

THEY CURE ANEMIA

Dr. Williams' Pink Pills the Most Successful Remedy for All Forms of Debility.

Anemia, whether it results from actual loss of blood, from lack of nutrition due to stomach trouble, or whatever its cause, is simply a deficiency of the vital fluid. Dr. Williams' Pink Pills actually make new blood. They do that one thing and they do it well.

"As a girl," says Mrs. Jessie Fluk, of 180 East Mill street, Akron, Ohio, "I suffered from nervous indigestion and when I was eighteen years old I was reduced in weight to 98 pounds. I was anemic, nervous, couldn't eat or sleep, was short of breath after the least exertion and had headaches almost constantly. I had a doctor, of course, but I might as well have taken so much water for all the good his medicine did me. Finally my vitality and strength were so reduced that I had to take to my bed for several weeks at a time. I could not digest any solid food and for weeks I did not take any other nourishment than a cup of tea or beef broth.

"While I was sick in bed I read of Dr. Williams' Pink Pills and I stopped all other medicine and began to take the pills. Soon my improvement was very noticeable. My strength began to return, my stomach gave me no pain and just as soon as I began to take solid food I gained in weight. Dr. Williams' Pink Pills certainly saved my life. I am now perfectly well, have regained my normal weight of 130 pounds and I think Dr. Williams' Pink Pills are a wonderful medicine."

These celebrated pills are recommended for stubborn stomach trouble, for all cases of weakness and debility, such as result from fevers and other acute diseases. All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

ELEPHANT AT THE TELEPHONE

Animal Took Much Time to Learn Ludicrous Trick.

So perfectly is this elephant broken that he works by cues imperceptible to the audience. The trainer merely raises his shoulders and the young bull strides toward the telephone box, turn the crank, ringing the bell, picks up the receiver in his long trunk and holds it to his great, flap ear. Then he hangs it up with the suddenness of disgust, rings the bell a second time, and again holds the receiver to his ear, while he listens with the sage, bland expression which only an elephant can assume. When finished, he hangs up the receiver and "rings out."

For something like two minutes this performance lasts. Yet it requires a month of steady, hard work to break the elephant into this simple, ludicrous trick. More than 2,000 times, actual count, Barlow had to grasp Tom's trunk, apply it to the bell crank and teach the circular motion of ringing the bell, by leading the trunk just as you might lead the hand of a young child when teaching it to wind a music box. More than 1,000 times the trainer had to lead the tip of the big receiver of the telephone to teach the beast to hold it to his ear and hang it accurately back on its hook. And when these details were mastered, it took more than 500 trials to teach the succession of winding the crank and listening before Tom understood and knew enough to twist the crank without breaking it into halves at every contact—Apleton's Magazine.

Round and Square Balls.

A few years ago there was started in Chelsea, Mass., a semi-secret political organization, and after a few meetings it was decided that a ballot box and ballots were needed. A brother made a motion that a committee be appointed by the chair to procure the same. A brother who was always suggesting amendments moved an amendment that the committee be instructed to procure round white balls and square black balls. Another brother asked him to describe a square ball, which brought the house down and caused the mover of the amendment to ejaculate: "You think you are a—d smart, don't you?"

Gasoline and Alcohol.

The greater safety of alcohol, as compared with gasoline for commercial uses, is due to the fact that it will not ignite from pure radiated heat, as gasoline does; that water will extinguish burning alcohol while it will only spread a fire of gasoline, and that the flames of burning alcohol radiates very little heat while that of gasoline radiates heat very rapidly.

A FOOD CONVERT.

Good Food the True Road to Health.

The pernicious habit some persons still have of relying on nauseous drugs to relieve dyspepsia, keeps up the patent medicine business and helps keep up the army of dyspeptics. Indigestion—dyspepsia—is caused by what is put into the stomach in the way of improper food, the kind that so taxes the strength of the digestive organs they are actually crippled.

"When this state is reached, to resort to stimulants is like whipping a tired horse with a big load. Every additional effort he makes under the lash increases his loss of power to move the load.

Try helping the stomach by leaving off heavy, greasy, indigestible food and take on Grape-Nuts—light, easily digested, full of strength for nerves and brain, in every grain of it. There's no waste of time nor energy when Grape-Nuts is the food.

"I am an enthusiastic user of Grape-Nuts and consider it an ideal food," writes a Maine man:

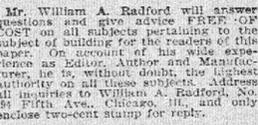
"I had nervous dyspepsia and was all run down and my food seemed to do me but little good. From reading an adv. I tried Grape-Nuts food, and after a few weeks' steady use of it, felt greatly improved.

"Am much stronger, not nervous now, and can do more work without feeling so tired, and am better every way.

"I relish Grape-Nuts best with cream and use four heaping teaspoonfuls at a meal. I am sure there are thousands of persons with stomach trouble who would be benefited by using Grape-Nuts." Name given by Postum Co., Battle Creek, Mich. Read the little book "The Road to Wellville," in pgs. "There's a Reason."

THE AMERICAN HOME

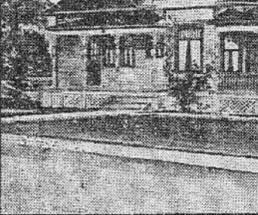
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This is a good-looking house. It is designed for a large corner lot in a village or a broad open space on the farm. The design suggests width, and the long length of porch, both at the front and the side, suggests summer enjoyment. There is plenty of room for porch chairs, hammocks, nantuckets and other furniture intended for comfort and warm weather luxury. There is also provision for cold weather comfort and luxury. The little sitting room with a big window to admit light and ventilation at all seasons of the year has also a pleasant fireplace opposite this window and the two are partners in distributing cheerfulness.

