

# WOMEN AND THEIR INTERESTS

## Daysey Mayme and Her Folks

By Frances L. Garbide

It is Lysander John Appleton's opinion that the foundation of the liking of his wife and daughter for warlike prose and poetry lies in the repetition of the number of times the soldiers were told to "charge it."

They "charged" to the right, and they "charged" to the left, and in one particularly inspiring poem they "charged the six hundred."

"We have never," lamented Daysey Mayme, "charged that much to Father at one time, yet he is always complaining of the size of the bills."

"We have to see that he has credit at all the stores," argues his wife, "to keep his credit good. Now, what would people think of him if his wife and daughter went around paying cash!"

Strengthened by this argument, and which is unanswerable when uttered by noble woman, the Appleton women folks haunted all the stores, first to secure credit for Lysander John, and then, by purchasing that which they did not need and could not afford, to make his credit good, and the results were bills usually beginning with abbreviations that looked like the hieroglyphics followed by lines written with the simple word "Do" after which Lysander John, in his ignorance, thought must mean an attempt to "do" him, but which his

wife and daughter interpreted as "ditto."

"Charge it" comes as naturally to the lips of his wife and daughter as "Da-da" or "Ma-ma" comes to the lips of a babe. It is as if Mrs. Appleton and Daysey Mayme were French dolls, and every time they entered a store some clerk rushed forward with an armful of goods, and punched them in the middle, and immediately, "charge it," fell in mechanical precision from their lips.

It is not surprising, therefore, that this tendency to charge everything to Lysander John has at last added humiliation to his financial distress. They were at a dinner party. One of those affairs so exceedingly proper that the wine took on the color of a stained glass window in a church, and every sentence was breathed like a prayer. The bishop, in unctuous tones, had told of an incident in a charge he had two years before, and the word "charge" had set Mrs. Lysander John's mind off on an absent-minded trail.

"We found the babe in a basket at my vestry door one morning," said the bishop, "and I will never rest till I find the man at whose door to lay the charge."

"Charge it," murmured a woman's voice above the stillness that followed, "to my husband, Lysander John Appleton."

## SMART LITTLE DRESS WITH LONG BLOUSE

One May Get Two Different Effects as the Blouse Is Belted



8148 Girl's Dress, 8 to 14 years.

Every variation of the blouse costume is fashionable and, since nothing ever was more becoming to school girls, each new one is welcome. Here is a most attractive little frock with one of the simple blouses to be drawn on over the head and a straight skirt that is quite separate to a belt. The under waist means perfect freedom and comfort, holding the skirt easily in place and being faced to form a shield. The loose blouse belted and the shorter blouse drawn up at the waist line give really quite different effects yet there is only the one garment, shorter in one case and longer in the other. It will be seen at a glance that such a frock can be made of one material throughout or of contrasting ones. Mothers who have remodelling under consideration will be glad of the two materials and, whenever they are selected harmoniously, the result is sure to be a good one.

For the 12 year size, the blouse will require 3 1/2 yds. of material 27, 2 3/8 yds. 36, 2 yds. 44 in. wide; the skirt and trimming 3 yds. 27 or 36, 2 1/4 yds. 44 in. wide.

The pattern of the dress 8148 is cut in sizes for girls from 8 to 14 years of age. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

Bowman's sell May Manton Patterns.



## Madame Isbell's Beauty Lesson

LESSON XI—PART IV. PHYSICAL CULTURE. A Veteran Actress.

The veteran actress, Sarah Bernhardt, born in 1846, is a wonderful example of the effect of well-directed physical exercises on the body. Madame Bernhardt's body is still young and lithe in its movement; it is not the physique of a young girl, but it is far from being the physique that we associate with a woman past sixty. She has a perfect carriage. She has never allowed any accumulation of flesh on any part of her body and she can play young roles today simply because her body can respond to her youthful enthusiasm. She is the example of a woman who has never deviated one moment from the laws of physical health. She has always been a great believer in massage. She has fenced a great deal, an excellent exercise for keeping the limbs supple and the movements quick. She has treated her physique intelligently, understanding what it needed, building up when necessary and reducing excess as soon as there was any hint of its appearance.

