SOME COMMON SENSE.

Don't be afraid of rivals. Things may be crowded below, there is always room on top.

Don't be afraid of pleasure. It is necessary for good work.

Don't be afraid to fight against odds. Most things worth having are hard to get.

Don't be afraid to be polite at all times and under all circumstances. It is no disgrace to be called a gentleman.

Walking Round the World.

Of late years quite a number of men have started to walk round the world, mainly with the object of winning a wager. M. Georges Grandin, however, a French gentleman, who having twice made a tour of the world on foot, is now about to begin a third journey, is actuated by quite a different motive. He is a man of property and means, and the sole object of his self-imposed and arduous task is the patriotic one of promoting the friendship of France among the various countries he visits. Not only does M. Grandin not bet or live on charity during his journeys but he makes considerable profits by selling on the way books and pamphlets recounting the interesting impressions of his tours, and out of these profits he has already given a considerable sum to a hospital in his own commune.

One of his experiences was of a particularly thrilling character. While passing through Abyssinia he was taken for an Italian spy, manacled and imprisoned for a month. During this time he was terrorized by his guards, but succeeded by a bribe in getting them to remove his chains. It was only after a march of three hundred miles through a desert, during which his guards threatened to shoot him if he tried to escape, that M. Grandin came across one of Menelek's officials, to whom he was able to explain his position, after which he was treated with every consideration and respect.—TR-BTS.

TO CLEAN LACE.

To restore lace, either black or white, when soiled, place it in milk for 12 or 18 hours. The milk becomes acid; the lace should then be gently washed in it and afterwards well rinsed in clean lukewarm water and laid out smooth upon a pillow in the sun.—Boston Post.

THE PAINTING SEASON.

Good results in painting at the least cost depend largely upon the material chosen. Paint is a simple compound and the ingredients can be easily tested. The solid part or pigment should be White Lead. The liquid part should be Linseed Oil. Those best informed on painting always buy these ingredients separately, and have their painter mix them fresh for each job. Before the mixing the test is made.

Place a pea-sized bit of White Lead on a piece of charcoal or piece of wood. Blow the flame against it and see what it will do. If it is pure White Lead, little drops of bright, pure metallic lead will appear, and with patience the White Lead can be completely reduced to one globule of metallic lead. This is because pure White Lead is made from metallic lead.

You may test dozens of other so-called White Leads and not be able to reduce one of them to lead. If they will not change wholly to lead, but leave a residue, it is clear that some adulterant is present.

If you should have your painting done with such materials, no matter how cheap they might seem, it would be costly in the end.

National Lead Company, Woodbridge Building, New York City, are sending on request a blowpipe free to any one about to have painting done, so that the White Lead may be tested. With it will be sent a handsomely printed booklet having as its frontispiece the "Dutch Boy Painter," reproduced from the original painting. This little painter has become noted as the guaranty of pure White Lead.

Don't be afraid of censure. We all need toning down as well as toning up. So. 17-'08.

THE COME AND SEE SIGN

PUBLIC INSPECTION INVITED FROM 8 A.M. TO 4 P.M. SATURDAYS EXCEPTED LYDIA E. PINKHAM MEDICINE CO.

This sign is permanently attached to the front of the main building of the Lydia E. Pinkham Medicine Company, Lynn, Mass.

What Does This Sign Mean?

It means that public inspection of the Laboratory and methods of doing business is honestly desired. It means that there is nothing about the business which is not "open and above-board."

It means that a permanent invitation is extended to anyone to come and verify any and all statements made in the advertisements of Lydia E. Pinkham's Vegetable Compound.

Is it a purely vegetable compound made from roots and herbs—without drugs?

Come and See.

Do the women of America continually use as much of it as we are told?

Come and See.

Was there ever such a person as Lydia E. Pinkham, and is there any Mrs. Pinkham now to whom sick woman are asked to write?

Come and See.

Is the vast private correspondence with sick women conducted by women only, and are the letters kept strictly confidential?

Come and See.

Have they really got letters from over one million, one hundred thousand women correspondents?

Come and See.

Have they proof that Lydia E. Pinkham's Vegetable Compound has cured thousands of these women?

Come and See.

