

Dumplings

For Soups, Stews and Fricassee Chicken

Left overs of roast lamb, veal or beef, the cheaper cuts of fresh meats, and fowls too old for roasting, make delicious and nourishing stews. K C Dumplings make them doubly attractive and the whole dish is most economical—an object to most families while meats are so high and must be made to go as far as possible.

K C Dumplings

By Mrs. Nevada Briggs, the well known baking expert. 2 cups flour; 3 level teaspoonfuls K C Baking Powder; 1/2 teaspoonful salt; 1 cup shortening; milk or cream.

Sift together three times, the flour, baking powder and salt; into this work the shortening and use cream or milk to make a dough less stiff than for biscuits.



Allow the stew to boil down so that the liquid does not cover the meat or chicken. Add half a cup of cold water to stop its boiling and drop the dough in large spoonfuls or top of the meat or chicken. Cover and let boil again for 15 minutes.

Made with K C Baking Powder and steamed in this way, dumplings are as light as biscuits and are delicious with thickened gravy.

This recipe is adapted from one for Chicken Pot Pie in "The Cook's Book" by Janet McKenzie Hill, editor of the Boston Cooking School Magazine. The book contains 50 excellent recipes for things that are good to eat and that help reduce the cost of living. "The Cook's Book" sent free for the colored certificate packed in every 25-cent can of K C Baking Powder. Send to Jacques Mfg. Co., Chicago.

BUCK GROVE ITEMS

Mr. A. Anderson, wife and little girl have returned to Buck Grove after an absence of several years. Mr. Anderson is working on the occupation and he and his family are occupying the rooms recently vacated by Dr. Liske. Miss Lucy Kane was a Denison visitor Tuesday.

Miss Mary Smith, who has been visiting her brother, John, and family for a few days, was a Buck Grove caller Wednesday on her way back home. Her brother, John, and family took her back in the new car recently purchased.

Ben Quathamer and family left here last Thursday at 6 o'clock in the morning, going by auto to Columbus, Neb., which they expected to reach the evening of the same day.

David Marsh of Des Moines, is visiting his uncle, David Weatherby, and family.

Mr. and Mrs. Wm. Bertram were Denison callers Friday.

Bert Hester was a Buck Grove visitor Friday. He has recently purchased a new Ford car.

Mrs. L. W. Hagan and two sons, of Gregory, S. D., are visiting friends and relatives here. They lived here for years and moved to Dakota two years ago.

Mr. and Mrs. F. H. Hain took a combined business and pleasure trip last Thursday. They went from here to Charter Oak, Ute, Ricketts and Denison and from there home, reaching here Friday afternoon. They said the roads were fine and that they enjoyed the trip.

Elmer H. Polzein is the latest one to buy a car. He purchased one last Thursday. He can now serve his patrons on the route with ease and dispatch.

Mr. and Mrs. Fritz Reinwaldt gave a party at their new home Saturday evening. All report a fine time.

Charles Weise met with a painful accident Saturday evening, when his team ran away, throwing him out and breaking a couple of ribs.

Little Waldemar Ruff stepped on a piece of glass hidden in some weeds and cut his foot very badly, laying him up for a few days.

Frank Slater and family were Denison visitors Saturday. They gave Dr. Bonney a ride with them to the county seat.

Albert Stegeman hit his thumb with a hammer one day last week and consequently had a very sore member for a few days.

Miss Ethel Thompson came from Manila Wednesday and is visiting her niece and nephew, Mr. and Mrs. Elmer Polzein.

Mr. and Mrs. G. L. Caswell, Carl and Donald autoed out from Denison Sunday afternoon for a few hours' visit with Dr. Bonney and wife.

KENWOOD ITEMS

Frank P. Carl, our merchant, surprised his friends last Monday by going to Omaha and returning home in the afternoon with a new wife. The bride is Mrs. Bertha Sanford, of Washington, Ind. We congratulate them and wish them a happy and prosperous married life. Wednesday evening a company of friends got together and charivariated them, refreshments being given Thursday evening.

