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MANCHESTER, IOWA, WEDNESDAY, SEPTEMBER 20, 1905. VOL. XXXI--NO. 38.

The Democrat.
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MANCHESTER, IOWA.
CAPITAL AND SURPLUS, $60,000.
ESTABLISHED 1885.
We invite you to keep your bank account and do your business with this institution. With ample means for the care of patrons, we are prepared to accord all the courtesies and accommodations consistent with safe banking.
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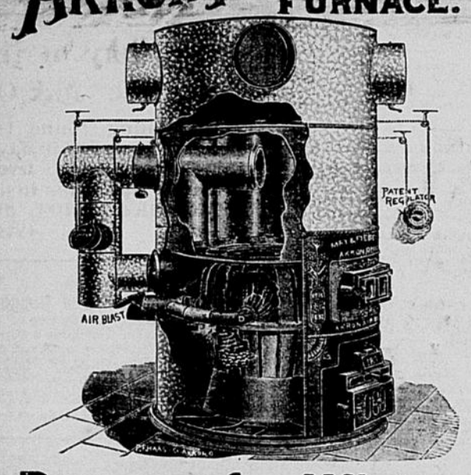

.. Prepare for Winter ..
and cold, stormy weather, before winter comes, by getting an Akron Air Blast Furnace. It is tthe best furnace made. Come and see it.
Simon & Atwater,
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SWEET CIDER
A. E. PETERSON,
GROCERY.

A GREAT OFFER.
Now is the time to supply yourself and family with

The Iowa Homestead (weekly) : :	$1.00
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The Manchester Democrat : : :	1.50
Total : : : :	$3.5

ALL FOR $2.10.
Call early at this office and take advantage of this great offer.
Manchester Democrat.

The wheat crop of the state of Washington this year aggregates 35,000,000 bushels. Most of it will be sold and the United Kingdom has already spoken for six million.

Helen Longstreet, daughter of the famous general, has written in "Lee and Longstreet at High Tide", the story of the battle of Gettysburg in answer to certain criticisms that have been leveled at her distinguished father. She has gone to the records for her story and has filled out sundry gaps by reference to the memoirs left by her father.

Guy Parker, a cowboy, who has never been outside the state of Colorado, is an artist of marked ability. Painters and connoisseurs agree that he has caught the indefinable something which many have vainly striven to reach. Next year he will devote to work in an eastern art school. Parker is able to ride anything with four legs and in exhibition of reckless riding takes front rank.

An easterner who was out with G. F. McKnight, the real estate man, the other day, viewing the landscape o'er, noticed the buffalo wallows full of water after the recent rain and remarked: "You must have a lot of mosquitoes in this country, have you not?" "No," said Mc. "You notice that this country is a little sandy, and the sand in the air just knocks their eyes out and they starve to death.—Renfrew (Ok.) Record.

According to the papers of Grinnell, the well known college town, is no longer dry, but an up-to-date bug juice municipality and boot leggers' rendezvous. The Herald of that city says that "in either express office there may be seen at any time fifty or more boxes containing jugs of the fluid that makes men fools, and there it stays until called for by the parties to whom it is consigned." Thus another one of our "prohibition" ideals is shattered. Mount Vernon must be practically alone in its glory and the REGISTER hopes it may stand pat.—Marion Register.

An American who has been traveling in England brings home a story about the prince of Wales. When his royal highness was a little fellow at school he ran out of money and knew his parents too well to ask for an advance on his allowance. He thought the matter over and then sat down and laboriously prepared a letter to Queen Victoria, his grandmother, pathetically begging her to send him half a sovereign (about $2.50). The queen thought it a good occasion for improvement of his mind and instead of forwarding the money wrote an autograph letter, full of wholesome advice. A few days later she received a brief response which said: "Dear Granny: Never mind about that money now. I don't need it. I have sold your letter for £2 ($10).

Governor Folk of Missouri and his military staff, who are now on their way to visit the Portland exposition, will pay their own way. The governor will pay his own personal expenses, including railroad transportation. The governor also insists that each member of the staff who goes pays his own way. This will be the first time in the history of the state that the governors staff have borne their own expenses on an occasion of this kind. The governor takes the position that while the members of his staff are not state officers in the strictest meaning of the statute they are so closely connected with the government that they would be placing an administration under obligations of the railroads, which situation he desires to avoid.

