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State Historical Society

MINNESOTA HISTORICAL SOCIETY

MOWER COUNTY TRANSCRIPT.

Vol. XL—No 29 | Austin, Mower County, Minnesota, Wednesday, September 18, 1907. | Terms—$1.50 Per Annum, in Advance

FARMER BEN'S COLUMN

Two Yale perfessers who hav ben experimentin' widely with rations are agreed that lots of folks eat too much meat and would be better of with less. It's ben also tried out in the British army with the same conclusion. I ain't forgot how the wiry rice eatin' Japs licked the meat eatin' Russians. It's a mistake and science will prove it to think that lots of meat makes more muscle and brawn. It's just the opposite below a certain point. I calkerlate that a leetle meat in cold weather ain't so bad to take and a moderate allowance all thru the year may be near right but the way lots of folks pile in meat into their stomicks three times a day would make a cannibal blush. Vege table diet is the stuff. Just come down and see Farmer Ben's menu for dinner, cabbage, onions, squash, corn, potatoes, carrots, and a pumpkin pie to round off with. That's what makes folks hold out and not get a lot of chronic troubles. It's easy enuf to try vegeterian in part anyhow and where folks are havin' four rations of meat a day, cut down to one or two.

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The Canucks who held up their hands in holy horror at San Francisco a while ago for stirrin' up the Japs are now havin' the same kind of a dose theirselves and are treatin' with the same methods. The way they're treatin' the Japs and Chinee out in Vancoeuver is a caution and shows that the Canucks hav the same idee of justice for their own workin' men that the Yankees hav. It ain't human natur to allow your own country to be over run with a lot of Asiatics who compete with labor and who are so uppish that they want to get on the front row the first day. We can treat 'em fair and teach 'em in separate schools and pertect 'em from killin' and all that without givin' 'em the idee they're the whole cheese. I notis that if a Yankee wants to go to Japan the laws forbid a Yankee ownin' a bit of real estate over there or engagin' in certain kinds of business but when the Japs come over here they want the earth. I'd just like to see some of the conceit knocked out of these swellhead Japs and between Canada and Uncle Sam there's a chance of lettin' 'em know where they're at.

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My paper says that a greater proportion of French people own their own homes than any other people on this earth. There are upward of 8,000,000 separate freeholds in France and it is said that a Frenchman will part with anything rather than land. Laboring men are just as anxious to hav a patch of ground of their own and the government encourages 'em in it. I like this. I tell you a man that's a carpetbagger ain't got any real interest in a place. He can pack up and go to Dakota tomorrow if he wants and nothin' can hold him. He don't care a cont how high taxes are or how other fellows grind their noses on the stone, he's as free as a bird and as careless as one. But you tie a man up by ownin' his own house or farm and he's goin' to figger for the general good. He's in favor of economy in public matters and in havin' right officials and in kickin' out carpetbaggers from runnin' things they've got no investment in. I believe cross my heart, the more folks own their own homes the stronger the country.

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Well, they won t be quotin' Tom Edison, the electric wizzard, so much in futur. It's been nothin' for several years but harpin' on Edison's remarkable habits of workin' and eatin' and sleepin' until folks might think anybody could get along without much sleep and didn't need to stop for his meals when he had a particularly tryin' task on hand. It ain't so, nevertheless, and Edison has found it out to his sorrow. He's now sufferin' from nervous breakdown and is tryin' to recuperate in a quiet country place where nobody can see him. It's alwus this way. Mother Natur is bound to get even in the long run. It looks like we could wear out and rip and tear the human constitution and take no care or thought of usselves but the time is comin', my boys, when the crash crashes and away we go. There's nothin' like regular sleep and plenty of it and regular eatin' and plenty of it. I'd ruther go to bed at nine o'clock every night in the year and hav a nine hour 'pull at it than to cut off part of my days. And I'd ruther get my legs under the dinner table by the clock three times a day rain or shine than to break down with dispepsy and rheumatiz and nervation.

