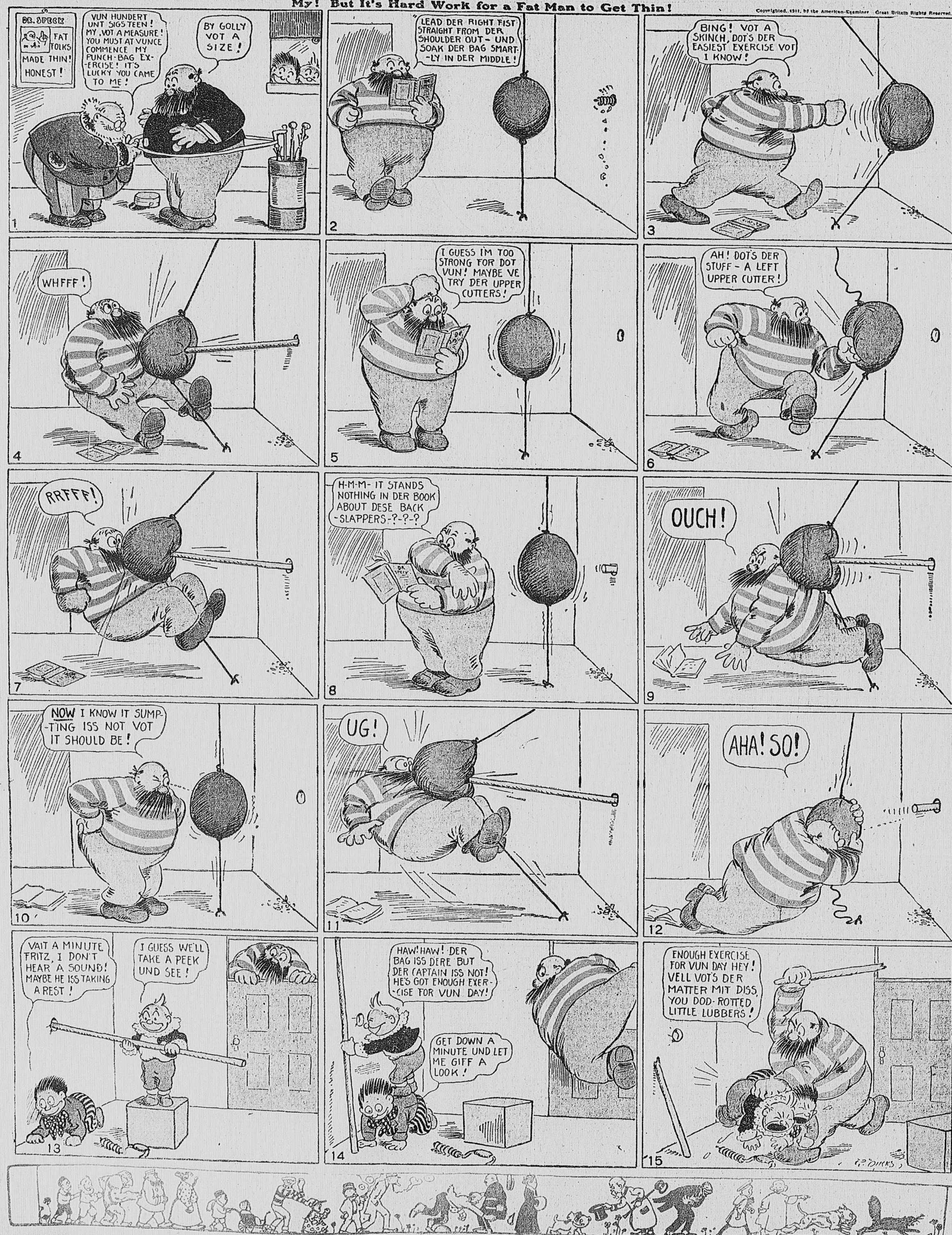
Der Captain Gets Exercise!

My! But It's Hard Work for a Fat Man to Get Thin!

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