St. Cloud Journal.

ST. CLOUD, MINNESOTA.

Thursday, May 11, 1876.

HOUSEKEEPING.

BREAKFAST, DINNER AND SUPPER.

A lady correspondent of the Chicago *Tribune*, writing about housekeeping matters says: In this letter I propose to take a day's bill-of-fare, such as we have once a week, Monday or Friday. For breakfast: Coffee, corn-bread, ham and eggs, and boiled potatoes.

When buying your coffee, it you order 4 pounds Old Government Java to 1 pound Rio, your coffee will have more body to it. Brown it; when almost done, for 1 pound sprinkle over it two spoonfuls of white sugar and stir thoroughly. The sugar glazes every kernel. Grind for ten, two cups. Put in filter. Have water all the time boiling, and pour over a little at a time until your two-quart coffee-pot is full. If you like it stronger, pour out into a pitcher, and pour over again, keeping the coffee-pot on the stove where it will keep hot, but not boil. Corn bread goes good with ham, and everybody in this country should be ashamed not to know how to make it. Cut the ham rather thin. Don't cook it to death; upon each piece of ham place a rare-done egg or two, fried in fresh lard and salt sprinkled over them. The potatoes must be boiled with their jackets on, peeled quick, and tossed into the pan where you have fried the ham; cover and shake over the fire a minute or two. Never take up anything for breakfast until the family are all seated at the table, and the blessing over.

Dinner at 1 o'clock: Pea soup; 5 pounds loin of veal; lettuce salad; mashed potatoes and parsnips; custard and coffee for those who wish them.

Now, upon the subject of soups, I must be allowed to digress a little. I have studied the science of "What to eat and how to cook it," and I know what I am talking about when I say that the great need in our American diet is the daily eating of soup. Six years ago I married a man who was bound to have his soup every day for dinner. I learned to make several kinds, and began to eat it like a civilized person. I found my health improving as well as my looks. And if I could persuade every mother of a family of growing children to make her daily soup, I should feel that I had been a benefactor to my race. To-day we have pea-soup. You must have your soup-kettle. Buy 15 cents worth of soup-meat or bone; at 8 o'clock put over a slow fire in three quarts of cold water. After boiling a few minutes, salt and skim off, and put in one onion, cut in quarters, one carrot, two small turnips, and two potatoes. Now set on the range in a small kettle two cups of peas, split or whole, in cold water, with a little piece of ham. When all boiled soft, pour into a colander; rub through and put in soup at half-past 12 o'clock, after skimming out the meat and taking off every bit of grease. It must be kept boiling hot. Loin of veal: Put in small frying-pan over the fire a great spoonful of butter not melted and a slice of salt pork cut fine; soak slightly four slices of bread; salt and pepper; cut into the frying-pan half an onion in tiny pieces; let brown; then put in your wet bread, and let it cook until nearly dry. Stuff your veal, putting in a ball about as big as a man's fist. Sift over a little flour, salt, and pepper. Two or three cloves, one or two bits of carrot and turnip in the pan with a slice of salt pork, give the veal an excellent flavor. Taste frequently. Don't let the children eat any veal; mind that. At 11 o'clock put meat in oven, and parsnips on to boil. At 12 put on the potatoes pealed and quartered. Parsnips are done, cut lengthwise and fry in little butter or salted lard. Now for the salad. Wash the lettuce in cold water and press dry. Wash your hands clean. Take a sprinkle of salt and some whole peppers; throw over the lettuce; put in a cup 1 tablespoonful of good mustard; pour in ½ cup good wine or cidervinegar; mix well. Now take your olive oil, and for four heads lettuce pour over it two full tablespoonfuls. With your clean hands turn it over and over until wilted; then pour on your ½ cup of vinegar and mustard. Pack on a platter, and cut three hard-boiled eggs in slices for a garnish. Don't let it swim in vinegar. That is not genteel. Everybody knows how to mash potatoes. Place a little dot of parsley in the middle of your potatoes, and around your veal a few sprigs look nice and clean. All the dishes must be ready a few minutes before 1 o'clock, but not placed upon the table until the soup is eaten. The great aim in cooking should be to have the dinner come upon the table boiling hot, for nobody likes tepid vegetables, lukewarm soup, or cold coffee.

