

Reading for Women and all the family

How to Conserve

Canning and Packing For Winter's Use Explained in Detail by National War Garden Experts.

CANNING CABBAGE
It is advisable to can the surplus of summer cabbage, much of which has been wasted in former seasons. Separate leaves, remove core and cut out thick midrib, as when preparing to cook for the table. Wash thoroughly. Blanch five to ten minutes and cold dip. Pack in jars and add one level teaspoonful salt to each quart, then cover with boiling water. Put on rubber and top. Adjust top ball or screw top on with thumb and little finger.

Have the sprouts fresh and sound. Wash well, then blanch five to ten minutes and cold dip. Pack into jars and add one level teaspoonful salt to every quart. Cover with boiling water. Put on rubber and top and partially seal by adjusting top ball or screwing on top with thumb and little finger.

Sterilize 120 minutes in hot water bath or 60 minutes at five to ten pounds' steam pressure. Remove, complete seal and cool. The commission will gladly answer any questions written on one side of the paper and sent in a self-addressed stamped envelope.

None But Prisoners and Dead Huns South of Marne

London, July 22.—No Germans remain south of the Marne except prisoners and dead.

IT STOPPED MY SUFFERING

Said Mrs. Jaynes, Speaking of Lydia E. Pinkham's Vegetable Compound.

Anderson, S. C.—I got into an awful condition with what the doctors said was an organic displacement. I would have pains so badly that they would have to put hot cloths on me and give me morphine. The doctor said I would never be any better without an operation and I would never have any children without it. A neighbor who knew your medicine told me to give Lydia E. Pinkham's Vegetable Compound a trial. I did so and it made me a well woman and the next September I gave birth to a healthy baby boy.

Mrs. SALLIE JAYNES, 37 Lyon St., Anderson, S. C.

TO PEOPLE WHO CHAFE

Over one hundred thousand people in this country have proved that nothing relieves the soreness of chafing as quickly and permanently as "Sykes Comfort Powder." 25c at Vinol and other drug stores. Trial Box Free.

After An Operation

Ohio Man Tells How to Gain Strength

East Liverpool, Ohio.—"After an operation, I was weak, run-down, and slow to recuperate—I was advised to take Vinol, and the results were wonderful. I have a good appetite and sleep fine. I am always glad to tell anyone what Vinol has done for me."—Joseph Weiser.

There is no secret about Vinol. It owes its success in such cases as burn and cold liver, indigestion, iron and manganese peptonates and glycerophosphates, the oldest and most famous body building and strength creating tonic.

George A. Gorgas, Kennedy's Medicine Store, 321 Market St.; C. F. Kramer, Third and Broad Sts.; Kitzmiller's Pharmacy, 1325 Derry St., and druggists everywhere.

UNDERTAKER 1748
Chas. H. Mauk N. 6th St.
PRIVATE AMBULANCE PHONES

Watch the Little Pimples;

They Are Nature's Warning

Unsightly and Disfiguring Signals of Bad Blood

Don't close your eyes to the warning which nature gives, when unsightly pimples appear on your face and other parts of the body.

Bringing Up Father



THERE GOES THE FRONT DOOR BELL. I'LL HAVE TO ANSWER IT AS THE MAID IS OUT—

SIT DOWN. DO YOU THINK I WANT ANY OF OUR SWELL FRIENDS TO SEE YOU LIKE THAT? I'LL GO!!!

OH! ER—A—HOW DO YOU DO—JUST WAIT A MINUTE—

I GUESS YOU HAD BETTER GO TO THE DOOR—YOU LOOK ALL RIGHT

WHY DIDN'T YOU LET ME GO IN THE FIRST PLACE—

HERE'S THE ICE BILL—

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THE PLOTTERS

A New Serial of East and West
By Virginia Terhune Van de Water

Chapter XV.
(Copyright, 1918, by Star Co.)

On the day after Clifford Chapin's arrival, he announced that he had hired from Midland a small car which he intended to keep out at the farm for the duration of his visit.

"I would die of dry rot if I had to stay on this place and depend only on my legs and on the team to get me anywhere," he declared.

"You can just as easily go riding with Cliff as to go boating up the pond in the middle of the morning with Mr. Butler," the farmer remarked.

"His tone made the girl gasp, yet she dared not speak the words that rushed to her lips. This was supposed to be her cousin's husband and her husband's making her home for the summer.

But Butler was not so discreet. "I was not aware," he said coldly, "that Miss Moore was even more in the habit of accepting my invitation to go with me for water-lilies."

"I was under the impression that she could do as she pleased."

"The farmer drew his brows together. "If she could, the middle of the morning's hardly the time for a farmer to go off and leave his work."

"I have thought of that quite often myself, lately," Butler retorted, although perhaps the early morning hours are even more in the habit of accepting my invitation to go with me for water-lilies."

Mrs. Chapin broke in nervously with the remark, "I never saw the berries as fine as they are this season. Will you just look!" holding up a spoonful of the scarlet fruit that was growing on the saucers.

"So much for scientific farming, I suppose?" Clifford appealed to Butler.

Butler met his inquiry calmly. "Yes," he said, "so much for scientific care. And the fruit will be even finer next year—if instructions are carried out."

"You mean if Wade keeps the farm," Amos Chapin interposed.

"Is he thinking of selling the farm?" Clifford asked quickly. "If so, mother, you and father can come out west and live with me."

"Oh, I'd love that, the woman began, but her husband interrupted. "I'll never live in any city," he averred. "And I don't propose to give up my life on this farm without a pretty good struggle."

The thin man hastened again to divert the talk into other channels.

