So. 35-'07.

Sugar as Food.

Two scientists have recently reached very different conclusions in regard to the nourishing value of sugar. In recent years experts have shown an inclination to recommend with great warmth sugar as an article of food. Now, however, an entirely different view of the matter is taken by Dr. von Bunge, in an article published in the Journal for Biology, under the title "The Increasing Consumption of Sugar, and its Dangers."

The investigator concludes from the well-known fact that children who eat sugar are pale and have bad teeth, that sugar, owing to the fact that it does not contain iron and lime, and that it is substituted for other foods containing these materials, has an injurious effect, and its use should not be recommended. For this reason Dr. von Bunge advocates an increase of the German sugar tax.

Another important physiologist, Prof. Lepine, of Lyons, takes a diametrically opposite position, and shows from von Bunge's own tables that there is very little lime or iron in any of our food. His conclusion is that an increased consumption of sugar could not for the reasons advanced by von Bune have a deleterious effect. He, moreover, calls attention to the fact that in France, where, owing to its high price, sugar is really an article of luxury, and where accordingly only one-third as much per head of population is used as in Germany, the people do not seem to enjoy better health than the Germans.

The only bad result of the large consumption of sugar in Germany appears to be an increased demand for the services of dentists, but in this respect Germany's dental troubles are not greater than France's. Prof. Lepine declares that, from the standpoint of a hygienist, he would rejoice to see his fellow-countrymen increase their consumption of sugar fourfold and that he would not have the slightest anxiety in regard to consequences.—Picayune.

When Greek Meets Greek.

"Some are born great," began the tiresome quoter, "some achieve greatness"—

"Yes, that reminds me," interrupted Popley,

"Our baby weighed 12 pounds when he was born and the doctor said that—. Hello! George? What's your hurry?"

A little help does a great deal.—French.

Late News In Brief

MINOR MATTERS OF INTEREST

Nearly all of the Governments represented at The Hague have instructed their delegates to work in favor of obligatory arbitration.

The New Zealand Legislative Council rejected the bill making women eligible to election to the upper house.

Two Germans and 110 Chinese were killed by a dynamite explosion in a Chinese mine.

Attorney-General Bonaparte telegraphs District Attorney Parsons, of Alabama, that the entire power of the Government will be used to enforce the decree of the Federal courts.

Mr. Bonaparte says he has no intention of resigning, but is working hard on the trust cases.

J. D. Uzzell, negro editor who is held responsible for much of the recent race trouble on the Eastern Shore of Virginia, gave himself up at Oancock and was taken to Norfolk under strong guard and locked up in the Norfolk jail. Uzzell surrendered to Colonel Nottingham.

Prince Wilhelm, of Sweden, had a busy day sightseeing at Jamestown and attending social functions in his honor. He awarded the trophies to the victors in the boat races between the American and Swedes.

The "Black Elijah" and his followers, who have been creating great excitement among the negroes of Richmond have departed.

Mr. J. N. Wilkinson, of Norfolk, was found drowned in the Elizabeth river.

President Roosevelt declared in his Provincetown speech that there was to be no let-up in his trust and railroad policy.

Senator Foraker in an interview, says there can be no peace between him and Taft.

Two mailbags with $250,000 were stolen from a train on the way from Denver to Chicago.

The arrest of a well-known Armenian in Chicago, it is thought may solve the murders of Father Casper and Tavshanjian, the rich Armenian merchant.

The submarine boat Viper, showed her ability to remain out at sea four days and met every test.

The present Eddy suit has been dropped by the attorneys for the next friends, who say they will shortly begin a new one.

Senator Foraker made a speech in reply to that of Secretary Taft.

Jacob H. Schiff said the Administration's policies were not to blame for the financial situation but ascribed the changes to natural causes.

Ex-Mayor Paul C. Barth of Louisville, committed suicide because he had been legislated out of office and chiticised.

Julius Teich, in a fit of jealousy killed his wife and himself in their New York flat.

