

Those new "Bran Foods"—a new one is born every week—a recognition of the need of food laxatives instead of drug laxatives. The problem of presenting bran to the human stomach in combination with a nutritious, easily digested food was solved twenty years ago by the invention of **Shredded Wheat Biscuit**, the food that supplies all the body-building material in the whole wheat grain in a digestible form, combined with bran which is Nature's laxative. A body-building, strength-giving food. Serve with milk or cream or sliced peaches and cream or other fruits. Made at Niagara Falls, N. Y.

BELGIANS MUST HAVE MORE FOOD

Steps Taken to Feed Them and Residents of Northern France Coming Year

London (correspondence of the Associated Press).—The Commission for Relief in Belgium announces that arrangements have been completed with all the interested governments for the augmentation during the coming year of the relief to be provided to the 2,200,000 civil population in the occupied provinces of Northern France. The steady exhaustion of food reserves and the diminishing vitality of the population has necessitated considerable increase in the rations hitherto provided, especially for the industrial populations in the Lille and Valenciennes districts.

The allied governments have facilitated financial arrangements by which the monthly resources of the commission exclusively for the French population are to be increased from \$3,400,000 a month to \$6,000,000 a month. This sum will be used to provide in addition to imports from overseas and from Holland.

To Requisition Crops
The German general staff has undertaken, in order to prevent speculation and to secure a rigid distribution of the harvest in the north of France, to requisition the entire cereal and potato crop and to guarantee to the relief commission for the use of the civil population a minimum supply of 200 grams of flour and 400 grams of potatoes per capita per diem from the harvest. Miscellaneous vegetables, poultry, etc., are free from requisition by the Germans and are reserved for the use of the civil population, but no system of control of the distribution of these products is possible.

The arrangements with regard to native wheat and potatoes involve furnishing from these crops about 16,000 tons of wheat and 26,000 tons of potatoes per month and the commission expects to import about 30,000 tons per month of wheat, bacon, lard, meat, rice, beans, sugar, coffee, etc. The combined native and imported supplies will provide a ration equal to about three-quarters of normal human consumption but yet sufficient to maintain the population in health.

Negotiations Not Completed
Negotiations are not yet completed as to the food supply and finance for the two other political divisions occupied by the German army which the commission looks after; that is, first, the two Flanders, with a population of 1,700,000 people, which is under German general staff, and with regard to which, like Northern France, the commission deals directly with the general staff, and second, the remaining part of Belgium, which is under General von Bissing, comprising 5,760,000 people, and where the commission carries on its negotiations with the local authorities through Minister Whitlock.

In these areas also, because of the depletion of the native food supply and the increase in the number of the destitute, the importations must be largely increased. With all the resources which the Belgians and the Belgian government can bring to bear, a considerable part of the cost of the support of the destitute population must depend on public charity from abroad. This load has lately been increased by the necessity on account of falling health conditions of giving a supplementary ration to all school children, which makes an added drain on the resources of the commission of \$1,000,000 a month.



THE UNION'S CREDIT PLAN Gives You Power to Wear Clothing of the Better Kind

By our system you don't pay more.
By our system you pay less than other credit stores charge.
By our system you pay the same as they charge in cash stores.
By our system you take the goods; we take your promise.
By our system you make the terms to suit your convenience.

By our system all payments are suspended when you are out of work.
By our system all payments are suspended if sickness should befall you.
By our system we guarantee every garment.
By our system we guarantee to replace garments if not as represented.
By our system we guarantee to give you individual attention and utmost courtesy.

Now Showing a Complete Line of Fall and Winter Clothing for Ladies, Men & Children

Be sure to inspect our merchandise before buying elsewhere. We give you serviceable merchandise, latest styles and most liberal terms. A combination that has no competition. Give us an opportunity to serve you.

Harrisburg's Newest Credit Store Bids You Welcome
UNION CLOTHING CO.
General Outfitters for Men, Women and Children
32 & 34 So. Fourth St., Harrisburg, Pa. "THE" CREDIT STORE

AMUSEMENTS

To-night—"Watch Your Step."
Tuesday, matinee and night, September 26—"Mother Goose."
Saturday, matinee and night, September 29—"Mother Goose."
MAJESTIC—Vaudeville.
COLONIAL—"The Little Liar."
REGENT—"The No Good Guy."

NONAGENARIAN CONVERTS
Following the announcement of the reception on first confession of faith of a man ninety-two years old into the Throop Avenue Presbyterian Church in Brooklyn, the Christian Herald has been advised of three more nonagenarian converts. In May, 1916, following the Chapman-Alexander meetings in Wilmington, N. C., Mr. Richard J. Jones, ninety-four years, was received into the Methodist church, his two grandsons joining the Presbyterian church on the same day. The

Rev. I. H. Albright of the First United Brethren Church of Middletown, Pa., reports the reception into his church recently of a woman ninety-five years old who, though reared in a Christian home and living among Christian neighbors, had until then failed to

yield her heart to Christ. The Rev. William Bryant, pastor at South Lyon, Mich., announces the admission of a man of ninety-six to church membership. Some other pastor may possibly know of a still older person uniting with the church. —The Christian Herald.

