

# Can You Stand the Pace at 60?

Kellogg's Sanitone Wafers Make You Strong and Husky as You Were in Days of Old.

50-Cent Box FREE.

If you're "slowing up" on vitality, feeling old before you should, your nerves need a tonic—take Kellogg's Sanitone Wafers now.



Look Better and Feel Younger at 60 Than You Did at 40.

This is the remedy that has astonished scientists by its quick-action, vitalizing powers. It has brought scores of brain-weary, exhausted men and women back to sprightly vigor and the buoyancy of youth. When that "all in," "woebegone" feeling makes you tired of the game of life—your nerves have "got you," you've used up their vital force. You're nerve-sick, not body-sick; nerve-hungry, not dyspeptic, and must build up on a nerve-tonic-food. It's a shame for a man at 60 to feel gloomy or low-spirited, or be lacking in the staying power that fills you with "get-up-and-git." Kellogg's Sanitone Wafers revive you so you feel like a new being and keep you at your best for years to come.

To convince you of their merit, let us mail you, FREE, a 50-cent trial box. Kellogg's Sanitone Wafers, in regular \$1 boxes, are for sale by all leading druggists. Whether you get them from us or buy from your druggist, don't fail to get them right away. The regular \$1.00 size of Kellogg's Sanitone Wafers is for sale in Harrisburg at C. T. George, 1306 N. Third St.; G. C. Potts, 1101 N. Third St.; C. M. Furney, successor to Forney & Knouse, 428 Market St.; J. H. Park, Jr., 521 Race St.; C. K. Keller, 405 Market St.; W. F. Steever, Fourteenth and Walnut Sts.

### FREE 50c BOX COUPON

F. J. KELLOGG CO., 2884 Hoffmaster Block, Battle Creek, Mich.

Send me by return mail, free of charge, a 50c trial box of the wonderful discovery for me, Kellogg's Sanitone Wafers. I enclose 8 cents in stamps to help pay postage and packing.

Name \_\_\_\_\_ Street \_\_\_\_\_ R.F.D. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

### Who Cleans Your Windows and Signs?

We Want To for the most excellent reasons, because we're in the business and need the money and because our rates are so low and our work so superior you can't afford to do it yourself; we use no chemicals.

Harrisburg Window Cleaning Co. OFFICE—808 EAST ST. Bell Phone 631-J

### SAFETY FIRST

The object of "Safety First" is prevention. You can prevent your advertising from meeting the fate of the waste basket if you will make it attractive with proper illustration. Bring your next copy to us for illustrative treatment. One treatment will convince you that our methods are a success.

The Telegraph Art & Engraving Departments 216 Locust Street

### HOW TO GET RID OF CATARRH

If you have catarrh, catarrhal deafness, or head noises go to your druggist and get a box of Parmit (double strength), take this home add to it 1/2 pint of hot water and 4 oz. of granulated sugar. Take 1 tablespoonful 4 times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should be open, breathing become easy and the mucous stop dropping into the throat.

It is easy to make, tastes pleasant and costs little. Every one who has catarrh should give this treatment a trial. You will probably find it is just what you need.

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### School of Commerce

Troup Building 15 So. Market Sq. Day and Night School 22d Year Commercial and Stenographic Courses Bell Phone 1946-J

### Harrisburg Business College

Day and Night School Sept. 7, 1915 Business, Shorthand and Civil Serv.

### Office Training School

Kaufman Bldg., 4 S. Market Sq. NOW IN SESSION Day School and Night School Call or send for 32-page booklet—Bell phone 694-R.

### Dr. Keim Dentist

Removed to Kunkel Building Third and Market Sts. Try Telegraph Want Ads

# ARCHWAY OF ELMS NORTH OF MACLAY

Commissioner Taylor Completing Grading of River Park For Trees

## LYNCH PUSHING WORK

Progress of Dam Subject of Discussion at Meeting of Public Works Board

Grading of the strip of park on the western side of Front street from MacLay street to within a short distance of Division has been practically completed by City Commissioner M. Harvey Taylor, superintendent of parks and public property. Much of the ground in question represents the extra "fill" that had been dumped over the bank and the stretch of ground can be extended somewhat by the grading. In this strip the rows of elms will be planted to form the western line of trees which in years to come will help arch the broad driveway along the river.

