FOR THE HOUSEKEEPER

URGED TO START CANNING FRUIT AND VEGETABLES—INFORMATION IN PACKING PRODUCTS.

Now is the beginning of the canning season. Start your store of supplies with plenty of rhubarb and asparagus as they can be used in so many different ways to vary the winter diet. Rhubarb is probably the easiest to can of all fruits and vegetables on account of the amount of acid it contains as the bacteria which causes the spoiling of fruits does not grow in a strong acid medium. Rhubarb can be canned without cooking. Select young tender stalks, cut in two inch pieces or lengths to fit the jar, then place in vertical rows. Pack in sterlized jars and cover with fresh cold water, allow it to stand ten minutes then drain off the water and again fill to over-flowing with fresh cold water, cover and seal at once. Since rhubarb contains so much water a much more economical way is to can your rhubarb sauce, cut into inch lengths and cook the usual way or steam until tender. For each quart of sauce add one half cup sugar, pack hot and process quarts for ten minutes.

Asparagus is more difficult to can. It is canned by the cold process method and intermittent sterlization is recommended by the Department of Agriculture. The steam pressure cooker is ideal for canning asparagus. As on account of the extreme heat it is necessary to process it for one period only or 50 minutes. In order to kill the spore bearing bacteria it is safest to cook it one hour each day for three days as this allows time between processing for the spores to develop. This is true in the south although I believe in Maryland the two hour period will be found successful with the pint jars. Time is counted when the water starts to boil. This will keep the asparagus but is apt to produce a product that is over-cooked. It is of greatest importance that the asparagus be fresh and tender. Cut in lengths to fit height of jar, scrap off the tough outer skin and tie in bundles. Blanch by immersing the lower ends of the bunch in boiling water for 2 minutes, then immerse the entire bunch for 2 minutes longer. Plunge in cold water and pack carefully in vertical rows, cover with a brine (1 Tb. to 1 qt. of water) and process pints in hot water bath 1 hour on each of three successive days or in steam pressure canner 30 minutes under 10 lb. pressure at a temperature of 240 F.

We hope every woman in Carroll county this year will put up some fruit and vegetables for exhibit purposes to be shown at our County Exhibit in Westminster, in the Armory sometime this winter. Every woman should take enough pride in her county to have sometihng to exhibit. These winter exhibits are an annual thing in some counties and the fame of some of our neighboring counties is due a great deal to the fairs and exhibits in which the products of that county are shown. No other county in the State of Maryland will exceed Carroll county if each citizen takes an interest and exhibits their best at the county fair. The first exhibit of this kind this year will be held in Taneytown, from August 11th to 15th and, as this is early we will probably not have as large an exhibit as we will at the winter show, but try to have something to bring up the fame of our county in this work. Try for unusual products. In marmalades, preserves and jams, try mixture of fruits, also in jellies. You will not only secure beter jelly but will have an original product. You will make your jelly go much further by adding tart apple juice.

Start this month with an exhibit shlef, putting on it your best products. Take special pains with those. Be sure to have the good rubbers. We recommend the Kold-pack rubbers or the Good-luck rubbers, but be sure they are not kept over from last year. A rubber in order to be fit for cold-pack should be able to stand the weight of 13½ lbs. That will probably be about the weight of your water pail nearly full of water, slip the handle off, put the rubber on and see if the rubber will stand that weight. A good rubber will also stretch two and half times its diameter, it can be creased and bent without cracking. It pays to test your rubbers because on that point alone much of the success of the cold-pack method depends.

If you wish bulletins on canning or any special help in regard to the selection of canners see the Home Demonstration Agent, Times Building.

300,000 People Reached Last Year By State College.

By touching the lives of more than 300,000 people last year the Extension Service of the State College gave a wonderful demonstration of the practical application of President Woods' idea of taking the College to the people of the State. In a recent address dealing in part with some of the problems of the readjustment period Dr. Woods said, "The Colleges and Universities will not be on the campus but in the communities they represent."

In this statement we have the complete story of the "why" of the Extension Service. It is the peoples' part of the institution and its workers are their servants to help in every possible way to increase the value of Maryland's agriculture and to assist them in the working out of all social and economic questions relating to agriculture which will make for a better citizenship. As Director Symons has so ably put it, "It is our problem, our responsibility, to convey the results of applied science relating to agriculture to the farmers and homemakers and to all people generally in Maryland."

In carrying out the established lines of work and meeting the tremendous demands of the war program in its various ramifications the Agents and Specialists of the Service traveled a total of more than 500,000 miles during 1918.

Through the efforts of the County Agents and Specialists 2,322 head of pure-bred stock, including bulls and heifers of both dairy and beef cattle; boars, gilts; and rams and ewes, have been permanently located on farms in the several counties. The value of this single project is hard to estimate in dollars and cents, but when we consider the natural increase that will result from such animals now in the State and the constant augmenting of their numbers through the activities of the Agents it is not necessary to stretch our imagination to appreciate what such a move will mean to the future of our livestock industry.