This advertisement is only for doubters. The great army of women who know from their own personal experience that no medicine in the world equals Lydia E. Pinkham's Vegetable Compound for female ills will still go on using and being benefited by it; but the poor doubting, suffering woman must, for her own sake, be taught confidence, for she also might just as well regain her health.

FOR STRONGER NAVY

President Roosevelt Advances Strong Argument

FAVORING FOUR BATTLESHIPS

President's Message Favoring an Appropriation For Four Battleships is Received by Both Houses and Attracts Much Attention.

Washington, Sepcial.—The message of the President in support of his plan for an appropriation for four new battleships was received Tuesday by both houses of Congress and attracted much attention.

The President's Message.

The message was presented in the Senate immediately after the conclusion of Senator Foraker's speech and while Vice President Fairbanks was engaged in a vigorous attempt to restore order. The secretary of the Senate skimmed through the document in short order and a motion to adjourn ended the dilemma. Senators and members were supplied with copies of the document and many read it with avidity.

The message was brief but vigorous contention for the rapid development of the navy. It was in part as follows:

To the Senate and House of Representatives:

Let me again urge upon Congress the need of providing for four battleships of the best and most advanced type at this session. Prior to the recent Hague conference it had been my hope that an agreement could be reached between the different nations to limit the increase of naval armaments, and especially to limit the size of warships. Under these circumstances I felt that the construction of one battleship a year would keep our navy up to its then positive and relative strength. But actual experience showed not merely that it was impossible to obtain such an agreement for the limitation of armaments among the various leading powers, but that there was no likelihood whatever of obtaining it in the future within any reasonable time. Coincidentally with this discovery occurred a radical change in the building of battleships among the great military nations—a change in accordance with which the most modern battleships have been or are being constructed, of a size and armament which doubles, or more probably trebles, their effectiveness. Every other great naval nation has or is building a number of ships of this kind; we have provided for but two, and therefore the balance of power is now inclining against us. Under these conditions, to provide for but one or two battleships a year is to provide that this nation, instead of advancing, shall go backwards in naval rank and relative power among the great nations. Such a course would be unwise for us if we fronted merely on one ocean, and it is doubly unwise for us if we front on two oceans.

Four Ships Necessary.

As Chief Executive of the nation, and as commander-in-chief of the navy, there is imposed upon me the solemn responsibility of advising the Congress of the measures vitally necessary to secure the peace and welfare of the republic in the event of international complications which are even remotely possible. Having in view this solemn responsibility, I earnestly advise that the Congress now provide four battleships of the most advanced type. I cannot too emphatically say that this is a measure of peace and not of war. I can conceive of no circumstances under which this republic would enter into an aggressive war; most certainly, under no circumstances would it enter into an aggressive war to extend its territory or in any other manner seek material aggrandizement. I advocate that the United States build a navy commensurate with its powers and its needs, because I feel that such a navy will be the surest guarantee and safeguard of peace. We are not a military nation. Our army is so small as to present an almost absurd contrast to our size. It is properly treated as little more than a nucleus for organization in case of serious war. Yet we are a rich nation, and undefended wealth invites aggression. The very liberty of individual speech and action, which we so prize and guard, renders it possible that at times unexpected causes of friction with foreign powers may suddenly develop. At this moment we are negotiating arbitration treaties with all the other great powers that are willing to enter into them. * * * Yet it is idle to assume, * * * that this world has yet reached the stage, or has come within measurable distance of the stage, when a proud nation, jealous of its honor and conscious of its great mission in the world, can be content to rely for peace upon the forebearance of other powers. It would be equally foolish to rely upon each of them possessing at all times and under all circumstances and provocations an altruistic regard for the rights of others.

China an Example.

Those who hold this view are blind indeed to all that has gone at large their eyes in the world at large. They are blind to what has happened in China, in Turkey, in the Spanish possessions, in Central and South Africa, during the last dozen years. For centuries China has cultivated the very spirit which our own peace-at-any-price men wish this country to adopt. For centuries China has refused to provide military forces and has treated the career of the soldier as inferior in honor and regard to the career of the merchant or of the man of letters. There never has been so large an empire which for so long a time has so resolutely proceeded on the theory of doing away with what is called "militarism."