Despite the high water and unsatisfactory labor conditions, City Commissioner W. H. Lynch said today that the finishing touches to the city improvements are being added with all consistent speed. Work is now going along smoothly again at the river wall gap at Market street.

Some fifty-odd slabs of concrete remain to be placed in position on the top tier of the river dam, but it is doubtful if David Weiser, the contractor who started the job, will finish it, according to Commissioner Lynch. High water has interfered somewhat with the work, Weiser says from fifteen to twenty inches of water is spilling over the dam. That the dam will be finished before winter sets in is generally expected, of course, but Commissioner Lynch wants the job accomplished as early as possible in order not to take any chances with the unusual rise in the stream or extreme cold. The progress of work that has been made on the dam was the subject of considerable discussion this afternoon at the meeting of the Board of Public Works and City Commissioner W. H. Lynch.

## TODAY'S BEAUTY AIDS

To clear up and whiten the skin and secure that charm of pink and white youthful freshness so much desired by all women you will find it far safer to rely upon a good face lotion rather than powder. To get rid of that shiny and muddy appearance in your complexion, dissolve four ounces of sprumax in one-half pint hot water, and add two teaspoonfuls glycerine. Apply this to your face, neck and arms, rubbing gently until dry. This lotion does not show or rub off like powder and is much better. It is splendid for removing tan, freckles, pimples and sallowness.

You can make a delightful shampoo for a very trifling cost if you get from your druggist a package of canthox and dissolve a teaspoonful in a cup of hot water. Pour a little at a time on the scalp and rub briskly. This creates an abundance of thick, white lather that thoroughly dissolves and removes all dandruff, excess oil and dirt. After rinsing, the hair dries quickly, with a stiffness that makes it seem heavier than it is, and takes on a rich luster and a softness that makes arranging it a pleasure.—Advertisement.

## HOW TO BE SLIM

If you are too fat and want to reduce your weight 15 or 20 pounds, don't starve and weaken your system, or think you must always be lazed at on account of your fat, but go to any good druggist, and get a box of Oil of Koraen capsules, take one after each meal and one before retiring at night.

## UP-TO-THE MINUTE PENOLOGY IN CHINA

Old forms of punishment are being reintroduced. Among others, that formidable instrument of torture, the bamboo, after a short rest, has again been brought into use in court. The bamboo, for practical use, must be four feet long, and tapered from the handle outwards to a specified width, and may be applied in lieu of imprisonment for petty offenses, such as the punishment of persons between the ages of sixteen and sixty.—The Christian Herald.

## Sweaty and Sore Feet

These annoying and embarrassing troubles can easily be overcome. Here is the quickest and surest remedy known. Two tablespoonfuls of Calocide compound water, added to a bath, will give instant relief. Don't endure foot torture of any kind. By this treatment corns and callouses can be peeled right off and sore bunions reduced. It acts through the pores of the feet. Large box of Calocide twenty-five cents at any drug or general store. Free trial sample. Formula Laboratories, Dayton, Ohio.

# THE PANAMA CANAL AT WORK

By Frederic J. Haskin

[Continued from Editorial Page.]

continental railroads is the first question that suggests itself. The canal has been in operation too short a time, and business conditions have been too abnormal, for a reliable answer to be given. It may be stated that the railroads have not suffered from the canal's yet, but experts predict that this competition will ultimately have a very important effect upon the transcontinental hauls, with its rates and amounts of commodities carried.

## Many Tramp Steamers

To the patriotic American, however, the energy and success with which American ship owners have entered into this new domestic traffic are even more gratifying than the cheap transportation which it affords. All of the American lines plying through the canal, in the face of strong temptation to make large profits out of the European munition trade, have not only kept their vessels upon the Panama route, but have built new ones to take care of the increased traffic which they anticipate. The America-Havana line, the W. R. Grace line, the Luckenbach Company, are all regular users of the canal, and every one of them has new ships under construction. In addition to these great freight-carrying companies, many tramp steamers for this new American trade route are being built in American shipyards.

