

WOMEN AND THEIR INTERESTS

Woman's Six Virtues

By Ella Wheeler Wilcox



The Paris papers have been discussing the six essential virtues of woman. The result is somewhat amusing.

Economy is placed first with 1,420 votes; fidelity and modesty each received 1,257; kindness received 1,182; and maternal love 539. Cleanliness and patience were last on the list.

growth of a kind heart, and so would modesty; and, lastly, the ever kind wife would look to her husband's best interests and see that she was not extravagant. Kindness of thought would act as the one great quality needed in the world, in the church, in the market, in the family life to-day.

IN STERLING LIVES A GIRL

Who Suffered As Many Girls Do—Tells How She Found Relief.

Sterling, Conn.—"I am a girl of 22 years and I used to faint away every month and was very weak. I was also bothered a lot with female weakness. I read your little book 'Wisdom for Women,' and I saw how others had been helped by Lydia E. Pinkham's Vegetable Compound, and decided to try it, and it has made me feel like a new girl and I am now relieved of all these troubles. I hope all young girls will get relief as I have. I never felt better in my life."—Miss BERTHA A. PELOQUIN, Box 116, Sterling, Conn.

Massena, N. Y.—"I have taken Lydia E. Pinkham's Vegetable Compound and I highly recommend it. If anyone wants to write to me I will gladly tell her about my case. I was certainly in a bad condition as my blood was all turning to water. I had pimples on my face and a bad cough, and for five years I had been troubled with suppression. The doctors called it 'Anemia and Exhaustion,' and said I was all run down, but Lydia E. Pinkham's Vegetable Compound brought me out all right."—Miss LAVISA MYRES, Box 74, Massena, N. Y.

Young Girls, Heed This Advice.

Girls who are troubled with painful or irregular periods, headache, dragging-down sensations, fainting spells or indigestion, should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound.

HOW TO PREVENT ACID STOMACHS AND FOOD FERMENTATION

By a Stomach Specialist As a specialist who spent many years in the study and treatment of stomach troubles, I have been forced to the conclusion that most people who complain of stomach trouble possess stomachs that are absolutely healthy and normal. The real trouble, which causes all the pain and discomfort, is excessive acid in the stomach, aggravated by food fermentation. Hyperacidity irritates the delicate lining of the stomach and food fermentation causes wind which distends the stomach abnormally, causing that full bloated feeling. Thus both acid and fermentation interfere with and retard the process of digestion. The stomach is usually healthy and normal, but irritated almost past endurance by these foreign elements—acid and wind. In all such cases—and they comprise over 90 per cent. of all stomach difficulties—the first and only step necessary is to neutralize the acid and stop the fermentation by taking in a little warm or cold water immediately after eating, from one to two teaspoonfuls of bisubstituted magnesium, which is doubtless the best and only really effective antacid, and food corrective known. The acid will be neutralized and the fermentation stopped almost instantly, and your stomach will at once proceed to digest the food in a healthy, normal manner. Be sure to ask your druggist for the bisubstituted magnesium, as have found other forms utterly lacking in its peculiarly valuable properties.—F. J. G.—Advertisement.

Cumberland Valley Railroad TIME TABLE

In Effect May 24, 1914. TRAINS leave Harrisburg—For Winchester and Martinsburg at 6:03, 7:30 a. m., 8:40 p. m. For Hagerstown, Chambersburg, Carlisle, Mechanicsburg and intermediate stations at 6:30, 7:55 a. m., 8:15, 9:30 p. m. Additional trains for Carlisle and Mechanicsburg at 6:48 a. m., 8:15, 9:30 p. m. For Dillenburg at 5:03, 6:32 and 8:30 p. m. Daily. All other trains daily except Sunday. J. H. TONGE, H. A. RIDDELL, G. P. A.

EDUCATIONAL FALL TERM Begins Tuesday, September 1 Write for Illustrated Catalogue. SCHOOL OF COMMERCE 15 S. MARKET SQUARE, HARRISBURG, PA. Harrisburg Business College Day and Night. Business, Shorthand and Civil Service. Individual Instruction. 28th year. 329 Market St., Harrisburg, Pa.

Advertisement for Geo. H. Sourbier, Funeral Director, located at 213 North Third Street.



"Yes, sir," he replied, his voice trembling as he began to realize that the prison garb was about to drop from him. "We have studied your case and think it worth while to give you a trial," the chairman told him. "That is all."

SMALL BOYS LOOK LIKE THE GROWN-UPS

Make Suit All of Linen or of Contrasting Woolen Materials



8315 Boy's Suit with Coat Effect, 4 and 6 years. WITH LONG OR SHORT SLEEVES.

In spite of its coat effect, this little suit really is all in one piece to be adjusted with a single closing; consequently, it is ideal for midsummer wear. In the picture, it is made of plaid with plain sponge but the coat portion can be made to match the trousers if preferred or of plain contrasting color. The blouse makes part of the trousers and the front edges of the coat are stitched into place and beneath the lower edge of the coat in the back, the trousers are buttoned to position. In the back view, the entire suit is made of white linen with the sleeves and collar scalloped, giving a very pretty effect for the younger boys, but the contrasting coat is somewhat more mannish in character and, consequently, likely to be more satisfactory for the six year old.

