HOW VIVID DREAM CAN AFFECT MIND

Physicians and Psychologists Set Themselves to Make Study of Subconsciousness.

MEDICAL RECORD OF CASES

MURDER NOT INFREQUENTLY COMMITTED IN DEEP SLUMBER.

One of the Most Remarkable Instances of "Bad Dreams" Is Reported From London, England—German Slew Wife Whom He Imagined to Be Specter—Dreams Have Been Known to Produce All Sorts of Disease Symptoms in Those Afflicted—One Striking Case in Point.

New York.—At half past one of a moonlit morning a policeman named Humphreys was leisurely strolling his beat when he was startled by a piercing shriek of "Oh, my children! Save my children!" followed by a sound of breaking glass, writes Jaffrey Hancock in the New York World. Next instant something that he took to be a bundle of clothing was thrown out of a window directly above him, and fell at his feet. Stooping, he discovered to his amazement that it was a baby, unconscious, with blood streaming from its head. The shrieks of "Save my children!" continued.

Constable Humphreys blew his whistle, and, to the three officers who instantly responded from nearby streets, explained:

"Quick! Murder is being done in yonder house! This baby was thrown out of the window. Get inside as fast as you can, while I take

Fatally Shot Wife.

it to the infirmary. It's still alive, and perhaps can be saved."

The three policemen beat an angry tattoo on the door and were admitted by a white-faced man, who explained that it was a boarding-house, and that he was the landlord. On the way upstairs the sound of breaking glass was again heard, and more shrieks. The officers readily located the room whence the noises came, but found it locked. "Open up!" cried one of them. "The police are here!" A woman's voice continued to cry, "Save my children!" There was a sound as of some one stumbling about, and the door was unlocked.

The policemen sprang forward into a room lighted only by the moon. One struck a match to a lamp, and all three looked eagerly around. They saw, on a bed, a little girl, crying bitterly; on the floor, a young boy, bleeding from glass cuts and clinging in fright to the night gown of his mother, who stood staring wildly at the officers.

"She has gone insane," whispered one.

"No," said another, "she is asleep."

He shook her violently by the shoulders, and shouted into her ear. She gave a convulsive start, trembling all over. Then the expression in her eyes changed. She looked inquiringly at the officers.

"Oh!" she shrieked. "I did it! I must have done it! But it was in my sleep. I dreamed that my little boy told me the house was on fire, and that I dropped the baby out to save her. I must actually have done so. Oh, sirs, did nobody catch her? Is she badly hurt?"

"She has been taken to the infirmary. We will wait outside while you dress. Then you can accompany us there, and find out how she is."

At the infirmary scant hopes were given the agonized mother. Besides being badly cut, her baby was suffering from concussion of the brain. Happily, the excellent care it received and the blessing of a strong constitution enabled it to belie the physician's dire prediction, and win a slow recovery to health.

Dreamed of Thieves, Shot His Wife.

Sensational as this occurrence must be considered, it is but one of many similar mishaps that have within recent years aroused physicians and psychologists to a realization of the importance of studying attentively the condition of the mind during sleep. Dreaming is no longer considered a mere fantastic, incidental and harmless accompaniment of the sleeping state.

Dangerous Dreams.

In a most literal sense, and to an extent unsuspected by the general public, there are "dreams that kill" by impelling the dreamer to commit involuntary suicide, or to attempt "unconscious murders" similar to that for which, if it had succeeded, the unhappy mother in the London boarding-house would always have experienced the bitterest grief. And in many cases murders committed as the result of a terrifying dream are only too successful.

Thus, to recall one or two that have found enduring record in the annals of medical jurisprudence, Bernard Schidmaizig, a German, dreamed one night that a fearsome specter, a "woman in white," was standing menacingly over him. Panic-stricken, he leaped out of bed while still asleep, seized a hatchet, and attacked the supposed phantom.

It fell at the first blow, and Schidmaizig heard a loud cry, which fully awakened him. He now saw that the "ghost" was none other than his wife, who had got out of bed for some purpose, and that he had severely wounded her. She died the next day.