Whether the result has been happy in internal affairs I need not discuss. In external affairs the policy has resulted in various other nations now holding large portions of Chinese territory while there is a very acute fear in China lest the empire because of its defenselessnss, be exposed to absolute dismemberment, and its well wishers are able to help it only in a small measure, because no nation can help any other unless that other can help itself.

First-Class Navy.

The State Department in continually appealed to to interfer on behalf of peoples and nationalties who insist that they are suffering from oppression. All of this oppression is alleged to exist in time of profound peace and frequently, although by no means always it is alleged to occur at the hands of people who are not very formidable in a military sense. In some cases the accusations of oppression ad wrong doing are doubtless ill founded. In others they are well founded and in certain cases the most appalling loss of life is shown to have occurred, accompanied with frightful cruelty.

Events still fresh in the mind of every thinking man show that neither abitration nor any other device can as yet be invoked to prevent the gravest and most terrible wrong doing to people who are either few in numbers or who, if numerous, have lost the first and most important of national virtues—the capacity for self-defense.

When a nation is so happily situated as ours—that it, when it has no reason to fear or to be feared by its land neighbors—the fleet is all the more necessary for the preservation of peace. Great Britain has been saved by its fleet from the necessity of facing one of the two alternatives of submission to conquest by a foreign power or of itself becoming a great military power. The United States can hope for a permanent career of peace on only one condition and that is, on condition of building and maintaining a first-class navy, and the step to be taken toward this end at this time is to provide for the building of four additional battleships. I earnestly wish that the Congress would pass the measures for which I have asked for strengthening and rendering more efficient the army as well as the navy—all of these measures as affecting every branch and detail of both services are sorely needed and it would be the part of far-sighted wisdom to enact them all into laws but the most vital and immediate need is that of the four battleships.

The Navy a Powreful Instrument.

To carry out this policy is but to act in the spirit of George Washington; is but to continue the policies which he outlined when he said "Observe good faith and justice toward all nations. Cultivate peace and harmony with all. * * * Nothing is more essential than that permanent, inveterate antipathies against particular nations and passionate attachments for others should be excluded, and that in place of them just and amicable feelings toward all should be cultivated. * * *

"I cannot recommend to your notice measures for the fulfillment of our duties to the rest of the world without against pressing upon you the necessity of placing ourselves in a condition of complete defense and of exacting from them the fulfillment of their duties toward us. The United State ought not to indulge a persuasion that, contrary to the order of human events, they will forever keep at a distance those painful appeals to arms with which the history of every other nation abounds. There is a rank due to the United States among nations which will be withheld, if not absolutely lost, by the reputation of weakness. If we desire to avoid insult, we must be able to repel it, if we desire to secure peace, one of the most powerful instruments of our rising prosperity, it must be known that we are at all times ready for war."

THEODORE ROOSEVELT.
The White House.
April 14th, 1908.

Postmaster Kills Himself.

Reidsville, N. C., Special.—Friday morning Postmaster James E. Martin committed suicide in the rear of the Leaksville postoffice, where he had gone to take up mail for an early morning train. The report of a pistol was heard, but no one knew anything about Mr. Martin's act until some time later, when his body was discovered.

Cool Heads Prevent Panic at Moving Picture Theatre.

Saginaw, Mich., Special.—The Bijou vaudeville theatre here was emptied in two minuptes without a panic when the building was filled with dense smoke from the explosion of a gasoline lighting plant in an adjoining building. Flames were leaping sixty feet in the air as the audience emerged from the theatre but cool heads prevailed and the exits were kept clear.

FEMININE NEWS NOTES.

The New York Municipal Art Society appointed a committee to obtain more playgrounds for the children.

In Amsterdam there is a factory where 400,000 diamonds are cut annually. Most of the work is done by women.

Miss Lavinia L. La Borde has just been unanimously re-elected State Librarian by the Legislature of South Carolina.

Secretary Taft is reported as having said at Cincinnati that he believed that woman suffrage would come eventually.

Aunt Becky Young, the first woman to offer herself as a nurse when the Civil War broke out, died at her home in Des Moines. She was seventy years old.

