

# Says Woman's Beauty Depends Upon Health

### Health and Vigor Necessitate Regulation of Organs of Elimination.

Skin foods and face creams and powders cannot make a woman beautiful, because beauty lies deeper than that—it depends on health. In most cases the basis of health and the cause of sickness can be traced to the action of the bowels.

The headache, the lassitude, the sallow skin, and the lusterless eyes are usually caused by constipation. An ideal remedy for women, and one that is especially suited to their delicate organisms, is found in Dr. Caldwell's Syrup Pepsin, a mild laxative compound, pleasant to the taste and free from opiates and narcotic drugs of every description. Mrs. Gertrude Jordan, 522 North Liberty St., Ind., says: "It is simply fine; I have never been able to find anything to compare with Dr. Caldwell's Syrup Pepsin. I started using it for the baby and now it is my family standby in all cases where a laxative is needed."

Dr. Caldwell's Syrup Pepsin is sold in drug stores for fifty cents a bottle;



MRS. GERTRUDE JORDAN

a trial bottle can be obtained, free of charge, by writing to Dr. W. B. Caldwell, 454 Washington St., Monticello, Illinois.

# PROGRESSIVES WILL STAND PAT

### Decide to Name Their Own Ticket and Promptly Pick Out the Candidates

Resolutions expressing desire and hope for a reunion of the Republican and Progressive parties, the nomination of a Republican candidate for President at Chicago who would be acceptable to the Progressives, that the former Washington party men in this State now enrolled as Republicans should vote for national delegates pledged to effect a change in the influences which govern the Republican party and that the Bull Moosers in Pennsylvania should nominate their own State ticket were adopted at the Washington party's State conference early last evening.

The conference proceeded to forthwith get started on its plan for a State ticket and in a few hours had a full slate on exhibition and the word was going forth to such ex-Progressives as could be reached that they should not get overheated.

The most interesting feature about the whole conference was the attitude on the Governor's fight for reunion of the Republican party as announced in his letter to Henry G. Wasson. One element favored endorsing the Governor and bashing Senator Penrose by name, but a compromise was reached whereby the Senator was referred to as an influence that did not meet approval of the Progressives and that ex-Progressives now enrolled as Republicans should vote for delegates who would remove him from direction of party affairs and no mention made of the Governor, using the discussion one man praised the Governor and was greeted with noise while another took a whack at him because of his harmony remarks and was also given a noisy reception.

William Flinn, Gifford Pinchot and Robert K. Young were the men at the helm. Flinn is credited with calling on the ex-Progressives to get busy on delegates, Pinchot is credited with keeping out of the convention of the Governor and Young for staying in the middle of the road.

The slate as announced last night was as follows:

For United States Senator — Mahlon H. Meyers, of Cambria county, one of the Roosevelt delegates to the Republican and Progressive national conventions of 1912. He is general manager of the Smokeless Coal Company, of Johnstown.

Auditor General — Major Isaac B. Brown, of Erie county, former secretary of internal affairs.

State Treasurer — J. V. Clark, of Washington county, former member of the Legislature.

Congressmen-at-large — Robert C. Blair, of York county; Fred Breckenman, of Carbon county; S. J. Adams, Jr., of Allegheny county, and Arthur G. Graham of Philadelphia.

The Washington party nominations will run down the line to the congressional, State senatorial and assembly districts.

The resolutions laid before the conference and adopted were the product of a committee appointed by Chairman Detrich, whose office made him personally a member; ex-Senator William Flinn, of Pittsburgh, member of the Progressive national committee; Gifford Pinchot, of Pittsburgh, former United States orester and close personal friend of Colonel Roosevelt; George F. Holmes, city commissioner of Philadelphia; Mahlon H. Meyers, of Cambria county; Breckenman, of Carbon county, and Charles I. Landis, of Dauphin county.

These resolutions are as follows:

"Resolved by the delegates to this conference of representatives of the Washington party in Pennsylvania:

"First—We hereby endorse the action taken by the Progressive national committee at its meeting in Chicago in January, 1916, and pledge ourselves to work for the election of delegates to the Progressive national convention who will stand steadfast for the principles laid down by the national committee.

"We hereby express the hope that the Progressive and Republican national conventions at Chicago may be able to agree upon a candidate for President who will be acceptable to the Progressives.

"In the event that there can be no such agreement, we pledge ourselves to support the nominee of the Progressive national convention.

"We declare in favor of the nomination by the Washington party in Pennsylvania of candidates for every State office.

"Second—We affirm with increasing

# Knocked Down by Car, She Continues to Read

Kansas City, Mo., March 22. — Reading a religious book got Mrs. Hazel Cummings into the city jail.

She started to read the book while standing on street car tracks in the shopping district. A car struck her and pushed her over. She continued

to read while bystanders helped her to her feet, and she was too absorbed in her book to ascertain whether or not the fall had injured her.