**Bad Habits.**

As Madame Bernhardt has always trained her body since youth she has had no bad habits to overcome. She is an example of a physical training that never "lets up." At the same time there is not a temperament or physique inclined to grow very stout. What she has to combat is the fact sufficient to give them a youthful appearance. This is not all ways so; there is a stiff, angular middle age quite as unlovely as too much fat. At this period there is also a tendency towards rounding the back, dropping the figure into the waistline, becoming shorter and less erect—all bad habits that can be avoided by proper, regular physical exercises.

**The Young Housekeeper.**

To suggest physical culture to the housekeeper and mother may seem at first almost cruelly, the adding of another burden to an already too full day and to muscles already overtaxed. Yet this busy, hard-worked housewife does need a certain amount and kind of physical culture to bring vigor and elasticity to her movements, and to exercise those muscles so they may aid and help out those which at present seem too much used.

She can at least devote a few minutes each day to restful physical culture. If she can do no more at night and morning, let her go through the series of breathing exercises outlined in Lesson X. This will accomplish at least two things: invigorate the blood so that the bodily tissues are promptly renewed, and teach correct posture so that she gets profit and not weariness from her daily tasks. Housework is excellent physical culture, if it is properly done.

Lesson XI to be continued.

Madame Isbell

**Broadway Jones**

From the Play of George M. Cohan

By EDWARD MARSHALL

With Photographs from Scenes in the Play

Copyright, 1913, by G. W. Dillingham Company

This worried Josie. "There goes our advertising!" Her voice was wholly gloomy.

Broadway nodded, quite as gloomily. "Looks like it."

Clara, by no means having lost her interest, remained peering down the street into the evening shadows after her companions had turned away discouraged. "Here comes someone, anyway," she presently informed them.

"By Jove! It's Rankin!" Broadway's voice indicated his relief as he observed that Rankin was alone. Evidently he had followed orders and "let" Mrs. Gerard.

There had come into the butler's appearance an indefinable change. He had not ceased to be a butler, but he had ceased to be the very perfect butler which he always had been in the past. It was as if he stood upon the threshold of a new and startling freedom, but thus far had hesitated to step definitely into it. Broadway regarded him almost with affection. No; certainly; Mrs. Gerard was not with him.

"Well, here I am," the erstwhile perfect serving man announced. "I suppose you thought you were never going to see me again."

"Hello, Rankin. When did you get in?"

"Just now. I've a great deal to tell you, Mr. Jones."

"What detained you?" Rankin, looking at the young ladies, did not at once reply in detail. It was evident that there were some particulars to be divulged which he wished Broadway's ears alone to hear. "It was necessary."

"Why didn't you send me some word?"

"I can explain all that."

"Girls, will you excuse us?" Broadway asked, and as they nodded went slowly down upon the lawn with Rankin toward a clump of cedars. It had been planted in a circle, a favorite and funeral form of lawn decoration in those latitudes, and in the solemn space inclosed there was, he knew, a garden seat. "Just a few moments," Broadway pleaded as he went with Rankin toward this deep seclusion. "Then I'll walk home with you."

"All right." Curiosity consumed the maidens. All this seemed exceedingly exciting to them. But, after all, they were not sorry for an opportunity to talk alone for a moment.

Broadway was very anxious, but Rankin said no word until they were within the leafy chamber. Even after they had reached its solitude Broadway had to urge:

"Well, come on; what's the news?"

"Surprising news, sir," Rankin answered hesitantly.

You have only to wipe your dishes when you let them practically wash themselves with

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A labor-saver for cleaning pots and pans, floors, woodwork and everything.

5c and larger packages.

THE R. K. FAIRBANK COMPANY  
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Announce the Continuation of Their

## EXTRAORDINARY SEASON'S END SALE OF WEARING APPAREL

[NOTHING RESERVED]

This Sale has been in progress since Thursday and owing to the most extraordinary reductions, and large assortment, has won instant favor with the women of Harrisburg and vicinity. Klein Co. are recognized as carrying only prevailing styles, and their policy of carrying no apparel from one season to another is responsible for these great reductions in this season's garments.

