

Women AND THEIR INTERESTS

Gossipers and Their Menace to Society

By Dorothy Dix

Here is a really great picture. Look at it well. It shows a young woman, hard driven, her back against the wall, her arms thrown out in helpless despair, while the wolves of gossip snarl and snap at her skirts. Look at this picture well, whether you be one of the careless talkers who idly pass along every disparaging rumor about a girl; whether you be one of the leering-eyed, fat-necked men who sit in club windows or stand on street corners and comment on the women who pass by; or whether you be one of the thin-lipped pharisaical women who believe the worst of every woman and are always ready to cast the first stone at her.

If you are given to gossiping, either from malice or just from lack of thought, look at this picture and see the result of your work. Visualize, for once, at least, your victim, a poor, quivering, tortured, defenceless fellow creature who cannot even fight back, for who can battle against such an impalpable foe as a spreading word, or a scurrilous innuendo?

Love of Gossip Most Inexplicable of Human Weaknesses.

The love of gossip is the most inexplicable of all human weaknesses. It is the one savage trait that has survived both civilization and Christianity, and that shows how elementally cruel we still are.

Every day we see people who are so tender hearted that they would not hurt a fly, yet they do not hesitate to blast a woman's reputation by setting afloat evil stories about her—stories that are the merest hearsay, and which they do not take the trouble to investigate.

Every day we see people who shudder with horror as they read tales of how savages amuse themselves by torturing their prisoners to death, yet these humanitarians pass a pleasant evening together by crucifying the reputation of everyone they know who has the bad luck to be absent.

Every day you see good, moral people who really believe that they have the welfare of their fellow creatures at heart who do not hesitate to disseminate scandalous stories that break up homes and wreck the careers of men and women.

Every day you meet honest people who would not dream of stealing a pin from you, but without a moment's compunction they will rob you of your good name.

And the gossipier is not only more dangerous than the thief, more cruel

that the savage, he or she is also more cowardly. The thief takes his chances of detection and punishment. The savage comes out into the open when he sticks his darts into his victim, but the gossipier works under cover, hidden and safe.

Your gossipier never says, "I know that Mr. X. is in love with his stenographer because I saw him kiss her," or Mrs. Q. has an affair with young B., for I have seen them repeatedly together and met them fox trotting around at a dozen afternoon tea parties," or "I know Sallie Jones writes love notes, because I read them."

Not at all. The gossipiers never back up a story by personal knowledge for which they could be sued for libel. On the contrary, they take refuge in hearsay.

"They say," is all the authority they give for taking a woman's honor or destroying a man's standing in a community. Sometimes gossipiers will even go so far as to say that they do not believe a word of the very scandal they are telling, and having thus saved their consciences they proceed with their nefarious work of knitting a fellow creature's reputation—and knitting it in the back.

Be So Discreet That You Need Not Fear the Gossiper.

There can be no justification for gossip. It is the most despicable phase of man's inhumanity to man. And seeing how we are all alike weak and human, and all of us stumble and fall, we might at least cover with silence the faults and frailties of our brothers and sisters. Heaven forgive us if we set upon any trail the wolves of gossip.

But if the picture printed on this page has in it a lesson for the gossipier, it has no less a pertinent one for the individual. And especially it has a lesson for girls, and it is this: Be so discreet in our conduct that you need not fear the gossipier. Keep your skirts immaculately clean. Never forget that the tiniest splash of mud from the gutter on a girl's petticoat is like the scent of a dead carcass that sets these wolves of society on her track.

They will follow her snapping and snarling and tearing at her until they tear her to pieces. Many a girl who has been hooded into her grave by these cruel beasts. 'Ware of them, girls, and remember that your only protection against them is not only to be good, but to look good, and act good.

MINISTERS MEETING OPENS CONFERENCE

Harrisburg Ministers Report Churches in Flourishing Condition

Bethlehem, Pa., Feb. 25.—The twenty-first annual session of the East Pennsylvania Conference of the United Evangelical Church opened with a business meeting in the morning at the Emmanuel Church.