The Panama Pacific Steamship Company is operating two giant freight and passenger steamers, the Kroonland and Finland, through the canal. The company has a splendid fleet of white steamers, carrying both freight and passengers, and the Panama Railroad Steamship Company is making regular sailings between New York and Colon.

## American Vessels Missing

On the other great trade routes which pass through the Panama Canal it is literally true that not an American vessel is missing. The traffic to South America, Australasia and the Orient is being carried by Japanese, Italian and Frenchmen. Why is it that the American shippers, who have been so quick to seize the opportunity to carry the commerce between our own coasts, have allowed foreign nations to monopolize all the other traffic through our great waterway?

## Predicts Increase

When the war is over there is not the slightest doubt that the other great maritime nations will carry their subsidy plans. There will be an immense increase of traffic through the canal. Not a single Austrian or German ship has used it since the war began. The rubber plantations, to recover their heavy losses, will undoubtedly enter the business with a rush as soon as peace is made. The shipping of Great Britain, Italy and France will also be greatly increased. All of this will be money in Uncle Sam's pocket, but in this great foreign commerce he will see not a single ship flying the Stars and Stripes.

## Great Possibilities

Undoubtedly, however, all these industries offer great possibilities to canal traffic, and some of them are already showing signs of development. The Bethlehem Steel Company, for example, has acquired some splendid iron mines in Chile. The mines were partially developed by a French company under contract with the Chilean Government, but this project failed and the great American steel company acquired the right to work them upon favorable terms. Rich ores from these mines are now regularly being carried through the Panama Canal to the Pennsylvania smelters.

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# Nationally Advertised Motor Cars, Tires and Accessories Represented in Harrisburg

The following names are known from coast to coast, and Harrisburg offers an excellent assortment to choose from, being the largest distributing center in Central Pennsylvania. The announcements of these firms appear in the Harrisburg Telegraph from time to time. Prices are all f. o. b. factory unless otherwise specified. Names are arranged in alphabetical order.

