The Turn of Life

This is a critical period in the life of every woman and no mistakes should be made.

The one recognized and reliable help for women who are approaching and passing through this wonderful change is

Lydia E. Pinkham's Vegetable Compound

That the utmost reliance can be placed upon this great medicine is testified to by an army of grateful women who have been helped by it.

Mrs. Pinkham, who has the greatest and most successful experience in the world to qualify her, will advise you free of charge. Her address is Lynn, Mass. Write to her.

Business agent W. J. O'Brien, of the New York branch of the National Granite Cutters' Union states that after a strike of fourteen weeks the eight hour day has been granted in all of the 103 cities of the United States under the jurisdiction of the union.

Beware of Ointments for Catarrh That Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten-fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by druggists; price, 75c per bottle.
Hall's Family Pills are the best.

At Belle Island, near St. Johns, Newfoundland, 2,000 iron miners have gone out on a strike and it is feared that serious results will occur to the business interests of the city.

Try Allen's Foot Ease,

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures ingrowing nails, swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. We have 30,000 testimonials. Try it today. Sold by all druggists and shoe dealers for 25c. Trial package FREE. Address Allen S. Olmstead, LeRoy, N. Y.

The Italian government figures show that there are at present in the various countries over 3,000,000 Italian emigrants.

HOITT'S SCHOOL.

Menlo Park, San Mateo County, Cal., with its new buildings, newly furnished and complete laboratories, beautiful surroundings and home influences, is one of the best equipped schools for the training of boys and young men on the coast. It is in charge of Dr. Ira G. Hoitt and is accredited at the universities. Send for catalog. Tenth year begins August 6, 1900.

A new union of longshoremen has been successfully organized at Baltimore, Md., with 905 members to start with.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs.—Wm. O. Endsley, Vanburen, Ind., Feb. 10, 1900.

Australian papers report that the socialist movement is making steady headway in that hemisphere.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A big miners' strike is threatened in the south.

BEST FOR THE BOWELS

If you haven't a regular healthy movement of the bowels every day, you're sick, or will be. Keep your bowels open, and be well. Force, in the shape of violent physic or pill poison, is dangerous. The smoothest, easiest, most perfect way of keeping the bowels clear and clean is to take

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken, or Gripe. 10c., 25c., 50c. Write for free sample, and booklet on health. Address Sterling Remedy Company, Chicago, Montreal, New York. 328a

KEEP YOUR BLOOD CLEAN

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION

STRONG AS SANDOW.

LEWIS YETT, BLACK GIANT OF TEXAS.

Rides a Wounded and Enraged Bear Out of a Cave, Floats a Grounded Excursion Boat, and Carries a Balky Pony Across a Bridge.

Lewis Yett, a jet-black African, about 30 years of age, frequently astonishes the people of the frontier of Texas by exhibitions of his wonderful strength. He can at any moment easily demonstrate that he deserves to rank with Sandow and other giants of modern times, but he has done things on the farms and out in the corn camps which created greater surprise with those who witnessed such feats than one experiences over seeing him raise some great weight in the streets. He is an uneducated, common laborer, and very modest and timid about making any display of his strength. Lewis spent most of the years of his boyhood in a cattle camp on the frontier, and long before he was fully grown he had become famous as an expert roper, a daring rider and the very best all-around vaquero in the Southwest. He never boasted of his accomplishments as an equestrian, but up to the time that he was 20 years of age he had never been thrown from the back of a mustang. He won a gold medal and prize of $200 at Eagle Pass when he was but 15 years old, by sticking to the back of a famous bucking broncho known as Blanco Diablo. This celebrated horse had thrown the best riders in Old Mexico and many of the most fearless Texan cowboys. Lewis stayed on his back for more than an hour, though the enraged animal bucked and bellowed until he was covered with foam and ready to fall from exhaustion.

Old-time cattlemen—the boys who rode the plains before the days of locomotives and barbed wire—never tire of telling stories of this giant negro's prowess. No long horn ever grew too big for Lewis. Whenever he got his rope on the steer, that animal had to go his way. He could catch a big Mexican steer by the horns and drag him about in a corral as another man would have handled a calf. Upon one occasion Lewis was riding an unruly mustang and upon approaching a bridge the animal "sulked," and though the cowboys applied quirts and ropes to his hide with great violence he refused to move out of his tracks. Lewis was in a hurry to catch up with the herd, and to the amazement of his comrades he dismounted, and coolly picking up the surprised mustang in his giant arms he threw him across his shoulder and carried him over the bridge.