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Up to Minneapolis the papers assevervate that it is the almost unanimous fact that divorces are applied for by husbands or wives whose marriages hav ben childless. There's reason in it too. I tell you it's agenst Natur to hav childless homes. There ain't much to liv for when the wife cooks and washes for just one boarder for fifty years and has to stay alone every day and there ain't any merry laughter of children round. When it comes evening and the man comes home, he's likely to get his book or paper off in a corner and play Quaker meetin'. No wonder that the wife in a childless home is a gadder so often and the husband likes to go to lodge rather than stay at home and the whole drift of life is lonely and lonesome. I can't think of our home without havin' the the best part of it our boys and our gal Sarah that made life worth livin'. They come to meet you when you come home and they liven up the home and make a home tie that's like a horse magnet. They give us somethin' to plan for and work for and save for and watchin' their growth is ahead of watchin' even the flowers and garden truck develop. I tell you the homes where there ain't no children or fathers or mothers is tough luck and must be most intolerable.

FARMER BEN.

Austin Steam Laundry.

Patronize home institutions and have your laundry work done at the Austin Steam Laundry in the highest style of the art. No chemicals used. Laundry delivered free of charge give us a trial.

T. M BURNHAM, Proprietor.

$100 Reward, $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

Porto Rico's Wonderful Progress.

If an agricultural country is striving to produce for export, the course of the rise and fall of its trade is as true an indicator of its prosperity as the hand on a steam-guage is of pressure. During the fifty years prior to American civil administration of Porto Rico there were but four years in which the balance of trade was in its favor, and this balance aggregated but a little over $2,000,000, while the balance against the island was over $75,000,000. The first two years of civil administration showed a trade balance of $750,000 each against the island, while the last five years show a balance of $7,250,000 in its favor. In 1901 Porto Rico exported her products to the United States to the value of $5,500,000, and to foreign countries just in excess of $3,000,000. In 1906 she shipped us over $19,000,000 worth of her products, and to foreign countries just $4,000,000. Imports show figures almost as favorable. This is establishing relations with the home country in the most approved manner.

Not the least remarkable feature of the increase of Porto Rico's trade has been the shifting about of her products in the scale of importance. She came into the United States with coffee her principal, almost her only, crop, so completely did it overshadow everything else in importance. Eight years later, in 1906, coffee made up but 15 per cent of the exports, amounting to something less than tobacco and to only a fraction of sugar,—that is to say, $14,000,000 worth of sugar was exported, and about $3,500,000 each of tobacco and coffee. All efforts to introduce the island's coffee into the United States have met with failure, principally because the cheaper and stronger Brazillian coffee better suits the American taste.—From "The West Indies in Commerce," by Lewis R. Freeman, in the American Review of Reviews for September.

Letter to Mr. John Briebach, Austin, Minn.

Dear Sir: Porterhouse, so much neck, so much; all the way between.

Just so with paint. Devoe lead-and-zinc is the porterhouse. Nobody wants the neck; the between, some say, is good enough for them.

But Devoe costs less, not more, than between. Lead-and-oil is between; it is the old fashion paint. But zinc has come in. Zinc toughens white lead. Devoe lead-and-zinc is the paint that wears twice as long as lead-and-oil.

Mr John N Deitel, Fair Haven, N Y, writes:

"Mr Charles Hautenbeck, of this place, painted his house three years ago with Devoe lead-and-zinc; his father painted at the same time with lead-and-oil. Today the son's house looks as well as when it was painted, while the father's house is all chalked off and needs painting very badly. The father says he will paint with Devoe next time."

Yours truly
F W DEVOE & CO
New York and Chicago

I. T. Tollifson sells our paint.

The Apple Outlook.