The dead body of Charles Herzig, who left a written confession of the crime of murder committed near Youngstown, O., over thirty years ago, was recently found by a posse of searchers hanging to a tree in a secluded ravine just over the line in the unorganized county of Wallace, North Dakota. Pinned to his breast was a piece of wrapping paper on which was written the following: "My name is Charles Herzig. Over thirty years ago I murdered a young girl named Lizzie E. Grombacher near Youngstown, O. Charles Sterling, an innocent man, was tried convicted and hanged for the murder of the girl. If my body is ever found, notify my mother, Catherine Herzig, at Girard, O."

Every time President Roosevelt whacks his big stick down in a rotten place in the public service out pops a United States senator. When the buzzards begin to circle around a yellow spot in the financial world and an investigation is started to find out what's dead out pops a United States senator. Every time a stockholder of a moneyed concern who believes he is being robbed by his fellow grafters kicks the top off the graft out pops a United States senator. The first shot out of the box in the Equitable Life exposure was a United States senator. The first whack of the big stick on the land grafters in Oregon exposed a United States senator. The explosion of a small bomb under a St. Louis get-rich-quick graft nailed a United States senator. One random shot at the Panama scandal threatens to expose two United States Senators. The tobacco frauds, now being investigated, will catch a United States senator. There are but ninety of him in all, but he seems ubiquitous.—Eldorado (Kan.) Republican.

The Mulberry Tree.

O, it's many the scenes which are dear to my mind,
As I think of my childhood so far 'left behind;
The home of my birth, with its old puncheon-floor,
And the bright morning-glory that growed round the door;
The warped clab board roof where the rain ran off
Into streams of sweet dreams as I laid in the loft,
Countin' all of the joys that was dearest to me,
And a-thinkin' the most of the mulberry tree.

And to-day, as a dream, with both eyes wide awake,
I can see the old tree, and its limbs as they shake,
And the long purple berries that rained on the ground
Where the pastur' was bald where we trompt it around.
And again, peekin' up through the green leafy shade,
I can see the glad smiles of the friends when I strayed
With my little bare feet from my own mother's knee
To foller them off to the mulberry tree.
—James Whitcomb Riley.

HEADACHES.

Bad Feeding and Bad Breathing Are Their Most Frequent Causes.

Headaches are for the most part the result of bad feeding and bad breathing. The first is the more frequent cause. Headache people, as a rule, do not select food to repair the body or to bring health, but eat hurriedly what they like and to satisfy "hunger." Sick headache women—and this condition is most prevalent among women—eat too much yeast bread, drink too much with meals and eat too many sweets and meats. Bread to them is the "staff of life," and, while they have no life, which is health, they go on eating ill adapted food and taking useless drugs to alleviate preventable troubles, says a writer in the Ladies' Home Journal.

The ignorance that prevails on the subject of man's food is astonishing. When we have fine dogs, cows or horses we immediately buy and study all the best books upon the care and feeding of these animals and at the same time give our children, poor things, what they like, or, more often, what is convenient. Health is under the control of vital laws, and, while we must all give up our lives sooner or later, let us be alive while we live.

I should be ashamed to break an engagement or spoil a day of my life with a headache from a preventable cause. We are coming, I am sure, to the time when overeating will be looked upon with the same disfavor as overdrinking. For the welfare of our children we should be temperate in all things. We must build humanity, not tear it down. Note the mortality of the young in this country and you will see at once that something is radically wrong with their feeding.

CHILDREN OF TODAY.

A Comparison With Those of a Hundred Years Ago.

The child of today thinks more, knows more, questions more, talks a hundred times more than its contemporary fifteen years ago.

Fifty years ago children were unknown in society life. A hundred years ago they were unknown in any grown-up life at all.

A hundred years ago children saw only their mothers. Their books and toys were few. Their friends fewer. Naturally all children are today more intelligent than then, but it is paid for by a decrease in physique.

The modern mother interferes spasmodically with the conduct of the nursery or the school room, and there is no one in authority to say nay to what may be harmful whims and fancies.

The reason children show a decrease in physique today is due in a great measure to unwholesome food, late hours, prolonged excitement, and, above all, to fashionable invalid talk. A sick child's ailments are discussed before it, and nothing could be worse for a child than let it think that its maladies are an object of serious interest to its elders. It becomes a hypochondriac at once.—Exchange.

HOUSEHOLD HINTS.

Paper can be got from lard or butter immediately if the outside is dipped in water for a moment.

Rancid butter, boiled in water with a pinch of charcoal, will be divested of its rancidity and may be used for cooking purposes.

To clean dish covers rub the covers with sweet oil and then with finely powdered whiting. Polish them with soft cloths—rags will do, but of course they must be clean.

