

Reading for Women and All the Family

Little Talks by Beatrice Fairfax

Fashions change in women just as they change in clothes, plays, food and housefurnishings.

Who does not recall the famous "monkey dinner" that occurred in Newport? A woman with many millions and a frantic impulse to demonstrate her "originality" borrowed a monkey, trained to the usages of knife and fork, and placed him among her guests at dinner.

The dinner was considered a great social success; every one who attended it was charmed—only the monkey kept his real feelings to himself.

This was also the period of fountain wading. A "society" girl in Baltimore jumped into a fountain fully clad, and splashed about. And presently, all over the country, we had an eruption of tank and fountain waders demonstrating their "originality."

Then came the reign of the Teddy bear, and girls carried these tiresome toys about with them, in an effort to be striking and original.

Green and Violet Wigs Colored wigs came just before the great war, and with this culminating bit of folly the "original" sex seems to have waked up to better things.

Such pitiful efforts to be original have had their day. The war has given women real work and the wading that goes with it. A woman no longer has to jump into a fountain or put on a violet wig to demonstrate that she has personality.

Furthermore, the woman who cannot now diagnose such symptoms as monkey dining, tank wading and Teddy bear walking must live a long way indeed from a public library.

She'd recognize for what they were worth, and get busy with something else—something that would be less of a "giveaway."

Science has a terribly cruel name for such manifestations of "originality." It sees in them nothing more than the raw impulse of a crude mind to express itself. Lacking such ability, it explodes into a variety of things.

Sometimes it is content with doing something conspicuous, like wearing a violet wig; again, it may take the form of disparaging some one whose superiority is evident and, therefore, an affront.

These "inferiority compensations," as Freud calls them, are just kind old Mother Nature's way of letting down her less promising children easily. Rich, idle women have always spent untold sums on their "inferiority compensations." To them it was a species of self-justification. They craved eminence, but mental poverty reduced them to being freckled.

War an Educative Force It was reserved for the great war to hold the mirror up to such lives. One glance was apparently sufficient—to judge by the patience, industry, eagerness with which fashionable women have kept at work. They have made wonderful discoveries—among them that work, real work, is good. The work well done brings immense satisfaction, something deeper and more comforting than being freckled.

They will never go back to folly for folly's sake. The monkey dinner, as a social function, is as dead as Nero's fiddling. Human service is beginning to humanize the idle rich.

The war has been a tremendously educational force. In a couple of years it has shoved the clock ahead a century or more in the way of progress.

For fifty years the suffragists have been working for social justice to women, brushing away one foolish prejudice after another. At times it seemed as hopeless as brushing the sand on the seashore. Grudgingly women were given education, grudgingly they were allowed to work, grudgingly the law began to recognize them as people.

Bringing Up Father



BY GOLLY, SHE'S SOUND ASLEEP— I'M TIRED MESELF. I WON'T SNEAK OUT TONIGHT— AS I HAVE TO BE UP EARLY IN THE MORNIN'—

OOOOH! I'VE HAD A GOOD NIGHT'S REST— NOW TO GET UP AN' KEEP THAT BUSINESS ENGAGEMENT—

BY GOLLY, SHE'S BEEN SLEEPIN' THERE ALL NIGHT— I'LL BET I'LL SURPRISE HER BEIN' UP THIS EARLY!

OH MAGGIE!

WHAT'S THE MATTER?

WHAT DO YOU MEAN BY COMING HOME AT THIS HOUR OF THE MORNIN'—

LIFE'S PROBLEMS ARE DISCUSSED

By MRS. WILSON WOODROW

Once the son of a family that I knew went off to seek an "education" and after a lapse of years returned as a full-fledged college professor.

He was typical, even archetypal, good enough to serve as a cartoon. He had cultivated a scraggly beard and a case of chronic dyspepsia, wore owl-like, horn-rimmed spectacles and walked with slow aloofness, absorbed in mighty musings.

Those who remembered him as a snub-nosed, freckle-faced boy, generally regarded as "not quite a man," stared amazed at his evolution. Some of the more ribald mocked it, but at his pretentious mannerisms, but for the most part he was accepted as a superior being, an exponent and apostle of the great old culture.

The woman's club fawned upon him. The superintendent of schools, a clergyman or so, and one or two bookish lawyers formed themselves into a sort of Pretorian Guard about his person to protect him from contact with the rude and vulgar.

The efforts of his family to rise to the exalted and rarefied plane where he existed were almost pitiful. Their attitude was very much that of a flock of barnyard fowls who have found an eagle hatched out among them and who can only gaze at its soaring flights in stunned admiration. Nevertheless, they tried to be worthy of him.

I remember on one occasion he was discouraging patronizingly to me on some artistic question and made a reference to Bastien Le Page. His cousin, an estimable girl—worth ten times her day in the week—was listening raptly to him, but at this point she so far forgot herself as to interrupt.

