

The Daily Ardmoreite

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Business Manager's Office 538 City Editor's Office 5

Ardmore, Monday, July 24, 1916.



For Congress CHARLES D. CARTER

He is detained in Washington attending to business that all of us are intensely interested in and because he has stayed at his post and has not taken fright and run home to see the voters we ought the more to stand loyal to him.

THE GREATEST CONSERVATION.

Hushed be every thought that springs Out of the bitterness of things. -Wordsworth.

If all the time expended in vain regrets over the past, in lugubrious anticipations of the future, in grief for losses and in fear of others, were devoted to intelligent constructive effort, the impulsion to greater and better things would go far toward offsetting the mistakes and failures already charged to us. Indeed, we believe they would do more than this.

Not only is the time sacrificed one devotes to grieving over things he can not help, but nerve tissue and heart courage are lost by it. He who dwells too much on mistakes he has made becomes doubtful of his powers of usefulness, of his ability to cope with the struggles of life, of his talents, and even of his integrity.

We hear much said of the conservation of resources, and it is an important matter. But as a rule when conservation is spoken of it refers to material resources only; that is, resources of money, agricultural and mineral production, water power, timber, etc. But there is a greater and more valuable waste of resources and energy consummated by worry, regret and fear. It is the wastage of bodily and mental power, of courage and determination. It is stated as a scientific fact by physicians and others who are supposed to know that anger, jealousy, grief and other things which render one unfit, act as a poison to the blood and tissues, and it is a recognized fact by all who are capable of rendering an opinion on the matter that such mental conditions weaken the mind, rendering it less capable.

Just as wrong thought—indulgence in anger, jealousy, impurity, etc.—are injuries to one's mental and physical well being, so serenity and purity of thought conduce to strengthening and enlarging one's mental and physical capabilities.

Thus it is seen that wrong thought has a toxic or poisonous effect on both mind and body. This has been demonstrated, and proved beyond doubt or question. Herein is seen the wisdom of him who admonished us to "Trust in the Lord with all thine heart, and lean not unto thine own understanding," for he who trusts in God and in "the power of His might" has an anchorage, a stabilizer, sufficient to assure him against disaster, console him in misfortune and comfort him in sorrow. If he is following the advice of Him who said, "Hope thou in God," his nerves will not receive "shocks" nor his mind suffer "collapse." Such a one is resting in "the secret place of the Most High," he is in "the hollow of His hand," and knows that underneath are "the everlasting arms." He who bore the sins of the world upon Himself, who suffered the taunts of ignorance, superstition and passion, who endured the pain of humiliation and crucifixion, said to those about Him when the time was closely approaching for His departure, "Let not your heart be troubled; neither let it be afraid."

One of the most helpful ways of brightening our lives when we feel that things are "blue" and uninviting is to recount our blessings. It will be found that they are much more numerous than our troubles—invariably so. This fact alone should be sufficient to put to share the "grouch" and pessimist—that they are turning against themselves when they em-

phasize the bad and minimize the good, when they dilate upon evil and make little or no mention of righteousness, for before their eyes stands this glorious truth. In order for one to realize the multitude of his blessings he must have a heart full of gratitude for them, thus giving him an appreciation to dwell upon his sorrows.

It is he who looks for the good and the true and the beautiful who finds them. In his search for flowers he forgets the briars.

In the pleasure found listening to the nightingale he forgets there is such a thing as an owl.

In his admiration for the starry firmament he gives no thought to the holes and caverns of earth.

In his gratitude for joys and blessings he is oblivious of the presence of a few difficulties and trials; and even should he perceive them, it is such as he who makes them occasions for triumph instead of trouble, of victory instead of vanquishment.

The pessimist is whipped already in the battle of life.

He doesn't have to wait till the fight is on to know it. He has given up before it begins.

His yellow streak has spread over his entire body, and his white flag is unfurled to the breeze before the charge is ordered.

He gets none of the milk and honey because he is afraid of the giants occupying the land. "Be strong and of good courage."—Dallas News.

SERVANT GIRLS WILL BE PRETTY AND PERFECT.

Chicago, July 24.—The pale, anemic drudge will no longer slouch around in the kitchen of Wilmette, a fashionable suburb of Chicago, if the plans of the Wilmette Woman's club announced today, are carried out. The school for servant girls which will be open next fall under the club's auspices, is destined, it is said, to boast of a curriculum which ought to make each graduate not only tidy, but beautiful and graceful, a perfect angel of a cook.

The graduate servant girl, it is announced, will be: Beautiful—the result of calisthenics.

Graceful—the result of folk dancing.

A marvel in reducing the high cost of living—the result of household economy.