Mrs. Hans Finern was a county seat visitor Friday.

John Petersen was a Charter Oak business caller Wednesday.

Fred Eckert was a business caller at the Oak Saturday. Chautauqua; grand literary and music festival, at Denison, starting July 26th and lasting one whole week. Talent and equipment furnished by Redpath-Vawter Chautauqua system. Don't miss hearing Thaviu's great band, which was in Denison last year. There will be seven big musical attractions this season, one for each day. It is a case of something to just suit everybody.

Anton Jensen, of this place, and August Lill, of near Ricketts, got together one day last week to make a trade, which resulted in Anton becoming owner of August Lill's Brush automobile and Mr. Lill becoming owner of Anton's horse. The trade was an even and fair one, neither one beating each other any. Anton wanted the car, as then he would not have to go to the pasture every time to catch his horse when he wanted to go anywhere, and we presume that the car was not big enough for Mr. Lill's family, and that he wanted the horse to work in the field.

The Willow and East Paradise baseball teams met Sunday in Lenz Bros' pasture for a baseball game. The score was 16 to 8 in favor of East Paradise.

Mr. and Mrs. Elmer Taylor and family spent Sunday evening at the home of Mr. and Mrs. Fred Boettger. Mr. and Mrs. Jorgen Detlefsen and family, Mr. and Mrs. Henry Listmann and family, Mr. and Mrs. Henry Steiner and family and Geo. Tebbe visited at the home of Mr. and Mrs. Jorgen Petersen Sunday.

Messrs. Bernard and Hugo Boettger came out from Denison Sunday for a visit at the home of Mr. and Mrs. Fred Boettger. Fred Boettger is an experienced carpenter and so he went to Denison with Bernard Monday to assist in building a house, while Hugo will manage the farm.

Pete and Anton Jensen went pleasure riding in their auto Sunday.

ARION ITEMS.

Mrs. Anna Hashilor and children, of Sioux City, are visiting at the home of her brother M. Shiloff.

Mr. and Mrs. Fred Marr were over visiting at the John Furne home Sunday.

Miss Odessa Richeson, of Logan, is visiting her friend, Mrs. O. W. Nelson.

A moving picture show has brought quite a crowd to town this week. O. W. Nelson and little daughter, Grace, went to Wilton Junction to visit relatives.

Mrs. Mackey hurt her hand quite badly Saturday morning. While she was chopping with an axe the wind wrapped her apron around the handle and the next blow being hampered struck her left hand, cutting and bruising it severely. Fortunately the axe was dull as woman's weapons usually are, or very probably she would have lost her hand. It is a very painful wound, but is doing as well as could be expected.

Mr. and Mrs. Oscar Goodrich, Mrs. John Meeves and little son and J. Varner were Denison visitors Saturday.

Mrs. Agnes Fadden, of Omaha, is visiting her parents, Mr. and Mrs. Goodrich.

Chautauqua programs are being studied with much interest by our people. Everyone is pleased indeed that Thaviu's band and the Riner sisters are coming again and the new attractions are very promising.

Mrs. Rena Hornby came with her grandmother, Mrs. Bowers, for a visit with Arion friends.

A son was born to Mr. and Mrs. Wm. Turner June 24th. Mother and son are doing well under the care of Mrs. Motter.

Mr. and Mrs. Jim Harvey went to Lake View for a week end visit with his parents.

Dan Wingrove has bought a fine Buick car.

Mrs. Geo. Smith and sister, Anna Milleum, were over at Soldier as their mother is quite sick.

Elza Winters has gone to Manning, where he has a position with the telephone company.

Mr. and Mrs. H. Galland and daughter, Helen, and Henry Peterson and children were at Denison Saturday to the picture show.

Mrs. John Turnlund was a Denison visitor Friday.

Ward Towne and family and Mrs. Ratio Wingrove went to the picture show at Denison Thursday.

Quite a number of our young people went to a dance at the J. Rhineholdt home Saturday evening and report a very pleasant time.