Letitia M. Snow, a graduate of the Woman's College of Baltimore, is at the head of the department of biology in the State Normal School of Farmville, Va.

A royal decree has been issued in Holland abolishing the rule promulgated three years ago which forbade women employed in the postal telegraph offices to marry.

Miss Helen Cannon, daughter of the Speaker, has been elected honorary president of a new patriotic society to be known as "Daughters of Senators and Representatives."

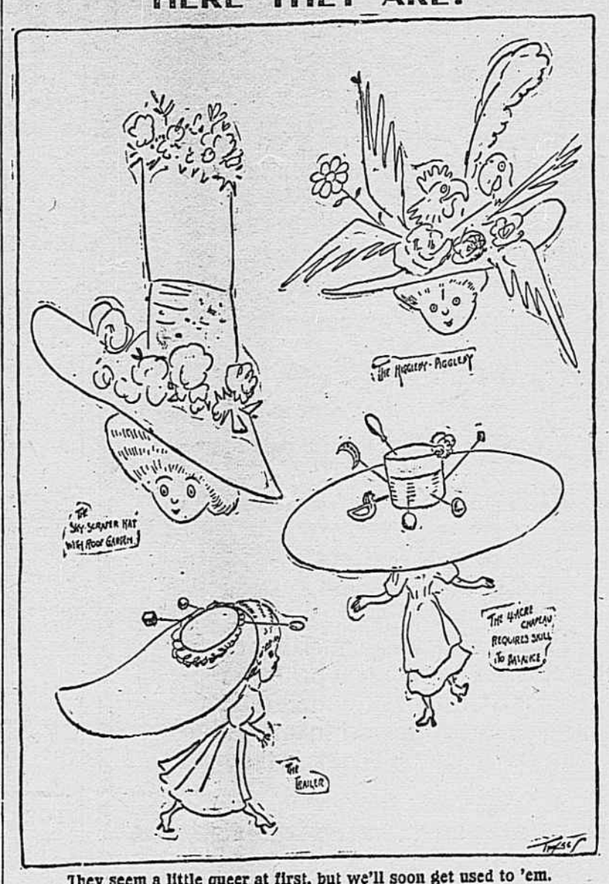
Queen Alexandra, the Empress Dowager of Russia, and Princess Victoria paid a visit to the art treasures of J. Pierpont Morgan in London, and the owner explained the history of many objects in the collection.

Miss Gladys Squiers, daughter of the American Minister to Panama, and Lieutenant H. H. Rousseau, of the Panama Canal Commission, who were secretly married at Panama, were married in public in the Ancon Chapel. Many prominent persons were present.

SERVICE NOT ORNAMENT.

Poultry houses and their furnishings should be selected for the service they will give, not for their pretty looks. Very few care to keep poultry or to have poultry houses for mere ornament. This seems so self-evident that one may wonder why the statement is made; but what is frequently noticed about poultry houses is the excuse for the statement. Poultry raising is a practical thing.—Progressive Farmer.

HERE THEY ARE!



They seem a little queer at first, but we'll soon get used to 'em.
—Timely cartoon by Triggs, in the New York Press.

KNEW NO MAN TILL 29, THEN SHE WED THE FIRST

Miss Pratt, of "Women's Commonwealth," Was Reared in the Belief It Was a Sin to Marry---Belonged to Strange Sect Founded by a Woman Who Left Her Husband and Formed a Colony Who Saw No Men.

Philadelphia.—Back of the marriage of Miss Adah Pratt, of 1437 Irving street, Washington, to B. Franklin Hoover, of Philadelphia, lies a story of unusual romance.

Miss Pratt lived until she was twenty-nine years old without forming the acquaintance of a man. She was born and raised in a community of women taught to believe that marriage was a sin. She was bound by teaching and belief always to remain single. Then she married the first man to whom she ever had been introduced. She did more than half the courting herself.

Nearly thirty years ago, in Texas, where Mrs. Hoover's mother lived at the time, a Mrs. Martha McWhirter, of Waco, announced that she had had a visitation from the Almighty, and had been told that it was sinful to live with man. Accordingly, she left her husband and, gathering about her a small party of women followers, went to the little town of Belton and there established headquarters of the new creed.