The Rev. Dr. C. Newton Dubuque, superintendent of the China mission, delivered an excellent address at the opening session. Fully 400 ministers and delegates representing the United Evangelical Church of the entire territory, east of the Susquehanna river, and hundreds of visitors were in attendance.

The conference proper was opened this morning by Bishop W. H. Fouke, of Naperville, Ill. He administered holy communion. The Temperance and Reform Alliance of the conference will meet this evening. The address will be made by the Rev. Dr. Charles F. Swift, of Beaver Falls, the leader of the dry forces in the 1913 legislature. Dr. E. J. Moore, State superintendent of the Anti-Saloon League, is also expected to be present.

George W. Sanville, of Philadelphia, has charge of the conference singing. A special feature will be given next Monday evening when the session will be devoted to a song service, conducted by Homer A. Rodeheaver, and B. D. Ackley, "Billy" Sunday's two great evangelistic singers.

Conduct Salvation Army Service.—Services at the Salvation Army, 522 Race street, were conducted last evening by the Rev. Dr. Charles F. Swift, of the Westminster Presbyterian Church. Captain Nielsen, who has been ill for some time, has returned to his duties.

Methodist Women Meet.—Missionary services were held by the women of all the Methodist churches of the city, in Grace Methodist Church this afternoon, at 2:30 o'clock.

Bishop Talbot Speaks at Union Lenten Meeting

Bishop Ethelbert Talbot addressed the union Lenten meeting last evening in the St. Stephen's Protestant Episcopal Church. All of the Episcopal churches of the city were represented and took part in the services. The following ministers participated: The Rev. Rollin A. Sawyer, rector of St. Stephen's; the Rev. Floyd Appleton, rector of St. Paul's; the Rev. S. H. Rainey, rector of St. James; the Rev. L. F. Baker, general missionary of the diocese.

The Rev. Floyd Appleton will conduct the services in St. Stephen's Church to-morrow afternoon at 5 o'clock and will also have charge of services to-morrow evening at the home of Edward Knawbe, Enola. At St. Paul's Church the Rev. S. H. Rainey will have charge this afternoon and the Rev. L. F. Baker, rector of St. Paul's Church, will speak to-morrow afternoon.

George B. Rodgers, organist of the St. James Church; Lancaster, Pa., by the boy soloist, Ernest Kilgore, will give the second of the series of six Lenten organ recitals at St. Stephen's Church Saturday afternoon at 5 o'clock.

Conference Notes

The new Emmanuel church was dedicated April, 1911, under the pastorate of the Rev. W. J. Edelman, now of Lebanon and is an up-to-date edifice. The Rev. S. L. West, formerly of Harrisburg, is the present pastor.

The Rev. A. M. Sampson, pastor of the Park Street church in Harrisburg, made an encouraging report. Forty new members have been received during the year.

Among the ministers and delegates at the session are: The Rev. G. W. Hangen, C. P. Polk, Millersburg; the Rev. J. S. Heister, A. W. Pontius, First, Sunbury; the Rev. F. G. Yost, William McKinney, Second, Sunbury; the Rev. H. C. Lutz, Dauphin; the Rev. G. E. Schaum, Theodore Bashore, Harris Street, Harrisburg; the Rev. A. M. Sampson, W. E. Hickert, Park Street, Harrisburg; the Rev. W. S. Harris, and the Rev. P. K. Bergman, Penbrook, and Rutherford Heights; the Rev. J. M. Shoop, Steelton; Bishop W. F. Swengel, D. C., J. J. Nungesser, the Rev. J. W. Hoover, the Rev. W. M. Stanford, Harrisburg.

The Rev. L. C. Hunt, of Bangor, who has been elected by the board of publication at Harrisburg, to serve as assistant editor for "The Evangelical," the Sunday school and Keystone League of Christian Endeavor literature, closed a successful pastorate with 125 conversions during the year. He received sixty-nine persons into church membership at one service.

The Rev. A. B. Saylor, Bethany, Allentown, received 100 persons recently.

The Rev. D. A. Medlar, of Reading, and the Rev. L. M. Lichtenwalner, of Philadelphia, were reported as having died during the year.

