

BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're sick, or will be. Keep your bowels open, day by day, by the use of the most pleasant, most effective way of keeping the bowels open, day by day.



KEEP YOUR BLOOD CLEAN

MR. WITHERS' THIRD REPORT

His Committee Revolutionizes the Judiciary.

DEBATES ARE SOON TO BEGIN.

Judge Greene to Call Up the Bill of Rights Shortly—Mr. Gordon Seeks to Amend It—Mr. Summers' Oath.

The Constitutional Convention is going ahead with its work now, and by the middle of the coming week the historic old hall will be fairly blazing with eloquence. The Bill of Rights will be called up on Wednesday by Judge Greene, chairman of the committee, and the discussion upon it will be in committee of the whole. Other committee reports are before the body ready to be considered, and Chairman Moore will report for the Legislative Committee some time early in the week. The members of the Suffrage Committee are hammering away manfully with some prospect of an early agreement.

The convention was in session only twenty-five minutes yesterday. There were a number of prominent out-of-town people on the floor, among them being Messrs. Fred. Bauer, Senator Daniel's law partner, W. McDonald Lee, editor of the Fredericksburg Free Lance, and Aubrey E. Strode, a prominent young attorney of Annapolis.

RESOLUTIONS PRESENTED. There were quite a number of resolutions and memorials, but the feature of the day was the reading of the report of the committee on Reduction of Expenses by Mr. Withers. This is the third report made by this committee.

Mr. Gordon, of Richmond, presented a brief preamble and Bill of Rights as a substitute for the one reported by the committee, and then Mr. Withers was recognized.

The reading of the paper handed in by the distinguished Danville leader—which revolutionizes the present Judiciary of the State—was listened to with marked attention.

ARE ENTIRELY ABOLISHED. The report will be found in full in this column. Under its provisions the County and Circuit Court systems of the State are entirely abolished and one entirely new is recommended. The office of Attorney for the Commonwealth is also abolished.

The State is to be divided into twenty circuits, and the judges who preside over these shall take the place of both the present county and circuit judges. They are to be paid \$2,000 per annum and \$500 per year for expenses out of mileage, as at present. Each circuit shall have a prosecuting attorney, whose salary shall be \$1,500 per year. There shall be terms of court in each circuit once a year. The abolition of Corporation Courts in cities of less than 12,500 inhabitants is recommended and the duties put upon the Circuit Court.

The recommendations as to judges go into effect January 1, 1907. Bristol, Buena Vista, Charlottesville, Fredericksburg, Radford and Winchester lose their Corporation Courts under the provision. It is provided that there shall be but one clerk in counties where there are now two.

The report reduces the number of court officials as follows: Eight corporation judges, eighty-five county judges, 108 corporation and county clerks and 108 Commonwealth's attorneys, all the present circuit judges, and instead there shall be twenty judges, twenty Commonwealth's attorneys and 700 clerks.

Mr. Summers, of Washington county, presented a sweeping resolution, prescribing a most rigid oath to be taken by all public officials elected in the State, including United States Congressmen and Senators, setting forth that they have not directly or indirectly either used or permitted to be used any money or liquor or other valuable things and that they have not made any promise of appointment in order to secure their election.

Governor Tyler occupied a seat on the floor of the convention and was an interested spectator during the proceedings of the body.

Food Cure

NATURE'S WAY

See Diet List Below.

HEALTH REGAINED VIA FOOD.

A man may try all sorts of drugs to help him to get well, but, after all, the "food cure" is the method intended by nature.

Any one can prove the efficacy of the food cure by making use of the following breakfast each morning for fifteen or twenty days:

A dish containing not more than four heaping teaspoonsful of Grape-Nuts, enough good, rich cream to go with them, some raw or cooked fruit, not more than two filices of entire wheat bread, and not more than one cup of Postum Food Coffee, to be sipped, not drank hurriedly. Let this suffice for the breakfast.

Let one meal in the day consist of an abundance of good meat, potato and one other vegetable.