It was called the Woman's Commonwealth. Its members were all well to do and self-supporting. Some were spinsters, some had been married and some had children. Mrs. Pratt was one of the converts of the religion, and, leaving her husband, she joined the colony where, two months afterward, the present Mrs. Hoover was born. There were ten children in the colony, all girls.

Ten years ago the "commonwealth" moved to Washington, taking up a farm of 172 acres in Montgomery County, Maryland, and a large house in the city. The children were taught to beware of men. They never were permitted to have acquaintances with any of them.

Of course they saw men. Mrs. Hoover says she often had noticed them. But she never paid attention to any of them until she met Hooter. This is the way she told her story:

"Five of the girls grew up," she said, "and then slipped away to be married. Of course they were regarded as sinners. I thought them bad. But about a year ago I went down town with a girl friend and she introduced me to Mr. Hoover.

"Somehow or other I could not get him out of my mind. I found myself wishing I might see him all the time. I knew it wasn't right; at least, I thought it wasn't. Later I met him down town again, and several times after that. Then he told me he was going to leave the city and asked me to write. I told him I would."

From her story it seems that Hoover, who is a hotel clerk, went to Chicago, then came to Philadelphia, and wrote his intention to Miss Pratt in Washington.

"I was crazy to see him," she admitted, "and decided to risk the fear of my mother's displeasure. So I slipped quietly out of the house in Washington and came here. When I found Mr. Hoover he was greatly surprised.

"'Why, Adah, have you come up here to marry me?' he asked.

"'I don't know that I thought much about that,' I replied, 'I just felt I had to see you again.'

"'Well, will you marry me?' he asked. It took me by surprise, although I was not wholly unprepared for it.

"'I'm willing,' I said finally.

"'Right away?' he asked. This was so sudden it took my breath away.

"'Can't you wait until to-morrow night?' I asked him, and he said he would."

The ceremony was performed by the Rev. J. B. G. Pidge, pastor of the Fourth Baptist Church, at the parsonage. The same evening the bride wrote to her mother, but has not received an answer as yet.

"I'm afraid she never will forgive me," she said. "She always was very strict with me. There are still three unmarried girls at the commonwealth. They are twenty-three, twenty-eight and thirty-three years old."

Mrs. Hoover is tall, of a striking figure and stylishly dressed. She has a wealth of chestnut hair, brown eyes and an expressive smile.

MEN TO BE ABOARD MONITOR FIRED AT BY BIG GUNS.

They Will Perch in a Tower High Enough to Minimize Danger From Cannon Balls.

Norfolk, Va.—The indications are that men will be aboard the monitor Florida when that vessel is made a target for the test of twelve-inch gun fire, two or three weeks hence. An observation tower, sixty or seventy feet above the main deck, is being constructed from the stern of the vessel.

There could be no use for such a tower, but to observe the effects of the fire. The tower will be large enough to contain several men. Their height from the deck will minimize the danger which they will run. It is possible that volunteer officers and men will man the tower. One of the twelve-inch guns has been taken from the turret of the monitor and a stub installed in its place. The stub will be fired at.

A heavy plate of armor has been installed between the other gun and the stub to prevent injury to the gun, and a bullet head has been constructed in the forward part of the vessel so that should it be struck at or below the water line the vessel will not sink.

BARS SISSY CHRISTIANS FROM Y. M. C. A. JOB.

Building Boss Discharges Them---Says Non-Believers Do Much More Work.

Los Angeles.—General Superintendent C. B. Weaver, who has charge of the construction work of the new Y. M. C. A. building here, has discharged all the Christians. He declares that non-Christians do 25 per cent. more work than the church members.

"There's not a Christian on the job as far as I know," said Weaver. "When I began I had some Christians, but they did not deliver the goods. I fired 'em. They were a sissy lot, and thought because they belonged to the church they should get the soft end of everything. I've hired fellows who make no profession and I'm getting twice as much work out of them."

Lancashire Spinners Abandon the Plan to Have American Estates.

Manchester. — The Lancashire cotton spinners have abandoned the scheme to purchase cotton growing estates in the Mississippi Delta, owing to legal impediments against aliens holding real estate.