Blinds can be nicely cleaned and brightened if after dusting and washing they are rinsed in clear water and ammonia. Use four tablespoonfuls of ammonia to every gallon of water.

Oxalic acid will remove stains from ivory, say, piano keys. Ordinarily the keys may be kept in condition of whiteness by simple rubbing with alcohol. This means spirits, not wood alcohol.

The Neglected One.

When "Martha, careful and troubled about many things," sighs at the mirrored change in herself, she must search within for the cause. She has baked and patched and mended. She has swept and washed and polished. She has worried and fretted and scolded. She has nagged and reproved and punished. Her house is spotless, her children healthy and attractive, her husband successful and well informed. She, alas, in foolish self forgetfulness, is out of date, prematurely wrinkled, nervous and uncomely! Poor Mrs. Atlas! She has carried her little world upon her shoulders so unnecessarily, and has missed the sweet process of evolution in her own life. It is not the years, nor the burden of the years, but how she has borne them that counts.—London Madame.

Women and Pins.

It seemed as if it would take a whole paper of pins to mend that torn dress. The wearer appealed to her car neighbor.

"Have you any pins?" she asked.

The woman had none, but passed the query on, and in a little while every passenger was feeling along concealed edges and turning back lapels. At last sixteen pins were produced. Fourteen of them were contributed by men.

"We never need them as much as the women, but somehow we carry them and they don't," said one of the latter.—New York Post.

WOMAN'S WORLD

MRS. ADDA F. HOWIE.

A Milwaukee Society Woman and a Famous Dairy Farmer.

Eleven years ago Mrs. Adda F. Howie was a Milwaukee society woman living in a house with a brown stone front in Grand avenue and following an ordinary round of clubs and card playing. Now she is renowned through the United States and Canada as the best authority on Jersey cattle breeding and dairying in the country.

It is no uncommon thing for the millionaire class of eastern "gentleman farmers" and for rich stock fanciers and ranchmen from the west to drive into Sunny Peak farm, which is about seven miles southwest of Milwaukee, to inspect famous prize winners and to inquire into the records which some of her cows have made in butter and cream.

This is not all. Mrs. Howie is on the staff of the Winconsin Agricultural college as a lecturer, and some of her male competitors, who found plenty of cause for mirth in the strange ideas she introduced at Sunny Peak when

MRS. ADDA F. HOWIE.

she began, are now glad to go and see how she gets her wonderful results in dairy work and stock breeding, which have left the best of them miles behind.

When Mrs. Howie began her operations with a 120 acre farm which had been left to her, she was absolutely ignorant of the business, but she studied the question thoroughly and used the most approved methods, sanitary and otherwise, together with many orginal schemes of her own, till today she stands unrivaled in her chosen profession.

One of the things which Mrs. Howie has demonstrated and which she thoroughly believes is that stock farming is a good and practical business for women. She says that no woman would better undertake it, however, unless she can do anything and everything that is necessary in a pinch.—Chicago Tribune.

Care of Butter.

A successful housewife, whose early years of somewhat narrow means taught her to study the food question carefully, says that if butter exudes milk on being cut it shows that the butter has been imperfectly washed and will "turn" twice as quickly as it should, consequently it must be eaten as soon as possible if one hopes to "save it." If butter that has just been bought exudes water when cut, the butter is adulterated, and the housewife may have the satisfaction of knowing that she has been swindled. Water has been paid for at butter prices.

"Persons who like unsalted butter," she goes on, "but find it hard to get, can obtain a fair substitute by taking the ordinary salted butter, soaking it in water that is constantly changed; then, by working the butter in fresh water, it will be almost as nice as the real thing.

"If butter has to be softened it is wasteful to set it on the stove or in the oven. Some of the butter is sure to run to oil, which few people like to eat. When the oil hardens again its nature has been changed and deteriorated. Besides, the plate is usually covered with a thin film, which it is impossible to get off and which is therefore washed away with the plate. Moist heat is better than dry heat, if the butter must be softened by artificial means, so set the plate with the butter on or in a basin of hot water."—New York Tribune.

Embroidered Stockings.

To embroider plain stockings in a strictly professional manner these directions are taken from an English periodical of repute: "In working it will be found easiest to stitch a piece of glazed calico between the design and the stocking to be embroidered, and the design, if outlined with a deep black line, will be plainly visible through the fine silk or thread of the hosiery. Some people prefer to trace the pattern on tissue paper and to sew this to the outside of the stocking, the embroidery being done on the top and the paper torn away when the work is finished. No knots should be made either on the right or wrong side, but the silk should be fastened off by running the needle down the back of the embroidery and cutting it off close, and a fresh needleful should be commenced in the same manner."