DEMONSTRATIONS BEGIN NEXT WEEK

Dr. Surface Plans to Have the Most Extensive Campaign Ever Undertaken in State

State Zoologist H. A. Surface will begin the Spring orchard demonstrations next Monday and the plan is to start in seven counties and keep up until the whole State is covered. Dauphin, Cumberland, Perry and Lebanon will come in later in the season.

Berks County— Cyrus T. Fox, demonstrator, Monday, March 1, F. M. Bowers, Hamburg; Wednesday, March 3, W. H. From, Sinking Springs; Friday, March 5, John P. Dauth, Mohn-ton.

Lancaster— E. C. Bowers, demonstrator, Tuesday, March 2, Charles I. Landis, Paradise; Wednesday, March 3, Adam B. Vogel, Litz, R. No. 3; Friday, March 5, L. K. Stubbs, Peach Bottom.

Perry— T. C. Foster, demonstrator, Monday, March 1, George E. Hess & Sellers, Duncannon; Tuesday, March 2, Sharon Fruit Farm, Newport; Thursday, March 4, C. W. Otto, New Germantown.

Philadelphia— M. E. Shay, demonstrator, Monday, March 1, Theodore Presser, Germantown; Tuesday, March 2, Dr. G. W. Mackenzie, Somerton.

York— E. F. Pierce, demonstrator, Monday, March 1, C. O. Eberhart, Dallastown, R. No. 1; Wednesday, March 3, H. B. Goodling, Glen Rock; Friday, March 5, T. S. Snyder, Brodbeck.

IN BECOMING EMPIRE STYLE

A Dainty Frock Adapted to Graduation as well as to Winter Dances.

By MAY MANTON



857 Empire Dress for Misses and Small Women, 16 and 18 years.

Empire models are always becoming to girlish figures. Just now the girl's Empire frock is in the height of style, and here is one of the prettiest possible. The full skirt is arranged over a narrower foundation and the tunic idea is always charming. The plain little body portion is the real Empire effect and the full across the lower edge emphasizes the high waist line. In one view, flowered silk crepe is combined with charming satin. In the smaller view, embroidered voile is used over messaline and the model is a good one for many materials. Plain crepe de chine would be lovely in place of the material mentioned, and chiffon could be used, or net that is so well liked. If the ruffle at the lower edge is not becoming, the edge can be bound or banded with a little fur or embroidered with a few beads to make a good effect.

For the 16 year size will be required 4 1/2 yds. of material 27 in. wide, 3 yds. 36, 2 3/4 yds. 44, for the skirt and bodice 4 1/2 yds. 27, 3 1/2 yds. 36 or 44, for tunic and sleeves, with 3/4 yd. 27 or 36, 1/2 yd. 44, for the ruffles. To make as shown in the back view, 3 1/4 yds. 36 for the skirt and sleeves with 3 1/4 yds. 36, 3 1/2 yds. 36 or 44, for tunic and sleeves, with 3/4 yd. 27 or 36, 1/2 yd. 44, for the ruffles. To make as shown in the front view, 3 1/4 yds. 36 for the skirt and sleeves with 3 1/4 yds. 36, 3 1/2 yds. 36 or 44, for tunic and sleeves, with 3/4 yd. 27 or 36, 1/2 yd. 44, for the ruffles.

The pattern No. 857 is cut in sizes for 16 and 18 years. It will be mailed in any address by the Fashion Department of this paper, on receipt of ten cents.

Bowman's sell May Manton Patterns.

Young Girl Dives and Swims in Susquehanna's Icy Waters at Columbia

Special to The Telegraph
Columbia, Pa., Feb. 25.—Columbia's champion diver and swimmer is an 18-year-old girl, Miss Patience Studenroth, and Monday afternoon she indulged in her initial bath for the season in the chilly waters of the Susquehanna river. A number of witnesses of this daring plunge stood on the bank and shivered while the dash-jumped from the high bridge into the deep water. Miss Studenroth is regarded as the champion diver of these parts, having on several occasions jumped from the high bridge across the river into the water, three feet below. This feat she performed several times and would have continued the performance for the winter from the bridge authority prohibiting further attempts. The mild weather of the past week has brought out some of the boy swimmers and on Sunday a few enjoyed a swim in the river near the foot of Union street.

