

# Women and Their Interests

## Miss Fairfax Suggests Reading Plan

By BEATRICE FAIRFAX

Many of my correspondents have been asking me recently to suggest a course of reading. I am taking this means of answering all of them.

In our modern life nothing is more important than a knowledge of current events. "The world do move," and however much one knows of classic lore, if one is not acquainted with the events of one's own day one is vastly ignorant. So first, to all my young friends, I suggest the reading of one or two good newspapers each day. In the editorial column will be found stimulating opinion and information, and on the news sheets an up-to-date calendar of events. To this add either a good weekly or monthly magazine which specializes in reviewing topics of the times.

But when your reading has been kept up to date you will find, if you observe intelligently, all sorts of references and suggestions which presuppose a certain amount of knowledge of history, science and literature. And it is along the three lines of history, science and literature that I would suggest reading.

First of all, make up your mind in which your greatest interest lies—the story of the world's progress, the examination of its actual work or the enjoyment of its great field of imaginative lore. Read very thoroughly along the line which interests you most, but do not neglect the other two.

Visit the Libraries  
Since the compass of a book is all too small for an exhaustive treatment of what to read, I can here suggest only the merest outlines of reading.

But before I begin I want to say once again what I have so often suggested to my correspondents. After you have decided the lines along which you want to read, take your problem to the nearest library station. It is part of the duty, and should be the pleasure, of the librarian in charge to help you

with definite suggestions.

And now for brief suggestions as to reading along the three named lines of which I have spoken:

First, history: If your interest in reading lies along this line, you enter a vast and wonderful field. In it lie the histories of all the nations and peoples of the earth; biographies and autobiographies of the great, accounts of inventions, artistic discoveries and all the great movements of life.

Begin with the biblical history of Palestine, Judea and Egypt. For any knowledge of history that excludes the Bible omits the greatest and most formative period of life. Next read the classic histories of Greece and Rome.

Next obtain some general history of Europe and study the movements and migrations of the great earth families. Anywhere along the line of this reading it is easy to stop and specialize of into some branch which one finds particularly interesting.

The study of literature as pursued in colleges generally begins with "English Literature from the Beginning of the Norman Conquest." This begins by showing the relation of early Britain to English literature, and next with the heathen poetry of the old English and goes on to the poem of Beowulf, which is based on heroic deeds done back in the 500s.

The man or woman who means seriously to do good reading in our own language should work his way up with some knowledge of Caedmon, Bede, the Anglo-Saxon Chronicle, the Legends of King Arthur and the Round Table, of Chaucer and all the early English before Shakespeare's time, including some simple bits of knowledge as that Edmund Spenser wrote the "Faery Queen," that Christopher Marlowe is the author of "Dr. Faustus" and that people like Michael Drayton and Ben Jonson lived. It is not necessary to go deeply into any such dry thing as the Anglo-Saxon

Chronicle, but, at least, you want to know about them.

Finally, let us consider reading along scientific lines. Here again we have a tremendous field. Perhaps you want to read the biographies of the great scientific discoverers. Do not begin with a man of your own day and time—an Edison. Go far back into the days when science was actually confused with witchcraft and magic. Then you can better understand our own "wizard."

Is your interest in the science of mental states—psychology? Do you care most for biology, or astronomy, or chemistry, or physics? Here is a vast field in which numberless individuals and sciences and schools of thought stand out.

The Study of Mankind  
Darwin and Huxley are generally suggested to all those who hold that "the proper study of mankind is man." This class of reading is likely to suggest itself to you only after you have schooled yourself in a preliminary one. And by the time you get to it you will know whether you want to read the philosophy of Schopenhauer, the science in which Galileo was a pioneer, or one of the other great "ologies."

Begin with history. Develop yourself along some preferred line of travel, adventure, discovery or the particular biography of a character which appeals to you.

From this grow naturally into literature (which is the history and development of the written word).

Read along definite lines. Perhaps a great historian like a Macaulay would appeal to you; perhaps a Taine or Green or Symonds's story of the great Renaissance movement. All I can do here is give general directions. Decide on your own trend of thought. Go to the public libraries for your definite beginnings and you will find that your own tendencies and interests will direct you in the mapping out of an actual "course of reading."

ELKS AND ALPHA CLUB DANCE  
Waynesboro, Pa., Sept. 24.—Members of the Elks and Alpha Club held a dance at Pen Mar Park last evening. A special car of the Chambersburg, Greencastle and Waynesboro Street

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Use the reliable  
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ORIGINAL  
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Upbuilds every part of the body efficiently. Endorsed by thousands of Physicians, Mothers and Nurses the world over for more than a quarter of a century.  
Convenient, no cooking nor additional milk required. Simply dissolve in water. Agrees when other foods often fail.  
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THEY also require shoes that CRADLE the foot so that it will develop normally—and, also, they require shoes that are handsome, dressy and stylish.