### Suit Department

- \$15.00 Suits, now \$4.98
- \$25.00 Suits, now \$9.98
- \$42.50 Suits, now \$12.98

### Dresses

- \$1.50 Dresses, now 89 cts
- \$9.98 Dresses, now \$3.98
- \$15.00 Dresses, now \$7.98

### Coat Department

- \$15.00 Coats, now \$6.98
- \$17.50 Coats, now \$8.98
- \$25.00 Coats, now \$9.98

### Waists

- 98c Waists, now 69 cts
- \$2.00 Waists, now 98 cts
- \$7.50 Waists, now \$2.98

Corresponding Reductions on Skirts, Furs, Underwear and Millinery

Owing to the importance of this sale we will not send any approvals and no goods will be exchanged. C.O.D.'s will be sent only when a suitable deposit is made, as every sale must be final.

The New Store For Women

9 North Market Square

## Dillsburg Grocer Sells His Team and Disappears

Special to The Telegraph

Dillsburg, Pa., Feb. 13.—Nothing is known of the whereabouts of A. C. Altland, who left suddenly several days ago, without telling anyone where he was going. Mr. Altland, who conducts a grocery store on the corner of Second and Harrisburg

streets, done away with horse and buggy, going by the way of Hanover, where he disposed of his team, and trace of him was lost. Mr. Altland leaves a wife and three children. No definite reason can be given for his leaving.

A man must be excessively stupid as well as uncharitable who believes there is no virtue but on his own side.—Addison.



## Eat "Sunkist" Oranges with "Sunkist" Spoons

While you are eating luscious, juicy, tangy, seedless "Sunkist" oranges, you are delighted with the magnificent silverware you are getting for your table.

You always order "Sunkist" oranges and lemons because they are the finest, richest, selected fruit grown anywhere in the world.

Picked and packed by gloved hands—the cleanest of all fruits. Thin-skinned, fibreless.

**Not a Seed in "Sunkist"**

Cut the trademarks from the wrappers around "Sunkist" oranges and lemons and send them to us. Select silver pieces from our 27 different premiums. Every piece the famous Rogers Standard A-1 guaranteed silver plate.

The Rogers orange spoon shown above is sent to you for 12 trademarks from "Sunkist" oranges or lemons and six 2-cent stamps (to pay cost of mailing, etc.). Trademarks from "Red Ball" orange and lemon wrappers count same as "Sunkist."

Buy "Sunkist" oranges by the box, half-box or dozen—from your dealer.

Send your name for our complete free premium sheet and Premium Club Plan.

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The only preparation which removes absolutely Chapping, Roughness and Redness, and protects the hands and face against the winter winds.

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**CATARRH SUFFERERS! HERE'S A QUICK CURE! OPENS CLOGGED NOSE AND HEAD AT ONCE!**

In One Minute Your Stuffy Nose and Head Clears, Sneezing and Nose Running Cease, Dull Headache Goes.

Try "Ely's Cream Balm."

Get a small bottle anyway, just to try it—Apply a little in the nostrils and instantly your clogged nose and stopped air passages of the head will open; you will breathe freely; dullness and headache disappear. By morning the catarrh, cold-in-head or catarrhal sore throat will be gone.

End such misery now! Get the small bottle of "Ely's Cream Balm" at any drug store. This sweet, fragrant balm dissolves by the heat of the nostrils; penetrates and heats the inflamed, swollen membrane which lines the nose, head and throat, clears the air passages; stops nasty discharges and a feeling of cleansing, soothing relief comes immediately.

Don't lay awake to-night struggling for breath, with head stuffed; nostrils closed, hawking and blowing. Catarrh or a cold, with its running nose, foot mucous drooping into the throat, and raw dryness is distressing but truly needless.

Put your faith—just once—in "Ely's Cream Balm" and your cold or catarrh will surely disappear.

Advertisement.