He turned to her with a look of almost uncomprehending wonder. To him it seemed incredible, little short of a crime, that any one should be ignorant of Bastien Le Page. Then going at her in stern rebuke, he murmured witheringly: "Bawstien Le Pawge was a heavy-en-born genius!"

How far away and different seem those times when people regarded it as vitally important to be familiar with art or that phase of literature and this, when long, hair-splitting discussions about subjects were the order of the day, and the High-Brow sat in the seat of authority. The war has changed all that.

"The Americans," he says also, "of all nations at any time upon the earth have probably the fullest poetical nature; for the United States themselves are essentially the greatest poem."

Labor and thought may be saved this summer if the Sunday-night supper is had on a good vegetable salad, which takes the place of several other dishes. The United States Food Administration suggests the following simple menu, which may be prepared readily without upsetting the pleasure of a Sunday afternoon:

MENU Green Pepper and Potato Salad Corn Muffins Fruit Cup and Wafers Green Pepper and Potato Salad Chop four baked potatoes and one Spanish onion very fine. Slice one green pepper so that it makes large rings. Place on lettuce leaves. Fill the rings with the baked potatoes and onions, heap mayonnaise dressing on top of each ring and serve.

FASHION'S FORECAST

(By Annabel Worthington)

The closed drawers shown in No. 8874 are very practical and easy to make, and besides, they have the advantage of not requiring a great deal of material. The pattern is in two pieces, with a seam through the centre front and centre back. The lower edges are cut in points and the openings are very wide. The top is gathered on a drawstring run through a casing. The drawers may be finished with a plain hem or trimmed with embroidery.

The lady's closed drawers pattern No. 8874 is cut in six sizes—26 to 36 inches waist measure. The 26 inch size requires 2 1/2 yards 30 inch, or 2 yards 36 or 40 inch material. Price cents.

This pattern will be mailed to any address upon receipt of 12 cents in stamps. Address your letter to Fashion Department, Telegraph, Harrisburg, Pa.

How to Conserve

Canning and Packing For Winter Use Explained in Detail by National War Garden Experts.

CANNING PLUMS The Greengage, Yellow Egg and Lombard are good varieties of plums used for canning. Sound, firm fruit should be selected, not quite prime for table use. Stem, wash, grade and prick each plum to prevent bursting. Use a large needle for pricking, which may be omitted when a large quantity is to be canned and time is limited. Send a three-cent stamp for the free canning manual which the National War Garden Commission, Washington, will send to you upon request.

Pack plums in jar and cover with boiling syrup of medium grade. This is prepared by using one part sugar to two parts water. Put on rubber and top. Adjust top ball or screw top with thumb and little finger. Sterilize sixteen minutes in hot water bath or ten minutes at five to ten pounds' steam pressure. Remove, seal tight and cool. The Commission will gladly answer any questions written on one side of the paper and sent in a self-addressed stamped envelope.

Advice to the Lovelorn BY BEATRICE FAIRFAX

DEAR MISS FAIRFAX: I am a snob and am considered good-looking and can converse well. I am working as a bookkeeper and am well present in a downtown office, making \$14 per week.

DEAR MISS FAIRFAX: I am under the impression that well as the rich girl is, I am a daughter of God, just as well as the rich girl and I am not poor, but at the same time I am not rich. We (our family) have enough to eat and clothe ourselves, but we haven't enough to have anything luxurious. It is always my wish to meet some rich young boys and girls. I know please tell me how I can do this. I have one rich uncle, and he thinks he is different because he has more money.

DEAR MISS FAIRFAX: I am a snob and am considered good-looking and can converse well. I am working as a bookkeeper and am well present in a downtown office, making \$14 per week.

DEAR MISS FAIRFAX: I know a young man five years my senior, who has expressed both a snob and in his mail to me that he loves me dearly. He is a soldier-boy, had rheumatism, and pain in back and limbs.

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Quick Suppers For Out-of-Door Workers

Have you joined the land army that works in the backyards everywhere. If so, you will want as much of the daylight for gardening as possible. Here are some quick suppers suggested by the United States food administration, which will take you only half an hour to prepare:

Scrambled eggs, hashed brown potatoes, sliced tomatoes, corn bread, sliced peaches. Creamed left-over meat and potatoes, cucumber and cabbage, raspberries, oatmeal cookies.

Hot spinach with sliced eggs, corn flour, baking powder biscuits, blueberries, tea.

SIMPLE WALL PAPER CLEANER The following suggestion appears in the August Woman's Home Companion:

Last spring in the house cleaning season it occurred to me, in cleaning my wall paper, that rubber is the best eraser; so I tried one of the red rubber sponges such as may be had for a dime at any five and ten cent store. It worked like magic, and in addition to leaving no streaks or sticky rolls on the paper, it requires no kneading and is always ready for use; the dry sponge crumbs can be taken up quickly with the vacuum cleaner or brushed with a broom, and they will not stick to the floors or tramp into rugs. The rubber

CUTICURA HEALS RASH

On face. Skin very red and itched so badly that at night could not sleep. Face felt as if on fire. Sent for sample Cuticura Soap and Ointment. Afterwards bought more. Used two cakes Cuticura Soap and one and a half boxes Ointment and was healed.