Mrs. Lena Scham a widow was murdered in her apartments in Brooklyn. A rejected suitor is reported missing.

Forest fires are doing great damage in Massachusetts and Michigan.

William J. Bryan after a wreck at Rockville, Ill., said he would soon reply to Secretary Taft's speech.

The grave of La Flora S. Baker, a lumberman, was opened after 14 years to satisfy a partner he was really buried.

J. P. Morgan returned from abroad and only smiled when asked if he had read the President's speech.

The report of the Judge-Advocate General shows that nearly half the enlisted men in the army have been tried on some charge the last year.

An 8-year-old boy killed his 2-year-old sister, in York, Pa., with a revolver he didn't know was loaded.

William Hicks was held up in the suburbs of Philadelphia by robbers who got $6,000 and citizens caught two of the three highwaymen and recovered the money.

Emperor William toasted Emperor Francis Joseph as friend and ally and King Edward gave a banquet in honor of his birthday.

Secretary Taft left Washington on the first stage of his around-the-world tour.

Government officials are wondering what is behind the mysterious demand for an investigation into the early transactions of the Chicago and Alton Railroad.

Work on delimiting the boundary between Siam and French-Indo China will soon be commenced.

The San Francisco Chamber of Commerce gave a love feast to cement the friendship between the United States and Japan.

The International Socialist Congress began at Stuttgart, Germany.

With the telegraph strike a week old each side professes to be as confident as ever.

Three persons were killed and two probably fatally injured when an express train struck an automobile near Great Barrington, Mass.

A large water main in the Shenandoah Valley burst on Sunday and the people of Berryville are now without water, except what can be drawn from cisterns. It will be several days before the break can be repaired.

Major Hemphill, of the Charleston News and Courier, is boomed as a candidate for the United States Senate.

Chaplain Harry W. Jones, United States Navy, gave bail in Norfolk for his appearance in court to face a charge of larceny.

Mr. J. W. Lloyd, a prominent farmer of near Kearneyville, was struck by a Baltimore and Ohio eastbound fast freight Sunday while walking on the track near his farm. He is said to have a fair chance to recover, although internally injured.

Explosion in Powder Mill.

Racine, Wis., Special.—In an explosion in the coning mill of the Laflin & Rand powder mill, at Pleasant Prairie, Kenosha county, Norman Phillips, of West Virginia, 35 years old, was killed, and Walter Harlen and John Nolan fatally burned. The cause of the explosion is not known. The damage to the buildings is slight. This is the same mill that exploded several months ago, killing nine men and injuring others.

CREW IS ARRESTED

Criminal Negligence Alleged Cause of Auburn Wreck

WHEREIN THREE WERE KILLED

Dispatchers Ketchum and Parvin, Conductor Oakley and Engineer Ripper Must Answer for Auburn Wreck, in Which Criminal Negligence is Alleged.

Raleigh, N. C. Special.—Chief Train Dispatcher B. P. Ketchum, of the Durham division of the Southern Railway, and Train Dispatcher Victor Parvin were arrested on warrants charging manslaughter, the coroner's jury having found them guilty of gross negligence and carelessness in the matter of a head-on collision of a freight and passenger train near Auburn on August 6th when three men were killed.

The men waived examination and were bound over to September term of court. Ketchem's bond being $1,000 and Parvins $500. Warrants have been issued for the arrest of Engineer W. W. Rippey and Conductor C. M. Oakley, of the passenger train who admitted having forgotten their orders to meet the freight train. The magistrate says he will grant bail to them in $10,000 each when they appear before him.

Passenger Engineer W. W. Rippey and Conductor Oakley, of the Southern, came here and gave themselves up to Justice Separk. He had issued warrants for them, charging manslaughter for criminal carlessness in causing the collision at Auburn, ten miles from Raleigh, August 6th, which caused three deaths. Bonds of a thousand dollars were given in each case. All the men waived examination. Their cases may be tried at the September term of Superior Court here.