This method will quickly prove the value of the selection of the right kind of food to rebuild the body and replace the lost tissue which is destroyed every day and must be made up, or disease of some sort enters in. This is an act of specialists. Such good suggestions are given by a specialist in food values, dietetics and hygiene.

THE DAY IN DETAIL.

The convention was called to order at noon by President Goode and prayer was offered by Rev. Dr. Richard McVane, the member from Prince Edward. Seventy-eight members answered to their names and the journal of the former day's proceedings was read by Clerk Burton and approved by the convention.

Mr. Dunaway presented a petition from members of the Dover Baptist Association against appropriations to sectarian institutions.

Mr. Boss presented a petition from merchants of his county on the subject of homestead exemptions.

Mr. Gordon, of Richmond, offered an amendment to the report of the Committee on Bill of Rights, which was laid upon the table.

WOULD TAKE CARE OF BOOKS. Mr. Chapman offered the following resolution, which was adopted:

"Whereas the Convention has purchased many valuable books, and records at considerable expense, and further as such books and records would be a valuable addition to the State Library; therefore, be it

Resolved, That the Secretary of the Convention be required to keep an inventory of such books and records and to deposit the same in the State Library with an inventory at the close of the session."

One day's leave of absence was granted Mr. Marshall on motion of Mr. Robertson.

When Mr. Withers presented a further report from the Committee on Reduction of Expenses Messrs. Crismond and Willis stated that they had not signed it and would state their reasons when the report came before the committee of the whole. The report was laid on the table and ordered printed.

TO ABOLISH PRESENT SYSTEM. Mr. Withers, chairman of the Committee on Reduction of Expenses, presented the following report from that committee:

The Committee on Reduction of Expenses beg leave to submit the following recommendations as to the judiciary system of the State:

1. We recommend that the entire County Court system be abolished.

2. We recommend that the Circuit Court system, as now constituted, be abolished.

3. We recommend in the stead of the present Circuit and County Court systems the following:

The division of the State into twenty circuits, each of which shall have a presiding judge, who shall receive a salary of two thousand dollars per annum, and two hundred and fifty dollars per annum for expenses, in lieu of the present mileage allowance.

Each circuit shall have a prosecuting attorney, whose salary shall be fifteen hundred dollars per annum, with an allowance of one hundred and fifty dollars per annum for expenses, who shall perform the duties of the present Commonwealth's attorney.

4. That there shall be held in each county of each circuit not less than three terms per annum, and such other terms as may be found necessary for the convenient dispatch of the business of the court; and terms may be designated for the trial of civil or criminal causes.

5. That the Legislature have power hereafter, by law, to create additional circuits as may prove necessary or advisable, provided that any circuit so created shall not contain less than sixty thousand inhabitants.

MATTERS OF PROBATE. We further recommend that the jurisdiction of matters of probate, administration, etc., be conferred in vacation upon the clerk of the Circuit Court in each of the respective counties, cities and towns, and that all matters pertaining to probate, etc., be vested in the proper county authority established by this Constitution.

We further recommend that all corporation or Hustings Courts in cities or towns of less than twelve thousand five hundred inhabitants be abolished, and that the jurisdiction of such courts so abolished be conferred upon the Circuit Court of the district in which such city or town is situated, and that the question of whether or not a Circuit Court shall be established and held in such city or town shall be determined by law.

The above recommendation in our opinion should not take effect until January 1, 1907, the end of the present term of the county court judges, and we recommend that the Circuit Court judges, whose terms will expire January 1, 1907, be allowed to hold over until this recommendation, if adopted, takes effect. The terms of the Corporation Courts, recommended in this report to be abolished, begin and end at separate times, and no uniform provision can be made as to their terms; therefore, we leave this matter to the wisdom of the Judiciary Committee.