AN ILL WIND

"If nature had made me an ostrich," said young Mr. Lang, one morning, quite exasperated, "perhaps I could eat your cooking."

"Yes, wouldn't that be fine?" replied the wife, "then I would be able to get some new plumes for my winter hat."—In National Monthly.

ARE YOU A LITTLE SHORT

On money? Most all of us are long on desire but short when it comes to the necessary kale that puts the desire into effect. But there are times when emergency demands immediate sums of money to carry through a defined purpose. This is our specialty—supplying funds in reasonable amounts at the lowest rates of interest. Pennsylvania Investment Co., 132 Walnut street.

THE FERN

What prettier embellishment for the curtained window than a fern as the finishing touch that brings cheer to both the family and p-sserby? We have them in all sizes, modestly priced, and a variety of the choicest bloomiest plants and cut flowers suitable for the most exacting requirements. Schmidt, the florist, 213 Market street.

Colorado—Natures Own Tonic

For the tired business man or woman, for the schoolteacher in need of rest and relaxation and for all others seeking relief from overstrain or overworked systems—I have just the tonic to offer—a trip to Colorado—where you can rest under glorious skies, drink in the invigorating, wholesome air, deriving all the splendid benefits from outdoor life in the most wonderful climate in the world. And the best part of it all is the low cost in such a trip—I want you to know how it can be arranged at very moderate expense.

Let me send you descriptive matter which contains maps and pictures of Colorado and which features the attractive, comfortable hotels and boarding houses with their low rates. My personal service is at your disposal and I will gladly help arrange your trip for you—relieving you of much detail. It is part of the Burlington (C. E. & Q. R. R.) service and will cost you nothing at all. Call at the office or write for a copy of the free illustrated handbook on Colorado and its attractions. Wm. Austin, General Agent Passenger Dept., C. E. & Q. R. R. Co., 332 Chestnut street, Philadelphia.—Advertisement.

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glimpse the personal the old man just left with you." The clerk produced it. Kearney read it slowly: "Jennie Hawkins. Send address this office. Want you, my wife." The detective uttered a growl of disappointment as he handed back the slip of paper. "I thought he was tipping Montgomery that he was out and that the trail would be a short one," he said to himself. He turned to the clerk again. "Soon as you get an answer to that personal," he instructed the young man, "telephone headquarters and ask for Captain Kearney. If I ain't there the message will be delivered to me. See?"

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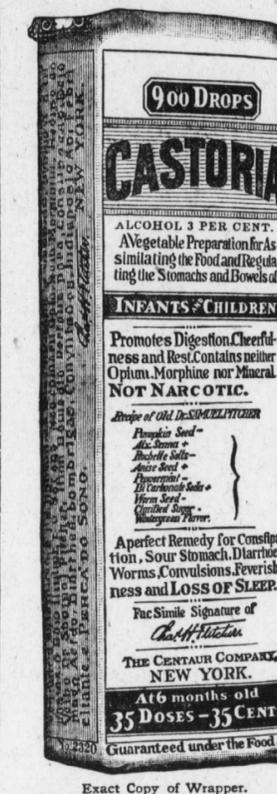
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A Great Responsibility.

THE responsibility attached to the preparing of a remedy for infants and children is undoubtedly greater than that imposed upon the manufacturer of remedies for adults whose system is sufficiently strong to counteract, for a time at least, any injurious drug. It is well to observe that Castoria is prepared today, as it has been for the past 40 years, under the personal supervision of Mr. Chas. H. Fletcher.

What have makers of imitations and substitutes at stake? What are their responsibilities? To whom are they answerable? They spring up today, scatter their nefarious wares broadcast, and disappear tomorrow.

Could each mother see the painstaking care with which the prescription for Fletcher's Castoria is prepared: could they read the innumerable testimonials from grateful mothers, they would never listen to the subtle pleadings and false arguments of those who would offer an imitation of, or substitute for, the tried and true Fletcher's Castoria.



Children Cry For Fletcher's CASTORIA

Extracts from Letters by Grateful Parents to Chas. H. Fletcher.