<b>AJAX TIRES</b> Guaranteed in writing 5,000 miles. While others are claiming quality are even making them. <b>THE SHAFER WAGON WORKS</b> 80-88 S. Cameron Street	<b>DODGE BROS.</b> The motor car that speaks for itself. Roadster and Touring. \$785. <b>Keystone Motor Car Co.</b> 1025 Market Street	<b>HUDSON</b> Touring Sedan, \$1875. <b>HUDSON SALES AGENCY</b> 1139 Mulberry Street	<b>PACKARD</b> Twin Sixes and Worm Drive Motor Trucks. <b>PACKARD MOTOR CAR COMPANY OF PHILADELPHIA</b> 107 Market Street HARRISBURG, PA.
<b>ALLEN</b> Four-cylinder, 5-passenger touring car with 112-inch wheelbase. Equipped with Westinghouse electric starter and lights, \$795. <b>GEORGE B. ZECH</b> City Garage, rear Union Trust Building	<b>Eisemann Magnetos</b> 88 per cent. of commercial vehicles are equipped with Eisemann magnetos. Quality and reliability. Expert mechanical service. <b>H. G. ZIMMERMAN</b> Linden and Walnut Sts. Bell 2492.	<b>Hupmobile</b> The Car of the American Family. 5-passenger Touring ..... \$1085 5-passenger Sedan ..... \$1185 <b>ENSMINGER MOTOR CO.</b> Distributors Third and Cumberland Streets	<b>PAIGE</b> The new 6-36, a five-passenger "roomy," luxurious and "smart" car at \$1055. The 6-46, seven-passenger \$1295. "The Standard of Value and Quality." <b>RIVERSIDE AUTO CO.</b> Rear 1417 North Front Street
<b>AUTOCAR</b> The greatest 1 1/2 to 2-ton Motor Truck ever built. Stronger more abuse; less repairs and maintenance cost. <b>ANDREW REDMOND</b> Third and Boyd Sta.	<b>ENGER</b> A Twin Six, the world's nearest approach to perfect motor car efficiency, \$1095. <b>H. De HART, Distributor</b> Garage: 131 South Third Street	<b>I-H-C</b> International Motor Trucks. Models M-1,000 lbs.; E-1,500 lbs.; and P-2,000 lbs. capacity. Powerful and compact heavy-duty motor. <b>International Harvester Co.</b> Motor Truck Department: 619-21 Walnut Street	<b>PULLMAN</b> Two, Three and Five-passenger models; four-cylinder 32 H. P. \$740, delivered. <b>ANDREW REDMOND</b> Third and Boyd Streets
<b>BRISCOE</b> 4-cyl. five-passenger ..... \$750 8-cyl. five-passenger ..... \$950 <b>CONNOVER &amp; MEHRING</b> 1713-1717 North Fourth St.	<b>Exide Battery</b> Expert service and attention for your Starting and Lighting Battery. Distributors for the "Exide" battery. <b>EXCELSIOR AUTO CO.</b> Eleventh and Mulberry H. L. MYERS, Manager	<b>JACKSON</b> "No hill too steep, no sand too deep." Model 34, four-cylinder ..... \$955 Model 34S, eight-cylinder ..... \$1195 Model 68, eight-cylinder ..... \$1655 Some territory open for sub-dealers. <b>P. L. KEBACH</b> Distributor 1334 Howard Street. Bell 378-J.	<b>REO</b> Touring Cars and Trucks. <b>HARRISBURG AUTO CO.</b>
<b>Brockway Trucks</b> Brockway Quality, known throughout United States for 62 years. One, one and one-half and two ton; chain or worm drive. <b>THE FORD SALES CO.</b> Distributors for Eastern Pa., York, Adams and Perry Counties. 147-155 South Cameron Street	<b>Firestone Tires</b> "The Colossus of the Road" and everything pertaining to the wheel. <b>THE TIRE SHOP</b> 108 Market Street	<b>JEFFERY</b> Four-cylinder, 7-passenger body, \$1090. Same with auxiliary seats, \$1035. A quality automobile in every sense of the word. The Jeffery Six, worm drive, \$1350. <b>BENTZ-LANDIS AUTO CO.</b> 1808 Logan Street	<b>REPUBLIC TRUCKS</b> Largest truck builders in the country. \$995 and up. <b>I. W. DILL, Distributor</b> 1139 Mulberry St.
<b>BUICK</b> The car that takes low gear hills on high gear speed. Sixes only, \$985 to \$1485. <b>HOTENSTEIN &amp; ZECH</b> City Garage, rear Union Trust Building	<b>FORD</b> Roadster Model ..... \$410.25 Touring Car ..... \$460.25 Prices Delivered in Harrisburg. <b>THE FORD SALES CO.</b> 147-155 South Cameron Street	<b>KING</b> The car of no regrets. Eight-cylinder, 5-passenger, \$1360. <b>KING CAR SALES CO.</b> 80 South Cameron Street	<b>Scripps-Booth</b> The Car of Luxury. Roadster ..... \$775.00 Coupe ..... \$1450.00 <b>UNIVERSAL MOTOR CAR CO.</b> Distributors 1745 North Sixth Street
<b>CADILLAC</b> The cut-open chassis of the new Eight, the Limousine and the special display of models shown at the fall will be on exhibit this week at the <b>CRISPEN MOTOR CAR CO.</b> 413-417 S. Cameron Street	<b>Ford Starter</b> Stewart Air Starter for Ford Cars on exhibition at our station. <b>THE TIRE SHOP</b> 108 Market Street	<b>KNIGHT TIRES</b> Will cost you more per tire, less per mile than any other tire. <b>THE SHAFER WAGON WORKS</b> 80-88 S. Cameron Street	<b>SPHINX</b> A 5-passenger, 4-cylinder touring car at \$640. Built of standard parts. Silent and powerful. Also commercial motor cars. <b>PAUL D. MESSNER</b> 1118 James Street