In Chicago, a patient of Dr. Henry M. Lyman, dreaming of burglars, drew a revolver from beneath his pillow and fired wildly in every direction until it was completely discharged. He then awoke, to discover that he had fatally shot his wife, lying by his side. And, under the influence of a similar dream, a young man of twenty shot and killed his father, to whom he was devotedly attached. At his trial for murder he testified:

"I must have fired the gun in my sleep. I recollect seeing nothing, nor am I conscious of having spoken. The night was so bright that everything could have been seen. I must have been dreaming that thieves had broken in."

But even more sinister, because of far more widespread occurrence and the greater difficulty in getting at the true state of affairs, is the role often played by dreams in affecting unfavorably the health of those having them. Incredible though it may seem, modern psychological investigation has conclusively demonstrated that there are dreams whose effects continue into the waking state, producing all sorts of disease symptoms.

A striking case in point is afforded by the experience of a young woman who came under the observation of that well-known Boston neurologist, Dr. George A. Waterman. She complained of a persistent headache, a sensation of nausea, and a peculiarly bitter taste in her mouth, a taste which she could not get rid of, in spite of having diligently tried to do so by gargling, cleaning her teeth, etc. She explained that she had awakened early in the morning with these symptoms which had continued ever since.

Queer Result of Dream.

Dr. Waterman, failing to find any physical cause for her trouble, suspected that a morbid dream might be at the bottom of it, and questioned her closely. But she could not recall having dreamed at all for some time past. He then requested permission to hypnotize her, explaining that persons when hypnotized often found it possible to remember things that had dropped entirely out of recollection in the normal state.

Sure enough, in hypnosis the young woman informed him that the night before the symptoms developed she had had an exceptionally unpleasant dream. She was climbing alone up a steep and rocky path, feeling unutterably miserable. On a beautiful lake far below she saw a number of her friends amusing themselves. She felt strangely envious of them. Suddenly one friend, a woman who had recently died, appeared before her on the path and offered her a glass filled with a dark liquid, saying to her, "Drink, for once dead you shall never return."

Tasted the Draught.

"Then," the dreamer continued, "I sat down by the side of the path, and thought, 'Why should I not drink it? There is nothing for me in life.' So I

Her Shrieks Summoned the Policeman.

took the glass and put it to my lips, but it tasted, oh, so bitter. It puckered my mouth, and I said, 'I cannot drink it. Life is bitter enough, but this death is more bitter still.' I flung the glass from me, and it changed into a bubble and floated off in the air.

"I awoke after this with a headache and feeling awfully ill. Then I noticed what an odd, bitter taste there was in my mouth and I got up and brushed my teeth. But I could not get rid of it."

Knowing the circumstances of her private history, the neurologist did not doubt that the dream, by touching on certain sad passages in her life, had affected her so keenly as to acquire a firm lodgment in the "sub-conscious" portion of her mind, whence it would have to be expelled before a cure could be wrought. That this view was correct was shown by the total and permanent disappearance of the troublesome symptoms upon the blotting out of the dream from her "subconscious" memory by suggestions directed to that end.

Past Event Cause of Bad Dream.

Another patient of Dr. Waterman, a girl of twenty-one, had been troubled for nearly a year by frequent attacks of severe pain in the right side. As in the previous case no organic cause for the pain could be found and it was similarly traced to the baneful effect of a peculiar dream—a dream of moving a piano which rapidly grew heavier while she raised it from the floor, until it caused a severe pain extending from her right arm through her right side into the leg. All at once the piano fell with a crash, and the dreamer awoke to experience a distinct sensation of pain in her right side.

Investigation brought to light the fact that some time earlier a piano had actually figured prominently in an episode most disturbing to the patient. This explained the symptom-

"I Dreamed That She Offered Me a Strange Drink."

producing power of that particular dream, and cleared the way to a speedy cure, the pain soon disappearing under treatment by suggestion.

Caused Marital Estrangement.

More often the disease symptoms resulting from pathological dreams are mental rather than physical in character. A most peculiar case is on record in which a husband developed an unaccountable antipathy to his wife. He himself could not explain it, but he treated her so badly that a divorce was talked of. Luckily, a mutual friend induced him to consult a physician who understood the methods of modern medical psychology. He was put into the hypnotic state, and while in that state related a dream in which his wife told their children that their father was a very uncouth man, a declaration which, in the dream, had resulted in a violent quarrel between the parents.

