

The Washington Times Magazine Page

The trumpeter swan is almost extinct. It is somewhat larger than the ordinary swan, and derives its name from its loud, trumpet-like call. It flies at a great height, and often at a speed of 100 miles an hour.

This is the anniversary of the death, in 1834, of Marquis de Lafayette, whose self-sacrificing efforts to help the Colonies in their struggle for freedom won him the love of America to whom he was signally honored.

FOR LOVE ABSORBING ROMANCE

By RUBY M. AYRES

The Fascinating Story of a Fine, Wealthy Girl of Lowly Birth Who Is Sold In Marriage, Without Her Knowledge, to a Blue-Blood.

Philip's Mother Enters Into the Intrigue and Pays Eva a Visit—the Affair Moves Onward Until There Comes an Unexpected Interruption.

It was a quarter to 4—the others would be here at any moment now, but somehow that little reference to Kitty had taken away her eager anticipation of the game.

What was the use of this afternoon with Philip? He cared nothing for her, she said with all the well to play tennis with for an hour—but for anything more... She stifled a sigh and went into the garden.

Her father was there walking up and down admiring his roses and, as usual, smoking a fat cigar. He looked at his daughter's trim figure complacently.

Tennis again! Bless me! How can you play can you play? He flicked some cigar ash from his coat. "And who is coming today?" he asked.

"Madge and Mr. Foster—and Mr. Winterdick." He sounded pleased. "Nice young fellow—I like him. You ought to go to their place and play, my dear."

Eva's eyes gleamed.

"He asked me to go today, and I refused," she said coolly.

Mr. Dennison dropped his cigar to the gravel path and forgot to pick it up while he stared at his daughter.

"You refused!—why in the world..."

She met his angry eyes steadily. "Because I'm not going to be patronized, father," she said determinedly. "If they want me to go there they can ask me properly—not send a sort of by-the-way invitation like that."

Last night, when Philip had left her she had almost wished that she had consented to go to the Highway House.

She would love to have gone—to have seen his home.

"People would only have said that I am running after him if I had gone," she told herself, as she stood in the sunshine beneath her father's angry eyes.

"I'm blessed—I knew what's coming to you," he growled. "You ought to be thankful for being here instead of starving for your living as your mother did when she was your age..."

He stopped as a motor horn sounded at the gate and a big car turned gracefully up the drive.

"Bless my soul!"—He grabbed at the fallen cigar, his face flushed and embarrassed. "Who is it, girl? It looks like the Winterdick car."

His voice was absurdly agitated.

"It's Mrs. Winterdick," Eva said slowly. She was rather pale and there was a little fierce light in her eyes.

In spite of her determination Philip had scored off her this time. He had kept his word and sent his mother to call.

Is Marriage a Success?

MARRY LIKES.

Just a word or two in answer to "Woman." Evidently you have no idea of how men are, who do not live in cities. I am from a small western city, or you would call it a town. I find that here in Washington, men are not what they are in smaller places and in the rural districts. Somehow Washington has a "Bug" which I cannot get used to. Perhaps it is due to the congested conditions of living. Very few are able to have a home, a real home. Many, many people here do not know the meaning of "home." You say that men give up nothing and go out with another to find amusement. What do you do to amuse him? Why doesn't he find pleasure in your company?

The only successful marriage is what I call a fifty-fifty marriage. You give and take. The husband yields to the wife for her own pleasure and the wife at another time yields to the husband for his own pleasure. This rule holds good in case the amusements in question do not suit both husband and wife. If the both like the same entertainment, all is well.

The main thing is—don't marry a man unless he likes the same things that you like.

In districts like my home is in, you rarely see a man going with another seeking amusement, unless the wife is to blame because she refuses to be the one to share his pastimes with him.

Why judge ALL men by those living in crowded, unnatural cities, cities, never meant by God to exist? Look for the real man in God's own open green fields and you'll find one. SEVEN.

Advice to Lovelorn

By Beatrice Fairfax.

NOT AN ADMIRER.

MY DEAR MISS FAIRFAX:

I am writing to ask your opinion on flirtation. Recently, when I got on a street car I noticed an elderly man who had his eyes fixed on me. I don't think he took his eyes off of me until he got to his getting off place. All the time he tried to attract me by a wistful smile and anxious look. When he got off the car he walked around to the side where I was seated and gazed until my car was out of sight. I am one of the pipes they drew a nine-pound possum. So the organist was reinstated and the possum was made into a stew.