The Cotton Spinners' Association had already appointed a committee to take preliminary steps to form a company to take control of a cotton plantation in the United States, this being one of the results of the visit of the British delegation to that country.

$7,000,000 Plans of Obscure Young Architect to Be Realized.

London. — The London County Council has decided to proceed with the building of the proposed County Hall on the site selected on the banks of the Thames at Westminster. It is estimated that it will cost $7,000,000 and take seven years to build.

The architect is Ralph Knott, who till he won that position by competition was an obscure assistant in the city architect's office. He is twenty-nine years old. His fees as architect will amount to about $200,000.

Feminine Notes.

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The Field of Sports.

Adam Ryan, the Chicago lightweight, is being side-stepped by all the lightweights in Philadelphia. Ryan can make 130 pounds.

Fifty-five trotters have been entered to compete at Hartford on Labor Day for $10,000 Charter Oak Purse for horses of the 2.09 class.

"I see that Englishmen think no game develops singleness of purpose and directness of method so much as cricket," says the baseball enthusiast. "That may be, but it struck me that what it developed mostly was the tea drinking habit."

Princeton lost to Harvard in a dual gun shoot at Princeton, N. J., the score being 193 to 190.

Harry Vardon defeated Arnaud Massy by nine up and seven to play in a thirty-six hole match on the links at Deal, on the Kentish coast, in England.

"Packy" McFarland, of Chicago, defeated Jimmy Britt in the sixth round of their twenty round fight at Colma, Cal.

Peter Latham, the world's court tennis champion, conceding fifteen for one bisque, defeated George Standing two sets to one at the Racquet and Tennis Club.

MAXIMS WORTH WHILE.

Don't be afraid of honest competition. It's competition that makes success worth while.

Don't be afraid of difficult undertakings. Be glad of the opportunity to show your metal.

Don't be afraid to play the game honestly. Honesty always wins out.

There are more good people in this world than bad ones, but there is room for one more if you want to join the majority.

FROM SUNNY ORANGE GROVES.

The Twice-Told Experience of a San Bernardino, Calif., Man.

From Sunny San Bernardino, in the midst of orange groves, writes Lionel M. Heath, of 158 Eighth Street: "For fifteen years I suffered with pains in my back, frequent calls to pass the secretions, dropsy, rheumatic aches and other symptoms of kidney trouble. I could get no relief until I used Doan's Kidney Pills. They cured me five years ago, and this is twice I have publicly said so. The cure was thorough."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

On the Cape-to-Cairo railroad, near Bulawayo, there is to be seen the longest stretch of track in the world. It is 71 miles without the slightest variation.

HAD ECZEMA 15 YEARS.

Mrs. Thomas Thompson, of Clarksville, Ga., writes, under date of April 23, 1907: "I suffered 15 years with tormenting eczema; had the best doctors to prescribe; but nothing did me any good until I got TETTERINE. It cured me. I am so thankful." Thousands of others can testify to similar cures. TETTERINE is sold by druggists or sent by mail for 50c. by J. T. SHUPTRINE, Dept. A, Savannah, Ga.

Don't be afraid of experience. He is the best teacher.

At present I live in hope, but the issue is in the hand of the gods.—Pinder.

DEATH TO RING WORM.

"Everywhere I go I speak for TETTERINE, because it cured me of ringworm in its worst form. My whole chest from neck to waist was raw as beef; but TETTERINE cured me. It also cured a bad case of piles." So says Mrs. M. F. Jones of 28 Tannehill St., Pittsburg, Pa. TETTERINE, the great skin remedy, is sold by druggists or sent by mail for 50c. Write J. T. SHUPTRINE, Dept. A, Savannah, Ga.

Don't be afraid to risk. The great successes are born of chance.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

Pert Paragraphs.

The express mention of one thing implies the exclusion of another.

Two ministers in the Japanese Cabinet resigned.

A woman at Steubenville gave birth to quintuplets.

Ignorance ceases to be bliss when you begin to realize it.

How small a doctor's pills are when compared with his bills.

If it costs money to be popular, then popularity is not worth what it

Men enjoy doing anything they don't have to do for a living.

No man will criticize your singin' as long as you sing his praise.

The less money a man makes the more he has—if he isn't married.

Usage is the best interpreter of things.