Waking, he had forgotten all about this dream, but "subconsciously" it had remained to plague him, and eventually to give rise to his strange dislike of the wife he truly loved.

HAVE RABIES STAMPED OUT

Persistent Work In Great Britain Has Had Results That Are Most Gratifying.

At the present time rabies does not exist in Great Britain. The last suspected cases of rabies occured there in 1908, but diagnosis showed that the suspicion was unfounded. This British immunity has been obtained only by the taking of great pains. Consul-General Griffiths of London has contributed interesting information on this subject to the Daily Consular and Trade Reports. The principal way in which rabies has been exterminated has been by the issuance of muzzling orders, which are very strictly enforced. In London and other populous cities, and throughout the large manufacturing districts, the muzzling of all dogs remains in force for twelve months or longer; in other districts, six months or longer, according to the circumstances in each case. The owner of every dog six months old is required to obtain an annual license, which costs $1.83, for each animal, and the animal must wear a collar bearing the name and address of the owner.

When a dog feels ill in the early stages of rabies it is anxious to get away from its home and to go "on the march." Cases are known where dogs so affected have been found to have continued "on the march" for seventy miles. In consequences of this fact, whenever an outbreak occurs the area brought under the jurisdiction of a muzzling and confirming order is very large. To prevent, if possible, the spread of the disease the provisions of the act are applied at once to the entire territory.

Whenever an actual or suspected case of rabies is reported, an order is issued requiring every dog within the district and the surrounding area where the outbreak occurred to be kept under control by confinement in a kennel or other inclosure from which the dogs cannot escape; or securing it by a collar or chain; or efficient muzzling with an effective wire cage muzzle. The dog must also be led by a collar and chain or other attachment.

Every dog attacked by rabies must be immediately slaughtered.

Monastic Racecourse.

Sandown, the scene of the great race, is the part of Esher that all travelers see from the railway, with the grandstand backed by a fine cluster of dark pines. Among the smaller racecourses none is prettier. The estate purchased by a company for the special purpose of horse racing originally belonged to a priory. All the brethren were swept away by the Black Death about the middle of the fourteenth century and every trace of their monastic buildings has disappeared. Only their memory now remains as a text of warning to thoughtless pleasure-seekers.

BLOOD ATONEMENT WAS NECESSARY.

Failure to Understand This Leads Many to Unbelief.

Need of the Hour In Pulpit and Pew is a Correct Appreciation of the Value of Blood Atonement For Sin, Declared Pastor Russell at Lynn.

PASTOR RUSSELL

Lynn, Mass., Oct. 13.—One of Pastor Russell's discourses here today was from the text, "Without the shedding of blood there is no remission of sins." (Hebrews ix, 22.) He said in part:—

The Scriptures declare that the life is in the blood (Leviticus xvii, 11); hence the shedding of blood represents death; and death may be spoken of as the shedding of blood, regardless of whether or not a single drop of blood be spilled literally. Thus the presentation of the blood of the sacrifices of old represented the offering to God of their lives as, typically, an offset to the forfeited life of Adam and his children, who lost life through his disobedience.

Israel's Atonement Sacrifices.

Each year, at approximately this season, the Jews celebrate their Atonement Day, by which their sins are thought to be covered afresh for the year begun. The underlying thought is a reminder that they are sinners, and that without the shedding of blood, without a sacrificial death, there can be no Divine forgiveness of sins.

For more than sixteen centuries Israel observed these typical Atonement Day services, up to the time that Jesus came. Since then the Jews can have no Atonement Day, really, because their priestly line is lost, and they have no Holy and Most Holy in which to make the Atonement, and no Shekinah Mercy-Seat on which the blood of Atonement may be placed, and from which Divine blessing and forgiveness should proceed.

In their typical procedure the Day of Atonement included all the Atonement work of the priest on the tenth day of the seventh month. His Atonement sacrifice consisted of two parts—first, a bullock, which he slew, and afterward a goat, which he treated in like manner. He took the blood of the bullock into the Most Holy and applied it, not on behalf of Israel, but simply on behalf of the priestly tribe of Levi.