Having been told that a bear had been tracked into a cave in the mountains of the Colorado near a cattle camp where Lewis was employed, the venturesome negro, accompanied by several cowboys, all lovers of Bruin's flesh, went to the place to investigate the story. With a flaming torch in one hand and a revolver in the other Lewis boldly entered the bear's den, and he did not go very far before he found just what he was looking for. Bruin had composed himself in his favorite position, with one paw in his mouth, for a long nap, and when the negro stole in so unceremoniously upon him he slept on unconscious of danger. Lewis gazed at his fat, oily ribs and his mouth began to water. Never did a bear hunter determine upon a greater risk. Lewis placed the pistol close to Bruin's head and touched the trigger. He did not have time to turn before the bear struck him with one paw and knocked him sprawling upon the floor of the cave. The light was extinguished and the pistol lost. Lewis grappled with his antagonist, and by some means in the darkness he managed to get on the bear's back, and the amazed cowboys saw this strange combination of man and beast emerge from the cave as if they had been ejected from the mouth of a cannon. Fortunately, the bear was fatally wounded, and with blood and brains oozing from his head he rolled down the side of the mountain dead. It is doubtful whether just such another feat has ever been accredited to a bear hunter in all the literature of the world embraced under the fascinating title of "bear stories."

Lewis can take a common dining room table in his teeth, and, while an ordinary man is seated upon it, he can raise it several feet above the floor. Not long since, at the Austin and Northwestern depot at Marble Falls, he picked up a bar of railroad iron in each hand and walked five steps forward and then backward to the place of starting.

An excursion boat with a party of tourists on board ran aground at the head of the lake a short time since, and while the crew was preparing to throw out spars Lewis jumped overboard and, putting his shoulder against the bow of the boat, pushed her afloat and then sprang aboard, seemingly unconscious of the fact that he had done something that amazed the boat's crew and passengers.

Lewis is hardly six feet high, but he weighs 304 pounds, and his muscles are as firm and unyielding as a piece of wood. He says that he has always been able to lift more than any five or six men who were working with him, that he is stouter than any horse or steer that he ever handled, and that he is not afraid of anything on earth but his wife, and she only weighs ninety pounds.

LEWIS YETT, THE STRONG MAN OF TEXAS.

Neither Sugar Nor Salt.

A story is told of the energy and vigor of the Archbishop of Canterbury. At the last church congress his grace had taken part in an absorbing discussion, followed by a vigorous speech to a men's meetings and an address to an overflow meeting, and was about to wind up the day's activity by a walk to the railway station and a late journey back to town to be ready for the ordination of two bishops on the morrow.

"May I call a cab for your grace?" anxiously inquired a clergyman, who feared the effects of exposure after so much exertion, but the archbishop gave gave him briefly, yet firmly, to understand that his sympathy was misplaced.

A few yards farther on another clergyman, recognizing that the head of the church of England is no longer young, in spite of his air of leonine robustness, stepped across and begged his grace to allow him to hail a cab.

"What for?" asked the archbishop with some abruptness.

"Why, your grace, rain is coming on."

"Well, if you are made of sugar, I am not," rejoined the archbishop, as he sturdily strode forward.

Easy Enough.

At a certain murder trial a policeman was in the witness-box.

"How many minutes after the shot was fired did the man die?" said the defendant's counsel.

"Two, sir," answered the witness, without the least hesitation.

"You seem positive about the time," remarked counsel, with a truculent air. "Now I'm going to test your ability to judge time. I will hold my watch here for two minutes. When you think the time is up, say 'Now.'"

The lawyer looked very serious, but the policeman seemed perfectly at his ease. He sat staring vacantly about the room, and at the exact second when the two minutes had expired he said, "Now!"—smiling defiantly. Counsel was staggered, and the prosecuting counsel proportionately delighted. At the adjournment for luncheon he slapped the constable on the back.

"Constable," said he, "you were a wonder! How did you do it?"

"Do it?" replied the constable, pointing to a big clock on the opposite wall. "Why, that was dead easy!"

A Noted Noble Oarsman.

For his years, Sir Charles Dilke is probably as fine an oarsman as could be found. One of Sir Charles' favorite recreations is sculling. When at his riverside retreat at Shepperton he is often to be seen in a pair-oared boat in company with some famous rowing man, pulling away with as much energy as an athlete half his age.