A police motor car took her to police headquarters. The reading went on.

At the booking desk, a Sergeant was able to get her attention away from her perusal of the volume only long enough to obtain her name and



## "It is not necessary to suffer!"

# The Miracle Shoe

works wonders with the feet. It will correct your foot trouble. It makes the foot feel so comfortable and natural. It makes walking easier. Its distinctive feature of built-in support holds the arch of the foot in proper position.

If your ankles are weak, or arch broken down, walking tires you. When you wear *The Miracle Shoe* you walk with enjoyment, because your foot is under no strain.

Handsomely made, exceptionally neat, always in good taste, *The Miracle Shoe* has won popularity among persons seeking foot comfort and foot health.

Price \$6. On sale at



**Bowman & Co.**  
Popular Dept. Store  
314-316-318 Market St

## Open Evenings

**Overland** On and after today our showroom will remain open at night until 10.30

THE OVERLAND-HARRISBURG COMPANY  
212 North Second Street

## Workmen's Compensation Act Blanks

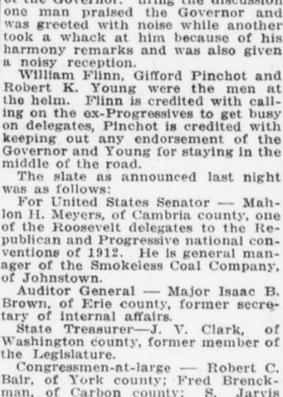
We are prepared to ship promptly any or all of the blanks made necessary by the Workmen's Compensation Act which took effect January 1. Let us hear from you promptly as the law requires that you should now have these blanks in your possession.

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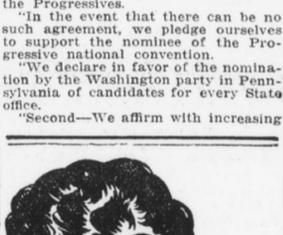
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## Resinol

heals sick skin

The moment that Resinol Ointment touches itching skin the itching usually stops and healing begins. That is why doctors have prescribed it so successfully for over 20 years in even the severest cases of eczema, ringworm, rashes, and many other tormenting, disfiguring skin diseases. Sold by all druggists. For a clear complexion use Resinol Soap.

## REDUCED FARES

"By Sea"

Baltimore to Jacksonville and return, \$28.00  
Savannah and return, \$20.00

Low Fare to Florida Points

For sailings of March 17 and 31

\$15 Baltimore to \$15 Boston and return

For all sailings March 17 to 31 Meals and stateroom berth on steamer included.

Send for particulars. Merchants & Miners Trans. Co. W. P. Turner, G. P. A., Baltimore, Md.

# YOU ALWAYS GAIN BY BUYING HERE

If the qualities elsewhere are EQUAL, our prices are sure to be LESS—or if the price others quote you is the same, you'll find our values superior. It's easy enough to quote you a LOW price—but to couple it with **DEPENDABLE** quality is quite another matter—with us it is "quality first" always. Make comparisons of **SERVICE** and **STOCK**. We will **WIN** whenever and wherever you make the test.

## Handsome Period Suite, Three Pieces \$69

Club Plan, \$1.50 Weekly



Period furniture is all the rage, and to supply the demand for a popular-priced suite we are featuring these three pieces of correct Adam design furniture, either dull mahogany finish or shaded old ivory. The pieces are well made and have the characteristic decorations which distinguish this period of furniture. They are of such size that will look well in any bedroom. We have put a special price on the three pieces, but you can buy them singly.

We have a wood bed to match them. They will look well with metal beds. You never have been offered good furniture for so little money.



## Living Room Suite

Correct Adam design and upholstered with striped velour in a beautiful shade of blue. The pieces are finished dull mahogany and are exceptionally well made, with easy springs. A high-grade suit at a little price.

The three pieces ..... \$45.00

28-30-32 S. Second St. **BURNS & CO.**  
EVERYTHING FOR HOME OR OFFICE

## Ready With the New Spring Models of Carriage and Sulkies



**PULLMAN CART**—like illustration; wood sides, wood artillery wheels with rubber tires, easy springs ..... \$13.50

**REED PULLMAN CARRIAGE**, has reclining back, rubber tires, tubular push bars, easy springs, heavy roll around hood and body ..... \$17.50

## Have You Secured a Bluebird Dinner Set?

The time is getting short if you wish to avail yourself of this exceptional offer. The many people who have taken advantage of this offer prove the Bluebird Set to be the most popular design of dinnerware.

**Bluebird Set 100 Pieces \$4.95**

If you buy fifty dollars' worth of other merchandise, you can see the generous offer this is when you consider that Bluebird Sets are sold in most cities at \$18.00. You will be more than pleased how the striking effect of perfectly colored Bluebirds is brought out when a set is placed on the table.

The ware is of first quality and all necessary pieces are included. Use Coupon.

