

Smoked Cigarettes For 22 Years

Habit Was Ruining Him, But He Conquered It in Three Days, Easily.

The portrait below is that of Mr. P. J. Ellsagaray, a well-known citizen of Livingston, Montana, who knew that his life was being ruined through the pernicious habit of cigarette smoking, yet could not find anything to stop it and so he got the remarkable book that can now be obtained free.

CRANE MEN WILL HOLD CONFERENCE

Suggestions and Criticisms Relating to Safety Code Will Be Heard



Representatives of industrial plants manufacturing and using electric traveling cranes, consulting engineers, and representatives of inspection bureaus will attend a conference to be held by the Industrial Board of the Department of Labor and Industry, at the Capitol, Tuesday, August 22.

Suggestions and criticisms will then be received on the code which has been drafted for adoption by the Industrial Board for safety in electric crane manufacture and operation. The draft of the code covers the structural features of cranes, regulating factors of safety in construction and also specifies rules to be observed by operators, signalmen, froomen and repairmen in crane maintenance and operation.

The Industrial Board, which holds its next stated meeting in Philadelphia, Tuesday, September 5, at its last meeting adopted codes to insure safety in electric installation in textile plants. An additional code for safety in plants manufacturing explosives is now being formulated.

Local Cases Heard.—The first hearing before a Workmen's compensation referee brought for the purpose of terminating compensation payments to an employee who has been injured and who, it is claimed, has completely recovered from his injury, was that of E. K. Saylor of the Harrisburg district in the Masonic Temple Building. The action is brought by the State Workmen's Insurance Fund and the Winocoff Street Works of Middletown where Jonathan Clouser, the defendant was employed. In an accident in February Clouser lost his thumb at the first joint and index finger at the second joint from his left hand. The State Fund, acting for the employer, paid Clouser \$126 from February 12 to June 15. The petition filed by the State Fund for the recovery of the amount alleged that Dr. John C. Lingie of Middletown, states that disability has terminated although Clouser was offered work and refused it. Referee Saylor is also hearing the claim of Cascantho Augusto Cesarino, 114 North Seventh street, Harrisburg, against Royer and Herr. Cesarino alleges that a compensation agreement filed in the Workmen's Compensation Bureau between him and his employer was based upon a mistake as his agreement states that the duration of his injury was for a period of three months. Cesarino now claims that his incapacity is permanent. The change petitioned in the agreement by Cesarino is for the amount of a greater period of compensation payments.

Sharon Registers Protest.—Forty officials and members of the Chamber of Commerce of Sharon appeared before the Public Service Commission before the granting of a certificate of convenience to the Mahoning and Shenango Street Railway Company to extend its lines through a residence section of that place and the township of the former Deputy Attorney General Jesse E. Cunningham represented the Chamber of Commerce and Ralph Stevens, president, of Youngstown, Ohio, headed the company's delegation. The hearing will continue all day.

Surface's Last Day.—This is the last for Dr. H. A. Surface as State economic zoologist, dismissed by the State Agricultural commission. Surface said he "probably would not be at work to-morrow," although it is known he has made another appeal to Governor Brumbaugh of Paralysis.—One case of infantile paralysis has been reported in Pennsylvania since yesterday at 4 o'clock. The Health Board of Lancaster, where a cleanup is in progress, reports that a young child suffering from the disease.

Scranton Files Appeal.—The city of Scranton has notified the Public Service Commission that it will appeal the local recruiting station, to the clinch to order the railroad companies in that city to erect a union station. The commission held that under the law it has no power to make such order. The city will appeal the case to the Superior Court in an effort to have it decided that the commission has jurisdiction in the case.

Eleven Forestry Graduates.—The degree of bachelor of forestry will be conferred upon eleven men at the eleventh graduating exercises of the Pennsylvania State Forest Academy, at Mont Alto, August 24. Ira L. Shenefield will deliver the valedictory and Benjamin D. McPherson, the commencement address will be by Professor E. E. Fernow, dean of the forestry school.

One Killed by Fall.—Joseph Middleton, Wayne county, was killed by a fall from the Pennsylvania State Forest Academy, at Mont Alto, August 24. Ira L. Shenefield will deliver the valedictory and Benjamin D. McPherson, the commencement address will be by Professor E. E. Fernow, dean of the forestry school.