Mr. C. E. Bassett, secretary of the Michigan Horticultural Society, has taken a great deal of pains to gather together information as to the orchard conditions in the country generally and especially, of course, in his own state His summary of the apple crop is that not over half of the average crop is probable in Michigan. New York he reports to have a good crop of apples The big apple shortage in Europs will make great inroads into it. The apple crops of Missouri, Kansas and Nebrasba are almost complete failures. Arkansas has a fairly good crop. A few good orchards in Michigan have been contracted from $2 50 to $3 50 per barrel for fruit picked and placed on the packing tables. Prof. Greene, of Iowa, summarizes the apple crop of that state at 50 per cent. Minnesota fortunately, as far as reports indicate, is ripening this year an unusually large crop of apples. At probable prices there should be a good remuneration for apple growing in our state this year.—Minnesota Horticulturist.

Tawney's Prospects Slim.

Strange how different is the ideas of people. Some editors, when they get the appointment as postmaster, will dispose of their paper, while, on the other hand, when some of the citizens get the appointment as postmaster their first thought is to purchase a paper or an interest in a paper. It is rumored that the present postmaster of Austin, who has lately been appointed to that position, is negotiating for the purchase of a half interest in one of the papers of that city.

There are a number of postmasters in this district, if they are to be reappointed, after another year has rolled by, must see to it that Jim Tawney is reelected to his present position, and we predict, right now, that it will take the purchase of a good many papers to bring that about. Dodge, which has always been one of Tawney's staunch counties, will hereafter give him trouble, as it is doubtful if he will be able to carry a single precinct at the next election.

The people are beginning to feel as though they would like to have their wishes, especially in home affairs, granted once in a while.—Dodge Centre Star.

Constructive and Not Destructive

(From the New York Tribune)

The movement to reform corporation methods and enforce higher moral standards in business which President Roosevelt has directed with such striking success is in its essence constructive and not destructive. It aims at greater security for the investor and greater good to the public. It is idealistic, not cynical or revengeful. It would not do a great wrong to correct another great wrong, to punish the offending heads of corporations and ruin the value of their investments. No unoffending corporation or corporation manager has the slightest reason for dreading the hostile interference of the Government in its concerns, and no innocent holder of corporation securities need fear that he will ever be treated by the Administration or its agents with harshness or injustice.

Stickney's Cheerful View.

In the opinion of A. B. Stickney, the President of the Chicago Great Western Railway, there should be nothing to alarm the corporations in the prospect of Federal control. On the contrary, he believes that "the minute there is full Federal supervision of all roads doing an inter-State business these roads will be free from the petty vexations now thrust upon them by petty State legislatures." He obviously thinks that Congress will deal with railway mattters in a fair and broad-minded fashion. As for the present financial situation he declares that it "does not indicate a crisis of any seriousness, for business is good and President Roosevelt's purpose is not destructive." There seems to be sound sense in this view. At any rate, it is a welcome relief from the prophecies of evil which "certain malefactors of great wealth" have been giving out of late.

A Humane Appeal.

A humane citizen of Richmond, Ind. Mr. U. D. Williams, 107 West Main St., says: "I appeal to all persons with weak lungs to take Dr. King's New Discovery, the only remedy that has helped me and fully comes up to the proprietor's recommendation." It saves more lives than all other throat and lung remedies put together. Used as a cough and cold cure the world over. Cures asthma, bronchits, croup, whooping cough, quinsy, hoarseness, and phthisic, stops hemorrhages of the lungs and builds them up Guaranteed at K. O. Wold's drug store. 50c. and $1.00. Trial bottle free.

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It's twice the size and less than one-half the cost of any brand of really good transparent soap.

Jas. S. Kirk & Company
CHICAGO

Marvelous Statements.

From Le Roy Independent.