Stake Tomato Plants

It generally pays to stake and prune the tomatoes grown in the small home garden, because by this method the fruit is held off the ground and is clean, a larger number of plants can be grown on a given space and the fruit generally ripens earlier than if the plants are allowed to grow in the natural way.

In pruning the plants all side shoots and suckers are removed, leaving only the main stem with its leaves and clusters of fruit. It is easy to determine which are the side shoots and which are the young blossom clusters, because the one that lets me kiss and hug her, or the young lady that demands respect and makes me understand (not by words, but by action) that there will be nothing like kissing me.

Tomato stakes should be from four to six feet long and one to one and a half inches through at the thickest part. They may be small ones of wood, or they may be made of a log that is free from knots. Sometimes strips of waste material from a sawmill or planing mill, known as edgers, are used. It makes little difference so long as the stakes are strong enough to support the plants and are inexpensive. The stakes should be driven firmly into the ground, one on the north side of each tomato plant, and the plants tied to them once a week during the active growing period with soft cord or narrow strips of muslin. Sometimes the tomato plants will reach the tops of the stakes and then hang over until the tip will touch the ground, clusters of fruit being formed all along the stems.

Twenty-five to fifty tomato plants staked to stakes will supply the average family with all the tomatoes needed for use while fresh, also for canning. It pays to go to some little trouble to have them early, also to stake and prune them so that the quality will be the best.

PHILLIPS

Around the Corner From High Prices.

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On Dresses, Coats and Suits.

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PHILIP LOSES HIS TEMPER.

Philip threw himself full length on the grass at Eva Dennison's feet and looked up at her with admiration in his eyes.

"By Jove, you played a ripping game!" he said.

Eva laughed.

"I meant to win," she said. Winterdick chuckled.

"It was a win, too! Poor old Foster—mad as a hatter, wasn't he? He rolled over, getting a little closer to her. "You and I ought to go in for the August tournament, you know," he said eagerly. "There's a pair for miles that could beat us if we made up our minds to win."

Eva made a little grimace.

"I hate tournaments, and, besides,"

He finished the sentence for her. "You mean that you don't want me for a partner."

"I never said so."

"No, but that's what you meant. You've been sort of sand-fish all

A Thought for Today.

"My merry, merry, merry roundelay
Concludes with Cupid's curse;
They that do change old love for new,
Pray gods, they change for worse."
—GEORGE PEELS.

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Appy Tite often brings to Eppy Cure

The closely linked goodness and quality of

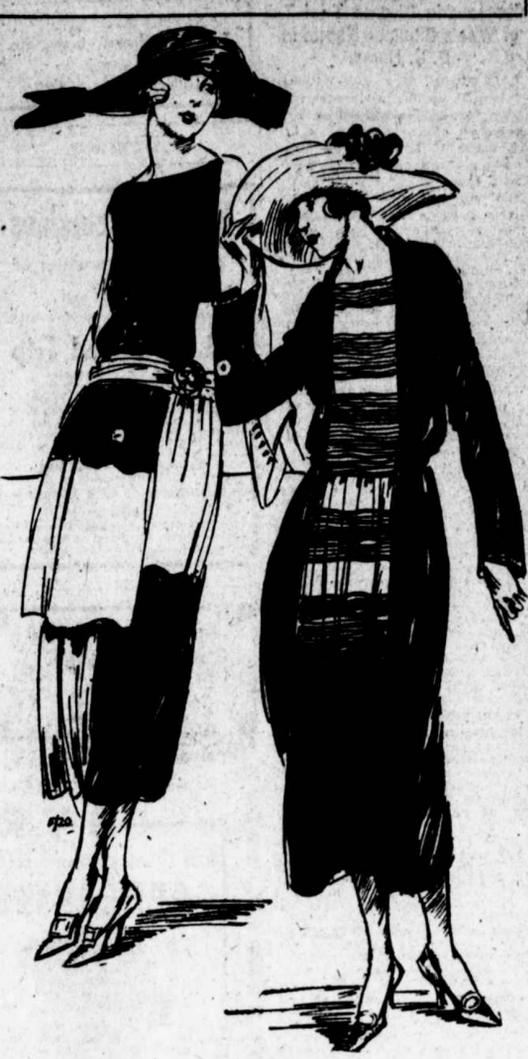
LOFFLER'S SAUSAGE

Packed with palatable pork, beef and spices to a taste inimitable, because the recipe is safeguarded. The finest ingredients and sausage kitchens, with Uncle Sam's O. K., all say insist upon