WHO IT WILL HIT. If this recommendation takes effect, it will result in the abolition of the Corporation Courts of Bristol, Buena Vista, Charlottesville, Fredericksburg, Manchester, Radford, Staunton and Winchester. It will result in the abolishing of the offices of our judiciary system as follows:

Eight corporation judges, eighty-five county judges, one hundred and eight corporation and county clerks and one hundred and eight Commonwealth's attorneys, as well as the abolition of our present Circuit Court system; and, in the stead thereof, we recommend the substitution of the following: twenty presiding judges, twenty prosecuting attorneys, which will, of course, necessitate a clerk for each county or city wherein a Circuit Court is held.

We further recommend that in all cities in which corporation or other city courts are retained there shall be held no term of the Circuit Court, unless and except a city shall have a population of not less than twenty thousand five hundred or other case or cases such city or cities shall be made and constituted a part of contiguous circuits.

We are of the opinion that the changes recommended in this report will result in a very large and substantial reduction of the expenses thereof, without impairing its efficiency.

Respectfully submitted, EUGENE WITHERS, Chairman.

MR. GORDON'S PREAMBLE. By Mr. James W. Gordon:

Resolved, That the report of the Committee on Preamble and Bill of Rights be amended by striking out the preamble reported by the committee and substituting therefor the following: "We, the people of Virginia, do hereby assemble in convention through our representatives, according to law, with gratitude to God for His past favors and invoking His assistance upon the result of our deliberations, do ordain and establish the following system of government for the Commonwealth:

MR. SUMMERS' OATH. By Mr. Summers: "Be it Resolved, That every person before entering upon the discharge of any function, as an officer of this State, shall take and subscribe the following oath: 'I, do solemnly swear that I will faithfully and impartially execute the duties of the office which I have accepted, and will support the Constitution and laws of the United States and the Constitution and laws of Virginia, that I have not directly or indirectly used or caused to be used, liquor, money or any pecuniary consideration, through any medium, to influence the vote of any elector in this State in his election or in the election of any one else, for any office, and that I have not promised directly or indirectly any appointment or office that would have a tendency to influence the vote of an elector, and that I have not contributed any pecuniary consideration to any political campaign in Virginia, directly or indirectly, and that I will introduce the duty of God to the best of my ability, to help me to do so.'"

And that no certificate of election to any Federal office, that is to United States Senator and Congressmen, be granted until they take and subscribe the following oath, viz: 'I, do solem-

Miller & Rhoads.

M. and F. Sale.

Miller & Rhoads.

M. and F. Sale.

Miller & Rhoads.



The Mill and Factory Sale.

This announcement will ring with genuine interest to shoppers who know bargains. This is the time annually when the mills and factories unload their surplus stocks at any price. Every incoming train brings to Miller & Rhoads new merchandise at prices you will wonder at. Many lots are sample lots—the very cream of the maker's best. There never was a time in the history of this store when a more brilliant series of summer sales has been so successfully planned and patronized. No store news ever touched more forcefully the interest of the buying public.

M. & F. Sale of Wash Suits and Waists.

Are you one of those who are going away for your August vacation. If so, lend us your ear for a little while and it may prove profitable for you, as we wish to speak about Wash Suits, Waists, etc. Just what you will need if you desire to keep cool.

We can give you a Linen Crash or Chambray Suit, made with full front and trimmed skirt, for \$2.69

We can give you a White Linen Linon Suit, with waist tucked and full skirt, for \$3.50

We can give you a Solid Colored Suit, made of softest material, self trimmed, for \$3.98

We can give you Striped Dimity Suits, with waists elaborately trimmed and skirts with 2 ruffles and flounce, for \$5.98

Our front window is filled with these, so come and feast your eyes.

If your desire should be for a Suit and Waists, you can satisfy you just as well as in Suits.