REGENT
To-day — Double Attraction.
"SAVING THE FAMILY NAME"
A drama of family pride and a chorus girl, starring ELSIE JANE WILSON and PHILLIPS SMALLEY. Produced by Lois Weber, producer of "Hypocrites."
AND
BILLIE BURKE in the fourteenth chapter of "GLORIA'S ROMANCE" (The Floating Trap)
Added Attraction:
PATHE NEWS (Educational).
To-morrow — Double Attraction.
"THE EVIL WOMEN DO"
A drama of woman's wiles and smiles, featuring ELSIE JANE WILSON and RUPERT JULIAN, and BILLIE BURKE in the fourteenth chapter of "GLORIA'S ROMANCE" (The Floating Trap)

ORPHEUM
TONIGHT—CURTAIN
8 O'CLOCK SHARP
WATCH YOUR STEP
PRICES — 25c to \$2.00

GRAND THEATER
1426 Berry Street
TO-NIGHT
WILLIAM COLLIER in
"THE NO-GOOD GUY"
A Triangle-Ince Play
Also HARRY GIBBEN in
"A DASH OF COURAGE"
A Keystone Comedy
and special music on our magnificent Moller Pipe Organ by Prof. C. W. Wallace, N. A. O., the eminent blind organist.

COLONIAL
TO-DAY AND TO-MORROW
When a Liar Is Not a Liar
MAE MARSH in
"THE LITTLE LIAR"
a five-reel drama that has to do with a little ill-treated and neglected girl.
Added Attraction:
"THE WINNING PUNCH"
Funny two-reel Keystone Comedy presented by an all-star cast.

MAJESTIC
WILMER & VINCENT VAUDEVILLE
MATS. 2-30 10-15. EVE. 7-30 10-30 10-15 17-15
Old Homestead OCTETTE
A Double Quartet of Male Singers
4 Other Excellent Vaudeville Acts.
A FALL BARGAIN SALE of Good ENTERTAINMENT

Use Telegraph Want Ads

HOW TO GET RID OF CATARRH
If you have catarrh, catarrhal deafness, or head noises go to your druggist and get 1 oz. of this home made and 1/2 pint of hot water and 4 oz. of granulated sugar. Take 1 tablespoonful 4 times a day.
This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucous stop dropping into the throat.
It is easy to make, tastes pleasant and cost little. Every one who has catarrh should give this treatment a trial. You will probably find it is just what you need.

"Pep" Ginger and Ambition for "Run Down" Men Weak, Nervous Women
A medicine that helps the weak, nervous, half-sick, nerve-starved men and women, can be bought of any live druggist by asking for three grain Cadomene Tablets in sealed tubes at one dollar per tube, or six tubes for five dollars—a full treatment.

BEFORE TAKING
You have headaches, backaches, shattered nerves. Your ambition is gone, extremities cold or numb, heart flutters, kidneys inactive, vitality low, confidence gone, life seems hopeless. Despondency attacks you—your friends desert you, you're not interesting, energetic, full of life and vitality.
AFTER TAKING
Your health improves, aches are banished; ambition returns; blood circulates freely, powerfully; nervousness disappears, heart becomes normal, organic troubles corrected, vitality renewed, confidence restored and life becomes brighter, your friends find you of interest, admire your strength, your magnetism; which is another word for smiles and joy.
All this comes because your nerves, blood and vital organs feel the beneficent medicines in three grain Cadomene Tablets.
YOUR SYMPTOMS tell you that you need a powerful, vitalizing tonic to regain all that you have lost. Try

They are guaranteed to help you or money refunded by the Blackburn Products Co., Dayton, Ohio. The "Best thing in the world" for "run down" men or weak, nervous women. Price \$1.00 at all druggists. Six tubes for \$5.00 is full treatment.

There isn't the least doubt but that "Watch Your Step," which is to be presented at the Orpheum tonight at 8 p. m. sharp, is a big hit.
But some of the lines of "Ziegfeld Follies," without any palpable imitation thereof, "Watch Your Step" just rags and turkey trots from one frivolity to another. Always made enjoyable by musical numbers said to have melody and merit, and by a cast of principals that could push a far less deserving piece to success.

Catchy music, pretty girls, clever comedians, beautiful costumes and appropriate, all go to make "Mother Goose" a first-class musical comedy offering.
This attraction is to hold the boards at the Orpheum, Tuesday, with bargain matinee. During the engagement a scale of low prices will prevail, which fact alone, it is claimed, should crowd our local playhouse to its utmost capacity.