Fully realizing that much of the success which might attend their efforts depended largely on effective organization, the members of the Service have given much time and study to the problem, and with telling effect. One hundred and eighty-six new farmers' organizations with a membership of 12,940 were formed during the year. There is now a total of 526 farmers' organizations in the State. The dairy interests have been organized on a state-wide basis with such a gratifying degree of success that 1000 out of a possible 1600 dairymen shipping milk to Baltimore have come into the Association, and general marketing conditions have been greatly improved. Great progress has been made in controlling hog cholera through the Growers' Associations of which there are at present 271 with a combined membership of 4,941. Interest in sheep growing has been greatly accelerated through the organization of some ten county associations.

The women's organization form the connecting link between the College and the home and under the able leadership of Miss Keller, State Home Demonstration Agent, the two institutions have been brought very close together. There are now 193 women's organizations in the State; 93 clubs and 100 community associations. The main lines of work followed are the conservation of food by canning, drying, pickling and preserving; improvement of community social life; and the consideration of home problems of all kinds.

The greatest crop in the State, our hope of tomorrow, the boys and girls in the rural and urban homes occupy a very important place in the work of the Service. During 1918 approximately 5,000 boys and girls were influenced through the activities of the Extension Service Specialists. The boys were instructed in the growing of corn, potatoes, pigs and poultry; and the girls in canning, gardening, sewing and home work of various kinds. It was a banner year for the youngsters, the members of the boys' clubs produced products to the value of $56,368.00; and on their tenth acre gardens, the girls raised $25,567.00 worth of vegetables and in addition filled some 200,000 cans with good things to eat.

One of the features of the "Win-The-War Product Contest" carried out by the Extension Service was the "War Garden Contest." It is doubtful if people generally fully realized the possibilities of a small home garden previous to this organized movement to produce and conserve foodstuffs. These possibilities are strikingly illustrated in the returns from the two best gardens in the State; the first prize small garden gave a return of $1427.80 per acre and the large garden $1389.40 per acre. It is estimated that there were 170,040 gardens in the State last year on which products to the value of $6,880,900.00 were grown. The Service contemplates the continuation of this project which in the future will be known as the "Peace Garden."

In order to give a practical application of the results obtained in the investigation work of the Experiment Station and College, 3,427 demonstrations in the culture of fifteen standard farm crops were conducted by the County Agents in cooperation with the farmers of their respective counties. Some idea of the tremendous scope of this demonstration work may be gained from the figures relating to orchards; 961 demonstrations were conducted in the spraying, pruning and general culture of 496,817 trees. Special demonstrations in the care and feeding of livestock and poultry; control and production of diseases; the home mixing of fertilizers, and the care of manure; the operation and management of tractors; the construction of silos; the use of lime; the value of wilt resistant tomatoes; control of insect pests, plant diseases, and similar problems were carried on under the direction of the Experts of the Service.

In taking the College to the people of the men and women County Agents personally visited over 30,000 farmers; held approximately 50,000 office consultations; arranged for and addressed some 4,000 meetings having a combined attendance in excess of 200,000 people; wrote 40,440 personal letters, and sent out 68,523 circular letters; distributed 37,811 bulletins; and prepared 1,530 articles relating to their work for the press.

During the year ten bulletins and fifteen circulars dealing with timely topics were issued by the Service, and 93,000 copies distributed. The State College Journal which comes out monthly enjoyed a circulation for the year of 84,000 copies.

A very definite part was played by the members of the Service in helping to carry out the State and Nation's War Program. The details of the $25,000 "Win-The-War Product Contest," were arranged and supervised by the several Specialists in charge of the lines of work in which prizes were offered. In connection with the wheat saving campaign, 640 thrashing machines were inspected with the resulting estimated saving of 50,000 bushels of grain. A considerable amount of time and study was given to the farm labor situation, and definite assistance rendered to farmers in all sections of the State. Every member of the force entered heartily into the Red Cross, Y. M. C. A., Liberty Loan, and War Savings Stamps campaigns and rendered every assistance possible through organization and otherwise in helping to "Go Over The Top."

This very brief summary would not be complete without a word of appreciation to President Woods, the officials of the United States Department of Agriculture, State Council of Defense, State Food Administration and other organizations, whose splendid support and earnest, cordial cooperation made possible much of the success attained during the past year.

Text of President's Message.

Washington, May 20.—President Wilson, in his message to Congress today, declared:

That he would return the railroads to their owners at the end of the calendar year.

That the telegraph and telephone lines will be returned to their owners as soon as possible.

That in the case of both the wires and the railroads there should be legislation to develop a more uniform and co-ordinated system of operation.

The wartime prohibition act should be amended or repealed so far as it applies to wines and beers.

There is no occasion for "any general revision" of the present system of import duties, with the exception of the necessary protection for the new dye industry and against possible trade discrimination by foreign powers.

Revision of federal taxes to simplify administration, elimination of minor taxes such as excise upon various manufacturers and taxes upon retail sales and adjustment of incomes, excess profits and estate taxes as the mainstay of revenue sources is necessary.

