 Organizations Raised \$50,000,000 in Four Years With Business-Like Thoroughness.

List of Executives and Nurses Furnishes Roster of Notables That Adds Luster to Achievements of American Womanhood.

RELIEF societies were not born with the European war. In the years of the civil war the women of the United States were organized as effectively as the women of Europe today.

Back fifty years ago—women and children of America organized with more than 10,000 relief associations, raised \$50,000,000 in four years, together with an amount of hospital supplies and food that can never be estimated.

Spirit of Co-Operation. There is much criticism of relief work today. Hundreds of societies, all working sincerely to accomplish the same end, have been hindered in their successful operation through lack of a spirit of co-ordination.

Half a century back American women were so that a series of refugees' homes—much like those founded by Americans in Paris for the relief of Belgian refugees.

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Work of Children. Children contributed their share, too. They gathered berries to make cereals for wounded soldiers.

Prepared Hot Meals. In the cities, the relief organizations did especially valuable work. Among the most notable were the Refreshment Saloons of Philadelphia, which fed what has been estimated at 1,000,000 soldiers.

The Stylish Woman. A stylish woman has a good pose. She stands well and she walks well, and she carries her head well, and her clothes take on the right swing.

Why Not Brand Coffee Properly? A Philadelphia restaurant keeper was arrested under the pure food laws for serving adulterated coffee.

Leading food experts uphold this contention—that Coffee is NOT a Food, but a Drug Beverage

Under its true colors most every pound of coffee sold should carry the truthful warning: "This can contains about 100 grains of caffeine."

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I Know Not Why Darling, I know not why such things should be. No answer comes, what though I pray and wait.

What was our crime, that we have won their hate? What have you done, you luckless one?

What have we done that hell should find us here? Darling, I know not why such we should come.

I see you droop and fade. What can I do? This horror is—and I am helpless, dumb.

Only—let swing my hands and weep anew. And pray to know why things are so.

Why we who, blameless, went about our way, are scourged with nameless tortures day by day?

Darling, I know not, but it seems 'Twas ever thus. Remember, other years 'Twas just the same. Vacation days So cold they'd drive us all to frantic tears.

When we came back 'twas always just this hot. Miriam Teicher, in the N. Y. Globe and Commercial Advertiser.



CLARA BARTON

too weak to be taken home. Women in towns where the homes were situated were indefatigable in furnishing various sorts of supplies—home-made wines, bandages, sheets, pillows, and other foods suitable for the sick.

Everywhere started up women acquainted with the order of public business; able to call and to preside over public meetings of their own sex, act as secretaries and committees, keep accounts with adequate precision, co-operate in the largest and most rational plans proposed by men who had no experience in the subject of soldiers' relief, and adhere to their judgment in spite of local, sectarian or personal jealousies.

Selection of Nurses. The most perfect co-operation existed between the women of the United States and the Sanitary Commission. Organized by women, under the approval of the Government, it depended largely upon women workers for its efficiency.

There was no hit-or-miss choosing of the nurses engaged by the sanitary commission. Just as in the present war inexperienced nurses are not allowed to enlist their services until they have learned at least the rudiments of first aid.

Work of Clara Barton. The distinction of being the first army nurse to see active service goes to Clara Barton, nationally known as founder of the Red Cross.

Seen In The Shops QUITE the nicest hosiery that has yet been put on the market—according to its enthusiastic wearers—is that of Italian silk manufactured by a noted glove firm.

Squatty nut dishes of Japanese ware—rather lurid of course—are true bargain at a local 10-cent store. At least, the label says that they're nut dishes, but of course there are quite a few other possible uses.

A dainty Dresden lady, with a bouffant coiffure and a Pompadour, will smilingly assume charge of all pins you stick into her for 25 cents. Compared with the maddening sameness of an oblong cushion in Victorian architecture, the little lady is indeed a relief.

Enterprising! The modern woman has grabbed every masculine job except that of selling the face for a smoking tobacco ad—Don Marquis, in the Evening Sun.