At such a dinner, I make my children eat soup, and if they want meat, a few slices of the soup meat is placed upon the table, which, salted a little, and eaten with mashed potatoes, is all they need after a good healthy pea-soup. The boiled custard or custard-pie, they can eat after removing the crust. For supper, cold yeast bread, a dish of prunes, and for my husband and the gentlemen some baked potatoes and cold veal, or the veal made up with a sauce, or if no veal is left, butter well two or three round pans, and break in three eggs apiece, cook slightly, putting in each man's plate a pan of these eggs. They will salt and pepper to taste.

—The best animal food is said to be that of the sheep, and the best vegetable food that of or from wheat.

HARNESSING COLTS.

The utmost gentleness should be exercised in harnessing the colt for the first time. Any undue roughness, as for instance, throwing the harness over his back, the tugs and straps slapping against his sides, may forever render him exceedingly shy, restive and consequently dangerous to approach. First detach the harness from the pad, closely tying up the tugs. Then take them in both hands and place them gently over the collar, buckling below without jerking at the straps—the too common practice of grooms—after this, with both hands place the pad over the back, buckling just tight enough to prevent the pad from moving out of place When this is done the tugs may then be drawn through the support straps and tied snugly up to them. The collar must be carefully adjusted to the animal's neck so as to prevent both scalding and chafing.—*Exchange.*

LARGE FOWLS AS LAYERS.

Very large fowls are unprofitable as layers, if the eggs be sold, because their eggs are so large. A dozen small eggs will sell for as much as a dozen large ones, as eggs are eggs, whether small or large. As layers only, the different varieties of Leghorn and Hamburg fowls, probably cannot be excelled. But for dressed, market poultry, the light and dark Brahmas are unsurpassed; and as layers they are considered by many to be in the first class, and even the best of all breeds; but it will not cost so much for feed to produce one hundred eggs from some of the smaller birds, as from the larger ones. For general use it is safe to say that light Brahmas stand at the head of the list of dun ghill fowls.

BOXES FOR MELONS AND CUCUMBERS.

It is a good plan to make boxes, say twelve inches square and eight inches high, without bottom or top; these placed over the cucumber or melon hills, and covered with grass, give impetus to the plants early in the season, that nothing short of a hot bed will effect. If very early, place a little fresh manure around these boxes to keep the contents warm. It is astonishing what an effect this simple contrivance will produce; and not only is it valuable for protection from the cold weather, but it is equally valuable as a protection from melon bugs and other predatory insects that seem to watch for our choicest esculents.—*New York Tribune.*

—The "*Maine Farmer*" urges upon its readers the importance of sowing wheat this spring wherever there is land that is suitable for it, viz: strong dry soil, of fine tilth and sufficiently well fertilized to give a strong growth of straw and to insure good filling out of the heads, but not over rich. The trouble has been that farmers have become discouraged by some unfavorable years with this grain, and have failed to sow it, and thus very soon drifted away from it as one of the chief crops of the farm. The crop was a failure in some instances last year, but this should not influence farmers against trying it again this year. The advice which the *Farmer* gives to its readers is to go on sowing wheat and depend upon it for the bread of their families; to sow early, sow late, and sow in the middle, and the result will not bring disappointment.

PAPER BED COVERING.

A suggestion that has been frequently made in the newspapers, that a sheet of brown paper used as a bed-covering between or on the top of other wrappers, will impart additional warmth and be as serviceable as a blanket, has been acted upon by Mr. Loder, who has taken out a patent for paper blankets. They are perforated at distances of about four inches, in order to promote the ventilation which the density of the brown paper material interrupts. These paper blankets may prove a boon to the poor, and as they are economical, and ready for use in any emergency, they will be acceptable in hospitals, for the supply of which Mr. Loder has already obtained two or three contracts.