NEW COAL VEIN DISCOVERED

Breaker to Be Erected and Improved Furnished to Hundreds
Shenandoah, Pa., Feb. 25.—Mining men here were jubilant to-day when the James Brothers, individual operators, struck a rich 30-foot seam of the mammoth vein of anthracite coal at their stripping operations on Bear Ridge Mountain at Gilberton. This with the rich veins recently uncovered on Locust Mountain here gives a grand supply of the finest kind of anthracite coal for many years, adding new life to this region.

The James Brothers will commence the erection of a large breaker at once, and employment will be given to hundreds of men and boys.

Beech-Nut Tomato Catsup



DISCRIMINATION in matters of taste and flavor is always the attribute of knowledge.

This much is sure—women of America know foods; know flavor, taste, delicacy.

Here in this community, for instance, there is a wonderful increase in the demand for Beech-Nut Tomato Catsup.

You see the better class grocers in every part of the city giving Beech-Nut Tomato Catsup more and more prominent display—putting themselves in line with your standards of excellence.

Your grocer now has his stock of this season's Catsup. Order a bottle. Two sizes—25c. and 15c.

Makers of America's most famous Bacon—Beech-Nut Bacon

BEECH-NUT PACKING COMPANY CANAJOHARIE, N. Y.

Coming—News about Beech-Nut Bacon. Look for announcements in this paper.

SEVERAL INEXPENSIVE SOUPS, EASILY MADE

Insist on Butcher Giving You Meat Trimmings, You Paid For Them

In cold weather the housewife thinks about appetizing soups. Many who care little for them in warm weather will welcome a plate of steaming soup on a cold day, and the cook looks about for a variety that she can serve. One attraction is their small cost, and, like many salads, they may be made of scraps of vegetables and meats left over. Some people keep a kettle for soup, and into this they throw every scrap of meat and all of the bones cut out from trimming chops and other meats. As the customer pays for the chops before they are boned and trimmed, these belong to her if she will speak of it; if not, they are thrown into the barrel and resold by the butcher for making soap.

If meat is purchased for making soup, one pound of lean beef should be put into two quarts of cold water; cover and simmer for three hours. Salt the broth, strain, and when cold remove every particle of grease. From this foundation a great variety of soups can be made.

Vegetable Soup—One fourth cabbage chopped, carrots and other small turnips, three onions and one cup of rice. Add the rice to two gallons of soup stock and boil two hours, cover and strain. Add a little onion hour longer.

Tomato Soup—One quart tomatoes, one hot water, one tablespoon sugar, one teaspoon salt, four cloves, one salt spoon pepper, one tablespoon butter, and a small amount of onion one tablespoon cornstarch. Put the tomatoes, water, sugar, salt and spices on a hot water bath and simmer in a saucepan; when it bubbles put in the onion and set aside for five minutes. Then add the butter and onion and brown gradually, add cornstarch and when smooth stir into the tomato. Let some simmer five minutes, then strain and serve.

Tomato Soup With Milk—One cup of cooked or canned tomatoes, one cup of sized boiled potato or cold mashed potato and one quart of milk. Mash the potato and mix with the milk. Add one cup of water, one tablespoonful of flour made smooth in water, the tomatoes either strained or unstrained as desired, and a small amount of soda to prevent the milk from curdling. When this comes to the boiling point, add the milk. Remove from the stove just before it would boil. Season with salt, pepper and butter. This may be made without potatoes if desired, but the addition of them makes a more substantial soup.

Chicken or Turkey Cream Soup—Take the bones and any meat that may be left from the fowl, one onion cut several times in the back view, cut cold water, Cook until not more than half of the water remains in the dish then remove the meat and chop very fine. Mix with the rice and onion. Add one egg and one pound of yolks of two hard-boiled eggs and rub through the colander. Strain and add the soup stock and return to the stove, with pepper and salt, add the chicken and egg mixture, simmer ten minutes, remove from the stove and add one pint of hot milk.