OUSTED MAYOR KILLS HIMSELF

Paul C. Barth, of Louisville, Ends Life in Private Office of Utica Lime Company, of Which He Was General Manager.

Louisville, Ky., Special.—Paul C. Barth, for a year and a half Mayor of Louisville, and ousted recently by the decision of the Court of Appeals, shot and killed himself Wednesday. Mr. Barth ended his life in his private office at the headquarters of the Utica Lime Company, of which he was general manager. The shot was heard by his business associates, who rushed into the room to find Mr. Barth unconscious on the floor, with a bullet hole in his head. He never recovered consciousness and died about 1 o'clock. Mr. Barth was a man of means and was president of the board of aldermen for several years. It was Mr. Barth who welcomed to Louisville President Roosevelt when on his Southwestern tour two years ago. The cause of the suicide is unknown.

Since the ousting of Mr. Barth's administration by mandate of the Court of Appeals two months ago, the acts of the officials during his term have been subjected to severe scrutiny by the officials who came in with Mayor Bingham, appointed by Governor Beckham. Nothing was found that reflected any discredit on Mr. Barth personally, but the methods of conducting some of the city institutions have been under fire both in official reports and in the press. Mr. Barth was very sensitive to criticism and his friends at times remarked that the condition of affairs seemed to gall him. However, he gave no evidence that he was in any danger to break down, physically or mentally, and since the ousting had been counducting his business affairs as usual.

Mail Sacks Missing.

Lincoln, Neb., Special.—Three registered mail sacks containing about a quarter of a million dollars, disappeared from the Burlington train between Denver and Oxford, Neb., last Sunday night and the postoffice officials have just made the theft public. The train left Denver with seven sacks and but four remained when it reached Oxford. Detectives and postoffice officials are at work on the case.

FEMININE NEWS NOTES.

Pauline Spender Clay, granddaughter of William Waldorf Astor, is heiress to $100,000,000.

Mrs. Catherine Gilligan, oldest woman in the Bronx, died in New York City July 30, aged 107.

Mrs. Dick-Waaler, a newspaper woman of Christiania, Norway, is visiting friends in Minneapolis.

There is but one Indian woman in the world who is a lawyer, viz., Miss Lyda Conley, of Kansas City, Kan.

Mrs. Eddy has demonstrated that she is in astonishing physical health for a woman nearly ninety years old.

The Queen of Portugal took up the study of therapeutics in order to qualify herself as the King's physician.

Miss Flora McIntyre, sophomore in Berkeley University, California, pays her board and tuition fees by the sale of queen bees she raises.

The Empress of Russia has started a school for the encouragement of Russian folk-singing. The Czarina visits the school three times a week.

A woman of twenty-five has been appointed "grave-digger, bell-ringer and organist" in the Danish town of Grenaa. She is the first woman grave-digger in the land of Hamlet.

An unusual number of yachtswomen is reported at Cowes this year. They are not mere lay figures, either, pretty "supers," in fascinating gowns, as it were, but real practical sailors.

President Grant's attractive granddaughter, who was Miss Vivian Sartoris, now Mrs. Roosevelt Scovel, is winning fame for the American-bred girl by her delicious little dinners in her Dresden home.

Women who have recently joined the Wandsworth (England) Rifle Club have proved so expert in the use of the rifle that scores of thirty-five out of a "highest possible" of forty have frequently been recorded.

Irish Wit.

An Irish priest had labored hard with one of his flock to induce him to give up whiskey. "I tell you, Michael, whiskey is your worst enemy, and you should keep as far away from it as you can." "Me enemy, is it Father?" responded Michael, "and it was Your Riverence's self that was tellin' us in the pulpit only last Sunday to love our enemies!" "So I was, Michael," rejoined the priest, "but I didn't tell you to swallow them."—Sacred Heart Review.

"WALTZ ME AROUND AGAIN, WILLIE."

—Week's cleverest cartoon, by Macauley, in the New York World.