**SEE THE BLUEBIRDS IN OUR WINDOW**

This coupon, if presented at time of purchase of \$50 worth of furniture or floor coverings, entitles you to buy a 100-piece BLUEBIRD SET for \$4.95.

This coupon, if presented at time of purchase of \$25 worth of furniture or floor coverings, entitles you to buy a 50-piece BLUEBIRD SET for \$2.95.

**The Largest Variety of Cedar Chests in the City**

Twenty-five designs to select from.

Colonial Chest, \$13.00  
size 42 inches .....

Cedar Chests up-ward from ..... \$9.00

**Cash or Easy Payments**

## WOMEN PATRIOTS PLAN HUGE CAMP

Feminine Section of Navy League to Pitch Tents Near Washington, D. C.

Special to the Telegraph

Philadelphia, Pa., March 22.—The patriotic women of the United States are preparing for a huge military camp to be conducted outside of Washington, D. C., which will be run exclusively for women. It will be called the National Service School. Plans were announced recently at a conference of the Philadelphia branch of the women's section of the Navy League, held at the United States Naval Home.

More than 10,000 women have been recruited for the Philadelphia branch, which was established by Mrs. Frederick Rounselle Payne last December. The various committees appointed by Mrs. Payne to assist her were organized from patriotic societies, stores, hospitals and shops. Leaders of the committees and special delegates attended the meeting, which filled the assembly room of the Naval Home.

Alexander Van Rensselaer, chairman of the Pennsylvania division of the Navy League, outlined the proposed activities of the naval reserve of that organization, and explained to the members how they could be of practical service in the proposed camp. Mrs. Van Rensselaer was appointed the governor of the Philadelphia division of the women's section of the Navy League. The plans of the summer camp for women were outlined by Mrs. Vylla Poe Wilson, organizing secretary of the woman's section. Her paper reads in part:

"Senator Francis Newlands, of Nevada, has donated ten acres of land between the Columbia Country Club and the Chevy Chase Club, where the woman's section of the Navy League will conduct a national service school in the month of May. The classes are to be given during the morning hours. The afternoon sessions will be devoted to conference meetings and lectures by experts on questions of national defense, food conservation, American history and the Americanization of the foreign born.

"The main object of the school is to give the opportunity to American women to acquire a special training and to be of national service in the event of war. The National Service School is to be open to all native-born women over 18 years of age who intend to become members of the woman's section of the Navy League. No student will be permitted to enroll at the camp who does not present a certificate from her physician that she is physically able. The course are two weeks long and no student will be enrolled for less than that period.

## PASTOR ACCEPTS CALL

Special to the Telegraph

Marietta, Pa., March 24.—The Rev. W. W. Moyer, of Reading, has accepted the call to the Marietta Zion Reformed Church, succeeding the Rev. E. Elmer Sensenig, who has taken charge of a church near Allentown.

## MAN DEAD IN SNOW

Special to the Telegraph

Marietta, Pa., March 24.—Thomas Ellis was found dead near the Beck Springs Schoolhouse to-day, his body covered with snow. The body was from all indications exposed to the weather for several days, and death was due to exposure. He was about 60 years old. He lived alone and has no relatives.

## Father goin's FOR COLDS

No alcohol or dangerous drugs.

## MRS. SNYDER'S 81ST BIRTHDAY

Special to the Telegraph

Hershey, Pa., March 24.—Mrs. Margaret E. Snyder celebrated her 81st birthday anniversary at the home of her daughter, Mrs. B. F. Bomgardner, with whom she lives, by entertaining her children and grandchildren. She was the recipient of many gifts, and was congratulated by all present. An elaborate dinner was served to the guests, who included Mr. and Mrs. Edward Snyder, of Sunbury; Mrs. Penbrook; Mrs. Paul Haas and Mrs. Ida Bridge, of Philadelphia; Mrs. Charles Miller, of Harrisburg; Mrs. Emma Witman, Mrs. Margaret Corpmann; Misses Azalea Corpmann and Katharine Haas, Mrs. Snyder's great-grandchildren, and Mr. and Mrs. B. F. Bomgardner and children, Misses Margaret and Mabel, and Messrs. Howard, Edward, Clarence and Maynard Bomgardner.

## "TIZ" FOR FEET

No More Sore, Tired, Tender Feet; No Puffed-up, Calloused Feet or Painful Corns—Try "Tiz"

Why go limping around with aching, puffed-up feet—feet so tired, chafed, sore and swollen you can hardly get your shoes on or off? Why don't you get a 25-cent box of "Tiz" from the drug store now and gladden your tortured feet?

"Tiz" makes your feet glow with comfort; takes down swellings and draws the soreness and misery right out of feet that chafe, smart and burn. "Tiz" instantly stops pain in corns, callouses and bunions. "Tiz" is glorious for tired, aching, sore feet. No more shoe-tightness—no more foot torture.

Ask for "Tiz." Get only "Tiz." Advertisement.