

CHANGE OF LIFE.

Some Sensible Advice to Women by Mrs. E. Sailer.



"DEAR MRS. SAILER:—When I passed through what is known as a change of life, I had two years' suffering, — sudden heat, and as quick chills would pass over me; my appetite was variable and I never could tell for

President German Relief Association, Los Angeles, Cal.

a day at a time how I would feel the next day. Five bottles of Lydia E. Pinkham's Vegetable Compound changed all that, my days became days of health, and I have enjoyed every day since—now six years.

"We have used considerable of your Vegetable Compound in our charitable work, as we find that to restore a poor mother to health so she can support herself and those dependent upon her, if such there be, is truer charity than to give other aid. You have my hearty endorsement, for you have proven yourself a true friend to suffering women."—Mrs. E. Sailer, 756 1/2 Hill St., Los Angeles, Cal.—\$5000 forfeit if above testimonial is not genuine.

No other person can give such helpful advice to women who are sick as can Mrs. Pinkham, for no other has had such great experience—her address is Lynn, Mass., and her advice free—if you are sick write her—you are foolish if you don't.

ALABASTINE The Only Durable Wall Coating

JUST THINK OF IT Every farmer has his own land, and it is his duty to improve it.

YOUR GRANDFATHER WORE TOWER'S FISH BRAND WATERPROOF OILED CLOTHING

When you buy garments bearing the above trademark you have the result of more than half a century of experience backed by our guarantee.

CANCERETS BEST FOR THE BRUISES, SWELLINGS, STINGS, AND BURNS

AIR CUSHION RUBBER STAMPS. All kinds of Stamps. Also Printing Outfits, Daters, Etc. Send for Catalogue and Price List.

The Best Insurance Vogeler's Curative Compound furnishes the best insurance.

AT ONCE—INTELLIGENT LADIES in every community to assist in their declining D. & M. Co. no responsible business done through irresponsible commissions large. Address: Mrs. M. C. DeWitt, Polk, Ohio.

PISO'S CURE FOR GOUTS, RHEUMATISM, GRAVEL, AND ALL THE AFFECTIONS OF THE URINARY SYSTEM

John E. Burns Lumber Co. LUMBER, LAH, SHINGLES, ETC.

Shipped in any quantity Shipped to anybody Shipped at any time Shipped anywhere

40 W. Chicago Avenue, CHICAGO.

A WISCONSIN PAPER ON WESTERN CANADA.

Saskatoon, Saskatchewan, One of the Favored Districts.

The following, clipped from the correspondence columns of the Eau Claire (Wisconsin) Leader, is but one of many letters of a similar character that might be published concerning Western Canada.

"The rush of the land seekers will be to the fertile provinces of the Dominion of Canada. The ultimate result of this is to yield 40 bushels of wheat to the acre are too great to be resisted and an immense migration from this country may be anticipated.

"All this told in the long run. Several went up from here to spy out the land, and like Caleb, the son of Jephthah, and Joshua, the son of Nun, brought back a good report and in a few weeks for Saskatchewan to settle upon farms there, and others are preparing to follow.

"The Inter Ocean says: 'This is a very important matter, as it is taking nothing to avoid this danger, why take any chances?'

Reflection is the flower of the mind, giving out wholesome fragrance, but reverie is the same flower, when rank and running to seed.—Tupper.

Sweet and fruit acids will not discolor goods dyed with PUTNAM FADELESS DYES. Sold by druggists.

Why is a pig in the kitchen like a house on fire? The sooner it's out the better.

Chicago and Northwestern Railway: during the month of March and April \$3000 from Chicago to Helena, Butte, Anaconda, Ogden and Salt Lake City.

W. E. Knicker, 22 Fifth avenue, Chicago, Ill.

ALL KINDS OF STAMPS. Also Printing Outfits, Daters, Etc. Send for Catalogue and Price List. Lock Box 219 Fort Wayne, Ind.

Recompense injury with justice, and unkindness with kindness.—Confucius.

The Best Insurance Vogeler's Curative Compound furnishes the best insurance.

I have used St. Jacobs Oil for several years for lumbago and sprains and find the greatest pain reliever before the public.

Danger to Speaker Henderson. Speaker Henderson may be able to convince the people of his district that he is all right on the tariff question.

James Smith.

Published for Doing His Duty. By no one act less Theodore Roosevelt lowered himself more in the estimation of thinking citizens than by the surrender to the brutal demand of a plunder-seeking clique for the retirement of Commissioner of Penitents Evans.

The Tariff on Foreign Meats. Just at this moment the importation of foreign meats, if there were no duty on them, would break the arbitrary



Hanna & Co. Patriots. The ship subsidy bill which passed the Senate is a purely patriotic measure.

Control of the market by the trust and would thus tend to restore the free, natural movement of live stock from the producing regions. It is equally to the interest of the cattle raiser; the agriculturist and the consumer that this kindred tariff taxes should be removed.—Philadelphia Times.

