

### Hot Water for Sick Headaches

Tells why everyone should drink hot water with phosphate in it before breakfast.

Headache of any kind, is caused by auto-intoxication—which means self poisoning. Liver and bowel poisons called toxins, sucked into the blood, through the lymph ducts, excite the heart which pumps the blood so fast that it congests in the smaller arteries and veins of the head producing violent, throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable, your meals sour and almost nauseate you. Then you resort to acetanilide, aspirin or the bromides which temporarily relieve but do not rid the blood of these irritating toxins.

A glass of hot water with a teaspoonful of limestone phosphate in it, drunk before breakfast for a while will not only wash these poisons from your system and cure you of headache, but will cleanse, purify and freshen the entire alimentary canal.

Ask your pharmacist for a quarter pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a sourish twinge which is not unpleasant.

If you aren't feeling your work, if tongue is coated or you wake up with bad taste, foul breath or have colds, indigestion, biliousness, constipation or sour, acid stomach, begin the phosphated hot water cure to rid your system of toxins and poisons.

Results are quick and it is claimed that those who continue to flush out the stomach, liver and bowels every morning never have any headache or know a miserable moment.



**A Big** at Present an ordinary price

**Conklin's** Self-Filling Fountain Pen NON-LEAKABLE

Yes, big in service, big in satisfaction, big in gold pen and ink capacity—nothing small but the price, \$2.50 and up. The original self-filler and by far the simplest. In handsome gift boxes—exchangeable after Christmas if point doesn't suit.

**Johnson Drug Co.**  
105 East Main St.

## URGE NEED OF DOME FOR THE CAPITOL BLDG.

**COST OF BUILDING MAY BE INCREASED — PLANS CALLS FOR DOME — BUT WILL REQUIRE EXTRA MONEY.**

Oklahoma City, Dec. 10.—If the state capitol that is now being erected in this city at a cost of \$1,500,000 shall be completed without the expenditure of from a quarter to a half million more, it will no doubt be because Governor Williams will probably veto the appropriations. In the replies to the letter of the governor from members and senators whose opinion was invited as to subjects for submission several, including the Oklahoma City members, have urged that one of the pressing things needing attention is an appropriation for a dome for the capitol. Senator McMechan of this city in his letter points out that the dome can be built while the work of construction is going on at a much less cost than if it be left to some future time after the building shall have been completed.

In the course of his letter the senator says:

"I am informed by the architect that if a dome is built at this time instead of a saucer dome, as called for by the contract, there would be a saving to the taxpayers of this state of between \$75,000 and \$100,000. I am quite sure that the taxpayers and citizens of this state will never be satisfied with the capitol building unless a dome is erected thereon and now is the time to complete the capitol so far as the dome is concerned, because it can be done at so much less cost than it could be if delayed until a future time and until the building machinery is all dismantled. And again, an appropriation should be made at this time for the purpose of building a terrace wall. The capitol can not be completed without it, and the James Stewart company would no doubt furnish the stone at much less cost before they dismantle their quarry than it could be built in years to come. The appropriations for completing the dome and building the terrace wall could be made by the special session, if one is called, and the levy made in 1917, and in that way the burden would not fall so heavily upon the taxpayers."

A dome could not be placed on the building within the sum available when the plans were made. Nevertheless, the capitol commission had a building designed that needs a dome to complete it and the architect's drawing for the building contained specifications for a dome. The engraved letterheads in use by a number of the departments of the state bear a fac simile of a capitol with a dome. It seems to be one of the things that are certain to come about that the people of Oklahoma will have a capitol building with a dome like that at Washington, even if the cost shall be half a million dollars more than the capitol that has been contracted for.

## ANOTHER BRISK CAMPAIGN IS TO BEGIN SOON

**NEXT ANNUAL REGULAR BIENNIAL PRIMARY WILL BE HELD — IMPORTANT PLACES TO FILL — AMENDMENTS ISSUE.**

Oklahoma City, Dec. 10.—With the passing of the Christmas holidays Oklahoma will again be in the throes of a political campaign. Next August the regular biennial primary election will be held, at which the voters of all political parties will nominate their candidates for the different places to be filled at the general elections next November, and candidates for the different nominations are expected to become active immediately after the first of the year.