MILL FAILURES.

Six of the Largest Mills in Massachusetts Shut Down.

The heaviest mill failures that Western Massachusetts has yet seen are that of Harvey, Arnold & Co., of North Adams, print works, shutting up their mill, that of Gallup, Houghton & Smith, and E. H. Arnold & Co., at North Adams, the Williamstown Manufacturing Company at Williamstown, the North Pownell Manufacturing Company, at Pownell, Vt., and Arnoldsville Mill at South Adams, a total of six mills, with aggregate liabilities of probably over $1,000,000, and the assets mostly unsaleable property costing probably $1,500,000. The mills run in all over 1,000 looms on print goods, and 800 people are thrown out of employment.

—Let me urge every farmer to plant one-fourth of an acre, or more, of "sunflower." The leaves are good for forage, green or dry; the seed for oil, horses, hogs and chickens. Plant and cultivate, as you would corn.—*Exchang.*

—A house should be so placed, that the direct rays of the sun shall have free admission into the living apartments; *because* the Sun's rays impart a healthy and invigorating quality to the air, and stimulate the vitality of human beings as they do those of plants, and without sunlight, human beings, as well as plants, would sicken and die. The *aspect*, therefore, should be southeast.—*Popular Science Monthly.*

A WOMAN STATE OFFICER IN NEW YORK.

Mrs. Charles Russell Lowell, who was nominated by Gov. Tilden on Saturday as a State Commissioner of Charities, and promptly confirmed by the Senate, is the first woman, we believe, who has ever received an office from the State of New-York. There is no salary attached to this office, but there are abundant opportunities for hard work and valuable public service, and to a conscientious incumbent the place is anything but a sinecure. The appointment is for seven years. It is greatly to the credit of the Governor, and at the same time a high compliment to Mrs. Lowell, that the nomination was made without solicitation. Mrs. Lowell's long service in charitable works and the marked ability which she has displayed in their management are so well known that in calling her to the assistance of the State in a kind of labor of which she has made a special and most successful study, the Governor will be applauded from one end of New-York to the other.—*N. Y. Tribune.*

A TRULY PRUDENT MOTHER.

A dwelling house on Clifford street took fire in one of the chambers the other night from an exploding kerosene lamp. The flames were extinguished after a sharp struggle by the woman of the house, who had her hands pretty badly burned. She was relating her adventures to a neighbor the next morning, and the woman asked:

"Why didn't you raise an alarm—where was Bessie?"

"Bessie and her beau were courting in the parlor," was the calm reply."

"And you never called to them?"

"Not a word. I have known of cases where a sudden alarm has upset a young man just as he was about to propose, and changed the whole future of two lives."—*Detroit Free Press.*

THE CHINESE IN CALIFORNIA.

At the session of the California Senate Committee at Sacramento, Wednesday C. P. O'Neil, a policeman testified to having been witness to a sale of a Chinese woman who soon after suicided, not liking the man to whom she was sold. He also stated that he had been informed by the Chinese, that they attended the mission schools solely to learn English, and laughed at the idea of becoming Christians. Ah, Dan Chinese interpreter, testified that two Chinese interpreters had been killed in Sacramento for their services in Court, procuring convictions, and that a reward was outstanding for his life. He had also seen similar notices posted in San Francisco. Such notices contain an agreement to employ counsel to defend the murderer if arrested, and recompense him if imprisoned, and send money to his relatives in China if executed. His testimony concerning the Chinese companies was similar to that hitherto published. Chas. T. Jones, District Attorney of Sacramento, gave his experience as to how the Chinese compromise felonies, abduct females, etc., his testimony being in the main a recapitulation of similar evidence given before the Commission when sitting in San Francisco.