We can give you Plain or Trimmed Polka-Dot Skirts for 79c

We can give you nice Percale Waists, plain or with vest fronts, for 39c

We can give you styles in Wash Skirts, some with flounces, some with flares, for \$1.00

We can give you either White or Striped, Plain or Sailor Collar Waists, for 57c

We can give you 3 of the swellest styles of Wash Skirts, either plain, with graduated ruffle, or polka-dot with wide flare, or solid color, flounce, for \$1.98

We can give you Solid White or Solid Black Lawn Waists, with rows of nice inserting down the front, for \$1.19

We can give you 21 designs in 4 styles of Lawn Waists, in all sizes from 34 to 44, and these are the \$1.25 kind, 83c

We can give you Pure Linen Waists, in the newest coloring, worth \$2.25, for \$1.48

We can give you a fine Seclian Dress Skirt, with flared bottom and full front, lined in the Val. Lace, and worth \$2.50, for \$1.69

20 pieces Nainsook and Swiss All-overs, only the most desirable effects. Worth \$2.50 yard, sale price per yard, \$1.25

Warren's Feather-Bone Collar Foundations, all sizes and heights, each 10c

Cool Summer Silks. Silk is a non-conductor and therefore one of the coolest fabrics you can wear these hot summer days.

White Corded Wash Silks, in neat stripes, the regular 30c. grade, 20c

White Corded Wash Silks, in plaids and stripes. This is the real Habotai and one of the best grades we have had this season, 45c

Black Japanese Silks, 27 inches wide, all pure silk, thin and cool, yet very strong, being made on looms, 50c

King's 2-0-yd. Spool Cotton, all Nos., black and white, 3 spools 5c

White Goods—M. and F. Sale. 8 1/2% to 10c White Goods for 5 1/2%.

Plaid Organdies, Piques, straight wale, Fine Lawns, 40-inch, Checked Lawns, sheer.

12 1/2% and 15c White Goods for 8 3/4%.

Piques, wide wale, Batiste, fine and sheer, Corded Nainsook, sheer, Pique, small checks, India Linens, fine.

15 to 19c White Goods for 9 1/4%.

Madras, mercerized stripes, Piques, narrow wale, Batiste, corded stripe, Pique, figured lace stripe.

17 to 20c White Goods for 12 1/2%.

Fine Madras, 36-inch, Madras, double hoes, Batiste, wide corded, Lace Straps Organdies, Soft Madras, figured.

Men's Furnishings.

August promises to be a summer of heat, and the demands for an extra supply of underwear will be greater than in the earlier season.

The sweeping reductions in this department before stock-taking are timely and will prove profitable to the buyer:

White Lisle Shirts and Drawers, silk faced, long and short sleeves, extra large sizes, in this lot reduced from \$1.00 to 79c

Mercerized Silk Shirts and Drawers, apricot color, silk faced, long sleeves, reduced from \$1.19 to 79c

Fancy Mesh Shirts and Drawers, long sleeves, reduced from \$1.10 to 79c

American White Lisle Shirts and Drawers, silk faced, long sleeves, reduced from \$1.25 to 35c

Fancy Pleated Negligee Shirts, a few solid pinks, reduced from \$1 to 75c

A lot of Madras Shirts, a few slightly faded from window display, reduced from \$1 to 49c

Black Jeans Drawers, elastic web ankle or string fastening, 5c, cheaper than any other brand, 45c

Servien's Patent Elastic Seam Drawers, the best drawers made, 65c

25c Suspenders, in all makes, new and second hand, 10c

50c Fancy Lisle Underwear, all sizes, a mills surplus stock, for 25c

M. & F. Sale of Hosiery.

(Cool Summer Styles.) Ladies' Fancy Lace and Black Drop stitch Hose, all new patterns, double heels, toes and soles, Hermsdorf's dye, 50c

Ladies' Black Lace Hose, something special, double heels, toes and soles, regular 60c, for 39c

Ladies' Lisle fast colors, 3 pairs for \$1.00, per pair 35c

Special—A large line of Ladies' Fast Black Hose, double heels, toes and soles; also Tan Dropstitch, pair 8c

Special. 100 dozen all sizes Boys' and Girls' Lisle-Finish Fast Black Hose, double heels, toes and knees, subject to manufacturer's imperfections, value \$1.25, pair sale price, 12 1/2c

50c Raisin Seeder, to be closed out at each, 5c

Fruit Jars. We especially recommend The Gilchrist Fruit Jars.