Mrs. J. N. Lee and Mrs. Sant Roberts went to the funeral of Mrs. Caroline Reynolds Saturday. Mrs. Reynolds made visits to Arion to see her son, George, and she will be missed by her friends here who sympathize with her children.

Mrs. Emminger went to Manning Saturday to spend a few days with her son.

Mrs. Newman, of Buck Grove, visited with her sister, Mrs. L. C. Butler, on Monday.

A race for a \$50 purse was pulled off Saturday between the John Eggers and Tom O'Dea horses. The race drew a large crowd and was won by the O'Dea horse.

Curly Alexander has shipped his racing horses. They will begin the season at Des Moines.

The board of supervisors were here last week inspecting the drainage ditch.

Chas. Carroll and his men are back in Arion and will work here for some time.

Simon Gutterman, of Sioux City, has come to Arion to clerk in the grocery store and market of M. Shiloff.

The members and friends of the Congregational church are feeling jubilant over the prospects of success in their undertakings for the summer, viz.: the repairing and decorating of the interior of the church and a play ground in the park. The former was assured when the organized adult bible study class subscribed at the morning service a goodly amount of the sum required. The play ground assumed definite proportions when men of the town expressed willingness to assist in the establishment. The following gentlemen have been named a committee to oversee the preparation of the grounds: Messrs. John Allen, J. F. Underwood, L. C. Butler, James Berka, Jim Butler and Dean Talcott. This is a patriotic move, and the town as well as the little folks will be benefited. The Christian Endeavor society will have charge of the supervision of the children when using the grounds. Misses Nora Stephenson and Grace Butler gave a helpful report from the C. E. convention at Ida Grove, where they went as delegates from the local society.

Reason As Regulator. Rightly employed, the reason is not a check to piety, but its regulator. It chastens and refines the flame of devotion in the human heart, but does not put it out.—Wendte.

Fowls of the Air. "When I order poultry from you again," said the man who quarrels with his grocer, "I don't want you to send me any of those aeroplane chickens."

"What kind do you mean?" "The sort that are all wings and machinery and no meat."—Good Housekeeping.

TAKE A REAL VACATION OUTING Let us help you plan your trip. Go to Colorado, Utah, California, Yellowstone National Park, or the North Pacific Coast. Each have distinctive attractions. There is nothing to compare with the massive mountains, many of them crowned with eternal snow, giant redwood trees, yawning chasms and towering waterfalls which are some of the things that make a trip to the west linger in your memory. Low round trip fares and convention rates now in effect. For tickets and full particulars apply to ticket agents, Chicago and North Western Line.

Advertisement for Pabst Blue Ribbon Beer featuring a woman holding a glass of beer. Text includes: "And I Thought I Didn't Like Beer", Pabst Blue Ribbon The Beer of Quality, Martin Saggau, Telephone 143, 117 W. Broadway Denison, Iowa.

At the regular annual meeting of the stockholders of the Farmers State Bank of Charter Oak, Iowa, regularly adjourned until the 26th day of May, 1913, there being present the following named stockholders, to-wit: C. L. Voss, J. P. Conner, George Naeve, T. J. Garrison, E. W. Timm, J. H. Reissen, representing 165 shares of stock owned by them, and the following stockholders represented by proxies: H. F. Schwartz, 25 shares; U. G. Johnson, 15 shares; R. L. Davis, 15 shares, and M. E. Jones, 18 shares, the said proxies being held and voted by George Naeve; and P. E. C. Lally, whose proxy was held and voted by J. P. Conner, the following resolution was offered by J. P. Conner, in words as follows, to-wit:

Resolved, That the articles of incorporation of the Farmers State Bank of Charter Oak, Iowa, be changed in the following particular:

That, whereas the said articles of incorporation now provide that the annual meeting of the bank shall be held the second Tuesday in January, and the semi-annual meeting on the second Tuesday in July of each year, that hereafter the time of the annual meeting of the said bank shall be the second Tuesday in May, and the semi-annual meeting shall be the second Tuesday in November of each year.