We are all heirs, but it is kin we inherit instead of money.

SWITCH THE GIRLS THEY LOVE.

Practices Indulged In by the Young People in Pennsylvania.

At Shamokin, Pa., some queer customs have survived the march of progress among the Poles and Russians. One of these observances is "switching day." It is a favorite day for bashful lovers, for swiftness of limb, rather than eloquence of tongue, captures the belles of the community.

For days the man has been in training for the run of his lift, while the maids adjure corsets and rub linament on their kneecaps every night ere wooing slumber. Finally the morning of "switching day" arrives. The man sees before him all the maidens of his village. He may take his pick. All he must do is to catch and switch and duck with water the one of his choice—the maid whom he would have for his wife. If she is fleeter of foot than he and escapes she is free. If the man is beloved of his quarry she seldom gets away, though his feet are clad in leaden shoes.

"Switching day" at Shamokin is Easter Sunday, when all the lads and lasses of the country round about gather at the town for the annual meeting. A girl's starting to run is accepted as a token that she is not averse to her pursuer. The youth's start is accepted as a proposal, and no matter what misfortune may befall his quarry he must provide for her all the days of his future life.

Pathetic indeed was the illustration of this fact in the case of Susan Manbok, who was by all odds the handsomest girl in the Russian colonies for many miles about. She was tall and slender and her eyes were azure blue. She was crowned with golden hair, which grew in dainty ringlets close upon her head. Miss Manbok had more suitors than she could accept, and she was very coy. Fleet of foot, the maid had, since arriving at a marriageable age, passed one "switching day" in safety without the giving of her promise.

Miss Manbok until noon on the latest festival occasion had succeeded in

QUEER CUSTOM IN PENNSYLVANIA.

outdistancing all her pursuers. Many were the races she had run, but never had a switch or a pail of water come within reaching distance of her petite form. It was then that Andrew Kobinsky, a shrewd young man, who had purposely waited until Miss Manbok had become fatigued, gave chase. Off darted the maid, and after her sped the pursuer.

Down the railroad track they rushed, all unheeding. So excited were both contestants—the man running for a wife, the girl for liberty—that the approach of a train was unnoticed. The engine tooted shrilly and at its blast Miss Manbok, affrighted, stumbled and fell upon the rail. Both of her legs were cut off below the knees. And Kobinsky, regardless of her being a cripple, declares that he will wed her.

Japan Anxious.

Japan is alarmed over the emigration of many of her residents to this country who are lured here by misrepresentation. This is like the misrepresentation which delude people into believing that any other medicine is equal to Hostetter's Stomach Bitters for stomach disorders. It will cure indigestion, constipation and dyspepsia.

Organization of labor is booming in Oakland, Cal., as never before. Nearly every craft of wage workers are organized or will organize soon. The barbers, soda water battlers, retail clerks and bar tenders will organize at once into unions.

Carter's Ink Is Used by the greatest railway systems of the United States. They would not use it if it wasn't the best.

Richard Crocker, the New York politician, recently purchased a bull dog for which he paid the sum of $4,000, says the Typographical Journal. According to the decision of a New York judge, rendered some time ago, a baby is worth $1, hence one bull-dog is worth 4,000 babies.

The English delegates to establish a Labor College in this country arrived in New York, and a big mass meeting will be held July 8 to inaugurate the plan. The Britishers contribute $20,000 toward the proposed college.

Just a Little Out of Sorts

That is the way many serious troubles begin. The stomach gets a little out of order, is neglected, and chronic dyspepsia follows. The blood becomes a little impure, as occasional pimples testify, and in time a long array of blood diseases attack the system. It is safest to cure these troubles at once by thoroughly purifying the blood with Hood's Sarsaparilla. It maintains the health and cures disease.

Hood's Sarsaparilla

Is America's Greatest Medicine. Price $1.

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr SAMUEL PITCHER
Pumpkin Seed -
Alx. Senna +
Rochelle Salts -
Anise Seed +
Peppermint -
Bi Carbonate Soda +
Worm Seed -
Clarified Sugar
Wintergreen Flavor.

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of
Chas. H. Fletcher.
NEW YORK.

At 6 months old
35 DOSES—35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

The Oldest Postal System.

We find the first recorded postal system in the Persian Empire, under Cyrus the elder; but it is clear that Rome of all the ancient states possessed the best organized system of transmitting letters through its numerous provinces.