The cone shaped inverted glass piece inside the top presses the syrup to the top and forces the air out, preventing mould and fermentation.

Ladies' All-Linen Hemstitched Handkerchiefs, each, 5c

Reduced Cushion Tops. Various Designs in Lutha Cushion Tops, 10c

Denim Covers, with backs, tinted in beautiful patterns Rose, Dogwood, Lily-of-the-Valley, basket with Clover, the popular Elk design, were 50c and 50c, now 25c

4 Bushel Market Baskets, special, each, 4c

M. & F. Sale of Trunks and Bags.

Cowhide Dress Suit Cases, full lined lined, inside straps and shirt fold, brass lock, \$7 \$5.98

Leather Suit Cases, lined, inside straps, brass lock, \$7 \$3.98

Grain Leather Bags, brass lock, strong handle, lined lined, in \$1.75 side pocket, 85c

Ladies' Club Bags, real leather, lined lined, brass lock, \$1.25, 85c

Telescopes, canvas covered, three straps, leather corners, strong handle, twenty-four inch size, 75c

30-inch Roller-Tray Trunk, extra leather brass trimmed, ball cushion corners, brass trimmed, extra special \$12.50

Roller-Tray Trunk, heavy steel trimmed canvas covered, iron bot \$3.98

Ladies' Skirt Tray Trunk, lined lined, brass trimmed, with straps, \$5.00

Boys' Canvas Trunk, hardwood slats, iron bottom, tray and hat box, for \$2.50

75c Clothes Rack, 4-fold, well made, to be closed out at each, 49c

Men's Soft Shirts. \$1.00 Soft Bosom Shirts 49c \$1.25 Soft Bosom Shirts 75c \$1.50 Soft Bosom Shirts \$1

25c China Teapot Rest, decorated and assorted patterns, special, each, 10c

Parasol Bargains. Just 29 left of the high grade Sample Parasols, were \$3.50 to \$7.00, your choice, \$1.98

Lot of Clocks, one day movements, decorated china and cameo cases. They were \$1.50 and \$2.00, each, reduced to each \$1.19

M. & F. Ribbon Sale.

No. 14 Woven-Edge Black Silk-Fine Velvet 1 1/2 lb box, value 25c, sale, 19c

50 Different Patterns in Desirable Ribbons, but one all show any one pattern, goods worth to 50c, yard sale, yard 25c

5-inch Crepe-Finish Taffeta Ribbon, new, and sold by its exclusive yard, 19c

Hundreds of Remnants of all our Ribbons, ranging in lengths from 1/4 to 2 yards, at one-half regular prices.

Black Serpentine Galloons, 25 different patterns, at present the most sought-after article in the lace line and at the same time the most scarce; sale price, per yard, 10c

M. & F. Notion Sale.

The "Duplex" Skirt and Waist Fastener, the best made, value 25c each; sale, each, 10c

The Kimsey Long-Waist Former, 15c the best made, value 25c; sale, each, 10c

The "Wimpy" Black Shoe Dressing for ladies' and men's shoes, value 10c; sale, box, 5c

Warren's Genuine Feather-Bone Stock Collars, all sizes and heights; sale, 10c each

Two Corset Specials. At Cut Prices. Lot 1—Were 50c for 39c. Summer Corsets in broken sizes. Lot 2—Were \$1.00 for 75c. Madras Corsets, in blue, pink, black and white.

Infants' Pique Jackets. \$1.50 white, pink and blue, embroidered trimmed, 75c

Toilet Articles. Cameron's Orits Tooth Tablets, better than powders, value 10c, sale, 5c

Raymond's Carbolic Mouth Wash, value 10c, sale, 5c

Menthol's Toilet Talcum Powder, value 10c, sale, 8c

Oakley's Violet Toilet Powder, 8 ounce bottles, as good as the best, value 30c, sale, 19c

Parasol Covers. \$1.00 White Brussels Net, finished at edge with three frills, 49c

Quantin's Violet Talcum Powder, absolutely pure, per box, 8c

Children's White Petticoats. 25c, made in fine muslin, with plain hem, 10c

Our entire line of 25c and 35c Veilings, including only the newest effects, sale per yard, 19c

Infants' Embroidered Caps. \$1.50 fine Swiss embroidery, with frill front, edged with lace, 95c

75c Caps, Hamburg embroidery and tall edge, 50c

Corset Covers. 25c Corset Covers, high and low neck, 19c

50c Corset Covers, broken sizes and some slightly soiled, made in cambric and nainsook, 39c

AMUSEMENTS.