Roosevelt as Viewed in Tennessee. Quite a number of magazine writers have been telling us of late what a wonderful President Theodore Roosevelt is making.

The Cloud Over Great Britain. There would be little cause for surprise if at any moment Great Britain should find herself confronting the menace of conflict with one of the great powers.

Check on the Beef Trust. There are millions of people in the far East who are subjected to the most laborious tasks and yet never taste meat.

Not a Representative Body. The present Congress is not a popular Congress. There is good Democratic material in it, but the Republican majority has not distinguished itself.

Treading a Perilous Path. Our methods of doing things in Washington are more and more closely bordering on absolutism each succeeding month.

The Modesty of Tariff Plunderers. There is no lack of modesty on the part of the best sugar thieves.

Too Much to Expect. A war department that considers Frederick the Great a great soldier would not be likely to think much of General Miles.—Detroit Free Press.

The Passive State. The art of selling," said an old book agent at the St. James Hotel, "is simply the science of hypnotism—unconscious hypnotism.

A Foolish Diplomatic Policy. The whole tendency of our diplomatic policy has been to alienate the Russians and what have we gained?

Where It Came in Haughty. The train robbers had passed through the coach and ordered every passenger to keep his hands in the air until told to lower them.

Cold Comfort. Her father—No, young man, I shall never consent to your marriage with my daughter.

ARE YOUR CLOTHES FADED? Use Red Cross Ball Blue and make them white again.

Why should little birds in a nest agree? Because it is dangerous to fall out.

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GOVERNMENT OF BRAZIL.

Constitution Closely Modeled on That of the United States.

The Brazilian constitution is closely modeled on that of the United States, the framework of government being the same in all essential particulars.

The term of the President is four years, with ineligibility to re-election, and the President and Vice-President are elected by absolute majority on a direct popular vote.

The term of the President of the Senate expires in 1902. With Moraes and Salles the Brazilians have turned from the military and naval men, whose ambition has been the lynch of the young republic.

The New York Board of Health Find It Dangerous to Health and Damp.

The New York papers report that the Health Department of that city has seized as dangerous to health nearly two tons of cheap mixtures sold for baking powder.

The different Health Authorities seem to have different ways of repressing the sale of bad baking powders.

Consumers can protect themselves by buying only high-grade baking powder of established name and reputation.

There are several good powders on the market; let the housekeeper insist on getting the best.

His Umbrella Was Retained. A well-known English dean recently had the misfortune to lose his umbrella.

Recognized as a Specific. Nasal Catarrh quickly yields to treatment by Ely's Cream Balm.

After the Proposal. He—Do you think your mother will be surprised?

Catarrh Cannot Be Cured with LOCAL APPLICATIONS, as they cannot reach the seat of the disease.

There are no millionaires in Iceland. The people there are all poor, but there are no paupers and no beggars in the land.

Women are loath to praise work done by other women.

Two bottles of Pisto's Cure for Consumption cured me of a terrible cough.

Writers sometimes starve on lays and thrive on lies.

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HIS BUTTONS AND HIS WIT.

Illustration of the Irish Aptness in Use of Language.

Canon Stavely, in a recent article chiefly devoted to the sayings of Irish clerics, has given some quotations from the comments of their parishioners.

"Biddy," queried one, "who's that big gentleman?"

"Arrah, Molly," was the reply, "sure, that's none other than Canon Bagot, and isn't he the mighty fane gentleman entirely, every button on his coat doing the duty?"

"Sometimes," said a prominent lawyer, who was giving some reminiscences of his professional career.

"I was once counsel for the plaintiff in a suit for infringement of trademark. My client made a brand of chewing-gum put up in a blue wrapper.

"I told him to hold the two just as he had them. He paused at my interruption, wondering what I was up to.

The Sunday school lesson was about the sale of Joseph by his brethren, and of Reuben's part in the matter.

Many School Children Are Sickly. Mother Gray's Sweet Powders for Children, successfully used by Mother Gray, a nurse in Children's Home, New York.

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"TIRED ALL THE TIME,"

Women in the Springtime Need a Tonic. Spring Fever is Spring Catarrh. Peruna Cures Catarrh.



A Beautiful Club Woman's Recovery. Los Angeles, Cal., 220 N. Olive Street, May 8, 1903.

Peruna Medicine Co., Columbus, Ohio.

Doctors said my liver was affected. My complexion was dark and yellow, I had a bad taste in my mouth, and was tired all the time.

Miss Lena Hilton is President of the Wednesday Whist Club of Los Angeles.

A complete change and rest for a year. As this was out of the question for a time, I began to look around for other means of restoring my health.

Peruna is all that I need. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a statement of your case, and he will be pleased to give you his valuable advice gratis.

Address: Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

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AIR CUSHION RUBBER STAMPS. All kinds of Stamps. Also Printing Outfits, Daters, Etc. Send for Catalogue and Price List.

Inset upon your printer using Eagle Lined Paper for your Letter Paper. This is the proper thing. Take no other.

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