

## WOMEN WHO CHARM

HEALTH IS THE FIRST ESSENTIAL

It Helps Women to Win and Hold Men's Admiration, Respect and Love

Woman's greatest gift is the power to inspire admiration, respect, and love. There is a beauty in health which is more attractive to men than mere regularity of feature.



To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of ill-health, painful or irregular periods, headache or backache, secure Lydia E. Pinkham's Vegetable Compound and begin its use.

Mrs. Chas. F. Brown, Vice-President Mothers' Club, 21 Cedar Terrace, Hot Springs, Ark., writes:

"For nine years I dragged through a miserable existence, suffering with inflammation and female weakness and worn out with pain and weariness. I once noticed a statement by a woman suffering as I was, but who had been cured by Lydia E. Pinkham's Vegetable Compound, and I determined to try it. At the end of three months I was a different woman. Every one remarked about it, and my husband fell in love with me all over again. Lydia E. Pinkham's Vegetable Compound built up my entire system, cured the trouble, and I felt like a new woman. I am sure it will make every suffering woman strong, well and happy, as it has me."

Women who are troubled with painful or irregular periods, backache, bloating (or flatulence), displacements, inflammation or ulceration, that "bearing-down" feeling, dizziness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound.

When a woman has occasion to sharpen a knife she gives it a few hard swipes on the first hard substance she sees.

You Don't Have to Wait. Every dose makes you feel better. Tax Payers keep your whole inside right. Not one pipe in a full bottle. Sold on the money back plan everywhere. Price 50 cents.

Queen Wilhelmina's Amusements. The favorite amusements of Queen Wilhelmina are skating and riding, but as a child her hobby was the keeping of poultry.

Sheep-Killing Parrot. The kea is a greenish-brown parrot of New Zealand, which is as dangerous to the sheep of that country as wolves would be. These carnivorous birds fasten themselves on the backs of grazing sheep, tear through wool and skin to the kidney fat, which they devour, leaving the unfortunate animal to perish in agony.

Treasures for the Louvres. Attention is called by the Travelers' Gazette to recent acquisitions by the Louvre, notably a life size bust in chalk, primitively colored, of the hermit king of the eighteenth dynasty, Akhounatou, or Amenophis IV., one of the strangest figures in the long line of the Pharaohs. The bust is a remarkably fine specimen of the art of the period, and is well preserved. Besides this, there are four sepulchral urns in blue porcelain from the tomb of Rameses II. In these urns was found, besides funeral linen, certain organic matter, which is being chemically examined.

## RUN DOWN FROM GRIP

Dr. Williams' Pink Pills Have Cured This Form of Debility in Hundreds of Cases.

"Four years ago," says Mrs. F. Morrison, of No. 1923 Carson street, South Side, Pittsburg, Pa., "I took a cold which turned into the grip. This trouble left me all run down. I was thin, had backache much of the time, had no appetite, my stomach was out of order and I felt nervous and unstrung."

"While I had the grip I had a doctor, but I really suffered more from the condition in which the influenza left me than I did from the disease itself. I felt generally wretched and miserable and the least exposure to cold would make me worse. I couldn't seem to get any better until I began to take Dr. Williams' Pink Pills. I very quickly noticed a benefit after I began taking them and they restored me to good health and strength. Dr. Williams' Pink Pills are a wonderfully good medicine. Thanks to them I am now in fine health and have had no more of my former troubles. I recommend the pills to everyone who is ailing and take every opportunity to let people know how good they are."

Dr. Williams' Pink Pills cured Mrs. Morrison because they actually make good, red blood. When the blood is red and healthy there can be no debility. The relation between the blood and the nervous system is such that the pills have a very decided action upon the nerves and they have cured many severe nervous disorders, such as partial paralysis, locomotor ataxia and St. Vitus' dance, that have not yielded to ordinary treatment. Their double action, on the blood and on the nerves, makes them an ideal tonic.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50. By the Dr. Williams Medicine Co., Schenectady, N. Y.



## FOR THE HOUSEWIFE.

When finely chopped nuts are needed for salads, or sandwiches, run the nuts through the meat chopper.

When frying eggs have the fire low and slide them about the pan to prevent burning the thin whites.

The buckle of a pants strap makes an excellent fastener for a dress skirt. When it is used, there is no button to be lost off an unexpected moment, and no tearing out of the belt because of the button hole.

In making baked or boiled custard scald the amount of milk to be used and set aside until cool, then make your custard and bake it as usual; it will be perfectly smooth.

Water in which rice has been boiled may be used for starching old lace, choice handkerchiefs, etc. It gives a soft and dainty stiffness which adds a charm to their appearance.