The bill at the Casino this week will present some novel and very excellent features.

The comedy element will be much more in evidence than it has been of late, and there will be at least one feature that is quite unique. Dancing, idealism and gymnastics will furnish additional features that should all prove attractive.

The prime feature of the bill will be the Morris Ponies, a marvelous aggregation of educated animals, that has been the vaudeville sensation in Europe and in this country. No notice could be more emphatic or more enthusiastic than those given to the Morris Ponies by the leading papers everywhere. There are eleven ponies, three of a g and a baboon in the troupe, and their sagacity is said to be simply astounding.

This act can be relied upon to furnish something entirely distinct from the common run of trained animal exhibitions, and to meet with favor at the hands of the patrons of the Casino.

The comedy element will be supplied by George W. Leslie, a very unique comedian, and by a team that has kept the New York roof-gardens in a roar for several weeks past.

Neva Aymar is a newcomer. She is said to be a most accomplished vocalist.

The Ford Brothers will give a dancing act that will introduce the dumpy Dutch acrobats as well as the more modern styles of dancing.

Berger and Vermette will present a triple bar act that has made this feature one of the most expensive of all the acts of this character.

Mazzanti Brothers will appear in a "musical barber" act, said to be intensely funny as well as very clever and interesting. The team comes direct to the Casino from the Empire Theatre in London.

This week marks the beginning of the new booking era at the Casino, most of the features having been supplied by the booking agent employed by Mr. Wells to keep his summer circuit moving in the right direction.

There will be performances every night and matinee on Wednesday and Saturday at the new scale of prices.

THEATRICAL TOPICS. The actor, the author and the manager always receive their full share of public attention. The calcium light of publicity is generally turned first upon them. Pick up a theatre programme. First you see the name of the company. Then follows the announcement that the company is under the personal direction of the features having the name of "Pudd'nhead" is generally fortunate. If this new play "Sweet Clover" the play in which Miss Adelaide Thurston is to "star" next season. Years ago when the sand in Col. John McCaull's fortune were running low, he produced an opera called "Clover." It was a great success and served to set the impresario solidly upon his financial feet. Then came delightful "Sweet Lavender" at the Madison Square, and at about the same time "May Blossom"—both sold like a hot cake. "A Mountain Pink" was equally fortunate. If this new play "Sweet Clover" serves to land Miss Adelaide Thurston, the popular Lady Babbie, "in clover," theatre goers will be considerably gratified. Miss Thurston will appear at Richmond early in the coming theatrical season.

Olga Netherole has paid \$10,000 for the exclusive rights to use Clyde Fitch's dramatic production of "Dadlet's" "Sapho," formerly owned the American and English titles.

It remained for William S. Gill, who plays "Pudd'nhead" in Shipman Brothers' forthcoming production of "Pudd'nhead Wilson" to coin a word that has long been wanting to briefly express Mark Twain's Thumb-Mark idea, and the word is "Thumbistry."

"I guess Mr. Gill knows enough about 'Pudd'nhead Wilson' to play the part," said Mark Twain. "I have heard of Palmistry and, incidentally, of Chemistry, but 'Thumbistry' goes me one better."

Edwin Zeldrust, the famous Dutch piano virtuoso, is to make his first concert tournee of America this coming season, under direction of Loudon G. Charlton, the well known New York impresario. Although a native of Amsterdam, Holland, Herr Zeldrust has resided for

many years in Paris, where he is regarded as "one of the three or four great pianists of the world," and the most exacting critics in all the important musical centers