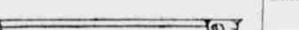
Neat as the proverbial pin—the result of social hygiene.

Able intelligently to discuss local elections—the result of civics.

To cook like an angel—the result of domestic science.

It is the plan, according to Mrs. Paul Tabasoff, secretary of the Women's club, to hold classes in calisthenics and folk dancing each week in addition to the more arduous studies.

WOMEN FORM LEAGUE TO ASSIST NATION IN WARTIME



MRS. THOMAS J. PRESTON.

Women of executive ability, wide influence and wealth are organizing a patriotic league of American women for defense known as the Woman's American Supply League. It will be allied with the Red Cross, but will do a very different work. Among the organizers are Mrs. Charles E. Hughes, Mrs. George W. Wickersham, Mrs. Ogden Golet, Mrs. William Cummings Story, Miss Helen Pick, Mrs. Lindley M. Garrison, Mrs. Harry Payne Whitney, Mrs. Thomas J. Preston (who was Mrs. Grover Cleveland) and Mrs. John Hays Hammond. The object of the association is "to supply necessities to the men at the front and in mobilization camps; to furnish needed assistance to families of soldiers in the way of work or relief; to furnish hospital supplies to the Red Cross and other war relief agencies and to create and develop in the United States a militia of patriotic American women trained and prepared for such service as women can render toward national needs." Picture shows Mrs. Preston.

PLAINS OF HUNGARY MENACED BY RUSSIAN ADVANCE IN CARPATHIANS



WHERE RUSSIANS MENACE HUNGARY. Hungary was seriously menaced by the Russian advances against the Carpathians, according to recent advices. In the north the Russians secured two important eastern passes in the Carpathians, Jablonitza and Kirilbaba, while they also held command of the Delatyn-Budapest railway. Their cavalry moved in the rear of General Pflanzer's forces, near Kimpolung, and apparently the invasion of Hungary had begun. According to one report, a Russian force entered Hungary, threatening the Austrian rear in the mountains. The arrows in the accompanying map indicate the direction of the Russian advance toward the Carpathians since the capture of Czernowitz on June 17. The broken line at the left is the Austro-Hungarian-Russian battle line.

TAKE A SMILE

An Affirmative Vote. One morning not long ago Vice-President Marshall called for a vote on an amendment that was of such a routine nature that none of the senators were interested in it enough to vote on it. "All in favor please say 'aye'" said the vice-president, but there was no response.

"All opposed please say 'nay,'" he then directed, but no one said a word. "Very well," he ruled quickly. The vote is a tie. The vice-president votes aye. The ayes have it.—Exchange.

Rebuffed. In the early morn the fresh city boarder met the rustic dairymaid carrying a couple of foaming milk pails. "Ah, good morning, my dear," he said, patronizingly. "How is the milk maid?"

"Taint made at all, kind sir," she said. "We take it from the cows."—Chicago Herald.

Sure Fire Stuff. "You're getting a trifle highbrow, senator. I notice you alluded twice in your speech to the enlightened populace."

"What's wrong with that?" "Better stick to the plain people."

All Crazy. In western Georgia a jury recently met to inquire into a case of suicide. After sitting through the evidence the twelve men retired and, after deliberating, returned with the following verdict: "The jury are all of one mind—temporarily insane."—Case and Comment.

Let Him Go. "I hope my husband won't drink while I am gone." "You are foolish. When I came home last summer my husband had accumulated enough old bottles to pay for my fall outfit."

No Steeplechaser. "The auto seems to be generally supplanting the horse." "True, but it has its limitations. They haven't invented one yet that will take a hurdle or a water jump."

You mean to tell me you can't pay me any alimony?" asked the enraged wife. "No, I cannot," replied the man. "Why, when I married you I supposed you were rich." "I was then."—Yonkers Statesman.

"Now, see here," said the lawyer, "before I take your case I want to know if you're guilty." "Am I guilty?" replied the prisoner. "Wot d'yer s'pose? Dat I'd hire de most expensive lawyer in town if I wuz innocent."—Judge.

"Are you going to Mrs. Tyresum-Clymer's dinner?" "No, I have a subsequent engagement." "A subsequent engagement?" "Yes. One that

I made as soon as I heard that Mrs. Tyresum-Clymer was going to give a dinner."—Puck.

Progress, prosperity and good roads go hand in hand. Ben Stephens will build good roads in Carter county if he is elected county commissioner.

WILL FIGHT LABOR DAY. Freddie Welsh and Charley White Sign Agreement for Battle. Chicago, Ill., July 24.—Freddie Welsh and Charley White today signed an agreement to fight on Labor day at Colorado Springs, twenty rounds for the light weight championship of the world.