Knock Before Entering.

How many families are there where it is customary to knock before entering a bedroom or den or any other private apartment? Yet, why should not such a custom prevail? Are there not countless times when we do not care to be disturbed or when we would like to have due notice of intruders? Most women, at all events, have ugly moments when it is not wise to be on exhibition even to one's family. Every person's belongings should be safe from profane fingers. Few of us care to share our combs and brushes with the other members of the family or to have the contents of our bureaus and boxes stirred up by careless fingers. We may not realize why we feel so fretful over seemingly small matters, but the annoyance is unmistakable and is bound to make itself felt.—Boston Traveler.

Cost of the Loss of Sleep.

As a general rule, the lad at school between the ages of thirteen and sixteen requires nine to ten hours of sleep. Growing boys need a large amount of sleep, and when this is denied them neither their bodies nor their minds can develop properly. An English contemporary points out that this lack of hours of rest falls most heavily on the clever boys, who, by reason of their ability, are raised to higher forms in which the time given to school work is longer, and asks if this may not explain in some measure the disappointing mediocrity in later life of the boy who gave promise of brilliant mental capabilities.—Medical Record.

Light Cambrics and Prints.

To wash light cambrics and prints dissolve a tablespoonful of alum in enough lukewarm water to rinse a dress. Dip the dress into it, taking care to wet thoroughly every part of it, and then wring it out. Have warm, not hot, suds ready and wash the dress quickly, rinsing it in cold water. White castile soap is best for colored cottons. Have the starch ready, cooled a little. Rinse the dress in it, wring it out and hang it wrong side out to dry where the wind will strike it rather than the sun. When dry iron directly. Prints should never be sprinkled, but if too dry they should be ironed under a damp cloth. It is better to wash them when the ironing can be done at once.

The One Sided Girl.

"She has pretty hair," the athletic girl admitted, "but it is never dressed evenly. The right side always looks much better than the left."

"That is because she never moves her bureau," said the wise girl. "Month in and month out, her looking glass stands in the same corner by the window, and she dresses with her right side to the light and the left in shadow. Consequently one-half of her face and hair is well groomed, while the other half gets only a lick and a promise."—Philadelphia Telegraph.

Wring a chamois skin out in warm, not hot, water and use as a duster for all highly polished furniture. It will remove all finger marks.

Burn pine tar occasionally in a sickroom. It is an excellent disinfectant, and it also induces sleep.

Application for Permit.

In the District Court of the State of Iowa, in and for Delaware County. October Term, 1905.
In the matter of the application of Eugene F. Mulvehill, a Registered Pharmacist, for a permit to buy, keep and sell intoxicating liquor.

NOTICE.

To Whom it May Concern: Notice is hereby given that the application of the undersigned, Eugene F. Mulvehill, a Registered Pharmacist, No. 5774, doing business under the name of Eugene F. Mulvehill, of Masonville, in the county of Delaware, state of Iowa, praying for a permit to buy, keep and sell intoxicating liquors on the east half (½) of lot 68, in the town of Masonville, in the county of Delaware, state of Iowa, will be on file in the office of the Clerk of the District Court of said county, on or before the first day of October, 1905, and that said cause will come on for hearing in said court at the October term of said court, to be begun and held at Manchester, Iowa, on the 16th day of October, 1905.

EUGENE F. MULVEHILL,
36-3 Applicant.
BRONSON, CARR & SONS, Attys. for Applicant.

Notice of Final Report.

In the District Court of Iowa, in and for Delaware County. October Term, 1905.

In the Matter of the Estate of Walter B. Sherman, Dec'd.	Notice of Final Report.

To Sallie S. Sherman, widow, and Cora E. Wood, Merlin E. Blair and Ella A. Sears, children and heirs at law of Walter B. Sherman, deceased, and to all others whom it may concern.

You and each of you are hereby notified that on or before the 16th day of October, 1905, there will be on file in the office of the Clerk of the District Court of Iowa, in and for Delaware County, the final report of Sallie S. Sherman, as Executrix of the estate of Walter B. Sherman, late of Cuyahoga County, Ohio, deceased; and that unless you appear thereto and show cause why such report should not be approved, on or before the second day of the next term of said court, to be begun and holden at Manchester, said Delaware county, on the 16th day of October, 1905, said report will be approved and said executrix and her bondsmen released.

Manchester Iowa, September 5, 1905.
SALLIE S. SHERMAN,
Executrix of Estate of Walter B. Sherman, deceased.
By BRONSON, CARR & SONS,
36w4 Her Attorneys.