In order to obviate stiffness after washing chamomile leather, add a few drops of ammonia to a basin of lukewarm suds and wash the skin carefully in this. Rinse in fresh water to which a little ammonia has been added. Do not wring the water out, but squeeze between the hands and dry as quickly as possible in the open air or near the kitchen range. While drying rub well between the hands and pull repeatedly to prevent it from becoming hard.

## CARE OF RARE CHINA.

Methods Will Add Life to Treasures of Housewife.

The washing of valuable china needs to be carried out very cautiously and carefully. A big wooden bowl, filled with warm, not boiling, soapsuds, to which a few drops of household ammonia have been added, should be prepared and each piece of china washed separately in this, using a square of old flannel for plain dishes, etc., and a soft brush (a painter's brush is best) for elaborately ornamented articles.

Rinse in another wooden bowl of clean warm water and dry with linen cloths. Bronze ornaments may be washed in the same way, but should be finally polished with a chamomile leather. Some people consider a rub with a rag on which there is the least suspicion of paraffin gives bronze a nice appearance, but we do not think it necessary. Glass should be washed in warm water that has little ammonia in it, but no soap, and then rinsed in quite cold water. Cut glass should be washed with a brush, or, if elaborately cut and very dirty, it is rather a good plan not to wash it at all, but brush a paste of whiting and water well into it, allowing it to dry on thoroughly, then removing it with a clean brush, and finally polishing with an old silk handkerchief.

## DUST COATS IN FAVOR.

Are Now Made Up in Many Designs and Materials.

If you were to ask a very fashionable modiste what would be proper for you to wear just now she would reply: "Wear the dust coat!"

Then she would add: "The dust coat of to-day is very different from the linen duster of old, for it is chic and well fitted. It is very decorative in its color, design and in its execution, and it is practical."

If you were to press her closely for the colors and the materials she would reply: "The most fashionable dust coats are made of waterproof stuff, both in plain and in check design. They are of cheviot cloth and novelty goods and they are made almost long enough to cover up the entire gown."

"Then come the coats of pongee, which can be lined and made suitable for winter, and following these are the mohair and the linen coats."

## Orderliness in the Child.

All children should be given some work to do, some trivial duty to perform regularly, and they should be taught to do it willingly and without whimpering. Train your children to wait upon themselves and to keep their toys and playthings tidy and in their proper places.

It is a good plan to teach him to play with one toy at a time, and when that is tired of to replace it before a fresh one is taken. Then, instead of a litter of things to be tidied and put away at bedtime, or when the little one has tired of playing, there is simply one toy that can be quickly cleared away.

When a child returns from a walk teach him to put his outdoor garments neatly away in the place allotted to them. This early training will be of great use to him as he grows older and help to form and strengthen his character.

## Sulphur for the Attic.

If the attic or closets show signs of moths a good smoking with sulphur is most effective. Close windows, plugging them up with bits of paper and cloth, then bring in the sulphur in an old iron vessel, set within a larger one containing earth or water. Light, make your exit quickly, closing doors behind you, and then hanging over them heavy blankets to prevent the smudge going through the cracks. This is good for fumigation as well as moths.

## Petticoat Economy.

A silk petticoat may be made to serve almost twice its usual period of usefulness if it is lined as far down as the bottom ruffle with nun's veiling or some other lightweight fabric. The weight of the skirt is not noticeably increased, nor does it spoil the fit about the hips if carefully done. By doing this the skirt is kept in shape, and there will be much less tendency to split at the seams, a fault that is so commonly developed in silk petticoats, especially those of taffeta.

## To Clean Fur Robe.

Ordinary cornmeal well rubbed in and then shaken out vigorously will clean the white fur carriage robe, unless there are spots of some foreign substance on it. In that event powder French chalk, if left on overnight, will probably effect a cure.

## LITTLE THINGS AND BIG.

Differentiate Between the Essential and the Non-Essential.

Little things are often of great importance, but when they are so they are not little. The pinion of a watch wheel, for example, in one sense is little, in another sense it is not so at all; for when it is not perfectly adjusted, the watch is worthless for time-keeping. It is not size that makes a thing little or great, but its relation to the end for which a number of things are combined. If a thing is essential it is important. Because so many of the people who are always preaching the importance of little things fail to discriminate between the little and the non-essential, they often make a wretched mess of the management of their own and other people's affairs. Theoretically, if every factor that contributes to a result is perfect, the result will be perfect; but practically, for want of time, strength and opportunity, the efficient man is compelled to neglect some things for the sake of others; and, in order to do this and yet secure the main end, he has to discriminate between the essential and the non-essential. The one who is thoroughly imbued with the false doctrine of the importance of little things, spends his strength without discrimination, and usually succeeds in missing the main chance.—The Watchman.