WORRY CAUSES LOT OF OUR TROUBLES

People Should Have Regular Work and They Would Not Fuss So Much Over It

People wear themselves out worrying about things. They fuss and fume over trifles instead of getting down to hard work. This is the opinion of Dr. Samuel G. Dixon, the State commissioner of Health, who thinks that steady application is one of the things that everyone needs. This is the doctor's idea of the subject:

Worry—to choke or strangle says the dictionary. It is not necessary to seek for innumerable instances in which it is truly the physical manifestation of mental torment.

Worry strangles our mental powers and chokes the bodily functions. There are innumerable instances in which physical decline and death are directly traceable to worry.

It is true that in everyone's life, force of circumstance, bitter experiences and trying problems must be met, considered and conquered. No matter how vital these may be or how much real thought is required in their solution, worry will never aid and it inevitably handicaps all effort to obtain a clear point of view and the establishment of a true perspective toward life's happenings.

The ancient philosophers deemed worry unworthy of men of true mental attainment. Our physical makeup is so finely adjusted that any distress of mind reacts upon the bodily functions and mental powers. Worry often proves a sufficient stimulant to act materially any mental effort you may make to cast off the burden.

Another and even more effective measure is to keep busy at one's daily tasks. Occupation, if it be of a nature to require close application, is one of the most effective cures for worry.

WORK FOR THOUSAND MEN

Three New Industrial Plants Planned For Pittsburgh District
Pittsburgh, Feb. 25.—A new automobile factory is to be erected in McClelland.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. It often cures what is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of these two ingredients in this cure produces such wonderful results in curing catarrh. Send for testimonials.

F. J. CHENEY & Co., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, snuffing, mucous discharge, headache, dryness—no struggling for breath at night, your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head, soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid.

Keesport, to give employment to 400 hands. The proposed plant will occupy a whole block. McKeesport capitalists are behind the venture.

The Webster-Stevens Electric Company, of Cleveland, a \$100,000 corporation, giving employment to 300 hands, will erect a large plant in this city and desert its Cleveland site. The Sharpville Enamel Works at Sharpville, will be moved to Leechburg, where the plant will be rebuilt and greatly enlarged. On account of litigation, the company has never successfully operated since built. More than 300 men will be employed.

Digestive Disorders Yield When

the right help is sought at the right time. Indigestion is a torment. Biliousness causes suffering. Either is likely to lead to worse and weakening sickness. The right help, the best corrective for disordered conditions of the stomach, liver, kidneys or bowels is now known to be

Beecham's Pills

and the right time to take this famous family remedy is at the first sign of coming trouble. Beecham's Pills have so immediate an effect for good, by cleansing the system and purifying the blood, that you will know after a few doses they

Are the Remedial Resort

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25c.



Know more about your eyes and the more you appreciate our glasses and service. Commencing February 24, and continuing for a short time only, we will examine your eyes and fit you with a pair of spectacles and eye glasses for \$3.00 complete, regularly sold for \$6.00 to \$8.00.

German silver and aluminum frames with necessary lenses for reading and sewing only \$1.50 per pair.

We use in our examination the most modern methods only.

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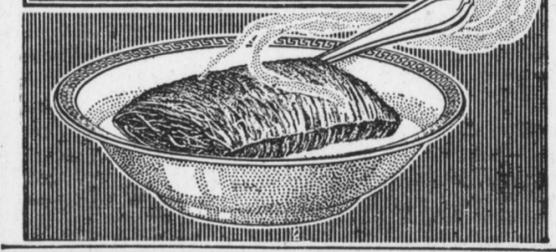
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Shredded Wheat

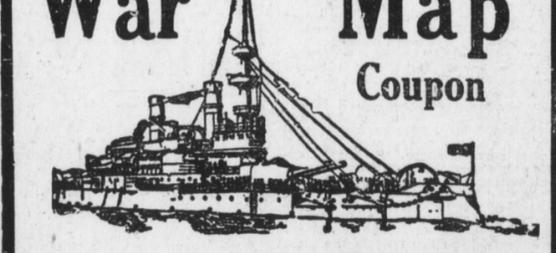
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Two Shredded Wheat Biscuits, heated in the oven to restore crispness, served with hot milk or cream, make a complete, nourishing, satisfying meal at a total cost of five or six cents. Also delicious with fruits.

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