PREPARE TO CHECK ANY NEW PARALYSIS OUTBREAK
Health authorities of the city are completing arrangements to check a possible outbreak of infantile paralysis here, and are prepared for emergency when the cool wave ends. No additional cases were reported in the city to-day, but one new case has developed in Lower Swatara township. Violet Keller, aged 3, daughter of Mr. and Mrs. John Keller, is the victim, but is expected to recover. More than 800 certificates have been issued to parents of children who left the city on vacation trips.

DROPPED DEAD
Soon after he finished eating his lunch yesterday, at 413 Boas street, Frank L. House, of 1228 Susquehanna street, dropped dead from an attack of heart failure. He had been employed by a contractor remodeling the Boas street house. He explained to his fellow employes of not feeling well and suddenly they saw him gasping for breath. The ambulance was summoned but the stricken man died before it arrived.

FRENCH WAR FIGURES
Paris, Aug. 15.—The war bill of France at the end of July of 39,000,000,000 francs according to figures available today. The miscellaneous expenses of the government were 10,000,000,000 francs. The average cost of the war, the figures show is now 1,987,000,000 francs monthly.

NEWS OF STEELTON

BIG FAIR OPEN AT MIDDLETOWN

Record Entry List; 90 Horses Appear on Track; Good Program

Middletown, Pa., Aug. 15.—With a record entry list of cattle, poultry and farm products, and an attractive race program, the Big Middletown Fair opened to-day. The attendance up to noon was ahead of last year. Indicating that old-time county fair crowds will be recorded Wednesday and Thursday.

Included among the entries this year are 27 head of cattle from the Bonny-fong reported that all booths in the fancy work building were filled, and the farm product exhibit was the largest in three years. The main building is occupied by local and Harrisburg firms. Farm implements and machinery also occupy prominent places in this building. J. G. Harrington and Sons of Hagers-town, Md., placed on exhibition to-day an elaborate display of fruit and trees. Harry Hallman of Swatara township also has a large exhibit of fruit and has entered his prize swine again this year.

The poultry department is in charge of J. Frank Park. He reports 150 entries, including many from Manheim, Carlisle, Spring Grove and York county. The special features this year include concerts by the Liberty band, free vaudeville, dramatic offerings by the Temperance Society, and fireworks Wednesday, Thursday, Friday and Saturday nights. The races started to-day. Judge J. H. Davidson, of Wilmington, Del., is in charge. There are 90 horses on the track and the events promise much interest. Those on to-day's program include:

County Trot, 2 in 3; Purse \$50
Blanche Hanover, Senator Hale, D. W. Wonderly, Highspire Park, J. F. K. b. g., Baritto, C. W. Myers, Middletown, Pa. Unknown, Isaac Bringer, Middletown, Pa. Billy R., b. g., Unknown, H. Stine, Harrisburg, Pa.

County Pace, 2 in 3; Purse \$50
Lucy Bond, b. m., Bondsman, Jacob Pake, Derry Church, Pa. Silver Mine, s. g., Sterling, O. P. Green, Highspire, Pa. Lady Maid S., b. m., Sterling, M. O. Sides, Highspire, Pa. Tregan, b. g., Tregantel, Dick Culchane, Harrisburg, Pa.

BUILD MILL ADDITIONS
Work was started yesterday on an 180-foot addition to the West End machine shop. A 100-foot addition was added recently. Work has also started on the installation of a 500-ton press, in the eye bar mill. Extensive improvements are also being contemplated for the bridge shop.

STEELTON PERSONALS
Miss Anna Bannan, and her nephew Frank Kenney, have returned home after visiting in Atlantic City for a few days.

Miss Lillian Kell and Miss Mable Kell have returned from a visit with relatives and friends in Perry county. Mrs. W. H. Kell and daughter, Blanche, North Second street, are visiting friends in Conyngham, Luzerne county.

Mrs. T. J. Nolley has returned home from visiting friends in Conyngham. Mrs. Charles Newbaker has returned home from a visit to her former home in Millerstown.