—In the country where I was last summer, one of my friends was trying his luck at shooting swallows on the wing. One was struck. In an instant as many as twenty others surrounded it, and while some, extending their wings, bore their wounded companion along between them, others flew around and around the assisting party, uttering plaintive sympathetic cries. This curious spectacle, which was well calculated to move to pity the author of the barbarity, lasted several minutes, when the intelligent little creatures, perceiving that their companion was dead, let him fall and abandoned him. The writer suggests that it may be by supporting their weary comrades in the manner described above that swallows succeed in making such long journeys, sometimes even crossing the ocean.—*Nature.*

—The excitement of whisky drinking drives far more people into craziness than the excitement of religion. In fact, the amount of insanity from intemperance is greater than from any other cause. An eminent British physician, who is the superintendent of a lunatic asylum, has been investigating this matter. He finds that no less than twenty-eight per cent. of the cases under his charge were directly induced by the excessive use of liquor and its allied excesses; and this does not include those cases in which liquor was the remote cause of the mental malady. He also makes the interesting statement, based on his own experience, that it is the alcoholized class of people who get upset in their reason during religious revivals. Their minds have been rendered so unstable, and their will become so weakened by liquor, that they cannot stand a new kind of mental stimulus.—*N. Y. Sun.*

—An up-town man, who believes in self improvement, suggested to his wife recently that they should argue some question frankly and freely every evening and try to learn more of each other. The question for the first night happened to be, whether a woman could be expected to get along without a spring hat, and he took the affirmative; but when he was last seen he had climbed up into the hay-loft and was pulling the ladder up after him.—*Norwich Bulletin.*

—The Chinamen of Gold Hill, Nevada, are petitioning the authorities for a public school, in which they and their children may learn the English language.

A HARBINGER OF WHAT IS TO COME.

As a harbinger of what is to come, I saw, this morning, on Ann street, just opposite the *Herald* Building, a well-dressed lady of about forty years, rather stout and good looking, going through the process of having her boots polished by the street arab. She looked as though she might have been a representative of the New Jersey sisterhood or from the interior some where. As she calmly stood with her foot on the blacking-block, she held a silk rain umbrella in her neatly gloved hands, and kept at bay the 75 or 80 other arabs who assembled to chaff the young duffer who obtained the job. It was about the hour when the *Herald* staff assembled for the day's campaign (between 11 and 12 o'clock), and they, to the number of a score or more, appeared to enjoy the scene from the office doors and windows. The lady obtained a good shine, and paying her five cents, walked composedly away, somewhat protected from pursuing boys by a policeman. —*New York Letter to the Sunday Times.*

—A petition to the Texas Legislature is being circulated, asking the passage of a law to punish horse-thieves as follows: First offense, whipping post; second, whipping and branding; third, hanging.

A Widely Applicable Remedy.

Few remedies are applicable to such a wide range of disorders as Hostetter's Stomach Bitters, and this not because it has special properties adapted to the cure of each—such a pretence would be manifestly absurd,—but on account of its wonderfully improving effect upon the general tone of the system, and its alterative action upon the organs of nutrition, secretion and discharge. Besides its well known properties for intermittent and remittent fevers, dyspepsia, constipation, torpidity of the liver, general debility, urinary and uterine difficulties, it invariably proves to be highly serviceable in overcoming anæmia, hypochondria, rheumatism, insomnia, and many other disorders and disabilities originating in poverty or impurity of the blood, nervous weakness or over excitement, or an imperfect performance of the physical functions.

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BLANKS.

The attention of Attorneys, Justices of the Peace Town Officers and others is called to our very full and complete supply of blanks. Those blanks are printed with new type on good paper, and are of the forms most approved and in general use. They will be furnished at St. Paul prices.

DISTRICT COURT.

Authentication—Certificates of Affidavits—No Answer, Costs and Disbursements
Appeal—Notice of
Appeal—Affidavit on
Appeal—Bond in
Attachment—Affidavit for
Attachment—Bond in
Attachment—Writ of
Argument—Notice of
Complaint on Promissory Note
Costs—Bond for
Comparison—Certificate
Docket—Transcript of
Execution
Garnishee—Summons
Garnishee—Notice
Garnishment—Affidavit for
Issue—Note of
Judgment Roll.
Notice of Appearance
Notice of Trial
Replevin—Affidavit for
Replevin—Bonds in
Replevin—Writs of
Replevin—Complaint in
Replevin—Defendant's Bond in
Retainer—Notice of
Summons
Subpoenas
Verification by Party
Verification by Attorney

JUSTICE COURT.