Itching Palm Is Usually Dermal Sign of Disorder Demanding Urgent Care

By DR. LEONARD KEENE HIRSHBERG. (Copyright, 1915, by Newspaper Feature Service, Inc.)

AN itching palm does not necessarily mean the desire for a bribe, a miserly yearning for gold or a superstitious sign that you are about to receive real money.

Dr. Richard L. Sultan, of Kansas City, Mo., has devoted much attention to the various strange eruptions upon the palms and is convinced that different types of "eczema" from foods, tissue complications and external poisons are the most tormenting of them all.

Although the x-rays sometimes cause inflammatory eruptions upon the backs of the hands, occasionally these odd conditions manifest their unpleasant presence in the palms.

Flaskin disease, seen often in freaks at the side shows, at times confines itself to the palms. The dry, oilless, crackly scale, like the hide of a fish, is discovered both by its appearance and the fact that it may be inherited.

Strange to tell, dandruff, which is supposed to be limited to the scalp, offers itself to many a person's unpleasant knowledge by an intolerable itching in the palms. Since it is often an infectious ailment, it is more than a bare possibility that paper money may thus truly cause an itching palm.

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Some Odd Causes. However, there are many disturbing eruptions of the palm which are painful, itching, or mayhap burning or gushy, filling your feeling with anguish, which exclude the blood tests. The causes for these must be sought in the air, the earth, the food, and the waters under and above the earth.

Answers to Health Questions

A. H. C.—Epsom salts is said to reduce superfluous flesh if two pounds are dissolved in a medium size tub of water for each bath. An Epsom salt bath should be taken every morning to produce good results.

M. B.—Will you please tell me some remedy for lice? Wash the head in acetic acid, then brush thoroughly; repeat this several times.

T. E. A.—Are cigarettes injurious to the health? If so, is it the tobacco or cigarette paper? Yes, cigarettes are injurious to the health. The paper usually contains some form of arsenic and the tobacco contains nicotine. Why not avoid both poisons by doing without the cigarettes?

Dr. Hirschberg will answer questions for readers of this paper on medical, hygienic and other subjects that are of general interest. He will not undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is inclosed. Address all inquiries to Dr. K. Hirschberg, care of The Washington Times.



COFFEE This can contains 100 grains of caffeine

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Grapes Offer Delicacy for September

High Sugar Content Gives Food Value and Tartaric Acid Is Valuable For Blood Action.

By MRS. CHRISTINE FREDERICK (Copyright, 1915, by Newspaper Feature Service, Inc.)

EACH month seems to have a vegetable or fruit typical of it, and if we were asked to choose the unambiguous verdict of September's vegetation, it would surely be grapes.

Grapes contain, beside their delicious flavored juice, a quantity of sugar and acid. The sugar content of the grape is considerable, and accounts for the high food value of this fruit.

When taken in the system, the potassium salts are at once absorbed by the blood and serve to strengthen kidneys, liver and intestines. Indeed, one might write a brief for the grape as a medicine.

For the homemaker, the grape offers a delicious dessert, or another

food product to be stored for winter use. Grapes can be kept in cool temperatures, in sawdust, sand or peat. But more preferable methods are to cook the grapes in some manner. Canned grapes are excellent; grape juice is being manufactured and move homes each year, and grape jelly still holds its own with other pantry delicacies.

The Government Bulletin, No. 175, on "Home Manufacture of an Improved Grape Juice," shows how to make an attractive, clear beverage. Other ways of preparing grapes are given in many cook-books. The following are excellent:

Grape Catsup. To each 5 pints of grapes allow 1 lb. of sugar, 4 pint of vinegar, and 4 ounce each of mace, cloves, and nutmeg. Boil sugar and vinegar 15 minutes; heat the pulp and skins; let them cool, then rub through a

colander and add to the vinegar and sugar. Bottle and seal with cork.

Sweet Grape Pickle. Allow 4 lbs. of sugar and 1 quart of vinegar to 7 lbs. of grapes. Tie mixed spices, cloves, cinnamon, mace, and allspice in a thin bag and cook with the syrup. Pour the grapes in a jar, and pour the syrup and vinegar over them. Seal.