Moved and seconded that the resolution be adopted, and on a vote being taken the following result was had, to-wit:

C. L. Voss, 15 votes, yes; J. P. Conner, 35 votes, yes; George Naeve, 108 votes, yes; T. J. Garrison, 25 votes, yes; E. W. Timm, 55 votes, yes; J. H. Reissen, 5 votes, yes. Total vote, 243.

By unanimous vote it was further provided that the foregoing change in the articles of incorporation should be signed by C. L. Voss, president, and A. F. Barber, secretary.

A. F. Barber, Secretary. C. L. Voss, President. State of Iowa, Crawford County, ss: On this 26th day of May, 1913, before me, the undersigned, a notary public in and for said county, personally came C. L. Voss, president of the Farmers State Bank of Charter Oak, Iowa, and A. F. Barber, secretary of said bank, to me personally known to be the identical persons whose names are subscribed to the foregoing amendment to articles of incorporation, and acknowledged the execution of said amendment to articles of incorporation to be their voluntary act and deed.

Witness my hand and notarial seal the day and date last above written. E. B. Stephens, Notary Public.

LET'S MEET AT THE IOWA STATE FAIR DES MOINES AUGUST 20 TO 28, 1913

BANK OF DENISON RESPONSIBILITY \$750,000.00. General Banking Business Conducted. Exchange Bought and Sold. Long and Short Time Loans at Lowest Rates. Interest Paid on Time Deposits. Abstracts of Title made. We own a complete set of abstract books. Real Estate Loans at Lowest Rates. Fire Insurance Written. SIMS & KUEHNLE, Lawyers.

INSURANCE ABSTRACTS LOANS J. W. MILLER, Jr. Farm Loans, the day you want the money, at bottom rates. Farms bought, sold and rented. Abstracts carefully made. Investments solicited. Conveyancing and examination of titles given special attention. Insurance—Tornado, Hail, Fire and Live Stock at lowest rates.

For Sale Cheap, For Cash A 7-Room House and two lots near the west Denison School. Has good barn, all kinds of scrubbery, fruit and shade trees. Good well, cistern and city water. Cement walks. Everything in good shape. Call on EUGENE GULICK REAL ESTATE AGENT, DENISON, IOWA

W. A. McHENRY, President SEARS McHENRY, Cashier GEORGE McHENRY, Vice-President L. SEEMANN, Asst. Cashier First National Bank DENISON, IOWA Capital, Surplus and Profits, \$140,000 Loans, \$812,656.37 Deposits, \$839,949.68 Interest Paid on Time Deposits Loans Made on Commercial Paper Time Loans Made on Improved Farms at Current Rates We have a complete set of abstract books of Crawford County lands and lots, and make abstracts of title. We solicit your account on a reciprocal basis. We make five published reports of our condition annually to the Comptroller of Currency and are examined by the National Bank examiner twice each year.

COMPLICATION OF WOMAN'S ILLS

Yields to Lydia E. Pinkham's Vegetable Compound.

Athens, Texas.—"I had a complication of diseases, some of them of long standing. I wrote to you for advice and took Lydia E. Pinkham's Vegetable Compound, and some other things that you suggested. I must confess that I am much better in every way and have been relieved of some of the worst troubles. My neighbors say I look younger now than I did fifteen years ago."—Mrs. SARAH R. WHATLEY, Athens, Texas, R. F. D. No. 3. Box 92.



We know of no other medicine which has been so successful in relieving the suffering of women, or received so many genuine testimonials, as has Lydia E. Pinkham's Vegetable Compound. In nearly every community you will find women who have been restored to health by this famous medicine. Almost every woman you meet knows of the great good it has been doing among suffering women for the past 30 years.

In the Pinkham Laboratory at Lynn, Mass., are files containing hundreds of thousands of letters from women seeking health, in which many openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound, many of them state that it has saved them from surgical operations.

If you want special advice write to Lydia E. Pinkham Medicine Co. (Confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.