

HOW I GOT RELIEF FROM CATARRH

Man Who Suffered Twenty Years and Was Almost Deaf Finds Way to Be Quickly Rid of His Trouble



HOW TO BREATHE THE AIR OF HYOMEI

"I have been a sufferer from Catarrh for over twenty years. I doctored off and on for fifteen years, but still after all this doctoring and drugging I got no relief. Finally my ailment became so severe that I was practically deaf in one ear and almost so in the other. My wife got me a Hyomei outfit and I immediately began to use it according to directions and the results were remarkable. I have used another bottle of Hyomei and can truthfully say it is the first relief I have experienced in twenty years. This sounds like strong language, nevertheless it is the truth. I feel there is nothing like Hyomei—a boon to the sufferer of a loathsome disease, catarrh. I consider it a pleasure to recommend Hyomei to all who are sufferers from this disease. The oil of Hyomei has long been recommended as being one of the very best treatments for Catarrh of nose and throat. It is not swallowed but the patient gets quick results by pouring a few drops of the pure oil into a hard rubber inhaler which comes with each large bottle of oil. Place the inhaler in the mouth as shown in illustration and just breath naturally into the throat. Breathe and air passages are medicated air which the oil seeps off. This is pleasant but so powerful that its germicidal quality quickly destroys all catarrh germ life and soothes the sore, swollen, inflamed membranes, stopping the discharge and ending the disease. H. C. Kennedy, as well as other leading druggists in the city, speak highly of Hyomei and state it is always sold by them with a positive guarantee to refund money if in any case of catarrh, bronchitis, sore throat, cough or cold, it fails to give prompt relief. In getting Hyomei for the first time be sure to get the large size which contains the inhaler as its use is quite essential for best results.—Advertisement.

HERE'S INSIGNIA THAT PROVES YOU'RE NAVY MAN



WHAT THE KEYSTONE MEANS

Would you like to know just what the "Navy" insignia means? Enlarged size of the design is shown in the accompanying etching. The colors, blue and gold, are the city colors and have been adopted by the "Navy" and the Keystone emblem has been worked out with a view to its adaptability for working in cloth or felt. Here's the description as given last evening to the "Navy" by Thomas M. Kelker, chairman of the committee which made the recommendation: The keystone shield outlined by a band of navy blue with an inner edging of golden yellow and a white field in the center of the field, a blue anchor with rope entanglement in the form of an "S"; the shield to be cut horizontally by a zigzag or wave pattern of alternating bands of navy blue and yellow. Here's the explanation: The shield not only indicates Pennsylvania, but the keystone indicates the holding together of the river interests; the zigzag pattern symbolizes water, or the river, in this specific instance, the band crossing the shield horizontally, finally indicates protection—that the "Navy" stands for the protection of the river. The anchor indicates "hope" and the rope entanglement, "builders," signifying that the "Navy" hopes to build up and improve the Susquehanna "basin." And the rope entangled "S" would further indicate that the Susquehanna is the Pennsylvania river of interest to the "Navy." Greater Harrisburg, of course, is suggested by the city colors.

TO SEE IF RIVERMEN BELONG TO NAVY

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growing organization of Harrisburg's river enthusiasts the official designs for insignia, pennant and uniform were adopted as recommended by a committee appointed for the purpose. Thomas M. Kelker, one of the city's leading younger architects, is chairman, and serving with him is Joseph A. Warlow and James Shope, cartoonist and draughtsman, respectively. In the accompanying etching is the "Navy" insignia. Like it?