LOFFLER'S SAUSAGE

Ask Your Meat Man

Fresh From Paris



THE Paris couturiers are determined that crepe de chine in its various forms shall continue in favor all summer. This determination will be greeted with satisfaction by American women, for crepe de chine is so particularly fitted to changes in the American climate. The two models shown above are typical of the straight-lined silhouette, and show a pleasing arrangement of color. The gown at the left is in two tones of burnt orange, the darker predominating. A black rose finishes the narrow crushed girdle. The hat of black straw with the extended bow across the back is very smart.

THE second model is of stone gray crepe marocain; and has the long coat lines that are so becoming to all sorts and conditions of women. The waistcoat is a striking affair of gray and Chinese green stripes that is slightly gathered at the waist line. Topping this costume is a hat of gray crepe trimmed with rosettes of Chinese green taffeta ribbon.

Possum in Church

The congregation of the Clayton Baptist Church at Raleigh, N. C., were on the verge of discharging their organist for his inability to create anything but world groaning from the organ when they decided to investigate first. From one of the pipes they drew a nine-pound possum. So the organist was reinstated and the possum was made into a stew.

Lazy Fliers

Have you ever watched a crow fly and then watched a swallow? The crow, who is notoriously the wisest of birds, usually loafs along on the wing at about twenty-five miles an hour, while the little swallow speeds through the air at ninety.

Hand spinning wheels are still made in London for export to the Far East.

Salt in Ecuador

Salt in Ecuador is obtained from the salines in the provinces of Guayas, Manabi and El Tiro. The works consist of blocks of land whose surface has been lowered a few feet, into which sea water is permitted to seep. The water is slowly evaporated by the sun, precipitating crystals and thus forming a considerable layer of salt, which is broken into pieces for distribution. It is estimated that the average quantity of salt consumed by each individual in Ecuador is thirteen pounds per annum.

In India

For centuries India has quarreled and fought within herself. Different sects, castes and religions have kept the great country in a turmoil. England had only to keep alive these differences to make her rule a comparatively easy one.

None of it is different. The Mohammedans and the Hindus have buried their ancient grudges and the leaders of the 10,000,000 Moslems and the 200,000,000 and more Hindus are at last working hand in glove. In 1907 a Moslem league was formed and in 1915 held its first joint session with the great All-Indian National Congress—an unofficial body representing the hopes and demands of India. Tighter and tighter the bonds binding the two great bodies have been drawn so that today they are fighting side by side.—Fraser Hunt in Hearst's International.

WITHIN THE LAW—

THE AUTHORITIES CAME A CROPPER WHEN THEY STARTED TO APPREHEND OLD MAN BARLOW WHO HAS BEEN TAKING BARRELS HALF FILLED WITH LICKER DOWN GOOSE CRICK.

The Woman Doorplate Is Relic Of Better Day SURE SIGN OF WEALTH

ONE of the olden fashions which the passage of the years has undone is the doorplate. The engraved nameplate of silver, nickel or brass, on the front door was a symbol of family importance and notice to passersby that people of "quality" lived within. And, if the house, in addition to a burnished doorplate, had two lamps before the entrance these symbols were notification to the public that the plutocrat sat inside, that the floors were covered with Brussels carpet, that marble-topped furniture was there, and that there was a cut-glass punch bowl on the tall sideboard.

Only a man with broad lands and numerous servants, or a man with a bumper of turnip stock, or canal stock, or a man who owned sailing ships, or a stage coach line or a bank would be so daring as to presume to have two lamps before the entrance to his home. And the shiny doorplate gave notice that the family had a "carriage and pair" and a coachman who wore a long blue cloth coat trimmed with big brass buttons.

GOT RUSTY IN '79.