<b>CASE</b> The name that stands for mechanical excellence the world over. The name behind the car should be your first consideration. Case "25" and "30" at \$1350. <b>J. L. CASE T. M. CO.</b> Harrisburg Branch, 429-435 South Second Street.	<b>FRANKLIN</b> The car that covered 860 miles on low gear. The car for the discriminating buyer. 5-passenger Touring ..... \$1950 5-passenger Roadster ..... \$1900 <b>ENSMINGER MOTOR CO.</b> Third and Cumberland Sts.	<b>MAXWELL</b> "The Wonder Car" at \$655 Electric Lights and Electric Starter. Convenient payments if desired. <b>E. W. SHANK</b> Distributor 120 Market Street	<b>STANLEY</b> Steam cars in touring, commercial trucks and funeral cars. All models equipped with condenser. <b>PAUL D. MESSNER</b> 1118 James Street
<b>CHALMERS</b> First Quality Six at \$1350. A 40-horsepower, 7-passenger touring car, weight 3075 lbs., valve-in-head motor with overhead camshaft. <b>The Chalmers 6-48 seven-passenger \$1550</b> <b>KEYSTONE MOTOR CAR CO.</b> 1025 Market Street	<b>GIBNEY TIRES</b> Solid tires for commercial vehicles. "Quality First." <b>THE SHAFER WAGON WORKS</b> 80-88 South Cameron Street	<b>METZ</b> "25" Touring and Roadster model. Absolute reliability, handsome appearance, \$600. <b>PENNA. AUTO SALES CO.</b> 5 Grace Street, near Market and Fourth	<b>Stewart Speedometers</b> Authorized Stewart - Warner Service Station <b>THE TIRE SHOP</b> 108 Market Street
<b>CHANDLER</b> The only high-grade seven-passenger Six selling at \$1295. The Six with the marvelous Chandler motor. <b>ANDREW REDMOND</b> Third and Boyd Sts.	<b>GLIDE</b> Light Six "40"—\$1005. It's built to endure—adapted for city and long-distance work. <b>UNIVERSAL MOTOR CAR CO.</b> Distributors for Eastern Pennsylvania and Maryland 1745 North Sixth Street	<b>MILLER TIRES</b> The greater mileage, safety and pleasure Miller tires render, will remind you that better tires cannot be bought for less. <b>STERLING AUTO TIRE CO.</b> Distributor 1451 Zarker Street	<b>Stromberg Carburetors</b> Used on the winning Stutz cars at Sheepshead Bay. Also at Milwaukee and Indianapolis tracks. Speed, power and economy. Expert mechanical service. <b>H. G. ZIMMERMAN</b> Linden and Walnut Sts. Bell 2492.
<b>CHEVROLET</b> "The Product of Experience." These cars have the famous valve-in-head motor. Various models, \$490 to \$750 <b>HOTENSTEIN &amp; ZECH CITY GARAGE</b> Rear Union Trust Building	<b>GRANT "6"</b> The new Grant Six at \$795. A wonder at the price, 112-inch wheelbase. Allison-Cadham electric starter and lights; beautiful streamline five-passenger body. <b>W. H. SCHUE, Dealer</b> 2412 North Sixth St. Bell 3966-J.	<b>MITCHELL</b> "The Six of Sixteen." Beautiful, fast, powerful, easy-riding and luxurious, \$1250. <b>REAM &amp; SON</b> Harrisburg and Palmyra, Pa.	<b>STUDEBAKER</b> 4-cylinder "40" ..... \$915 6-cylinder "50" ..... \$1085 Delivered in Harrisburg. <b>THE FORD SALES CO.</b> 147-155 South Cameron
<b>COLE</b> "THE STANDARDIZED CAR" Unusual speed, unusual safety, unusual comfort in the <b>COLE EIGHT, \$1785</b> <b>EXCELSIOR AUTO CO.</b> Eleventh and Mulberry Streets H. L. Myers, Manager.	<b>HERFF-BROOKS</b> Same efficiency as 1915 for less money. Notice the drop: Six—"50" for \$1915, \$1875 for \$1816, \$1095. Four—"40" for \$1515, \$1100; for \$1215, \$855. <b>J. K. KIPP</b> 2203 North Fourth Street	<b>NATIONAL</b> National in fame as well as in construction. New National Highway 6-cylinder \$1690. National 12-cylinder model \$1990. <b>PENNSYLVANIA AUTO SALES CO.</b> 5 Grace Street, near Fourth and Market	<b>VIM</b> Half-Ton Delivery Cars—made with all steel panel top, open express body, De Luxe panel or taxicab. Chassis \$620. Complete at \$655, \$695, \$725 and \$1095, respectively. <b>BENTZ-LANDIS AUTO CO.</b> 1808 Logan Street
<b>CROW-ELKHART</b> Greater power per pound and with greater accessibility than any car in its class, \$725. Other models at \$675 and \$685. <b>MONN BROTHERS</b> 17th and Swatara Streets	<b>HOLLIER</b> The leading popular-priced "Eight." High-powered and light weight. The sensation of 1916, \$985. <b>I. W. DILL, Distributor</b> 1139 Mulberry Street	<b>OLDSMOBILE</b> Model 43—4-cyl. 5-pass. .... \$1095 Model 44—8-cyl. 5-pass. .... \$1295 Prices F. O. B. Factory <b>EAST END AUTO CO.</b> Linden and Shrub Sts. Bell 315-R.	<b>Willard Batteries</b> Service station for Willard Storage Batteries. Free inspection of any battery at any time. <b>J. G. DUNCAN, JR., CO.</b> 11 North River Street.
<b>DETROIT ELECTRIC</b> \$1975 to \$2275 Society's Favorite Town Car. <b>Detroit Electric Service Station</b> Linden and Shrub Streets C. B. Hoffer, Manager Bell Phone 315-R.	<b>HORNS</b> Stewart hand and electric horns, vacuum engine pumps. All Stewart products. <b>THE TIRE SHOP</b> 108 Market Street	<b>Overland</b> The Overland-Harrisburg Co. Showroom, 212 North Second Service Station, 127-9 Cranberry	<b>Willys KNIGHT</b> The Overland-Harrisburg Co. 212 North Second St.