After accomplishing this he came out and slew the secondary part of his offering, the Lord's goat, which typified those consecrated to be his under-priesthood. After treating the goat precisely as the bullock had been treated, its blood was taken into the Most Holy and there was sprinkled on the Mercy Seat, not on behalf of the tribe of Levi, but on behalf of all the other tribes—on behalf of "all the people," representative of all humanity—thus showing that eventually they will be brought into harmony with God.

"The Better Sacrifices"—Antitypical.

In the type the bullock represented Jesus, consecrated to death, and dying and dead; and the high priest represented The Christ, spirit-begotten Jesus, as the appointed antitypical Priest after the order of Melchisedec, offered up Himself—His human body—when He reached manhood's estate—thirty years. Gradually He fulfilled His baptism unto death, for three and a half years, completing it at Calvary. During His earthly ministry, as a Priest He was in the Holy, having fellowship with the Father. At Calvary, as Priest, He passed under the second veil, and in His resurrection arose on the other side of the veil, in the Most Holy—in the perfect spirit condition.

Our Lord remained for forty days to manifest Himself to His disciples, after which He ascended on high and presented the merit of His sacrifice (Hebrews ix, 24) on behalf of the Church, just as Aaron presented the blood of the bullock on behalf of his household, the tribe of Levi. The Divine acceptance of this merit on behalf of the Church was manifested by the giving of the Holy Spirit at Pentecost. And this represents God's acceptance, not only of the faithful who were there, but all of the same class from then to the end of this Age.

Members of Jesus Still Dying.

The Scriptures set forth that the faithful few of Jesus' followers who will constitute the Royal Priesthood by and by have been represented as the antitypical Lord's Goat of the Atonement Day, which is caused to pass through the same experiences exactly as the antitypical Bullock, our Lord. (Heb. xiii, 11-13.) "If we suffer with Him we shall reign with Him."

The exalted High Priest, since Pentecost, has been slaying His secondary sacrifice—His consecrated followers—permitting them to thus represent Him in the flesh. While they suffer, the sufferings of Jesus are not completed—as He Himself said to Saul of Tarsus, "Saul, Saul, why persecutest thou Me?" "I am Jesus whom thou persecutest."

Not until the foreordained number of these "better sacrifices" shall have been completed in glory will the forgiveness of the world's sins be accomplished. At that time the antitypical Priest will make the secondary application of His blood on behalf of "all the people."

SAID SHE WOULD FAINT

Mrs. Della Long Unable to Stand On Her Feet More Than a Few Minutes at a Time.

Pendergrass, Ga.—Mrs. Della Long, of this place, in a recent letter, says: "For five or six years, I suffered agonies with womanly troubles.

Often, I couldn't sit up more than a few minutes at a time, and if I stood on my feet long, I would faint.

I took Cardui, and it helped me immediately. Now, I can do my work all the time, and don't suffer like I did."

Take Cardui when you feel ill in any way—weak, tired, miserable, or under the weather. Cardui is a strength-building tonic medicine for women.

It has been found to relieve pain and distress caused by womanly troubles, and is an excellent medicine to have on hand at all times.

Cardui acts on the womanly constitution, building up womanly strength, toning up the nerves, and regulating the womanly organs.

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Will you try it? It may be just what you need. Ask your druggist about Cardui. He will recommend it.

N. B.—*Write to:* Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for *Special Instructions*, and 64-page book, "Home Treatment for Women," sent in plain wrapper, on request.

VIRGINIA:

In the Clerk's Office of the Circuit Court of the City of Alexandria, on the 10th day of October, 1912.

Gertrude V. Dufour,
vs. In Chancery.
Aveline Malin Dufour.
Memo:

The object of this suit is to obtain a decree absolutely divorcing the complainant from the defendant on the ground of wilful abandonment or desertion on the part of the defendant, without lawful cause or excuse, for more than three years last past.

It appearing by an affidavit filed in this cause that the defendant, Aveline Malin Dufur, is a non-resident of this state: It is Ordered, That said defendant appear here within fifteen days after due publication of this order, and do what is necessary to protect his interest in this suit, and that a copy of this order be forthwith inserted in the Alexandria Gazette a newspaper published in the City of Alexandria, once a week for four successive weeks and posted at the front door of the Court House of this city.