From signed statement of Miss Ella Deering, 236 Urbane Ave., Pittsburgh, Pa., Jan. 19, 1918.

Clear the pores of impurities by daily use of Cuticura Soap and occasional touches of Cuticura Ointment as needed to soften, spothe and heal. They are ideal for every toilet purpose.

Remember the Story of the Salesman's Overcoat

—How his employer looked over his expense account and said, "I don't see that overcoat charged here," and the salesman said, "I know you don't see it charged, but it's there just the same!"

It's just the same with coffee premiums. You pay for them, even if you don't stop to realize it. Either the price of the coffee is raised or the quality is lowered to take care of the premium.

We give no premiums with these two good coffees—just the utmost in value and flavor!

Golden Roast Coffee 30c lb.

Old Favorite Coffee 25c lb.

is a rich flavored coffee blended from the finest beans from the highlands of Brazil. Fresh roasted daily and packed in tinfoiled packages that hold in its fine flavor. Every pound is cup-tested to maintain its quality. A coffee as good as most 35c coffees.

is a mellow, tasty coffee blended from the best beans from Sao Paulo. Fresh roasted daily and packaged in stout moisture proof bags. Popular with housewives for its fine flavor and economical price. Four cents is saved by not using tin containers. A 30c coffee for 25c a pound.

Advertisement for R. H. LYON Golden Roast Coffee and Old Favorite Coffee, featuring images of coffee tins and the text 'Ask your grocer for a pound of both these good coffees. He has them or can quickly get them for you.'

Wood For Fuel

FOR summer cooking, wood is just the thing. It's clean and makes an intense heat.

Don't think of burning coal until absolutely necessary next fall. Have plenty of wood ready and keep your coal for winter, when there may be difficulty in getting further supplies of coal.

Make your motto "Save a Ton of Coal a Year." This is the spirit of economy that will help win the war by conserving important resources.

United Ice and Coal Co. Forster & Cowden Sts.

Advertisement for Wincroft Gas Ranges, featuring an image of a gas range and the text 'All Styles and Sizes, Up-to-the-Minute Features. Made at Middletown. For Sale by Your Dealer and Your Gas Co. STOVE WORKS.'

Advertisement for HOTEL MARTINIQUE, located at Broadway, 32d St., New York. It offers 157 Pleasant Rooms with Private Bath for \$2.50 PER DAY and 257 Excellent Rooms with Private Bath for \$3.00 PER DAY.

Advertisement for ARMY & NAVY DYSPEPSIA TABLETS, stating 'Can't sleep! Can't eat! Can't even digest what little you do eat!' and '25 cents a package at all Druggists, or sent to any address postpaid, by the U. S. ARMY & NAVY TABLET CO. 260 West Broadway, N.Y.'

Advertisement for SCHOOL OF COMMERCE, located at 15 South Market Square, Harrisburg. It offers 'Your Best Opportunity Now to Serve Your Country and Earn Big Money' and lists various courses and fees.

Advertisement for Daily Dot Puzzle, featuring a grid of numbers and the text 'Labor and thought may be saved this summer if the Sunday-night supper is had on a good vegetable salad, which takes the place of several other dishes.'

Advertisement for A Salad For Sunday Supper, providing a recipe for a vegetable salad and stating 'Labor and thought may be saved this summer if the Sunday-night supper is had on a good vegetable salad, which takes the place of several other dishes.'

Advertisement for Advice to the Lovelorn, a letter from Beatrice Fairfax to a young man who is a snob and a bookkeeper, discussing his social status and relationships.

Advertisement for MOTHER GRAY'S POWDERS, stating 'Thousands of mothers have found Mother Gray's Sweet Powders an excellent remedy for children complaining of headache, colds, feverishness, stomach troubles and bowel irregularities from which children suffer. They are easy and pleasant to take and efficient results are accomplished by their use.'

Advertisement for How to Conserve, providing instructions on canning and packing for winter use, including a recipe for plums.

Advertisement for Golden Roast Coffee, describing it as a rich flavored coffee blended from the finest beans from the highlands of Brazil.

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Advertisement for R. H. LYON Golden Roast Coffee and Old Favorite Coffee, featuring images of coffee tins and the text 'Ask your grocer for a pound of both these good coffees.'

Advertisement for Wood For Fuel, stating 'FOR summer cooking, wood is just the thing. It's clean and makes an intense heat.'

Advertisement for Feet Would Swell, featuring a cartoon of a man with swollen feet and the text 'My feet would burn and swell, and I could not sleep at night, my head and throat were clogged up, in the morning I would feel stiff and sore.'