That afternoon Elizabeth Wade wrote to her brother. On her graph in her letter was significant: "If my being here is adding to your income and reputation, I am satisfied. Certainly Mr. Butler is doing wonders already on the farm, and he looks very well. I suppose you want him to remain through the summer. I also suppose that you are to do the same. Just let me know definitely, please. I am glad to do all you wish, but as soon as your ends are accomplished, I want to go out to live you and there is time and money enough for the visit. Do you still intend to have me keep house for you when I finish college?"

She waited eagerly for the reply to this letter. When it came, she took it up to her room and sat down alone to read it.

COLD PACK METHOD IN 12 SHORT STEPS



No. 11
NATIONAL WAR GARDEN COMMISSION

Before being stored away for the winter jars should be wrapped in brown paper to protect them from light, says the National War Garden Commission of Washington, which will send you a free canning book for a two-cent stamp. Watch for step No. 12.

Heavy Calls For Pennsylvania Men

Virtually every local draft district in Pennsylvania is called upon by the state draft authorities to furnish some of the 5,000 white men who are to be sent to Camp Wadsworth, Spartanburg, S. C., in the week commencing August 5 for military training.

The headquarters for the movement of the largest number of men called at one time for one camp starts to-day when the first of 11,700 men will start for Camp Lee. This movement will take five days and Philadelphia is practically the only county not included.

Quotas are being made up for the two movements of colored men to start August 1 to 5. There will be 2768 for Camp Custer, Battle Creek, Mich., and 2390 for Camp Sherman, Chillicothe, Ohio.

In addition to the Lee movement there will be over 2500 men sent to Columbus Barracks, Syracuse recruit camp and the University of Pittsburgh, starting August 29.

The next Wadsworth contingent will be camped with the men sent from Philadelphia this month.

Crowder Calls 10,000 More For Limited Service

Washington, July 22.—A call was issued yesterday by the provost marshal general for 10,000 registrants qualified for limited military service. They will entrain between July 29 and August 2 for the Syracuse recruiting camp at Syracuse, N. Y. Pennsylvania's allotment is 1,200.

Two American Units Have Captured 5,150 in 2 Days

By Associated Press
With the American Army on the Aisne-Marne Front, July 22.—One American unit since Thursday has taken 2,889 prisoners, including ninety-one officers, while another American unit on the northern front has captured 2,261, including thirty-two officers. Among the prisoners were a colonel and two majors, all in one group.

Arrives in France With 314th Infantry

PAUL F. SHOPE

Paul F. Shope, serving with the Machine Gun Battalion of the 314th Infantry, has arrived safely in France, announcements to that effect having just been received by his mother, Mrs. George F. Shope, of Perdix. Shope, a graduate of Tech High, had been training at Camp Meade, Md. He is a brother of James A. Shope, engineer in the city park department.

Daily Dot Puzzle

Draw from one to two and so on to the end.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

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FASHION'S FORECAST



This pattern will be mailed to any address upon receipt of 12 cents in stamps. Address your letter to Fashion Department, Telegraph, Harrisburg, Pa.

This neat and cool looking frock for summer is developed in figured pongee, with trimmings of plain color. The waist is in shirtwaist style, with shoulder edges of the front gathered to the back. The narrow shawl collar is an interesting shape, and it extends almost to the waistline at the left side. Either the full length or shorter sleeves may be used. The skirt has four gores, the front and back ones in panel effect and the sides divided at the hip line to form pockets.

The misses' and small women's dress pattern No. 8866 is cut in three sizes—16, 18 and 20 years. Width at lower edge of skirt is 1 1/2 yards. The 16-year size requires 4 1/2 yards 36 inch, with 3/4 yard contrasting material. Price 75 cents.

The Lure of the Summer Frock

The nicest part about the coming of summer is the dainty, adorable frocks and hats that it brings in its wake. This year the woman's wardrobe is more beautiful and more artistic than ever, for it contains the most irresistible organdy and batiste gowns, in pastel shades, so cool looking and attractive. Organdy is the "war dress" and it is the fad of the moment, both for the woman who goes to the seashore and mountains and for the woman who remains at home. War inevitably brings simplicity, and the

idea, which reminded me of the simple styles of a few years ago, was a tuckered net in white and flesh color, over a net drop, with a ruffled fichu in front, and finished off with an old-fashioned Persian sash. This style is also quite attractive in a colored organdy. A stunning origination utilizes two shades of batiste with the objects one being set in a farmyard—house, windmill, chickens, pigs, trees and all sorts of odd objects. They also show hats made entirely of net, so light that it seems as if a heavy wind might blow them away over hill and dale. Entirely georgette or tulle, with a net for summer wear, and of course, leg-horns will be used, trimmed with pink georgette, flowers and ribbon.

To complete milady's garden costume, she must possess a pretty silk parasol to match or harmonize with her gown and chapeau, and a knitting bag.

It is a big mistake to think that when the weather begins to become warm corsets should be discarded in order to secure comfort. On the contrary, they should merely be exchanged for lighter, more comfortable ones, with so many bones and made of a thinner material than the winter corsets. Considering the abnormal condition of merchandise, the new summer corsets offer exceptional economical values, and if properly selected, despite their lighter weight, fit as perfectly as winter ones. Whether a woman is slender or stout, to discard the corset altogether, even over the hot weather, is very bad for the figure.

Light, fluffy dreams of frocks, made loose and comfortable, do not need as heavy weights to preserve their figure lines and to produce the fashionable silhouette, but they do require the simple corset to support such piquant lines as bouffante sashes and tight waists. Even these weightless corsets will save from destruction the up-to-date contour which a woman has built up during the winter, and will add the support which is necessary for a well-balanced figure.

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