The Branches of the Service Everybody who "belongs" may wear it, whether or not they have a boat doesn't matter particularly. Crests in the shape of crossed canoe paddles or tiny motor wheel—signifying those branches of the service—will be worn to designate the wearer's particular allegiance. The crest, of course, will surmount the basic keystone insignia. The pennant will be in navy blue and golden yellow—the streamer to be blue with a triangular field of golden yellow bearing the "Navy" keystone in blue. The regulation uniform will be the "midway" blouse exactly of the type that is worn day after day by Uncle Sam's own sailors white in actual service. The tiny round white cap or hat with the brim that can be turned down or up at the desire of the wearer will complete the uniform. In addition to adopting these de-

signs the "Navy" decided to take what steps are possible in a preliminary way toward adopting some police regulations for the river. The placing of lights on anchored boats and flats, the marking of rocks, etc., and the framing of a signal code for whistles, and so on, will be placed in a committee's hands to work out for mutual adoption by members of the "Navy." Eventually this data will be turned over to the committee on permanent development and improvement of the "basin" for incorporation in its suggestions to Council for improving the river recreational facilities. The "Navy" heard an interesting report, too, on the plans for the big Labor Day carnival, including the triangular high school championship "war" canoe race between crews of student athletes of Central, Technical and Steelton high schools. The War Canoe Race W. C. Fisher, chairman of the committee appointed to arrange this event, has already been in touch with canoe agents in this city with the object of obtaining co-operation of the manufacturers in securing canoes. If the firms will lease them, the committee hopes to secure three of them a day or two before the races so that the boys can familiarize themselves with the craft. Within a few days Mr. Fisher will be in communication with other firms. If the "war" canoe race can be arranged for Labor Day, the event will be made an annual one, and the chances are that a championship cup will be offered by the "Navy" to be competed for annually. Girls will be admitted to the "Navy" roster at half the regular membership fee. This was decided upon in accordance with the membership committee's recommendation. Plans have been launched for an active membership campaign and "booster" squads have been appointed as follows: The Membership Campaign Squad No. 1, ways and means committee; No. 2, A. P. Dintaman, L. H. Butler, Edward Williams, John C. Carey and John R. Harder; No. 3, George K. Reist, V. Grant Forrer, Bion C. Welker, R. H. Snyder and E. E. Bortell; No. 4, Harry J. Berrier, Gilbert M. Oves, E. C. Ensminger, Ira C. Kinder and Ray Stewart. Membership application blanks can be had at the park office, the boating pavilions, from members of the "booster" squads, the city newspaper offices and George W. Bogar's sporting goods store. The "Navy" will hold its next meeting Monday evening, August 7, at the "Municipal Port."

Knights of Columbus Make Big Membership Gain

By Associated Press Davenport, Ia., Aug. 1. — The membership of the Knights of Columbus on June 30 was 368,135, an increase of 21,517 over the preceding year, according to the annual report of the supreme secretary made before the annual convention here to-day. The report shows assets for the order totaling nearly \$7,000,000, which is an increase of more than \$500,000. Total collections during the year just ending were \$2,119,433 and death benefits paid out were \$859,406, the report said. The total insurance in force was given as \$122,000,000. Forty-two new councils were instituted during the year and 2,340 members died.

Beginning This Week

Harrisburg Stores Will Observe The Following Closing Hours During August

OPEN---All Day Fridays and Friday Evenings CLOSE--Saturdays at One O'clock

There will be no more Friday half holidays at the stores listed below. Beginning next Friday they will remain open Fridays all day and evening, and on Saturdays close at one o'clock during August.

These stores have taken the initiative in this humanitarian movement which will give employes Saturday afternoon, Saturday evening and all day Sunday—a continuous day and a half of relief each week during the oppressive days of August.

But YOU have a part to play in this big, broad, progressive step towards better working conditions.

That is, to do your week-end shopping Friday afternoons and evenings and Saturday mornings during August instead of all day Saturday and Saturday evening as heretofore.

That's the co-operation these stores and their salesforces ask of you—for upon the stamp of approval you give to this movement will largely depend its adoption in summers to come.

Will YOU help?

Beginning Next Friday—August 4th—Open all day Fridays and Friday Evenings.

Beginning Next Saturday—August 5th—Close Saturdays at One O'clock.