# PARADES TO CLOSE SUFFRAGE FIGHT

Three Big Demonstrations Will Be Held; Feel Sure of Victory

Three great parades will mark the closing weeks of the campaign in the interest of woman suffrage in this State. The first of them will be held Saturday afternoon in Pittsburgh. Then, on Friday of next week, will follow the Philadelphia demonstration; Wilkes-Barre will conclude the series with an evening parade on Friday, October 29. The State officers will march in both the Pittsburgh and Philadelphia parades.

They will be very impressive, these suffrage pageants, but they also will be very democratic. There will be no automobile division, and with the exception of one mounted delegation at Pittsburgh, and such women as are necessary to complete the picture on the various floats, all the paraders will march on their own two feet—wives of prominent citizens, sewing girls from the shirtwaist factories, professional women and cooks, maids, mothers and grandmothers, women from the exclusive districts and women from the tenements—all intent upon showing by their presence in the ranks that they are in earnest in their demand for the ballot.

Line to Be Mile Long

Most of the Pittsburgh paraders will be garbed in white, relieved by sashes of yellow, the suffrage color.

Philadelphia's parade will be a Festival of Light, literally and figuratively. It promises to be the most beautiful suffrage demonstration ever held and

is expected that the marchers will be numbered by the thousands.

Wilkes-Barre looks forward to the parade which will be held in that city October 29 with great interest. The women of that section of the State have established an enviable reputation for the novelty of their suffrage demonstrations, and as the interest this year is greater than ever, they confidently expect to surpass their previous records in every way.

A 5,000-YEAR-OLD CUSTOM

On December 22, in keeping with ancient custom, President Yuan Shi Kai, clad in silken robes, with great pomp repaired to the Temple of Heaven, and performed the rites of worship which formerly were carried on by the Manchu rulers. For four years this noted temple had been neglected and the sacred rites ignored; and it caused great commotion when, for the first time in the history of China, heaven was worshipped by one not an emperor. Away back in the misty past, this ancient ceremony may have been the expression of a heart's yearning after God; but it is feared that now, in the face of present-day enlightenment, more stress is placed on observing hoary customs than on worshipping the Infinite.—The Christian Herald.

### POMPEIAN OLIVE OIL

ALWAYS FRESH—PURE—SWEET AWARDED GOLD MEDAL SAN FRANCISCO EXPOSITION