The only contest of statewide importance is expected to center around the nominations for corporation commissioners. Two commissioners will be chosen. The term of Commissioner George A. Henshaw will expire a year from January, 1916, and the other vacancy will occur in the unexpired term of Col. A. P. Watson, who was impeached by the last legislature. Col. Watson has been an avowed candidate for the place from which he was impeached, almost from the day of his impeachment. His successor, W. D. Humphrey, who was appointed by the governor, has made no statement as to whether he would be a candidate. Commissioner Henshaw has not formally announced his candidacy for re-election.

The voters will also nominate candidates for two places on the supreme court, one place on the criminal court of appeals, congressmen from each of the eight districts, members of the house of representatives and one-half the members of the state senate.

**Vacancies on Supreme Court.**

The places on the supreme court, where vacancies will occur, are those now held by Chief Justice M. J. Kane, and Justice C. M. Thacker, recently appointed to succeed the late Justice G. A. Erown. On the criminal court of appeals the present term of Presiding Judge Thomas H. Doyle will expire in January, 1917. Candidates for the supreme court and criminal court of appeals are nominated from districts and voted upon by the state at large.

In addition to the nomination of candidates for these positions the people will also vote on a large number of proposed amendments to the constitution, which were referred by the last legislature on the recommendation of Governor Robert L. Williams. If adopted they will bring about many important changes in the judiciary of the state. The proposed amendments referred by the legislature and which will go on the ballot in the August election include:

Creating a state tax commission to be composed of three members to be designated by the governor for the purpose of making a thorough scientific study of the subject of taxation.

Repeal of section 12A, article 10 of the constitution, known as the Campbell Russell amendment, which provides that all corporation school taxes shall be paid into the common school fund and distributed the same as other school funds.

Abolishing county judges.

Consolidating the supreme court and the criminal court of appeals

**MUSKOGEE WOMAN SAVED FROM KNIFE**

**Mrs. White Delivered from Terrible Suffering by Use of Wonderful Remedy.**

Mrs. O. M. White of 439 North Eighteenth street, Muskogee, Okla., suffered with stomach trouble and liver derangements. Her physician advised an operation. But her husband, fearing the result, was against it. Mrs. White took a bottle of May's Wonderful Remedy and found swift relief. She wrote:

"Enclosed find money order for two bottles of May's Wonderful Remedy. The one bottle did me a world of good. It cleaned my system. Doctors did me no good; they wanted to operate, but my husband opposed. I cannot thank you enough for what that one bottle did for me."

May's Wonderful Remedy gives permanent results for stomach, liver and intestinal ailments. Eat as much and whatever you like. No more distress after eating, pressure of gas in the stomach and around the heart. Get one bottle of your druggist now and try it on an absolute guarantee—if not satisfactory money will be returned.

For sale by the City Drug Store and all other reliable druggists.

into one final court and to be composed of nine members. These will include the five members of the supreme court, the three members of the criminal court of appeals and one member to be appointed by the governor.

Conferring authority on incorporated cities and villages to increase the tax levy for the purpose of purchasing or improving municipally owned public utilities.

Reducing the size of juries from twelve to eight jurors in all courts and in all cases except capital punishment cases.

Changing the clerk of the supreme court from an elective to an appointive position.

Providing that the right of recovery for injuries resulting in death shall never be abrogated nor the amount of recovery made subject to statute regulations. This is proposed to conform with features of the workmen's compensation law.

In addition to these, the people will also vote on one and perhaps two "fair" election laws. One has been initiated by the socialist party and the other is now being initiated by Secretary of State J. L. Lyon. The important feature of the law proposed by the socialists is that it will give socialist representation on all election boards from the state board to precinct boards.