G. J. English, of Springfield, Mass., says: "It was your Castoria that cured my child." Mrs. Mary McGinnis, of St. Louis, Mo., says: "We have given our baby your Castoria ever since she was born, and we recommend it to all mothers." N. E. Calmes, of Marion, Ky., says: "You have the best medicine in the world, as I have given your Castoria to my babies from first to last." Mrs. Albert Ugusky, of Lawrenceburg, Ind., says: "As I have had your Castoria in use for nearly three years, I am pleased to say it is just as represented. My children are both well and happy—thanks to Castoria." R. P. Stockton, of New Orleans, La., says: "We began giving your Castoria to our baby when he was eight days old and have kept it up ever since, never having had to give any other medicine." Mrs. Dolph Hornbuckle, of Colorado Springs, Colo., says: "We commenced giving your Castoria to our baby when she was four weeks old. She is now seven months and weighs 19 1/2 pounds. Everyone remarks: 'What a healthy looking baby.' We give Castoria credit for it."

GENUINE CASTORIA ALWAYS BEARS the Signature of Chas. H. Fletcher. THE CENTAUR COMPANY, NEW YORK CITY

Fifteen Hundred Meals Served at Church Picnic

Columbia, Pa., July 23.—Fifteen hundred meals were served to guests at Holy Trinity Catholic Church picnic at Chickies Park yesterday, which was the largest gathering at that resort this year. It required to feed this crowd, twenty-eight hams, fifty pounds of frankfurters, fifty cakes, seventy gallons of ice cream, 1,200 bottles of soft drinks, five bushels of potatoes, three bushels of tomatoes, one bushel of red beets and twenty-five heads of cabbage. Among the guests were six priests from Columbia, Lancaster and Marietta, and also the Susquehanna Canoe Club, of Williamsport, whose members are making a trip down the river to Chesapeake bay.

WORKMEN UNEARTH VATS MORE THAN 100 YEARS OLD

Sunbury, Pa., July 23.—Workmen employed on excavations for a bakery to be erected here by W. E. Rushby and L. M. Bricker, Lemoine, to-day unearthed two old dye vats that had been used in tannery that was abandoned, according to records in old newspaper files, more than 100 years ago. A portion of them good yet and the wood might be used, W. H. Lyons, the contractor said. It is of yellow pine, and four inches thick.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him. NAT. BANK OF COMMERCE, Toledo, Ohio. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Beware of cheap imitations. Take Hall's Family Pills for constipation.

ADVICE ABOUT HOW TO REMOVE UNSIGHTLY HAIR

Many physicians use the ingredients contained in El Rado for removing hair in connection with their laboratory work. This shows conclusively how perfectly harmless its action is. Thousands of women have discovered this, and have learned how totally unnecessary it is to go around with unbecoming growths on lip, chin, cheek, neck or arms. They apply a few drops of El Rado, the liquid hair remover. Almost instantly the hair vanishes, leaving the skin smooth, velvety and even whiter than before. This is because, positively without the slightest harm, the hair has been dissolved. El Rado is now a standard toilet article, used by thousands of women. You need have no more hesitation in asking for and using El Rado than in asking for and using a toilet powder. Try El Rado on your arm; you will prove for yourself that it will do everything claimed. Your money back if you are not entirely satisfied. In 50c and \$1.00 size bottles at all leading drug and department stores, or direct from the Pilegrim Mfg. Co., New York. Valuable information sent on request. In this city, El Rado is sold and recommended by: Golden Seal Drug Store, E. Z. Gross, Kanney's Drug Store, Eckman's Drug Store, George A. Gorgan.

Buy Ice With Coupons

With our ice coupons you get \$1.05 worth of ice for 95c, or a 10c piece for nothing. The coupon system is a great help to any housewife. There is no delay through hunting a misplaced purse, or running out for change. The coupon book is always ready. Just give the driver a coupon for the ice purchased and the transaction is closed. Coupons good for the following amounts of ice in one delivery: 5c, 10c, 15c, 20c. Our ice drivers sell these coupons and they will be glad to explain their use to you.

United Ice & Coal Co. Main Office—Foster and Cowden Also Steelton, Pa.

BERMUDA THE IDEAL PLACE FOR A SUMMER VACATION

"CARIBBEAN" THE LARGEST SHIP IN THE TRADE The Ideal Ship to Take You There First Class Passengers Only, Wireless Telegraphy, Submarine Signals and Every Safety Device, Large Airy Double and Single Cabins, Electric Fans in Every Cabin, Perfect Ventilation, Excellent Cuisine and Service.

The Royal Mail Steam Packet Co. SANDERSON & SON, General Agents 22 State Street, New York 230 So. LaSalle Street Chicago OR ANY STEAMSHIP TICKET AGENT

Coal Is Cheapest and Best Now

To buy coal now is to buy it at the cheapest price for which it can be obtained during the year. And then you gain in quality, too, for the coal sent from the mines at this time of the year may be thoroughly screened before delivery, a difficult matter in cold weather when frost will cause the dirt to cling to the coal. So to buy Montgomery coal now is to buy the best quality of the best coal at the lowest prices. Place your order.

J. B. MONTGOMERY Both Phones Third and Chestnut Streets