All along the great Roman roads houses were erected at a distance of five or six miles from each other. At each of these stations forty horses were constantly kept, and, by the help of relays, it was easy to travel 100 miles a day. These services were intended for the state only, it being imperative to secure the rapid interchange of official communications.

In the time of Julius Caesar the system was so well organized that of two letters the great soldier wrote from Britain to Cicero at Rome the one reached its destination in twenty-six and the other in twenty-eight days. Private citizens had to trust to the services of slaves, and it is not till the end of the third century that we hear of the establishment of a postal system for private persons by the Emperor Diocletian, but how long this system remained history does not say.—New York Evening World.

Value of Our Lesser Toes.

Recent investigation in England has cleary shown that the great toe, with the head of its metatarsal bone, constitute the real tread of the foot. If this tread is lost in any way it is best to discard the whole foot as useless. The remaining toes of the foot are mechanically of slight value and they can be removed one and all with little detriment to the ordinary walking powers.

Redlands' Giant Mowing Machine.

Redlands, Cal., has a giant mowinging machine which cuts a strip of wheat fifty feet wide.

It is such an easy matter for the average woman to cry that there is no danger of her having water on the brain.

When you meet a man who is lying off for a long rest, it is usually a sign that he has been discharged.

Boston unionists have been injunctioned for boycotting liquor stores.

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

Brent Good

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE.
FOR DIZZINESS.
FOR BILIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION.
FOR SALLOW SKIN.
FOR THE COMPLEXION

GENUINE MUST HAVE SIGNATURE.

Price 25 Cents | Purely Vegetable. Brent Good

CURE SICK HEADACHE.

LABOR NOTES.

Laundry workers will soon form a national union.

New York is to have a workingmen's daily paper. It is to be called the Daily People, and will issue its first number July 1. It will support the Socialist Labor Party.

The Buffalo Trades and Labor Council and the directors of the Pan-American Fair, have reached an agreement that guarantees union wages and citizen labor in the construction of the Exposition buildings.

Peroria, Ill., is the last city to report the organization of a branch of the Woman's International Union Label League, making fourteen local societies affiliated with the national body whose headquarters are in Muncie.

The cigarmakers' strike in New York is still in progress. The locked out workers are standing firm.

A successful bootblacks' union has been organized at Louisville. Each member is furnshed with a display card to hang above his chair.

All attempts to arbitrate the strike of the cigarmakers in New York City have proven fruitless and it is now a fight to the finish.

City ordinance providing that union label must be on all municipal printing in St. Louis was defied by bosses and declared unconstitutional by a court.

The Prussian government has served notice on the railway employes that any of them caught reading or talking socialism will be instantly dismissed.

After several years of factional fighting, the two national painters' unions have been amalgamated, and the new body will control about 25,000 members.

MONEY IN OIL.

The newly discovered California oil field, the largest in the world, offer wonderful opportunities for legitimate speculation.

Fifty thousand Palomas Oil Co. shares left at 15c, par value $1. Results certain. Agent wanted in each locality. Send for full information. Palomas Oil Co., 235 S. Broadway, Los Angeles, Cal.

WESTERN RABBITRY CO.,

Wishing to make room for its young stock, offers fine pedigreed Belgian Hares, 4 to 6 mos. old, at following prices, until stock is reduced: One buck and three does for $10.00, f. o. b. cars. Only a few dozen left. Money refunded if unable to fill order. Book of instructions with each order. Address

WESTERN RABBITRY CO.
558 S. Alvarado St., Los Angeles, Cal.

HARD WORKING WOMEN

can find quick and permanent relief for serious and strength destroying troubles in

Moore's Revealed Remedy

Thousands have used it and thousands now praise it. It cures permanently. $1 per bottle at your druggist's.

BIG G
CURES in 1 to 5 days. Guaranteed not to stricture. Prevents Contagion. THE EVANS CHEMICAL CO. CINCINNATI, O. U. S. A.

CURE YOURSELF!

Use Big G for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for $1.00, or 3 bottles, $2.75. Circular sent on request.

SURE CURE FOR PILES

TUMORS Piles produce moisture and cause itching, this form, as well as Blind, Bleeding or Protruding Piles are cured by Dr. Bosanko's Pile Remedy. Stops itching and bleeding. Absorbs tumors. 50c. at druggists or sent by mail. Treatise free. Write about your case. DR. BOSANKO, Philada.

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