Welsh and White will fight for a purse of \$17,500.

HOWE, IMMIGRATION COMMISSIONER DENIES CHARGES



F. C. HOWE AT HIS DESK, ELLIS ISLAND.

Charges against Frederic C. Howe, commissioner of immigration at New York, were made in a speech in the house of representatives by William S. Bennett of New York, Republican, who alleged that conditions of immorality had existed and still existed at the Ellis Island immigration station as a result of Mr. Howe's administration. "A half baked radical, with free-love ideas," was one of the terms used by Mr. Bennett in assailing Mr. Howe. Mr. Howe replied denying Mr. Bennett's charges and asserting that he had improved conditions at Ellis Island since he was appointed in 1914.

Advertisement for Sweet Caporal cigarettes. Features a silhouette of a man smoking and the text: 'Who Smoked "Sweet Caps" When Everybody Was Singing Annie Rooney? Ask Dad, he knows.' Includes a small illustration of a man and a woman.

LOOKS BAD FOR CASEMENT.

Attorney General Intimated Will Not Grant Fiat to Appeal. London, July 24.—The attorney general intimated today that he will not grant a fiat enabling Sir Roger Casement to appeal from the house of lords death sentence.

SAYS GUARDSMEN KILLED HOGS.

Mexican Commander Raises Protests Against Guards Shooting Hogs. El Paso, Tex., July 24.—General Gonzales, the Jurez commander, today protested to General Bell against guards of the Ninth Massachusetts Infantry, whom he claimed crossed onto Mexican soil and shot a number of Mexican hogs.

SPAIN'S U. S. BUILT SUBMARINE A WONDER

Boston, July 24.—That Spain intends to develop a navy is the well authenticated report in naval circles here. The first warship ever built in the United States for the Spanish government—a 196-foot submarine capable of cruising nearly 500 miles without renewal of her fuel supply—is being finished at the Fore River ship yards, much to the surprise of many persons. After receiving her finishing touches she will be tried out in Massachusetts bay and will then be ready to go into commission. It is not believed that the boat will be taken to Spain under her own power in view of the possible danger that she might be mistaken for a craft belonging to one of the warring powers. Other orders from Spain are expected to follow the arrival of the new submarine.

Sudden Death at Marietta.

Marietta, Okla., July 24.—W. A. Wilkins, a pioneer citizen of this section died suddenly at his home in Marietta at an early hour this morning. About two weeks ago Mr. Wilkins suffered an attack of congestion of the brain due to his having become overheated. However, he had seemingly recovered from this attack and, although in weakened condition, was able to be down town Saturday. Funeral arrangements have not been announced.

NEWSPAPER ADVERTISING IS GOOD ADVERTISING.

Advertisement for newspaper advertising services.

Nadine Face Powder

Advertisement for Nadine Face Powder, featuring a small illustration of a woman's face.

PRESIDENT WILSON BUSY WITH ACCEPTANCE SPEECH

Washington, July 24.—President Wilson is being besieged with invitations to address summer conventions and conferences of various kinds, but it is stated at the White House that he is busily engaged on his speech of acceptance, so that it is doubtful if he will accept any such invitations until after the campaign begins in earnest. It is also reported that the final paragraphs of Mr. Wilson's speech will be left unfinished until he has read what Mr. Hughes has to say in his letter accepting the republican nomination in New York a week from tonight.

\$1.00 IS GOOD FOR 14 POUNDS SUGAR

Advertisement for a grocery store offering \$1.00 for 14 pounds of sugar.

JULY 24 IN HISTORY

1771—Thomas Gray, famous English poet, died.

1847—Salt Lake founded by the Mormons.

1859—Prince of Wales visited St. John's Newfoundland.

1862—Martin van Buren, eighth president of the United States, died.

1869—Carlists defeated the Spanish troops at Manzanares.

1883—Capt. Matthew Webb drowned in attempt to swim Niagara Rapids.

1903—William H. Taft accepted the appointment as secretary of war.

1908—Sultan restored the constitution of Turkey.

1914—Secretary of State Bryan signed the "breathing spell" peace treaties with Argentina, Brazil and Chile.

Vote for George Evans for the second term. He has made good the first term.

Le Flore Hair Tonic

Advertisement for Le Flore Hair Tonic, claiming to be the first hair tonic ever known.

Frying Chicken

Advertisement for fresh country butter, eggs, fruits, and vegetables.

White House Coffees and Teas

Advertisement for Beech Nut Preserves and Jellies.

Crockett's Grocery

Advertisement for Crockett's Grocery, agent for Fleischmann's Comp. Yeast.

City Drug Store

Advertisement for City Drug Store.