Appeal—Notice of Grounds of
Appeal—Affidavit for
Appeal—Bond in
Attachment—Bond in
Attachment—Affidavit for
Attachment—Writ of
Executions
Garnishee—Summons
Garnishee—Notice
Garnishment—Affidavit for
Replevin—Affidavit for
Replevin—Bond in
Replevin—Writ of
Summons
Subpoenas

TOWN BLANKS.

Annual Town Meeting—Notice of
By-Laws.
Bonds—Official
Board of Auditors Report (two sizes)
Claim against Town—With verification.
Oath of Office
Notice of Election
Notice of Appointment
Notice of Acceptance
Notice of Ratification
Poll Lists.
Road—Land Tax Warrants (two sizes)
Road—Poll Tax Warrants
Road—Notice to Work
Road Overseer's Acceptance.
Road—Overseer's Annual Report
Road—Overseer's List
Road—Petition for New
Road—Petition for Altering
Road—Petition for Vacating
Road—Notice of Hearing
Road—Order for Laying Out
Road—Assessment of Damages
Road—Appeal to Commissioners
Road—Orders with plat.
Road—Release of Damages.
Resignations and Acceptances
Special Town Meeting—Notice of
Sectional Plats
Town Meeting—Clerk's Minutes of
Treasurer's Statement (two sizes
Warrants of Appointment.

CONVEYANCERS' BLANKS.

Bills of Sale
Bonds for Deeds.
Deeds—Warranty
Deeds—Quit Claim
Execution Sale—Sheriff's Certificate
Leases
Mortgages
Mortgages—Chattel
Mortgages—Partial Release of
Mortgages—Assignment of
Mortgages—Satisfaction of
Mortgages—Notice of Foreclosure
Mortgages—Sheriff's Certificate of Foreclosure
Power of Attorney

MISCELLANEOUS.

Bonds for General Use
Contracts—Land.
Contracts—Farm.
Notarial Protests
Notice of Protest
Marriage Licenses
Promissory Notes—on heavy linen paper, with interest coupons
School District Bonds, with 12 coupons.

BOOKS.

Chattel Mortgage Record.
Record Book
Justice's Docket
Town Treasurer's Book.
Town Orders—in books of 50 or 100, with stubs
Booth's Township Manual
Justice's Manual

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☞Any blanks or books not on this list will be printed or furnished to order.

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PULLMAN PALACE CARS.

These celebrated cars are run on all night trains on all the lines of this road.

This is the only line running these cars between Chicago and St. Paul or Chicago and Milwaukee.

At Omaha our sleepers connect with the overland sleepers on the Union Pacific railroad, for all points west over the Missouri River.

Among the inducements offered by this route to the traveling public are all the modern improvements. Rock and Gravel Ballasted Track, Steel Rails, Rock and Iron Bridges, Parlor and Drawing Room Day Coaches, Smoking and Lounging Cars, Westinghouse Safety Air Brakes, Miller's Patent Safety Coupling and Platforms, Speed, Safety and absolute comfort

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and operating over 2,000 miles of road, this Company presents to the traveler facilities that are not and cannot be offered by any competitor.

All ticket agents can sell you tickets via this route.

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CHICAGO AND NEW YORK

New England and the Canadas,

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READING FOR CHILDREN.

A CLERGYMAN'S OPINION.

What You Can Get For Five Dollars.