SEEK FINAL TEST OF THE BOYCOTT IN BIG LAWSUIT

Action Begun at Washington Against the American Federation of Labor.

Manufacturers Would Stop Use of the "Unfair" and the "We Don't Patronize" Lists.

Washington, D. C.—A significant legal action was begun in the Supreme Court of the District of Columbia by James W. Van Cleave, president of the National Association of Manufacturers, to enjoin Samuel Gompers, John Mitchell and the other officers and the 2,000,000 members of the American Federation of Labor and several of its subsidiary organizations from using the boycott and so-called "unfair list." Van Cleave starts the suit on behalf of a large manufacturing company in St. Louis of which he is president, it having been declared "unfair," so it is said, by the labor unions, but the significance of the action lies in its being a test case, wherein Mr. Van Cleave, as head of the Manufacturers' Association, seeks to permanently enjoin organized labor from using the "unfair" or "we don't patronize" lists in its fight against firms and individuals. The papers were filed here in order that personal service might be immediately obtained against a large number of the labor leaders named in complaint, who are in Washington.

The bill asks for a permanent injunction against Samuel Gompers and Frank Morrison, of Washington; John V. Lennon, of Bloomington, Ill.; James Duncan, of Quincy, Mass.; John Mitchell, of Indianapolis; James O'Connell, of Washington; Max Morris, of Denver; Denis A. Hayes, of Philadelphia; Daniel J. Keefe, of Detroit; William D. Huber, of Indianapolis; Joseph F. Valentine, of Cincinnati, all of the American Federation of Labor; also R. L. Thirton, C. O. Buckington, H. C. Poppe, A. J. Cooper and E. L. Hickman, as individuals and as officers of the Electrotype Molders and Finishers' Union No. 17 and members of the International Stereotypers and Electrotypers' Union. The complainant is the Bucks Stove and Range Company, of St. Louis.

Alleges a Conspiracy.

The plaintiff asks that the defendants be enjoined on nine special points, first alleging a conspiracy unlawfully to injure its business. It is asked that the unions be enjoined from carrying on a conspiracy to restrain and destroy the business of the plaintiff; from agreeing or combining to interfere with its business or that of any other person, firm or corporation, or from boycotting or attempting to boycott or threatening to boycott the plaintiff or the plaintiff's business or attempting to interfere with the regular shipment, sale or trade in its goods. It is also sought to enjoin the unions from printing, publishing or distributing by mail any paper which contains the name of the plaintiff corporation under a "We Don't Patronize" or "Unfair" heading or which contains any statement that the plaintiff is or has been unfair; from publishing or circulating in any way, in writing or orally, any statement to the injury of the product of the plaintiff, or from representing to dealers or the public that the plaintiff's factory has been boycotted, and that its goods should not be dealt in. Safeguard is also asked from any threatening or intimidating of customers of the plaintiff; from any giving of orders to committees, associations or agents for any acts or threats which would interfere with the plaintiff's business, or from the carrying on of the alleged conspiracy against the plaintiff's proper business.

The steps leading up to this action are set forth in the complaint to be the outcome of a strike. The complaint says that on August 29, 1906, without previous notice, the members of the Metal Polishers' Union, No. 13, of St. Louis, in the employ of the stove company, struck in a body and without notice to the company, which action is said to have been in violation of an agreement between the International Union of Metal Polishers and the Stove Founders' National Defense Association, of which the Bucks company is a member, under which all differences have for fourteen years been successfully adjusted by a conference committee.

Stirs St. Louis Unions.

On the failure of the strike the International Union of Metal Polishers declared a boycott against the Bucks company and its product, inserted the company's name in its "unfair" list and published it in the union paper. The local union, No. 13, also joined in the boycott and gained its indorsement by the Central Trades and Labor Union, of St. Louis, and the Metal Trades Council, also of St. Louis, both subordinate unions of the American Federation.

In November, 1905, at the annual convention of the American Federation in Minneapolis, the products of the company were placed on the "we-don't-patronize" list of the federation, and its name was published in this list in the American Federationist in the June and July, 1907, issues.