Tawney papers throughout the first district are making a desperate attempt to bring their political friend back into the good graces of the people. Their efforts however only remind one of the struggles of a drowning man, and account for about as much as do the final efforts of a doomed man to the water. Here is the ridiculous statement that one paper has the courage to hand out to its readers: "Mr. Tawney has now reached a position where he can not only be of great value to his constituents in the first district but where he can as well accomplish much good for the masses throughout the whole nation and the voters of the first district will see to it that he is reelected to his present position by a large majority." No one denies that Mr. Tawney has reached a position where he can be of great value to his constituents. What hurts the constituents is that he holds the power and yet does not use it for their benefit. If Mr. Tawney was using his power for the benefit of his constituents he would not be found such a favorite in the eyes of the corporations. As far as his being reelected to his present position by a large majority, no man who has any regard for what he says would make such an assertion. The last election showed the extent of Mr. Tawney's popularity and dispelled the idea of a large majority from all thinking men. For the reason we have mentioned before Tawney will never be reelected. A large portion of the members of his party will not support him under any condition so that if he should by chance secure the nomination at the primaries he would find this large party of Republicans adding their strength to that of the Democrats, meaning certain defeat for Congressman Tawney. If the Republicans wish to secure a victory in the congressional election they will support someone besides Tawney at the primaries.

A Noiseless City.

Berlin is said to be the most quiet city in Europe. Railway engines are not allowed to blow their whistles within the city limits. There is no loud bawling of hucksters, and a man whose wagon gearing is loose and rattling is subject to fine. The courts have a large discretion as to fines for noise-making. Strangest of all, piano playing is regulated in Berlin. Before a certain hour in the day and after a certain hour in the night, the piano must be silent in that musical city. Even during the playing hours a fine is imposed for mere pounding on the piano.—Sacred Heart Review.

Blooded Shorthorns for Sale.

I have at my place north of Lansing village at private sale and at right prices 23 registered Shorthorns from the herd of J. C. Mills of Preston. Ten are young bulls, most of the others are heifers. Two of the cows and one bull are imported. Prices right.

tf HERBERT HUNT.

A Price Fallacy.

Because, when corn was worth only 15 cents a bushel, a farmer could get only 2,000 boards in exchange for 300 bushels of corn, while now he can get considerably more than twice as much lumber for the same quantity of corn, the Mississippi Valley Lumberman concludes that the prices of lumber are today wholly reasonable when compared with the prices of farm products and merchandise in general.

The lumbermen have been permitted by the state to get possession of practically all the timber "in sight." They own it. They have it in the coziest of "corners." They can charge what they please, without incurring the obligation of apologizing to anybody. What need, then, to resort to a fallacy to justify their swollen and still swelling price list?

The fallacy consists in putting a product which is mainly the gift of Nature—like water from a river, fish from a lake, or oil from a "gusher"—on the same plane as one which is mainly the fruit of human labor. There was an over-supply of corn when the farmer paid 300 bushels for 2,000 boards at $22.50 per 1,000. There is no over-supply at present; so the fact that he can get 50 cents a bushel for it is no justification for charging him $32.50 a thousand for the same boards. The justification is found in the fact that the lumberman is in a position to exact the larger price—nowhere else. If the lumberman had sown the seed, nursed the trees for 50 or 100 years, and then cut them into lumber, the newspaper's parallel would be proper. But he has done little aside from appropriating what Nature has bestowed upon the state. For the cost of converting trees into lumber bears about the same proportion to the lumberman's charges as the cost of shelling corn bears to the total cost of raising and marketing the crop.

The lumbermen appear better when they stand on the rights vested in them by the laws—however carelessly enacted by the people—than when they resort to verbal legerdemain to justify what needs no justification.—Pioneer Press.

Should Appeal to Congress.

"A mass meeting of Minnesota Valley farmers is proposed for the purpose of agitating a reservoir system," says The Minneapolis Journal. The Minnesota river drains five congressional districts, and a project to relieve the chronic flood conditions ought to receive the hearty support of the entire state delegation. The flooded farmers will get more consideration at Washington if they get together and make a showing of their numbers and the gravity of the situation. If a reservoir system is practical it should be installed, but the valley people will be far more likely to get what they want if they organize."

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