You can nag a man into purgatory easier than you can pray him into heaven.

Don't be afraid to admit when you are in the wrong.

You can't save time. The best you can do is to improve it as it passes.

There is some bliss that is not ignorance.

Umbrellas are like men; usually the poorest get left.

It is better to be deceived occasionally than to suspect everybody all the time.

Don't be afraid to think out new ways. Originality is appreciated.

Don't be afraid to do your best. The best is none too good.

Don't be afraid to use your time to advantage. It is given you for that purpose.

When a man doesn't get mad over his politics it's because he happens to know what he's talking about.

COFFEE EYES

It Acts Slowly but Frequently Produces Blindness.

The curious effect of slow daily poisoning and the gradual building in of disease as a result, is shown in numbers of cases where the eyes are affected by coffee.

A case in point will illustrate:

A lady in Oswego, Mont., experienced a slow but sure disease settling upon her eyes in the form of increasing weakness and shooting pains with wavy, dancing lines of light, so vivid that nothing else could be seen for minutes at a time.

She says:

"This gradual failure of sight alarmed me and I naturally began a very earnest quest for the cause. About this time I was told that coffee poisoning sometimes took that form, and while I didn't believe that coffee was the cause of my trouble, I concluded to quit it and see.

"I took up Postum Food Coffee in spite of the jokes of husband, whose experience with one cup at a neighbor's was unsatisfactory. Well, I made Postum strictly according to directions, boiling it a little longer, because of our high altitude. The result was charming. I have now used Postum in place of coffee for about three months and my eyes are well, never paining me or showing any weakness. I know to a certainty that the cause of the trouble was coffee and the cure was in quitting it and building up the nervous system on Postum, for that was absolutely the only change I made in diet and I took no medicine.

"My nursing baby has been kept in a perfectly healthy state since I have used Postum.

"Mr. ———, a friend, discarded coffee and took on Postum to see if he could be rid of his dyspepsia and frequent headaches. The change produced a most remarkable improvement quickly."

"There's a Reason." Name given by Postum Co., Battle Creek, Mich. Grape Nuts No. 1797.

Fallen By the Wayside.

Don't be afraid of being turned down.

Don't be afraid to change a man's opinion, but be careful how you do it.

Don't be afraid of failure. Keep on though you fail a dozen times.

Don't be afraid to go out of the way to do a good turn for a friend.

Don't be afraid to do more than is required of you.

Don't be afraid that your efforts will not be appreciated.

A CURE AT CITY MISSION.

Awful Case of Scabies—Body a Mass of Sores from Scratching—Her Tortures Yield to Cuticura.

"A young woman came to our city mission in a most awful condition physically. Our doctor examined her and told us that she had scabies (the itch), incipient paresis, rheumatism, etc., brought on from exposure. Her poor body was a mass of sores from scratching and she was not able to retain solid food. We worked hard over her for seven weeks but we could see little improvement. One day I bought a cake of Cuticura Soap and a bottle of Cuticura Resolvent, and we bathed our patient well and gave her a full dose of the Resolvent. She slept better that night and the next day I got a box of Cuticura Ointment. In five weeks this young woman was able to look for a position, and she is now strong and well. Laura Jane Bates, 85 Fifth Ave., New York, N. Y., Mar. 11, 1907."

Shrewdness is frequently used as a charitable term for dishonesty.

Hicks' Capudine Cures Women.

Periodic pains, backache, nervousness and headache relieved immediately and assists nature. Prescribed by physicians with best results. Trial bottle 10c. Regular sizes 25c. and 50c., at all druggists.

A man's house is his castle.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the CALIFORNIA FIG SYRUP CO.

SOLD BY LEADING DRUGGISTS-50¢ per BOTTLE

Proverbs and Phrases.

Genius without industry is like an advertisement without circulation.

Don't be afraid to begin at the bottom. It is the safest way to climb.

There is no disgrace in playing the second fiddle if you play it as well as you can.

Some men are so unfortunate as to go through life without an enemy to stir them into action.

It is not necessarily wise to stick to a statement because you believed it to be true when you made it.

BOWEL TROUBLES CHILDREN TEETHING

Dr. Biggers Huckleberry Cordial

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