That a "new organization of industry," with labor participating in its control, is necessary to make operative a community of interests between capital and labor.

The United States Employment Service should be continued and several agencies of conciliation and adjustment co-ordinated by setting up new federal agencies of advice and information, similar to those created for internal counsel and suggestion under the League of Nations.

That undeveloped land should be allotted to returning soldiers.

That woman suffrage should be adopted.

Owing to many applications received by the Conservation Commission of Maryland, they have decided to propagate Suckers, at the Lewistown Hatchery, provided the brood fish can be secured. They have asked that Carroll county supply some of these, and Mr. H. L. Hobby, Secretary of the Forest & Stream Club, Westminster, would like to hear from any one who can supply white or yellow suckers in large or small quantities, and deliver them alive and in good condition either at Westminster, or some other point along the W. M. R. R. within the next two weeks.

Like other things "made at home" Karo Home-Made Candy is best for Children

Karo is pure and rich in food value; it is wholesome and health building.

Fudge—delicate and creamy; Crisp Taffy and Brittle Peanut Candy; Caramels and Fondant — Karo makes many kinds of home-made goodies.

FREE The new 68-page Corn Products Cook Book tells you how to make the most delicious Karo Candies easily and quickly. Beautifully illustrated and it is FREE. Write us today for it.

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FOLKS are a heap like tobacco. Thar's hot-headed, bitey folks. Thar's flat, uninterestin' folks. An' then thar's folks like Velvet—mild, but hearty an' fren'ly, too.

Velvet Joe

Velvet

THE FRIENDLY TOBACCO

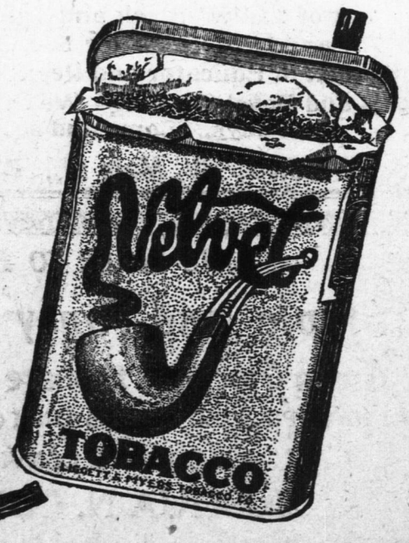
"Friendly" is a very good word to describe the positively pleasing quality that sets VELVET tobacco apart.

There is that indescribable something about VELVET that is associated in men's minds with the thought of a friend.

It is a satisfying smoke—never harsh; without a bite. Like a friend it "agrees" with you no matter how much you use it.

Long, patient ageing—in wooden hogsheads—does it. Friendship must ripen *slowly*. Good tobacco the same way. An army of men have learned this through VELVET.

Today is a good time to get a lot of comfort out of a pipeful of friendly VELVET.



Liggett & Myers Tobacco Co.

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Roll a VELVET Cigarette

VELVET'S nature-aged mildness and smoothness make it just right for cigarettes.

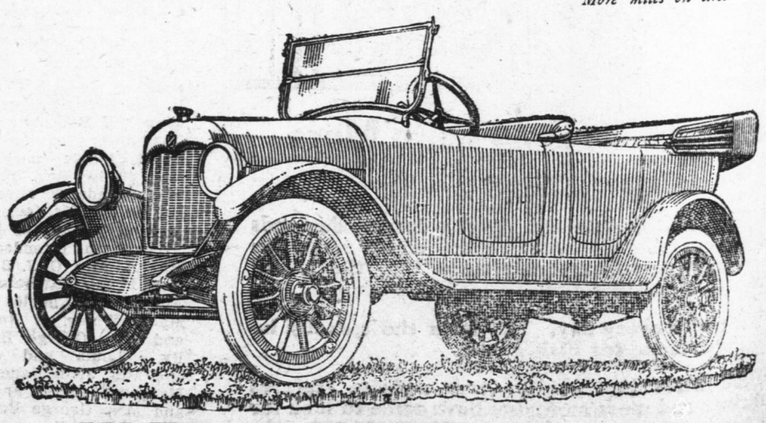
The Things About a Maxwell You Remember

1. It runs endless mileage.
2. It makes a dollar's worth of gas travel a mighty distance.
3. It shies at the repair shop.
4. Its tires seem to last forever.
5. Its upkeep never makes you poor.
6. It never wobbles or creaks in its old age.
7. If you keep two or three other cars you'll drive your Maxwell twice as often as any of the others.
8. It is never thirsty for oil.
9. Your neighbor and your banker respect your motor car judgment.
10. When you part with it, it's like parting with a life-long friend.

All ten of which are due to the 300,000-all-alike idea conceived at the time the Maxwell was originated, 5 years ago. The policy of doing one thing and doing it well over a period of years has no better example in business today than the product of the Maxwell Motor Company. It's the kind of car you never forget.

Maxwell

More miles per gallon
More miles on tires



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