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All old-fashioned methods using water, benzine or injurious fluids are crude and out-of-date. This is the only safe method. Others often injure expensive materials.

N. B. Out of Town Readers will add 7 cents extra for postage and expense of mailing.

### A SMART AUTUMN SUIT

A New Model with Flaring Coat and Flaring Skirt.

By MAY MANTON



8758 Single Breast Coat, 34 to 46 bust.  
8711 Seven Gored Skirt, 24 to 34 waist.

This single-breasted coat, flaring freely and gracefully, is one of the most fashionable for the autumn season. It is finished with rolled-over cuffs that are exceedingly smart in their lines and here, it is worn with a seven gore skirt which is an excellent model for the useful tailored suit. In the picture, one of the new chevrons in shades of brown with threads of dark, rich red, is shown with collar and cuffs of velvet, matching this last. If preferred, the coat can be cut to finger length.

For the medium size will be required for the coat, 6 1/2 yds. of material 27 in. wide, 3 1/2 yds. 44, 3 1/4 yds. 54, with 3/4 yd. 20 in. wide for collar and cuffs; for the skirt will be needed, 7 3/4 yds. 27 in. wide, 2 1/2 yds. 44, or 5/8 yd. material has no up and down, 4 3/4 yds. 44 in. wide, 4 3/4 yds. 54 if there is either figure or rsvp.

The coat pattern No. 8758 is cut in sizes from 34 to 46 inches bust measure and of the skirt No. 8711, in sizes from 24 to 34 inches waist measure. They will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

Bowman's sell May Manton Patterns.

### DON'T SUFFER—LAUGH AT STOMACH MISERY

Your Own Druggist Will Return Your Money If Mi-o-na Does Not Relieve Dyspepsia

Among all the hundreds of remedies in every well stocked drug store, there are few that are so effective as Mi-o-na on a guarantee to refund the money if they do not cure.

Mi-o-na, the famous dyspepsia remedy, however, has helped so many stomach sufferers that every druggist who sells it is able to say, "If this remedy does not relieve you, come back to my store and I will cheerfully return your money."

Anyone who has dyspepsia, indigestion, headache, dizzy feelings, or liver troubles, should take advantage of this chance to be made well without any risk of spending their money to no purpose. Mi-o-na will relieve you, will regulate the digestion, it enables you to eat what you want. If it does not do all this it will not cost you a cent.

Many druggists who have sold hundreds of boxes of Mi-o-na say they have yet to receive the first complaint from any customer. Such a record is simply marvelous and speaks volumes for the merit of the remedy.

It is easy enough to fill a column with the symptoms afflicting those who have dyspepsia, but there is no need of describing their condition. What they want is relief and this can be most certainly get it in Mi-o-na. Do not suffer a day longer with disordered digestion. If Mi-o-na relieves you it costs you 50 cents a box. If it does not, the druggist will return your money, sold by H. C. Conant and other leading dealers.—Advertisement.

### \$500 in Prizes For Farmers' Day at Waynesboro Oct. 2

Waynesboro, Pa., Sept. 24.—More than \$500 in premiums will be given to the winners in the contests here on farmers' day, October 2. Prizes will be given on fruits, vegetables, grain, poultry, flowers, dairy products, bread, cake, etc. Farmers' day is one of the leading events during the year in Waynesboro and there are displays of almost everything grown on the farm and things made and used in the household.

### TRIUMPH OF WINGS

To promote aerial navigation in America, a large silver trophy has been offered for overwater flying. It becomes the property of any recognized club whose members win it three consecutive years. The rules of each succeeding contest will be changed in accordance with the advancement made in aeronautics during the intervening periods.

The first stage of the competition will end October 31, this year. Its winner will be the one who flies the greatest distance over water during 10 hours of one day. The conditions governing the measurement of this distance prescribe that the airman who flies in a broken line will be penalized a certain part of the total for the advantage he obtains over those who drive in a straight line from the starting to the finishing places. An addition of five points is made to the record of a pilot for each passenger he carries. A picture of the trophy is published in the October Popular Mechanics Magazine.

### HAGERSTOWN WEDDINGS

Special to The Telegraph  
Hagerstown, Md., Sept. 24.—Miss Irma L. Bennett and Chauncey L. Darons, both of York, Pa., were married on Thursday at the parsonage of Grace United Brethren Church by the Rev. G. I. Rider.

Miss S. Katherine Bowers, of Chambersburg, Pa., and Harold S. English, of Winchester, Va., were married on Wednesday by the Rev. Dr. A. B. Statton, pastor of St. Paul's United Brethren Church.

A marriage license was issued here yesterday to Chester R. Gates and Jessie Zimmerman, both of Enola, Pa.