CHAS. FRANCIS ADAMS

Says, in a letter to the Quincy (Mass.) *Patriot*, that three-fourths of the books in brisk demand at the public libraries are "rapid and sensational." He thinks that parents ought to guide the children's taste in the choice of reading more than they do. The Newark *Advertiser*, in

A TRENCHANT EDITORIAL

On this subject, says: "A worse literature than that which is spread before the children of this country it would hardly be possible for the mind of man to conceive or his hand to execute. It is even worse than an open advocacy of vice and intemperance, for that would carry its own antidote, while what we have excites, stimulates and debases the intellect, unfits it for healthy food, fills the imagination with gaudy and distorted pictures of life, and develops the passions at an age when they should be most under control. How much of the low moral tone of society is due to these satanic issues of the press we do not not know; but, as a river, can nowhere be so effectually poisoned as at its source, so we have a right to believe that the millions of these papers, devoured by curious and eager children, must influence to a large extent the tone of thought and the drift of action of those whose plastic minds come under their influence."

The writer adds; "It may be somewhat unnecessary to state that we have reference in the above to those monthly magazines for children, which are as healthful as they are beautiful. If all editors were as able, as truthful and devoted as Mrs. Mary Mapes Dodge (who edits *St. Nicholas*), there would be nothing to complain of." The New York *Tribune* says: "In the

AVALANCHE OF IMMORAL LITERATURE

That threatens the children, some strong, vitality wholesome, and really attractive magazine is required for them, and ST. NICHOLAS has reached a higher platform, and commands for this service wider resources in art and letters, than any of its predecessors or contemporaries."

A CLERGYMAN'S OPINION.

Rev. C. S. Robinson, D. D., in an article in the *Sunday School Times*, on the subject, says of *St. Nicholas*, Scribner's Illustrated Magazine for Boys and Girls: "A cleaner, purer, more trustworthy periodical for children cannot be named. It is on the side of all that is true and good, from beginning to end."

In order to place this magazine within the reach of all, the publishers offer to send the 14 numbers (Nov. 1875, to Dec. 1876) for $3.00.

Or, for $5.00, they will send the twelve numbers, beginning with Nov. '75, and either of the bound volumes of *St. Nicholas* for '74 or '75, the full price of which is $7.00. Or, for $8.00 they will send *St. Nicholas* as above, and both bound volumes, the full price of which is $11.00.

Each of the volumes is complete in itself; they are by all odds not only the best, but the handsomest gifts books for children ever issued.

The volumes contain more than 1,500 octavo pages with nearly, 1,000 illustrations; they have five splendid serial stories, besides shorter stories, historical and biographical papers, poems, sketches, rhymes, jingles, riddles, etc.; more than equal in contents to 20 volumes of ordinary children's books of 5,000 book pages costing $20.00.

Two specimen numbers, with prospectus for 1876, sent post paid, on receipt of twenty-five cents.

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THE FOE OF PAIN

TO MAN OR BEAST

Is the Grand Old

MUSTANG LINIMENT,

WHICH HAS STOOD THE TEST OF 40 YEARS.

THERE IS NO SORE IT WILL NOT HEAL, NO LAMENESS IT WILL NOT CURE, NO ACHE, NO PAIN, THAT AFFLICTS THE HUMAN BODY, OR THE BODY OF A HORSE OR OTHER DOMESTIC ANIMAL, THAT DOES NOT YIELD TO ITS MAGIC TOUCH. A BOTTLE COSTING 25c., 50c. or $1.00 HAS OFTEN SAVED THE LIFE OF A HUMAN BEING, AND RESTORED TO LIFE AND USEFULNESS MANY A VALUABLE HORSE.

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St Paul Harvester Works, 226 Third st. | S. L. Sheldon, 69 and 70 Levee
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BOOKSELLERS AND STATIONERS.

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A. H. Lohlker, 147 E. 7th street.
R. O. Strong & Co., (AN ENTIRE NEW STOCK), 25 West Third street.

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Craig & Larkin, 66 Third street. | Pollock, Donaldson & Ogden, 169 Third st

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Fetsch Bros., 71 and 73 E. 3d street, Manufacturers of the celebrated "Bonne Bouch" Cigars, at $60, $70 and $90 per thousand. Send for samples.

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Wm A Van Slyke & Co., 40 Sibley st | J. B. Hoxie, 16 Jackson st

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