Theatergoers of Harrisburg will be interested in the forthcoming production of "Common Clay" at the Republic Theater, New York City, last season.
"Common Clay" is a drama of American life in four acts, written by its daring treatment of the two pertinent problems of sex and property created an immediate sensation in Boston, where it was originally produced, and gave it a phenomenal engagement of a solid year at the Republic Theater, New York, last season.

There is nothing that local theatergoers like better than to hear a splendid singer. You can certainly find it at the Majestic tonight at 8 o'clock, when Denman Thompson's double quartet of male singers are appearing. As well as new songs are sung, and one of the solo numbers, entitled "Ireland Must Be Heaven For My Phillip Smalley There," is given much applause.
Grouped around this attraction are: Hess and Hyde, two pretty girls, in a singing and dancing act; Fisher and Rockaway, blackface entertainers of comedy and song; Wheeler and Nolan, who offer a novelty dancing act, and Nip and Tuck, in a bit of acrobatic nonsense.

In "The Little Liar," the new Triangle-Fine Arts feature, starring Mae Marsh, booked for the Colonial Theater to-day and to-morrow, there is presented a story of a misunderstood girl, "Margie" is the daughter of poor and ignorant parents, but possessed of that inevitable and greatest attribute to genius—imagination. But to her parents she is merely a liar. Neglected and ill-treated the little girl finally falls a victim of evil-doers, who make her the unsuspecting scapegoat for their misdeeds, which later lands her in a prison cell. Through the efforts of a reporter and a friendly judge she is released, and in the end the little liar becomes a great magazine writer.
"The Danger Girl," a new in two-reel Keystone comedy, presented by an all-star cast, will be seen on the same program.

"Saving the Family Name," exhibited at the Regent to-day only, with Mary MacLaren in the principal role, is another production by Regent Today. The Smalleys, with Phillips Smalley appearing as Miss MacLaren's leading man, and Lois Weber, who created "Hypocrites," the director of the production. "Saving the Family Name" is based on a theme of universal appeal—theatrical life and incidents bearing upon the character of actresses.
On the same program will be Billie Burke in the fourteenth chapter of "Gloria's Romance," entitled "The Floating Trap." This chapter shows the regeneration of the little waif adopted by Gloria. Gloria also orders her father to see that the child's father is given a position, and when she learns that the mother is ill, she goes to the home in the slums to visit her. It so happens that Frank is living in a room in the same building and that his daughter has found him and persuaded him to go back to their ship. As he leaves with his daughter, he is seen by Gloria, who again sets out after him.

A Call to Which Every Loyal Harrisburger Should Respond

- ☐ Harrisburg's most urgent need today is a first-class modern hotel.
- ☐ Leading business and financial men—loyal citizens who have faith in Harrisburg and in the success of such an institution—have subscribed \$500,000 toward the necessary fund to make possible this much needed improvement.
- ☐ And characteristic of the Harrisburg spirit that has dominated all Harrisburg improvements every citizen is to have an opportunity to be identified with it.
- ☐ For it is to be YOUR hotel—of which you may be as justly proud as you are of YOUR parks, YOUR streets, YOUR city as a whole which YOU have helped to mold.
- ☐ It will be chartered under the laws of the State of Pennsylvania.
- ☐ That everyone may be identified with it, the par value of the capital stock has been set at the nominal figure of \$50 per share.
- ☐ To make it still easier, payments may be made quarterly, distributed over a period of fifteen months beginning January 1st, 1917.
- ☐ And again, characteristic of the Harrisburg spirit—that all may share alike, there will be but one class of capital stock.
- ☐ The Board of Directors is calling for popular subscriptions to raise an additional \$50,000 or \$100,000.
- ☐ It's a call to which every loyal Harrisburger should respond to the extent of his ability—whether it be \$5,000, \$2,500, \$1,000, \$500, \$250, \$100—or but one share of stock at \$50.
- ☐ And the way to answer that call is to send in a subscription to the Chamber of Commerce NOW.
- ☐ The blank below affords a convenient means for prompt action.
- ☐ It's up to YOU.

Harrisburg, Pa., 1916.

To the Officers and Directors
Harrisburg Hotel Company:

I hereby subscribe for shares of the capital stock of the Harrisburg Hotel Company at par, \$50 per share, for which I agree to pay in quarterly instalments distributed over a period of fifteen months beginning January 1st, 1917.

Name _____

Address _____

(Mail to E. Z. Wallower, or Chamber of Commerce, Harrisburg, Pa.)

Directors
Edward Bailey Henderson Gilbert Samuel Kunkel
J. William Bowman W. T. Hildrup, Jr. E. J. Stackpole
E. S. Herman William Jennings A. C. Stamm
D. E. Tracy E. Z. Wallower

N. B. In some quarters the question has been asked: "Will the new hotel be a paying proposition?" The men who have pledged the first \$500,000 believe that it will be a good investment. Outside of the revenues from the hotel proper, first floor store rentals and privileges, it is estimated, will yield a yearly revenue of \$20,000.