

SAYS STRENUOUS AGE INCREASES SUICIDES

Dr. Joseph Leidy, of Philadelphia, Attributes Great Number Of Self Killings To Stress—Women Less Affected By Depression than men.

Why did more Philadelphians, men and women, take their lives between the ages of 21 and 40 last year than any other age period?

That they did do it is shown from the statistics of the coroner's office, just published. In 1919 only three suicides were reported of persons under 21. But between the ages of 21 and 30 51 persons took their lives while 45 committed suicide in the

period from 30 to 40. And from 40 on the number of suicides fell off, though there were 15 between the ages of 70 and 80, and one who had passed the century mark.

A possible explanation of the great number of persons guilty of self-murder in what usually are called the best years of a man's life is furnished by Dr. Joseph Leidy, noted physician and student of psychology.

The suicide statistics in regard to sex offer another interesting subject of speculation. Sixty-four women took their lives in 1919, in comparison to 127 men. Doctor Leidy believes this difference is due to the more constant occupation of women.

"A housewife has little time to

spend in brooding," said Doctor Leidy. "The mind of a man who is out of work offers a fertile field for the suggestion that he take his own life. This is especially true here in the United States, where we have no hobbies. A hobby is a good balancing pole. It adds in maintaining mental equilibrium.

"The difference in the number of negroes and whites who committed suicide also is interesting. The report shows that only four negroes took their lives, while there were 197 white suicides. This is a perfect reflection of the negro temperament, which can be content with the minimum of those things which we consider necessary to make life even bearable."

The oldest of two farm boys left the old home place for the bright lights. After working a while at his job in the city he wrote his brother out on the farm telling of the joys of city life, in which he said:

"Thursday we autoed out to the country club where we golfed until dark. Then we motored to the beach, and Fridayed there."

The brother on the farm wrote back:

"Yesterday we buggied to town and baseball all afternoon. Then we went to Med's and poked out until morning. To-day we muled out to the cornfield, and gee-hawed until sundown. Then we suppered, and then we piped for a while. After that we stair-cased up to our room and bed-steaded until the clock fived."—Sel.



The Cave Man Hunted for His Supper

In order to secure a meal the cave man chased an animal over the hills and carried it back, perhaps many miles, to his home.

Our present day methods are infinitely simpler and easier. A phone call to the grocer, butcher, and the baker, will bring what we need.

New and better methods are continually supplanting the old. For many years castor oil, mineral waters, salts, pills, etc., were all medical science had to offer for the treatment of constipation.

But, as your doctor will tell you, these drugs irritate and spur the bowels to unnatural action, and tend to make constipation habitual. Today they have given place to Nujol, which medical science has found to be the safe way of treating constipation.

Nujol works on an entirely new principle.

Instead of forcing or irritating the system, it simply softens the food waste. This enables the many tiny muscles in the walls of the intestines, contracting and expanding in their normal way, to squeeze the food waste along so that it passes naturally out of the system.

Nujol thus prevents constipation because it helps Nature maintain easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world.

Nujol is absolutely harmless and pleasant to take. Try it.



Nujol is sold by all druggists in sealed bottles only, bearing Nujol trade mark. Write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York, for booklet, "Thirty Feet of Danger."

The Modern Method of Treating an Old Complaint.



What's Your Low Score?

CAN you do the course under the other fellow? The true golfer who wants to feel himself going strong must be in trim—nerve steady, eye clear, free from bodily weariness. Plenty of Ice Cream will keep you physically fit. Ask your doctor—ask any physical instructor!

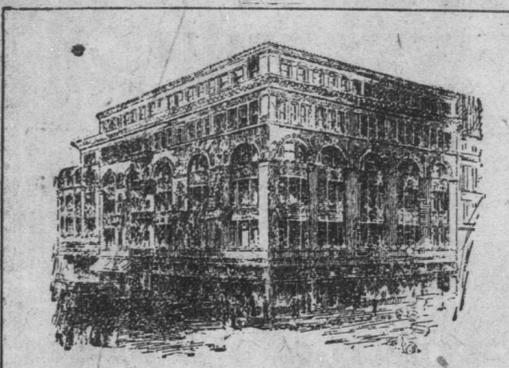
But, for your own sake, be sure it's

EAT A PLATE OF ICE CREAM EVERY DAY!