### NEW RAIL JOINT PATENTED

Special to The Telegraph  
Hagerstown, Md., Sept. 24.—Bernard H. Hamburg, a railroad man of this city, has invented and had patented a spike and rail joint for use on railroads which, he claims, will increase the safety of travel a hundred per cent. The device is designed to prevent rails from spreading and will do away with the rail joint with the use of fishplates and bolts.

### REPAIRS TO METHODIST CHURCH

Harrisburg, Pa., Sept. 24.—Repairs to the local Methodist church are now completed and the church will be reopened on Sunday. The frescoing was done by C. Day-Rudy and Co., of Harrisburg. The interior of the church presents a handsome appearance.

### Gypsies Hurt in Wreck of Their Auto in Maryland

Special to The Telegraph  
Hagerstown, Md., Sept. 24.—One of the automobiles belonging to a band of South American gypsies who passed through this city on Tuesday was overturned in descending a hill on the road seven miles west of Hancock on Wednesday night and the gypsy, his wife and five children were hurled out, several of them being injured. The woman was pinned under the car and badly injured about the head. One of the children sustained severe cuts. Their plight was discovered by a party of Hagerstown people. The woman and child were brought to the hospital here.

### MOTHER AND DAUGHTER HURT

Special to The Telegraph  
Neffsville, Pa., Sept. 24.—Mrs. Adam E. Vogel and her daughter, Miss Ella Vogel, were injured yesterday morning when the horse they were driving made too short a turn and the wagon upset. The horse ran away and the mother was dragged for some distance. She is badly injured, it is feared, internally. The girl was bruised.

### CHILD DIES FROM POISON

Special to The Telegraph  
Strayers, Sept. 24.—Beulah Ort, aged 2 years, died in agony last evening following the swallowing of a portion of a bottle of formalin which she got hold of in the absence of the mother for only a few minutes. The child was unconscious for several hours before her death and despite the efforts of several physicians she died.

### Washing Won't Rid Head of Dandruff

The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips. Do this to-night, and by morning most, if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find, too, that all itching and digging of the scalp will stop at once, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

You can get liquid arvon at any drug store. It is inexpensive and never fails to do the work.—Advertisement.

### Office Training School

Kaufman Bldg., 4 S. Market St.  
NOW IN SESSION  
Day School and Night School  
Call or send for 32-page booklet—Bell phone 694-R.

### Monday Figures in Life of Miss Louise Munday

Special to The Telegraph  
Hagerstown, Md., Sept. 24.—Born on Monday, meeting the man she married on Monday and eloping on a Monday, is the romantic story of the marriage of Miss Louise Munday, a pretty stenographer, who day before yesterday became the bride of W. L. Burkholder, chief mail clerk at the Baltimore and Ohio transfer shed in Lrunswick. A cranky automobile in which the couple drove away on Sunday delayed the wedding until Monday.

### A Never Failing Way to Banish Ugly Hairs

(Aids to Beauty)  
No woman is immune to superfluous growths, and because these are likely to appear at any time it is advisable to always have some delatone powder handy to use when the occasion arises. A paste is made with some of the powder and water and spread upon the hairy surface; in about 2 minutes this is carefully removed and the skin washed. You will then find that your skin is entirely free from hair or fuzz. Be sure, however, to get real delatone.—Advertisement.

### For Big or Little Coughs

that may become dangerous, we offer a superior Cough Remedy that is backed by the personal guarantee of ourselves and highly recommended by scores of satisfied users.

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BALTIMORE to BOSTON and return, \$25.00  
SAVANNAH and return, \$26.00  
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Including meals and stateroom accommodations. Through tickets to all points. Fine steamers, best service, staterooms de luxe, baths. Wireless telegraph. Automobiles carried. Send for booklet.  
W. P. TURNER, G. F. A., Baltimore, Md.

### Special For Saturday and Monday, Sept. 25th and 27th, Only

For the benefit of many people who called at our offices and who we were unable to wait upon, we will continue for two days more, our extraordinary offer of a pair of our \$5.00 glasses for \$1.50, examination included. All examinations in our office are made by skilled practitioners who are graduates of recognized optical institutions. Remember, this offer is good for two days only. We make a specialty of children's eyes.

### The Boyd-Norris Optical Co.

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### The Telegraph Art & Engraving Departments

216 Locust Street

### Cumberland Valley Railroad TIME TABLE

In Effect June 27, 1915.  
TRAINS leave Harrisburg at 6:03, 7:52 a. m., 3:30 p. m.  
For Hagerstown, Chambersburg, Carlisle, Mechanicsburg and intermediate stations at 6:03, 7:52, 11:53 a. m., 3:40, 5:37, 7:45, 11:00 p. m.  
For Ellensburg at 6:03, 7:52, 11:53 a. m., 2:18; 6:30, 9:35 a. m., 11:53 a. m., 2:18, 6:30, 9:35 and 11:53 p. m.  
\*Daily. All other trains daily except Sunday.  
J. H. TONGE, G. F. A.