The doorplate performed its duty before, during and from one to two decades after the civil war, but it began to grow rusty in the '70's. And when families moved away into new neighborhoods because boarding houses had come into being in the old neighborhood, they often left the doorplate behind, or if they carried it with them they

Heart Disease Causes

HEART disease is caused by a damaging of the heart muscle as a result of infectious diseases, unhygienic living, and poisoning such as that caused by alcohol. Acute rheumatism is the chief cause of heart disease occurring early in life.

The prevention of this disease is important, as it jeopardizes life and because in many cases it makes the individual helpless and perhaps a burden upon the community; and the victim of heart disease is very likely to suffer considerably.

In heading off this undesirable condition one must deal directly with the factors mentioned above. Rheumatism, the chief cause, for instance, is an infection very probably entering the system through diseased tonsils, adenoids, or decayed teeth; and knowing this, we can easily take preventive measures during the early part of the individual's life.

The tonsils and throat of every child should be examined once a year for evidence of disease, and the teeth should be watched in the same way. There should be no hesitancy in having diseased tonsils or adenoid growths removed when once discovered.

Medical attention should be given in cases where symptoms attendant upon rheumatic infection are present, such as "growing pains" and St. Vitus dance.

Although it is hard to avoid contraction of the various infectious diseases, which leave the heart muscles in a weakened condition, we can do much in the way of keeping ourselves in good physical condition in order to resist the diseases, eating properly in order not to become "run down," and sleeping in properly ventilated rooms in order not to be oversusceptible to climatic changes.

Having contracted some infectious disease, it is very important to allow for a long period of convalescence. These precautions are, of course, extremely important for those who have already had attacks of rheumatism.

Hygienic living includes in general plenty of sleep and exercise, good food, and avoidance of drugs.

Dining For Dynamics

By Evelyn Grayson.

Is your work a burden? Doen gloom grip your soul? Science has discovered one solution of these worries in the calorie, the minute unit which is used to express the amount of heat generated in the body by the proper digestion of food.

Exponents of household chemistry in the American Chemical Society have, therefore, been giving special attention lately to the calorie value of meals, with a view to increasing the dynamics of dining.

As an example of an easily prepared calorie dinner, the following meal is suggested—which, of course, can be modified to suit the season in regard to meats and vegetables.

MENU—(Individual) Approximate Calories

Cream of Corn Soup, 1 cup	100
Spring Lamb with Mint Sauce, 2 slices	290
Chopped Spinach with egg, 4 1/2 cup	100
Endive Salad with Russian Dressing	100
Dating Potting, 1 slice	100
Bread and butter	40
Coffee	20
Sugar, 2 teaspoonfuls	34
Total	1,134

This dinner supplies a high calorie count and is designed for the energetic individual who has had a full day's activity of either work or play, and perhaps a rather light lunch. Should a less hearty meal be desired, however, either the salad or the soup could be omitted, or a substitute might be supplied in place of the rich and nourishing date pudding. In the foregoing menu, it will be noted that the in-

Prize Cake Recipes

Washington's Best Submitted in Times Cake Contest—Clip Them.

ARGENT FOOD CAKE.

1 cupful egg-whites, 9 to 11 eggs, 1 1/4 cupfuls and 1 tablespoonful sugar.

1 cupful Igeheart's Swans Down Cake Flour sifted five times before measuring.

1 level teaspoonful cream of tartar.

1/4 teaspoonful salt.

1/4 teaspoonful vanilla extract.

1/2 teaspoonful lemon extract.

1/2 teaspoonful waifilla.

Add the salt and cream of tartar to the egg-whites and beat till very light; fold in sugar gradually; add flavoring. Gradually fold in the flour. Bake in a moderately slow oven about forty-five minutes. Mrs. M. Wesley, 4114 Fessenden street northwest.

IF IT'S YOUR EYES

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Saxons Accounted Bacon a Delicacy and Served It With Game and Birds

In Saxon England, pigs were raised by every land holder, but only among the nobles was bacon salted and cured, an available dainty. In the great halls bacon graced festivities, savored with the wild game of the hunt.

SWINDELL'S QUALITY BACON

is a feast in itself. Its spicy, sweet appetizing allure is as individual as the zestful flavor of game. It is tender, juicy, fine textured. It broils with fragrant brownness that appeals to eye and palate — another reason why it is

The Most Popular at All Markets, Chain Stores and Groceries.