EAT A PLATE OF ICE CREAM EVERY DAY!

SERVED BY GOOD DRUGGISTS AND CONFECTIONERS



Particular Shoppers Fill Your Orders When You "Shop-By-Mail"—at

HOCHSCHILD, KOHN & Co.

Whenever possible, you should do all your shopping at your home stores.

However, if there's some particular sort of merchandise which they cannot furnish, we will be glad to serve you. Purchases of any amount, provided they are within the Government limit of weight and size, will be delivered FREE OF CHARGE, by Parcel Post anywhere in the United States. (This includes all dry goods, wearing apparel, shoes, fancy goods, jewelry and books.)

Baltimore's Best Store

HOCHSCHILD, KOHN & Co.

Howard and Lexington Sts.

A BANKING INSTITUTION FOR THE PEOPLE

Visitors visiting this Institution have often remarked as to the number of accounts we have in our Saving Department.

We take this as evidence that this Institution is popular with the people.

We pay 4 Per Cent. on Saving Accounts. and interest is compounded semi-annually.

We Pay 4 Per Cent. on Certificates of Deposit.

ON ACTIVE OR CHECKING ACCOUNTS, WE PAY 3 PER CENT. ON DAILY BALANCES ON SUMS OVER \$500.00, AND INTEREST IS CREDITED EVERY MONTH.

Will be glad to have you call and discuss the question of saving with you and will appreciate your account, whether large or small.

WESTMINSTER DEPOSIT & TRUST COMPANY

Capital, \$100,000.00. Surplus & Undivided Profits, \$159,000.

Ford Prices

F. O. B. FACTORY

Touring Car	\$575
Roadster	\$550
Chassis	\$525
Truck	\$600
Coupe	\$750
Sedan	\$875
TRACTOR	\$850

Starter on any above cars \$75 extra.

Herr & Babylon

Join The American Legion, Carroll Post No. 31,

Builds Health

for it contains just the food elements nature requires.

Grape-Nuts

Food for Workers Needs no sugar

"There's a Reason"

Made by Postum Cereal Company, Inc. Battle Creek, Mich.

Pulp Wood Wanted

We will buy peeled poplar and gum pulp wood cut to usual specifications. Write us for particulars.

The Jessup & Moore Paper Co.

P. O. Box 1094 PHILADELPHIA, PA.

McHenry Bros.

Will hold their next large Auction Sale at their stables on West Fifth Street, Frederick, Md., on

Thurs., July 22, 1920

at 11 A. M. Rain or Shine. Horses will be at Barn on Wednesday, 1st, for inspection.

Horses, Mules, Cattle, Hogs, Autos, all kinds of vehicles and harness, sold on commission. Private Sales Daily.

RICHARD McHENRY, } Proprietors.
BRADLEY McHENRY, }
ALLEN McHENRY, } Phone 584.

July 14-15

Westminster & Littlestown Bus Line

TIME TABLE

Effective April 1st, 1920 (Subject to change without notice.)

Leave Westminster

6:00 A. M. Daily except Sunday. 6:30 A. M. Sunday.

4:00 P. M. Daily and Sunday.

Leave Littlestown

7:30 A. M. Daily except Sunday. 8:00 A. M. Sunday.

5:30 P. M. Daily and Sunday.

Stop for passengers by signal at any point along the line. This Bus connects with the Electric Car at Littlestown for McSherrystown, Hanover, York, Lancaster and other towns.

OPERATED BY

O. C. CORBIN, Westminster, MD.

mar 19-1f C. & P. TELEPHONE 54W.

AT LAST

The good old summer time has arrived, and with it that tired feeling; also those hot, burning swollen aching feet; well! Why not try a pair of.

White Canvas Oxfords or Pumps. they will give quick relief and have a cool comfortable look.

Straw Hats for Men The kind that have the looks and are comfortable.

WASH TIES—New ones just in. A new lot of MEN'S SHIRTS.

J. THOS. ANDERS

22 W. MAIN STREET. WESTMINSTER, MD.