REMEMBER DURING AUGUST

- Department and Specialty Stores: Art Embroidery Shop, Astrich's, Bowman & Company, Dives, Pomeroy & Stewart, French Shop (Miss Swope), Kaufman's Underselling Store, M. & R. Keefe Corset Shop, A. E. Kolbenschlag & Sister, Kresge's 5c and 10c Store, Ladies' Bazaar, Bessie E. Poorman, Robinson's Woman Shop, W. B. Schleisner Stores, Soutter's 1c to 25c Store, Witmer, Bair & Witmer, Woman's Exchange. Shoe Stores: Books Shoe Store, C. J. Crego, John Kelly, Twentieth Century Shoe Store, Walk-Over Boot Shop. Jewelers and Opticians: J. S. Belsinger, C. Ross Boas, P. H. Caplan Co., H. C. Claster, P. G. Diener, Gohl Optical Co., E. G. Hoover, Kendall Optical Co., Tbach Optical Co., R. D. Pratt, Rubin & Rubin. Men's and Boys' Clothing, Furnishings, Hats and Men's Tailors: Doutrich & Company, W. L. Forry, The Globe, Fred B. Barry, A. W. Holman, The Hub, Sam'l Kuhn Clothing Co., H. Marks & Son, Harry Messersmith, McFall's, C. W. Poulton, J. L. Shearer, Sides & Sides, A. J. Simms, Morton C. Stout, Wm. Strouse & Company, Watson & Cooper, The Wonder Clothing Store, United Hat Stores, Vanderloo. Furniture: Burns & Company, Fackler Estate, Gately & Fitzgerald Supply Co., Joseph Goldsmith, Miller & Kades, Rothert Co. Miscellaneous: Berryhill Nursery Co., Black's Art Store, George W. Bogar, Bretz Brothers, Dr. C. C. Cocklin, D. W. Cotterel, Dauphin Electrical Supplies Co., Footer's Dye Works, Henry Gilbert & Son, Grand Union Tea Co., Harrisburg Carpet Co., Harrisburg Electrical Supply Co., Harrisburg Hardware Co., Harrisburg Light & Power Co., Harrisburg Harness & Supply Co., G. W. Himes, Holmes Seed Co., Sol Kuhn & Co., Martz Brothers, E. Mather Co., Regal Umbrella Co., S. S. Rutherford, Charles L. Schmidt, Singer Sewing Machine Co., Wallis Coal Co., N. A. Walner. Music Stores: C. M. Sigler, Inc., C. M. Stieff, J. H. Troup Music House, Yohn Bros.

Reduce Your Fat Without Dieting

Years ago the formula for fat reduction was "diet"—exercise. Today it is "Take Marmola Prescription Tablets." Friends tell thousands know and use this convenient, harmless method. They eat what they like, live as they like, and still lose their two, three or four pounds of fat a week. Simple, effective, harmless. Marmola Prescription case for 75c. Or if you prefer you may write direct to the Marmola Company, 864 Woodward Ave., Detroit, Mich.

Try Telegraph Want Ads

IRONS General Electric GUARANTEED \$3.00 Harrisburg Light and Power Co.

Urges England to Consider Keeness of U. S. Appetite

By Associated Press London, Aug. 1. — Pierre L. Bark, Russian minister of finance, in an interview with the Morning Post's financial editor estimates Russia's present expenditure at about 100,000,000 pounds monthly. Discussing the advisability of the

British keeping Russian exchange on London at the most stable possible figure, by granting Russia generous credits, M. Bark urges England to consider the keeness of the American appetite for the Russian market.

MAKE SUFFRAGE APPEAL By Associated Press Washington, Aug. 1. — An appeal to President Wilson to support the suffrage amendment to the Federal

Constitution was made to-day by Mrs. Carrie Chapman Catt, president of the National American Women Suffrage Association and Mrs. Frank M. Roessler, vice-president of the organization, and chairman of its congressional committee. They said before their call at the White House that at present the Democratic and Republican candidates for President apparently occupied the same position on the suffrage question.

CYCLIST'S HIP BROKEN

Joseph Mason, employed in the Bethlehem Steel Company's plant at Steelton, was admitted to the Harrisburg Hospital last evening suffering from a fractured hip, which he received when he was knocked from a bicycle by an automobile driven by Andrew M. Morrison, shop manager of the steel plant.

Bringing Up Father



By McManus