It is easy to dispense hospitality of a high order in a comfortable cottage house like this. It combines all the essentials of good living and distributes them all on the level of one floor. It is a house that may be furnished with rugs, a small assortment of

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TO WARD OFF DISEASE GERMS.

Some Pointers of Value in the Construction of a Filter.

What can we do in the private home to stop the entrance of the disease germ, provided we believe danger exists, asks a writer in the Atlantic? The sanitary experts say that no small filter which allows a good stream of water to pass removes bacteria. In the sale of such filters and the belief in their efficiency lies the peril to the public, who so often believe that a couple of inches of sand or charcoal preserves them from all harm. As a matter of fact expert engineers are practically agreed that 18 inches of sand above drains, and that well covered with the sediment filter, are necessary to obtain efficiency.

Some of the larger household filters are efficient when filled with fine filtering matters, such as sand stone and infusorial earth, which only allow water to pass drop by drop. These are usually provided with either storage reservoirs, or joined in a series of filters so that a quantity may be obtained at once despite the slow rate of filtration. One simple safeguard is always at hand, and should never be forgotten—the boiling of the drinking water. No precaution is better in time of epidemics. One point should be made clear, individual protection should be made clear, individual protection can never possess a fraction of the value that belongs to municipal control, any more than the individual fire extinguisher can compete with city departments.

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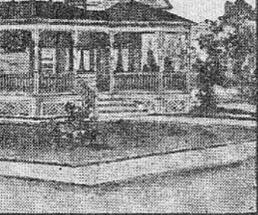
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You can do your dying in half an hour with PUTNAM FADELESS DYES. Ask your druggist.

Nothing takes the ambition out of men more effectually than an easy chair.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, cures colic, soothes wind-colic. See a bottle.

Most men are forgotten shortly after they die and a great many of them are forgotten before the undertaker gets them.

A Harmless Laxative. If you must take a laxative, take a harmless one. Lax-Fos does not grip, therefore does not irritate. Irritation is what does the harm. Price 50 cents.

Worry Postal Authorities. Because the postal administration has imposed a duty of five pennings instead of two on postal cards intended for urban delivery, the citizens of Hanover have inaugurated a singular strike against the postal authorities. Instead of writing postal cards, they all write letters, and, not satisfied with sending their effusions in an envelope, they fill it with newspaper so as to bring the weight of the letter to the maximum of 250 grams. As the envelopes they now use are of the maximum size tolerated it is easy to obstruct a letter box with only a dozen of such missives. The postal authorities are alarmed at this obstruction of the postal service, and it is probable that the former tariff of two pennings on postal cards will have to be reestablished.

TERRIBLE SCALP HUMOR. Badly Affected with Sores and Crusts—Extended Down Behind the Ears—Another Cure by Cuticura.

"About ten years ago my scalp became badly affected with sores and itching humors, crusts, etc., and extended down behind the ears. My hair came out in places, also. I was greatly troubled; understood it was eczema. Tried various remedies so called, without effect. Saw your Cuticura advertisement, and got the Cuticura Remedies at once. Applied them as to directions, etc., and after two weeks I think, of use, was clear as a whistle. I have to state also that late last fall, October and November, 1904, I was suddenly affected with a bad eruption, painful and itching pustules over the lower part of the body. I suffered dreadfully. In two months, under the skillful treatment of my doctor, combined with Cuticura Soap and Cuticura Ointment, I found myself cured. H. M. F. Weiss, Rosemond, Christian Co., Ill., Aug. 31, 1905."

Mrs. Craigie's Address. An amusing story of the late Mrs. Craigie, the noted novelist, was told the other day at the Author's club in New York.

"When Mrs. Craigie was in America last year," said the editor, "she was invited to make an address at a certain meeting. She accepted the invitation, but her name, through some oversight, was put far down on the programme, and worse than that, the chairman, a rather stupid person, introduced before her some speakers who were not on the programme at all.

"In short, it was close on to 11 o'clock when the chairman, with a pleasant smile, bowed and said: "Mrs. Craigie, the eminent author of "Some Emotions and a Moral," will now give us her address."

"Mrs. Craigie rose and said, calmly: "My address is No. 56 Lancaster Gate, Hyde Park, W. London, and I now wish you all good-night, for I am far from home."

A WOMAN'S KIDNEYS. Women have much to do, so many pains to suffer, so many critical periods to go through, that it is important to keep the kidneys well, and avoid the backache, bearing-down pain, headache, dizziness, languor and other common signs of weak kidneys.

Mrs. Charles E. Smith, of 22 Doyden St., Woonsocket, R. I., says: "My kidneys were weak from childhood, and for eight or ten years past my back was very painful and I had many annoying symptoms besides. When I began taking Doan's Kidney Pills I weighed only 120. To-day I weigh 165, and am in better health than for years. Doan's Kidney Pills have been my only kidney medicine during four years past. They bring me out of every attack."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

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An Irish lawyer made a pledge to his wife that he would partake of no intoxicating liquor while engaged in the trial of a case. Soon after he was retained on an important trial in Dublin, and the court continued its deliberations until such a late hour that nearly every one connected with the case found it advisable to take some spirits to stimulate their energies. Although invited by his colleagues to have something, the lawyer remembered his promise to his wife and refused their repeated urgings. Finally, when he explained his plight to one of his legal friends, the latter said: "But you did not make a vow against eating liquor, did you?" When assured that the pledge applied only to drinking, the ingenious client left the court room and soon returned with a plate of fresh rolls. The center of each roll had been scraped out and filled with good whiskey.

CASTE IDEA CARRIED FAR. Illustration of Bitterness Between Followers of Mohammed.

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