**Piles Cured in 6 to 14 Days**  
Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Tend, Bleeding or Prolapsing Piles in 6 to 14 days. No first application gives Refund and Res. See

**Culture and Entertainment.**

Not to know the world as it is today is to deny ourselves the most important form of culture as well as the most profitable form of entertainment. The Burton Holmes Travelogues brings this culture and entertainment right to your fireside. 12-

**HIGHWAY MEET AT TALIHINA; SUGGS ADDRESSES MEETING**

Hugo, Okla., Dec. 11.—It was our good fortune to be present at the national highway meeting held at Talihina on the evening of the 9th, and hear the Hon. Sidney Suggs of Ardmore talk upon the theme that he has spent the best part of his life to bring into an actuality, "Good Roads" not only as a commercial factor, but yet greater, the good of humanity.

Mr. Suggs was certainly at his best, and put not only all of his mental faculties into this patriotic move, but his soul as well. He proved himself master of his subject, and what it stood for, and from time to time, when he made the "hits" that are so essential in carrying forward this great work, he received long and loud cheers from more than one hundred good roads builders assembled in the club rooms to hear him.

He handled in a masterly way the exploitations of national highways and benefits to be derived by their construction, on down to the building of good roads throughout the rural districts in not only his own state, but every state in the great United States. He pictured in glowing terms the benefits and their relation to the great commerce of the country, also to be derived by better rural conditions, churches, schools, and the homes in the rural districts the great bulwark of a great nation.

He often grew pathetic when he pictured the undesirable conditions existing in rural districts on account of bad roads, where the mothers and their children were virtually exiled from association with the outside world. Often illustrating these lamentable facts by picturing the young man who takes his new and precious wife into exile, who go into the forest to build a home of their own, when really he is doing an unthoughtful thing. He is taking the one so near and so dear into a lonely exile, and time goes on, and the good roads are not built into his community, and she oftentimes passes

away, giving up to seclusion and despondency which naturally follows a life of this kind.

It is clear to us that Mr. Suggs is doing a grander and greater work for God and humanity than he even

dreams of, not to mention the great work he is doing in behalf of the nation's commerce.

F. W. MACK,  
Secretary Hugo Chamber of Commerce.

# JEWELRY FOR Christmas Presents

Hand Painted China Howard Watches  
Cut Glass Diamonds  
Silverware, Etc.

**P. B. TARVER**  
AT  
Johnson Drug Company

## MEN AND WOMEN GET CURED

Men and women who are suffering and cannot pay the fees charged by most Specialists should take advantage of this offer and GET CURED. Call at once, have a talk with me and I will explain to you my treatment. I am curing people daily without cutting, chloroform or danger. No matter who has failed or how long you have suffered, don't give up. Call and I will EXAMINE YOU FREE—tell you what I can do and do what I promise.

**STOMACH**—If you have distress and bloating after eating, don't neglect treatment. Catarrh of the stomach is a most common ailment and can be cured, but remember, a cancer of the stomach is incurable. Don't neglect stomach and liver troubles. Consult a doctor who knows how to cure you.

**RHEUMATISM**—If you are hobbling around with rheumatic joints, or suffering torture from inflammatory rheumatism—come and let me explain my theory and treatment for this painful affliction. It is somewhat different from other treatments, and cures when others fail. It will pay you to investigate.

**BLOOD POISON**—I use the newest and latest treatment for Blood Poison and Skin Diseases. It is absolutely safe and harmless and more effective than any other remedy known, and is administered in my office painlessly and with absolutely no ill effects whatever or detention from business. This treatment is far superior to any other employed in the cure of this dreadful disease. Symptoms begin to disappear in a few hours after the administration of this remedy. Even though other treatments have failed or left bad results, and if you have ever had this disease in any stage or form, do not fail to call and get this wonderful treatment.

**For a Limited Time I Will administer the Genuine Venarsen For \$12.50**

**BLADDER AND KIDNEY DISEASES**—Obstructions, Straining, Pain in Back, Enlarged Glands, Nervousness, Swelling, Uric Acid.