## KING OF SAFE-BREAKERS.

Marvelous Delicacy of Hearing Possessed by Milner James.

"Milner James was the most artistic safe-breaker in the business," said Lecocq the detective. "He is dead now. He opened in his time over 700 safes without tools or gunpowder solely by working out the combination with his delicate and patient fingers. 'It took me a year,' he once said, 'to learn the trick of picking combinations. I studied all the locks there were and I had three safes of different makes to practice on. The ear is the most important factor in my method and it must be held tight against the safe door on a line with the tumblers. When the knob of the lock is turned slowly and one of the tumblers reaches the notch corresponding to the first number of the combination the tumbler will fall with a little click. Care must be taken not to displace this tumbler. You keep on trying the knob back and forth gently till each of the tumblers drops. Then the door opens. Hardly one man in a thousand has an ear delicate enough for this work and to be a success at it you've got to give up tobacco and alcohol.'"

## INTERESTING CONTEST.

Heavy Cost of Unpaid Postage.

One of the most curious contests ever before the public was conducted by many thousand persons under the offer of the Postum Cereal Co., Ltd., of Battle Creek, Mich., for prizes of 31 boxes of gold and 300 greenbacks to those making the most words out of the letters Y-I-O-Grape-Nuts.

The contest was started in February, 1906, and it was arranged to have the prizes awarded on Apr. 30, 1906.

When the public announcement appeared many persons began to form the words from these letters, sometimes the whole family being occupied evenings, a combination of amusement and education.

After a while the lists began to come in to the Postum Office and before long the volume grew until it required wagons to carry the mail. Many of the contestants were thoughtless enough to send their lists with insufficient postage and for a period it cost the Company from twenty-five to fifty-eight and sixty dollars a day to pay the unpaid postage.

Young ladies, generally those who had graduated from the high school, were employed to examine these lists and count the correct words. Webster's Dictionary was the standard and each list was very carefully corrected except those which fell below \$500 for it soon became clear that nothing below that could win. Some of the lists required the work of a young lady for a solid week on each individual list. The work was done very carefully and accurately but the Company had no idea, at the time the offer was made, that the people would respond so generally and they were compelled to fill every available space in the offices with these young lady examiners, and notwithstanding they worked steadily, it was impossible to complete the examination until Sept. 29, over six months after the prizes should have been awarded.

This delay caused a great many inquiries and naturally created some dissatisfaction. It has been thought best to make this report in practically all of the newspapers in the United States and many of the magazines in order to make clear to the people the conditions of the contest.

Many lists contained enormous numbers of words which, under the rules, had to be eliminated "Peggy" would count "Peggers" would not. Some lists contained over 50,000 words, the great majority of which were cut out. The largest lists were checked over two and in some cases three times to insure accuracy.

The \$100.00 gold prize was won by L. D. Reese, 1227-15th St., Denver, Colo., with 9941 correct words. The highest \$10.00 gold prize went to S. K. Fraser, Lincoln, Pa., with 9921 correct words.

A complete list of the 331 winners with their home addresses will be sent to any contestant enquiring on a postal card.

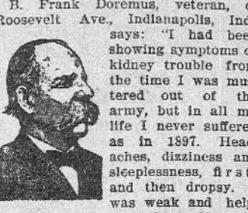
Be sure and give name and address clearly.

This contest has cost the Co. many thousands dollars, and probably has not been a profitable advertisement, nevertheless perhaps some who had never before tried Grape-Nuts food have been interested in the contest, and from trial of the food have been shown its wonderful rebuilding powers.

It teaches in a practicable manner that scientifically gathered food elements can be selected from the field grains, which nature will use for rebuilding the nerve centres and brain in a way that is unmistakable to users of Grape-Nuts. "There's a reason."

## A TERRIBLE EXPERIENCE.

How a Veteran Has Saved the Amputation of a Limb.



B. Frank Doremus, veteran, of Roosevelt Ave., Indianapolis, Ind., says: "I had been showing symptoms of kidney trouble from the time I was mustered out of the army, but in all my life I never suffered as in 1897. Headaches, dizziness and sleeplessness, first, and then dropsy. I was weak and helpless, having run down from 180 to 125 pounds. I was having terrible pain in the kidneys, and the secretions passed almost involuntarily. My left leg swelled until it was 34 inches around, and the doctor tapped it night and morning until I could no longer stand it, and then he advised amputation. I refused, and began using Doan's Kidney Pills. The swelling subsided gradually, the urine became natural, and all my pains and aches disappeared. I have been well now for nine years since using Doan's Kidney Pills. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y."