Miss Elizabeth Trawitz, who has been visiting her grandmother, Mrs. Mary Trawitz, Lincoln street, has returned to her home, Williamstown. Mrs. John Marler, South Third street, North Front street, are being entertained at the home of the former's brother, Clarence Trawitz, Williams-town.

Solon V. Barr, Lincoln street, has returned from Enola, where he spent Sunday with Mr. and Mrs. William Nicky.

EXPLOSION IN GARAGE
Window glasses were broken in South Front street yesterday, and a gasoline tank on an auto truck, damaged by the explosion, at the George Ulrich garage, on July 7, 1916, showing its statement for July, 1916, was a balance of \$233,067.32, that the expenditures were \$56,611.55 and the receipts were \$238,558.91. The net amount which is to be paid in the present month of \$443,014.45. This money was distributed in various banks as follows:

Allison Hill Trust, Central Trust, Commercial and Security Trust, \$25,000 each; Citizens, Sixth street, \$10,000 each; Harrisburg National and Merchants' National, \$20,000 each; East End, Harrisburg, \$25,000 each; Union Trust, \$40,000; Commonwealth Trust and Mechanics, \$50,000 each; First National, \$125,508.19; cash in office, \$47,506.26.

REUNION AT RESERVOIR PARK
The reunion of the Brehm association was held at Reservoir Park. The day was not only ideal, but was attended by members of the large family from Kansas, Illinois, New York and widely separated sections of Pennsylvania. The program prepared for the occasion was carried out, opening with reading of Scriptures by Rev. Ira F. Bream of Carlisle, and the invocation by Rev. E. Ruppel of Oberlin. It was presided over by Professor J. J. Brehm of Harrisburg, expressive of God's protection and care, was heartily sung, after which short talks were given by a number of those present. On account of several deaths of members during the year a permanent committee was appointed on necessity to record and report on deaths among the relatives. The following officers were elected for the ensuing year: President, A. A. Erehm, New York vice-president, Rev. Ira F. Bream of Carlisle secretary, S. A. Brehm, Steelton corresponding secretary, C. B. Strickler, Harrisburg; treasurer, Rev. S. E. Brehm, Hummelstown; and Professor J. J. Erehm, Harrisburg.

ALDERMEN MUST TURN OVER FEES

Meals at to-day's Council meeting become a law.

The aldermen heretofore have been subtracting their own meals before turning the balance over to the city treasury. When Mayor Meals' ordinance becomes a law the magistrates will receive their emolument by warrant after the voucher has been passed upon by the controller just as other city funds are handled.

This may prevent any splitting up of "fifty-fifty" basis with constables, if that is attempted," observed the Mayor drily in explaining the measure. "Incidentally the city may be in pocket each year."

Council will meet in special session at 11 o'clock Thursday to discuss the recent audit of the city treasury accounts for the year. The selection of Edm. Fry, 108 Herr street, a brother of Arthur F. Fry, engineer at the pumping station, to succeed Lewis G. Hipple as a patrolman will be discussed by the council. Fry is an ex-trolleyman.

The city commissioners took no action on the Swift and Company over-charge for the subject for North Seventh street pending the report of the City Planning Commission. The planners will give Anson Devout, the company's representative, a hearing on the subject for the subject for the old horse vehicle formerly used by the fire chief to the city highway department for a supply wagon, was agreed to.

Plans For Walnut St. Bridge to Go Before City and State Boards

Plans for the proposed bridge across the Pennsylvania railroad tracks at Walnut street, as prepared by J. E. Greiner and company, Baltimore, consulting engineers, were submitted to the city council by Commissioner W. H. Lynch and were referred to the Planning Commission. If the city planners should pass favorably upon the proposition, then the plans would be referred to the Public Service Commission of Pennsylvania.

Two designs were submitted, one of which provides for the building of the western approach upon Walnut street in such a way as to leave as large a space as possible between the south side of the bridge and the buildings on the south side of the street; the other provides for the eastern approach of the western approach entirely of the street and directly in the capitol park area. The structure is to be reinforced concrete except over the tracks where the girders are steel covered with concrete. The bridge as designed will carry two lines of fifty-ton trolley cars and twenty-five ton trucks. The command with the 100 and 8-foot sidewalks. Safety bays are plans for each pier and seats are to be provided at these points. The lighting fixtures are assigned for poets which can carry the street lights. The bridge according to the first design would be 2,185 and for the second, 2,202 feet.