I can stop these symptoms right away and they won't come back, because the cause of them is done away with by a cure being effected. I don't use strong, painful, injurious injections that do great harm. My method cures without pain, gives immediate benefits and a lasting cure.

I CURE safely and thoroughly WASTING DRAINS, LOSSES, WEAKNESS, URINARY DISEASES, NERVOUS AND VITAL DISEASES, ALL SPECIAL DISEASES OF MEN.

**DISCHARGES**—Itching, burning, scalding, painful passages of water. Strong injections, strong remedies, seldom cure—they cause obstructions of the Urinary Canal.

My treatment stops every symptom and cures in a few days. It is scientific—that's the one sure way to be cured. I can cure you so quickly and easily that you will be surprised. I will give you just the result and cure you are looking for at the lowest possible cost.

**VARICOCELE**—Is a knotty, bunched twisted, worm-like condition of veins, more often on left side, hanging lower.

Symptoms—Aching or Pain in Groin or Back, Nervousness, Weakness, Loss of Vitality, Lack of Ambition.

I cure Varicocele Enlargement by one treatment in one visit, without a severe surgical operation or suffering, or keeping you away from business.

**STRICTURE**—All abnormal growth dissolved, leaving the water channel free and open; Burning Discharge, Straining Pain in the Prostate, Bladder and Kidneys Cured by MY NEW METHOD without cutting, loss of time or danger.

**PILES AND FISTULA**—These afflictions are distressing nervous reflexes and painful conditions. My treatment and success are the result of years of experience. I cure Piles without cutting. I cure you without pain or detention from occupations. Fistula is the drain pipe to an abscess. As long as there is a free exit to secretions, it is attended with slight pain. If the opening becomes clogged, an abscess forms, with attendant pain. It is a loathsome malady.

**CHRONIC DISORDERS OF WOMEN**—I successfully treat all nervous and chronic diseases of women, and diseases peculiar to their sex, such as Falling of the Womb, Displacements, Unnatural Discharges, Nervous Decline, Dizziness, Pain in the Back. Women who wish to avoid operative procedures should investigate my methods of treatment.

I also treat all Skin, Heart and Lung Diseases, Catarrh Deafness, Malaria, Asthma, Rheumatism, Eye, Ear, Nose and Throat Troubles, Gout, Paralysis, Tapeworm, Sore and Open Leg, All Acute and Deep-Seated Chronic Diseases of Men and Women.

**MY FEE CONSULTATION AND MEDICINE \$1.00**

So effective are my wonderful treatments that it is possible to satisfy many in two or three visits. If you think your case is more stubborn, I shall be glad to name a low flat rate for all office consultations and medicines, then it is simply common business sense for me to put forth my best efforts in the endeavor to cure you quickly.

I earnestly appeal to those who have been treated without success. Every man or woman needing medical attention should carefully look over my specialties, and if your case is mentioned or comes under the head of my specialties call and consult me, free.

**DR. ALLISON**

Corner Main and Washington : : Over Hamilton's Shoe Store  
ARDMORE, OKLAHOMA  
Hours: 9 a. m. to 4 p. m., 6 to 8 p. m. Sundays, 9 to 12

**Dr. Allison is Permanently Located Here**

## TO THOSE WE KNOW MERRY AND THOSE WHO KNOW US XMAS

### SIMPLY SUGGESTIONS

For your Christmas giving. The best and most appreciated gifts are those which will always be "keepers," and certainly those which are "useful."

We have an excellent assortment of TOILET ARTICLES wrapped for the season. Elegantly bound

BIBLES and BOOKS—PAINT BOOKS

Just the thing for the children

CHRISTMAS NOVELTIES

DID YOU EVER KEEP A DIARY? Try this year and record each daily happening. We have an assortment of

### DIARIES

From which you can pick just what you want. Of course, the Business Man will want one.

## Bomar's Pharmacy

North Washington Ardmore, Okla.  
3 Doors South of the Post Office  
Agents for "Nobility" Chocolates  
—We Deliver—