## Legally Her Husband's Boss.

Boston has one woman who is legally her husband's boss. She is Mrs. Ellor Carlisle Ripley, one of the assistant superintendents of the public schools of the city and the wife of Principal Fred H. Ripley, of the Longfellow school of Roslindale. Mrs. Ripley draws some \$85 a week of the husband's salary, about \$1,500 more per annum than the man who has recently become her "hubby." An assistant superintendent is virtually a supervisor and Mrs. Ripley is in reality her husband's superior and could "fire" him in a minute if she saw fit. Mrs. Ripley is a young woman of pleasing personality.

## STATE OF OHIO, CITY OF TOLEDO, ss.

FRANK J. CIENEY, notary public, do hereby certify that I am a partner of the firm of F. J. CIENEY & CO., doing business in the City of Toledo, Ohio, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every ONE OF SAID COPIES that cannot be cured by the use of HALL'S CATARRH CURE.

Open Air Work for Women. Mrs. A. C. Conradi operates a ranch in Colorado where wild flowers are collected and pressed for use in souvenirs and menu cards. The work being in the open air, it has proved popular among teachers and other women suffering from nervous troubles, as it gives them a chance to earn a living and to regain their health.

## PUTNAM FADELESS DYES do not stain the hands or spot the kettle, except green and purple.

New York "Police Matrons." New York has 71 women on the police force. They are known as "police matrons."

Want Them to Know Country. The Japanese war department has made arrangements to send teachers and students of the middle and higher schools and colleges to Manchuria and Korea free of charge during their vacation. More than 50,000 persons expect to make the trip.

STIFFNESS, STITCHES, LAMENESS, CRAMP, TWISTS AND TWITCHES, ALL DEAMP WHEN YOU APPLY

# ST. JACOBS OIL

THE OLD-MONK-CURE

PRICE 25 AND 50 CENTS

## THE WINNING STROKE

If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweats and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without gripping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that SYRUP OF FIGS is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

### CALIFORNIA FIG SYRUP CO.

Louisville, Ky. San Francisco, Cal. New York, N.Y.

# Home Cure for Women

## If You Fear

the ordeal of describing your sickness by word of mouth, why not try the Cardui Home Treatment, and see if it will not help you, as it did Mrs. Ellen Gilbert, of Villa Ridge, Ill., who writes: "I suffered from female trouble and those choking, fainting spells. I was very nervous, and grew weaker and weaker. Friends came to see me die, but I began to take

# WINE OF CARDUI

Woman's Relief

which relieved me right away. Now I am getting along fine and recommend it to all my friends." The merits of Cardui, as a reliable and effective remedy for all the diseases peculiar to women, have been known for the past 50 years. It is a pure and non-intoxicating preparation of vegetable ingredients, having a peculiar curative effect on the female organs and functions. Cardui has been found to relieve pain, regulate fitful functions and restore the disordered organs to health. Try it.

### At Every Drug Store in \$1.00 Bottles

## PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye garments without tipping apart. Write for free booklet—How to Dye, Bleach and Mix Colors.

### MONROE DRUG CO., Unionville, Missouri.

## CANVASSERS

can make \$25.00 weekly from now until Christmas selling our juvenile and holiday books, also full line of stationery, 100 per cent profit. Freight paid. \$5.00 entire FREE. Send 25 cents to cover express charges. H. J. SMITH PUBLISHING CO., 33 La Salle St., Chicago.

## WINCHESTER

### "NUBLACK"

Loaded Black Powder Shells

Shoot Strong and Evenly, Are Sure Fire, Will Stand Reloading.

They Always Get The Game.

For Sale Everywhere.

## PILES NO MONEY TILL CURED

SEND FOR FREE BLANK TREATISE ON SPECIAL PROCESS WITH VARIOUS PREPARATIONS FOR CURE. DR. THORNTON & BIRRO, 1029 1/2th St., Kansas City, Mo. (Branch office at St. Louis)

## HICKS' CAPUDINE

CURES ALL ARCHES AND RHEUMATISM

Tri-bottle 10c. Six-bottle 20c.

## IF YOU WANT TO EARN MONEY

write a year round. We offer \$25.00 per week for 6 WEEKS. PRIZES for those who secure subscribers in the States and Foreign. Write for particulars, each copy of a liberal consultation on each order. These clubs almost sell themselves. Some clubs sell a week's money as much as \$50. Can use all your time or part of it. Write 25-cents for particulars, before your money is taken. SUCCESS BUREAU, 25 Washington St., New York City.

## Thompson's Eye Water

If afflicted with sore eyes, use!

A. N. K.—F (1906-42) 2146.

# Plantation Chill Cure is Guaranteed

To Cure, or Money Refunded by Your Merchant. So, Why Not Try IT? Price, 50c, Retail.