GARDNER L. BOOTHE, P. Q.
A Copy:—Teste.
NEVELL S. GREENAWAY, Clerk.

VIRGINIA:

In the Clerk's Office of the Corporation Court of the City of Alexandria, on the 10th day of October, 1912.

Horace A. Mudd,
vs. In Chancery,
Goldie E. Hicks Mudd.
Memo:

The object of this suit is to obtain for the complainant, Horace A. Mudd, an absolute divorce from the bonds of matrimony from the defendant, Goldie E. Hicks Mudd, on the ground of adultery; and for such further and general relief as to equity is right.

It appearing by an affidavit filed in this cause that the defendant, Goldie E. Hicks Mudd, is a non-resident of this State: It is Ordered, That said defendant appear here within fifteen days after due publication of this order, and do what is necessary to protect her interest in this suit, and that a copy of this order be forthwith inserted in the Alexandria Gazette, a newspaper published in the City of Alexandria, once a week for four successive weeks, and posted at the front door of the Court House of this city.

ROBINSON MONCURE, P. Q.
A Copy:—Teste.
NEVELL S. GREENAWAY, Clerk.

VIRGINIA.

In the Clerk's Office of the Corporation Court of the City of Alexandria on the 6th day of September, 1912.

John H. Stanton,
Vs. In Chancery
Julia Pines Stanton.
Memo.

The object of this suit is to obtain for the complainant, John H. Stanton, an absolute divorce from the bonds of matrimony from the defendant, Julia Pine Stanton, on the ground of adultery; and for such further and general relief as to equity is right.

It appearing by an affidavit filed in this cause that the defendant, Julia Pines Stanton is a non-resident of this State: It is Ordered, That said defendant appear here within fifteen days after due publication of this order, and do what is necessary to protect her interests in this suit, and that a copy of this order be forthwith inserted in the Alexandria Gazette, a newspaper published in the City of Alexandria, once a week for four successive weeks, and posted at the front door of the Court House of this city.

ROBINSON MONCURE, P. Q.
A Copy:—Teste.
NEVELL S. GREENAWAY, Clerk.

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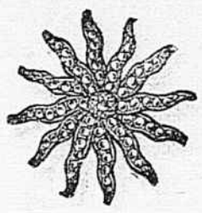
Tony Milano, the Italian shoemaker, who has been on trial in Crominal Court No. 1 in Washington, since Monday of this week, charged with the killing of Harry Smith, the 12-year-old youth, on September 9th, 1911, was found guilty of murder in the first degree yesterday.



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Schedule in Effect October 6, 1912.
Subject to change without notice.

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Leaves Alexandria Sunday, Tuesday and Thursday at 8:30 a. m., for Liverpool Point and landings as far down as Massey's.

Returning.—Leaves Wirt's at 5 a. m., Monday, Wednesday and Friday, arriving in Alexandria at 4 p. m. Connections made at Alexandria with Norfolk and Washington Steamboat Co., and at Washington with the B. & O. R. R. Connections not guaranteed.

STEAMER CAPITAL CITY.

Leaves Alexandria Monday's and Wednesdays at 6 p. m., for Colonial Beach, Nomini, and Parham's Point. Returning leaves Parham's Point Tuesday's and Thursdays at 10 a. m., arriving Alexandria early Wednesday and Friday morning.

Leaves Alexandria Saturday at 6:30 a. m., for Nomini, returning leave Nomini at 5 a. m., Sunday, arriving Alexandria about 4:00 p. m.

Reardon & Grimes, Agents,
Foot of Cameron Street.
Telephone No. 50

WASHINGTON-VIRGINIA RAILWAY.

In Effect November 1, 191.
Leave Alexandria

For Washington, from corner Prince and Royal streets, week days, at 5:00, 5:40, 6:05, 6:20, 6:30, 6:40, 6:55, 7:05, 7:15, 7:30, 7:40, 8:00, 8:15, 8:25, 8:35 :50, 9:10, 9:30, 9:50, 10:10, 1030, 10:50, 11:10, 11:25, 11:30, 11:50 a. m., 1210, 1225, 12:30, 12:50, 1:10 1:25, 1:30, 150 2:10, 2:25, 2:30, 2:50, 3:05, 3:25, 3:35, 3:50, 4:10, 4:25, 4:30, 4:40, 4:45, 5:25, 5:35, 5:50, 6:05, 6:20, 6:30, 7:00, 7:15, 7:25, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, and 11:55 p. m.