By the first plan, estimated cost is \$284,416.98, which, if the 10 per cent for engineering charges are added, would run the total to \$312,851.97; the second plan calls for an estimated cost of \$277,717.35 to which, if the 10 per cent for engineering charges are added, would cost \$305,639.12. If the city voted \$300,000 for the job and if the project was completed by the city engineer, the balance of the structure in Mr. Lynch's opinion could easily be erected within the appropriation.

City Managing Financially With Good Balance on Hand

Harrisburg is managing financially throughout the present month with close to \$450,000 in the city treasury. City Treasurer Harry F. Oves to-day said that the balance on hand as of July 15, 1916, showing his statement for July, 1916, was a balance of \$233,067.32, that the expenditures were \$56,611.55 and the receipts were \$238,558.91. The net amount which is to be paid in the present month of \$443,014.45. This money was distributed in various banks as follows:

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SUSPEND MILITIA ORDER BECAUSE OF TROUBLE

which they might be called upon to preserve order throughout some of the State. There is even the possibility that some of the troops in the event of a strike might be called upon to guard or operate mail trains and in thus supplying the troops already on the border.

The suspension of the orders prevents the immediate movement of the troops from Kentucky, Ohio and Vermont to the border. Several other mobilized units which were to have gone forward as soon as they were equipped. Some of the Kentucky Ohio and Vermont troops were about ready to go to the border.

It is clear that the suspension is not a revocation of the orders and that if the railroad strike situation clears up the troops will be moved to the border line.

The official explanation of the change at the War Department is that difficulties of transportation and equipment suddenly arising and having made a delay necessary. It is known, however, that the railway situation is the real cause.

A telegram from Major General Funston made public by the War Department disclosed that the General recommended the suspension of the orders. His telegram follows:

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Training Makes The Difference

THE difference in the positions that men occupy is the difference in their training. The trained man is part of the business. The untrained man is part of the work.

The trained man directs --- the untrained man takes orders.

The trained man has a permanent position at a good salary --- his future is assured.

The untrained man is never sure of his place. He lives in an atmosphere of hopeless struggle.

The only answer is to learn, to acquire the knowledge necessary for bigger things.

The sole business of this successful school is to train young men and women that they will rise to positions of wealth and responsibility.

We will gladly send you a copy of that inspiring free booklet, "The Art of Getting Along in the World," if you will make the request. This thirty-two page booklet can easily prove to be worth many hundreds of dollars to those interested in office work. Return the coupon and your copy will be received by return mail.

THE OFFICE TRAINING SCHOOL

Four South Market Square. Harrisburg, Pa.

Gentlemen:—Please send to me at the address below, without cost or obligation, one copy of your booklet, "The Art of Getting Along in the World."

Name.....
Address.....

zations which are about to start for border stations be retained in their mobilization camps until such time as the question of a general strike shall have been determined.

Mt. Gretna Is Preparing For Thirteenth Regiment

Mt. Gretna, Aug. 15.—Medical inspection of the enlisted men constituting the three companies, Sunbury, Williamsport and Milton, of the separate battalion, N. G. P., was proceeded with rapidly by the United States army medical experts. They plan to dispose of the 203 men so there shall be no delay in taking up similar work with the arrival here of the Thirteenth infantry.

START WORK ON MIDLAND LINE

direction of Contractor W. S. Aldrich of Altamont, N. J., 15 men this morning started work clearing the roadbed in order that rails may be placed in position. In the meantime efforts are being made to secure other workmen, and complete the line to Gratz, a distance of 15 miles, by December 1.

Officials came here yesterday from New Jersey to look over the route which had been surveyed several years ago, and to inspect the rolling stock equipment which has been stored here. Work on the new line was abandoned because of lack of funds. Contractor Aldrich came here yesterday and announced that funds had been secured, and that the line would be completed as rapidly as possible. Explaining the new plans Mr. Aldrich said to-day:

"We would like to hire 200 men or more if possible. The work started

Honesty of Purpose

KING OSCAR

5c CIGARS

Have been made for 25 years with the purpose of giving honest value for any man's nickel.