The complaint sets forth that by reason of the federation's great membership and wide distribution and its extraordinarily complete and powerful organization, the placing of the company's products on its "we-don't-patronize" list injured greatly the complainant's business.

LABOR TO FIGHT.

Gompers Says Manufacturers Sought to Delay Criminal Action.

Washington, D. C.—The injunction proceeding brought in the Supreme Court of the District of Columbia against the officers of the American Federation of Labor by the National Manufacturers' Association will be answered by a conspiracy suit from the labor organizations against the Manufacturers' Association. The authority for this statement is President Samuel Gompers, of the American Federation of Labor, who said that he was authorized to instruct the attorneys of his organization to prepare the papers in the action.

Another development in the contest between organized labor and the Manufacturers' Association is likely to be an application to the Postoffice Department for a fraud order against the American-Federationist. This is the organ of the American Federation of Labor that prints the "unfair list" against which an injunction is sought by the Manufacturers' Association. Daniel Davenport, of Bridgeport, Conn., one of the attorneys of the Manufacturers' Association, took steps to bring the complaint to the attention of the Postoffice Department.

President Gompers declares that the officers of the Manufacturers' Association began their suit hurriedly to forestall the criminal prosecution of themselves by the American Federation of Labor. He insisted that the American Federation has had under consideration plans for the prosecution of the Manufacturers' Association for some time, and that by some means President Van Cleave, of the Manufacturers' Association, learned of the Federation's purpose and brought the injunction proceeding to counteract the effect of the contemplated suit.

Lords Pass Dead Wife's Sister Bill.

After a prolonged and animated debate the House of Lords in London passed the second reading of the Deceased Wife's Sister bill by 111 votes to 79. The minority included every one of the seventeen Bishops who are members of the House.

Steel Plant Burned.

The plant of the Cumberland Steel Company, at Cumberland, Md., was destroyed by fire of unknown origin. Loss, $350,000; insurance, $100,000.

Feminine Notes.

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A woman of twenty-five has been appointed "grave-digger, bell-ringer and organist" in the Danish town of Grenaa. She is the first woman grave-digger in the land of Hamlet.

Hanged For Assault on Stepchild.

James Rucker, a negro, was hanged in jail at Asheville, N. C. Rucker was convicted of criminal assault on his stepdaughter. It is said that this is the first time in the history of North Carolina that a negro has been hanged for such a crime against one of his own race.

Allies Defeat Moors.

Moorish tribesmen again attacked Casablanca and were defeated.

Newsy Paragraphs.

England is "pageant mad."

Pittsburg now claims a population of 600,000.

London is full of Americans unable to obtain passage home in overcrowded liners.

Advices received in Washington, D. C., showed that Russia is changing her military base in Siberia from Harbin to Irkutsk.

Henry C. Ide, former Governor of the Philippines, expressed the opinion in an interview that the newly elected Assembly for the islands would prove a success.

Five cases of bubonic plague, four of which were fatal, were reported at San Francisco.

Experts on animal life gathered for the international zoological congress in Boston.

Americans touring in Europe find it cheaper to rent automobiles abroad than to take their own.

The first conviction under the Missouri eight-hour telegraphic law was found against the Burlington road.

Secretary Taft says the efficient administration of the law is the most important problem before the American people.

Reflections of a Batchelor.

The man who is good has eternity in which to become great.

No man ever raised himself to Heaven on the faults of others.

A man in business only for himself has the meanest job in the world.

Many an heir to Eternal Life will enter his Father's mansion in a tattered coat.

Where there is shame there is virtue.—German.

HOUSEKEEPING HINTS.

Starched muslins, laces and prints will look nicer and iron more easily if dampened with hot water instead of cold.

To impart extreme stiffness to starch add to one quart of starch a teaspoon of gum arabic and the same of baking soda, dissolved in a little water.