Sundays—7:00, 7:35, 8:10, 8:20, 8:40, 9:00, 9:20 9:40, 10:00, 10:20, 10:40, 1100, 11:20, 11:40, a. m., 12:00, m., 12:20, 12:40, 1:00, 1:20, 1:40, 2:00, 2:20, 2:40, 3:00, 3:20, 3:40, 4:00, 4:20, 4:40, 5:00, 5:20, 5:40, 6:00, 620, 6:40, 7:00, 7:20, 7:40, 8:00, 8:30, 9:00, 9.30, 10.00, 10.30, 11.00 and 11.10 p. m.

FOR MOUNT VERNON.

Leave Alexandria for Mount Vernon, week days at 5:35, 6:56 7:56, 8:51, 10.25, 11:25 a m., 12:25, 1:25, 2:25, 3:30, 4:40, 5.30, 6.30, 7 35, 8.50, 9.50, 10.0, 11.50, P. M.

Sundays—7.00 8:30, 9:30, 10.30, 11.30, a. m., 1230, 1:30, 2:30, 3:30, 4:30, 5:30 6:30, 7:30, 8:46 and 10:16 p. m.

Maryland Delaware and Virginia Railway Company.

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SOUTHERN RAILWAY.

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Trains leave Union Station, Alexandria.
In effect August 11, 1912.
N. B.—Following schedule figures are published only as formation and are not guaranteed.

7:47 A. M.—Daily local between Washington and Danville delivers connection daily except Sunday at Orange to C. & O., N. 415 for Gordonsville and Richmond.

8:47 A. M.—Daily—Local for Harrisonburg and way stations. Buffet parlor car.

9:07—A.M.—Daily U.S. Fast Mail stops only for passengers to points south to which scheduled to stop. First class coaches; Sleeping cars to Birmingham and New Orleans. Dining Car service. Stops at Calverton to let off Warrenton branch passengers.

11:17 A. M.—Daily—Mail train, coaches for Manassas, Warrenton, Charlottesville, Lynchburg, Danville and Greensboro. Sleeping cars from Greensboro to Atlanta.

4:57 P. M.—Week days—Limited for Warrenton, Charlottesville and Harrisonburg.

4:52 A. M.—Daily—Birmingham Special. Sleeping cars between New York, Atlanta, Anniston, Birmingham. Through first class coaches between Washington, Atlanta, and Birmingham. Dining car service. Tourist to California five times weekly.

3:52 P. M.—Week days. Limited for Harrisonburg and way stations on Manassas branch, also for Warrenton. Pullman buffet parlor cars.

5:12 P. M.—Daily—Local for Warrenton.

6:12 P. M.—The Southern's Southeastern Limited for Asheville Columbia, Charleston, Aiken, Augusta, Savannah and Jacksonville. Through Pullman Drawing Room, Sleeping cars, Coaches, Dining cars.

10:27 P. M.—Daily—Washington and Chattanooga Limited via Lynchburg) First class coach and sleeping cars to Roanoke, Knoxville and Chattanooga. Sleeper to New Orleans, Washington to Roanoke. Dining car service

11:02 P. M.—Daily—New York, Atlanta and New Orleans Limited. All Pullman train. Club and Observation car to New Orleans. Sleeping cars to Asheville, Atlanta, Macon and New Orleans. Sleeping cars to Charlotte. Dining car service.

4:27 A. M.—Daily—Memphis special. Sleeping car and coaches for Roanoke, Knoxville, Nashville, Chattanooga and Memphis. Dining car service. Washington sleeping cars open 10 P. M.

For detailed schedule, figures, tickets, Pullman reservations, etc., apply to WILLIAM G. LEHEW, Union Ticket Agent, Alexandria, Va.
E. H. COAPMAN, Vice-pres.& Gen. Mgr.
S. H. HARDWICKE, Pass. Traff. Mgr.
H. F. CARY, Genl. Pass. Agt.
L. S. BROWN, Genl. Agt.
Washington, D. C.

A woman can think the baby has a bright way of yelling.