John C. Herman & Co. MAKERS

Nature Oiten Needs Help to Hold Health

The first requirement is to offer something that will not harm the sufferer by poisoning the system or creating a habit-appetite that may lead to a worse condition. That is one reason why Eckman's Alternative, for more than twenty years a successful treatment in pulmonary, bronchitic and bronchial troubles, has attained success. It is absolutely safe to take. It contains no narcotics, no habit-forming substances, no calcium chloride. It is such that most persons can take it without any special preparation. If you are suffering from the serious effects of a neglected cold or in the grip of deep-seated pulmonary infection, a trial is worth while. At your druggist's. Eckman Laboratory, Philadelphia, Advertisement.

TO FINISH DAM FOR LABOR DAY

can," declared Mr. Lynch, "because we have very little money left and I expect to pay for the work by the day."

"Can you finish the dam by September 1?" he was asked.

"Unless the water should interfere, I should say that we must finish by that time, else our money can't hold out."

Bids will be asked for in the near future for the completion of the open section of Paxton creek improvement north of State street. This job was left uncompleted when the lowering of the big city water mains which cross the stream at that point, was undertaken.

The only big improvement of real importance which is still hanging in the air is the proposed riprapping of the river front slope north of "Hard-scrabble." Park Commissioner E. Z. says it is not yet known whether or not he can proceed with this work, that he means to take up the problem with City Solicitor DeWitt and that he means to have that conference with the solicitor—sometime.

NAVY ADS DESTROYED

Virginia, Minn., Aug. 15.—Because advertisements for recruits for the United States navy have been repeatedly torn down and in many instances, recruiting officers, stationed at the Industrial Workers of the World literature, instructions were issued to-day by Lieutenant Wilson, in charge of recruiting in the northwest, to place in-dooring ways signs, which have been left on the street here to interest recruits. Navy advertisements also have been destroyed in Minneapolis and other places according to recruiting officers. Little interest is shown in recruiting here, although hundreds of men are out of work. This is attributed by R. E. Bonney, in charge of the local recruiting station, to the activities of the I. W. W. who are conducting a strike on the iron range.

THINKS WAR WILL SOON END

Sergeant Harry Booten who has seen service in Flanders and in the British Aviation Corps, stopped in the city yesterday, on his way to New York City, where he expected to see his wife for the first time since the war in Europe began. Booten is being helped across the country by the Salvation Army. He stopped at the local headquarters, and while there told thrilling stories of his experiences in the war zone. Booten said that he believes the war will soon be over, as he thinks the German munitions are becoming exhausted.

SCORES HUGHES

Washington, Aug. 15.—In the Senate to-day Senator Hardwick of Georgia, Democrat, made ready to refer to the case of Charles E. Hughes to the predominance of southern members in committee chairmanships in Congress. Mr. Hughes accused the Republican presidential nominee of "waving the bloody shirt to stir passion and prejudice."

To Decide on Wheat Probe

Chicago, Aug. 15.—Whether a federal investigation is to be made in the recent rise in the price of wheat and the subsequent threatened advance in the price of bakery goods will be decided at a conference late to-day between Edward N. Hutley, chairman of the Federal Trade Commission, and Charles F. Clynne, United States District Attorney.

ILLINOIS SAILS

Norfolk, Va., Aug. 15.—The battleship Illinois sailed to-day with between 100 and 200 civilian volunteers on board from Virginia, Kentucky, Ohio, Iowa, Missouri and Kentucky for a month's practice cruise. She will proceed to Fort Pond Bay, L. I.

All Fat People Should Know This

The world owes a debt of gratitude to the author of the now famous Marmola Prescription, and is still more indebted for the reduction of his harmful, vicious obesity remedy to tablet form. Marmola Prescription Tablets can now be obtained at all drug stores, or by writing direct to Marmola Co., 864 Woodward Ave., Detroit, Mich., and their reasonable price (75 cents for a large course) leaves no excuse for dieting or violent exercises for the reduction of the overweight body to normal proportions.