In the District Court of Iowa, in and for Delaware County.

In the Matter of the Estate of James McLaughlin, deceased.	Notice To Persons Interested in the Estate of James McLaughlin, deceased

To the heirs at law of James McLaughlin, deceased, and all others whom it may concern.

NOTICE is hereby given that James McLaughlin, a resident of said county, died intestate at Dubuque, Iowa, on or about the 30th day of June A. D. 1905. That on or about the 5th day of July, 1905, the undersigned was by the district court of said Delaware County duly appointed administrator of the estate of said decedent.

That the undersigned has no knowledge that said decedent left surviving him any heirs at law, and if there are no such heirs, the property belonging to said estate will escheat to the state.

That the property belonging to said estate consists of personal property of not to exceed One Hundred dollars in value, and the following described real estate in Delaware County, Iowa, to-wit: Lot No. 86 of the City of Manchester, Iowa.

This notice is given in compliance with Sections 3389 and 3390 of the Code of Iowa, and all persons interested in said property and estate are required to take notice of the same and govern themselves accordingly.

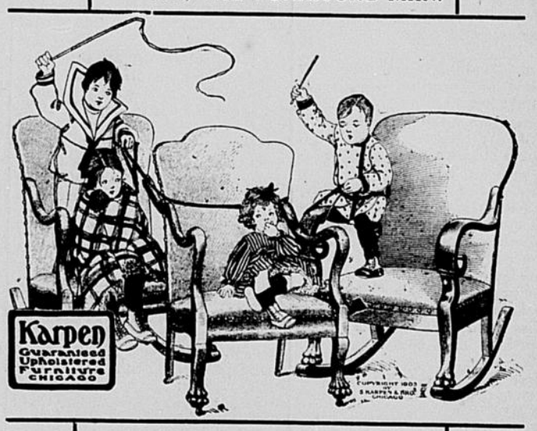
Dated this 2nd day September, A. D. 1905.
J. J. O'MEARA, Administrator.
Bronson, Carr & Sons,
Attorneys for Estate.

It is hereby ordered in conformity with Section 3390 of the Code of Iowa that the foregoing notice be published for eight consecutive weeks in the Manchester Democrat in said Delaware County.
A. S. BLAIR,
36w8 Judge of the 10th Judicial District of Iowa.

Norice to Contractors.

Notice is hereby given that the Board of Directors of the Independent School District of Manchester, Iowa, will receive sealed bids and proposals for the installation of a heating and ventilating system and apparatus in the central school building, and two new additions thereto, in said District, and will receive other bids and proposals for plumbing to be done in said buildings of said District; all to be constructed in accordance with the plans and specifications therefor, which will be on file and can be seen in the office of E. B. Stiles, Secretary of said District. Said proposals will be received by said Board at the office of said Secretary up to ten o'clock a. m. of the 21st day of September, 1905. Bids and proposals for the installation of a heating and ventilating system shall be accompanied by certified check for the sum of One Hundred and Fifty Dollars; and said bids and proposals for plumbing shall be accompanied by certified check for the sum of One Hundred Dollars; said checks to be made payable to H. C. Haeberle, Treasurer of said district, and shall be held as security by said School District that the person tendering the check, if the successful bidder, will enter into written contract for the construction of the work contemplated, and that he will give bond in amount equal to two-thirds the contract price for the faithful performance of the contract and the delivery of the work to said District free from all material or labor liens. Sureties to be approved by the Board. The Board reserves the right to accept or reject any and all bids and proposals received.

Done by order of the Board, this 29th day of August, 1905.
GEO. W. DUNHAM,
35-w4 Secretary pro tem.

A GREAT DRIVE ON .. FURNITURE .. AT THE STORE OF BROWN, THE FURNITURE MAN.


Our Special Annual Fall Sale of High Grade Furniture is now on.
Record-breaking prices prevail.
Every purchase must please, or your money back.
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INTEREST paid on "TIME DEPOSITS" at current rates. Said deposits may be made in any amount from One Dollar up.
A progressive and conservative banking institution which offers superior facilities for the transaction of your banking business.

Absolutely Pure.
Quaker Mill Flour

Is always the same—not good one day and bad the next, but excellent all the time.
BRANDS:
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IDOL is a new winter wheat flour, at a moderate price. There is more Idol flour sold in Manchester than any other brand.
Quaker Mill Co.

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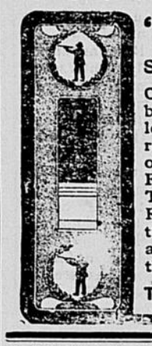
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