The contents of the inner vessel of a double boiler will cook much more rapidly if the water in the outer compartment is salted in the proportion of half a cup of salt to two quarts of water.

Soak new brooms in strong hot salt water before using. This toughens the bristles and makes the brooms last longer.

If jelly has been set away to cool in an earthen or agate mould, set the mould in a dish of very hot water and count three, then it will be ready to turn out on a plate.

Always wash red linen tablecloths in water in which borax has been dissolved.

Soap and candles should be bought in quantity as they last longer and are more effective when dried.

Meat will keep sweet for several days by covering it entirely with milk. Sour or buttermilk will answer the purpose as well as sweet milk.

To remove stains from the fingers, caused by peeling onions, rub well with a lemon.

To clean a gold chain place for a moment in a cupful of ammonia and water, using three parts of water to one of ammonia. Polish finally with a clean chamois leather.

To save incandescent mantles, when lighting turn on the gas for a few seconds, then hold the match one inch above the chimney. It is through applying the match too quickly that so many mantles are destroyed.

The Italian Moon.

Your "honeymoon?" w'at ees eet?
Eh?
Eect ees da "moon of love," you say?
Wal, mebbe so, Signore, but O!
You don't know, you don't know!
You could not konw onteel you see
Da moon dat shine een Eetaly.
Here eesa moon, but eet ees cold;
Eetalian moon ees ball of gold!
So warm, so sof' you wonda why
Eet steeck togther een da sky;
You theenk eet gona malt an' run
Like lumpa butter een da sun.
So, too, eets—w't you call?—eets "beam"
Dat streama down on you, dey seem
So theeck, so reecha lika cream.
An' you can feel dem on your tongue
W'en you are seeng your lova song
An' warm an' sweet you feel dem slide
Right down your throat, onteel eenside
Your heart dey rest, an' eet ees hold
No longer blood, but justa gold!
You cannot know of love onteel
Sooch moonlight een your heart you feel.
W'at for you smile- Eet eesa true!
For so, w'en I am young like you,
Wan night weeth Rosa by da shore
Of Napoli I felt, Sigmore.
You say dees moon dat shine tonight
Ees gooda 'nough for you? All right.
I s'pose dat you are love your wife,
But O! Signore, you bat your life,
You eat her up eef your could be
Where shines da moon een Eeetaly.

Herald Blasts.

Heaven is the crown of duty done heartily with earnest purpose.

Eternity is the judge of immediate values; time may hinder our vision.

No man knows so well where the shoe pinches as he who wears it—Lincoln.

Heaven's harpist can strike no chord upon the strings of the hypocrite's soul.

The mansions of glory are built of the cottages of time.

Proverbs and Phrases.

Against ill chances men are ever merry.—Shakespeare.

A mind unblemished is the noblest possession.—Latin.

Many a one is good because he can do no mischief.—French.

The church that cradles its energies on Transfiguration Mount, has not much left for "plain" duties.

The inner light is God's measure of a man. We can ill afford to lose it to any cause.

Verging on Professionalism.

"Dingbat contemplates getting married for the seventh time. His friends are worried."

"Why?"

"Afraid it may effect his amateur standing."

The first at the mill grinds first.—Italian.

Improved Tactics.

Atlanta was running for office.

"I won't throw away any golden apples," said she. "Instead, I'll throw out a lot of hints about plums."

The ruse was just as successful.

The world is a graveyard, and underneath every stone is an opportunity, done to death.

He that ventures not, fails not.—French.

That Fine.

Twenty-nine million plunkets! If I had such a pile
I could pack up my trunkets and go away for a while.
That much would tide me over down by the ocean's shore
And let me live in clover for seven days, or more.

Twenty-nine million plunkets! If I possessed that sum
I could buy several chunklets of sirloin steak, I vum!
I could eat peaches wekely while summer lasts, but then
Autumn would hit me bleakly and find me broke again.

Exclusive.

"She doesn't care for the bathing.'

"Why not?"

"Too common. She might take up if they had individual oceans."

So. 35-'07.