SOCIETY

WOMAN'S WORLD AND WORK . . . .

LILIAN CRAWFORD PERKINS

THE LITTLE PATH.

Once, strolling slowly down a sunny way,
I spied half hidden 'neath an arbor vine,
A little grassy path that beckoned me,
I thought I should come back another day.
And through its lure of leaf and "Blossom-stry",
And so I wandered gently along,
Humming a strain of song all during the song,
That ran, "Enjoy joy and beauty while you may."

But when I came to the end of the path,
I searched the hedgerows long by hour in vain
Where summer's growth veiled all with vines and leaves,
And though life's gifts have brought me treasured gain,
Each June I ponder when dreams drift down the mind,
The little path that I could never find.—New York Sun.

Tuesday's Events.

Mrs. Dudley Dickson's bridge party for Miss Katherine Ferguson of St. Louis.

Tulsans at Spavinaw.

Many Tulsans spent the Fourth camping on the Spavinaw and at the Tulsa Club. All have returned in gay spirits, telling about the fine roads, the good water and wonderful climate of this near-by country. Among those who spent the Fourth there and stayed over for the week end, were Mr. and Mrs. J. C. Lindner and their party of four, Mr. and Mrs. Roy McClure and Mr. and Mrs. G. J. Brackney. Others were Mr. and Mrs. J. M. Horner and family, Mr. and Mrs. William Noel, Mr. and Mrs. P. M. Iverson, Mr. and Mrs. Murray D. Russell and family, Mr. and Mrs. Leo J. Laier, Mr. and Mrs. Frank S. Gray, Mr. and Mrs. R. E. Downing, Miss Mary Jennings of Oklahoma City, Mrs. Hankey, Mr. J. A. Veasey, Mr. J. F. Smith, Mr. Fred Shaw and family, Mrs. Guy Davis and Miss Freda Davis. Among those who spent Sunday at Spavinaw were Mrs. F. L. Steenrod and party.

Delegates Elected.

At a business meeting of the Gen. Clement A. Evans chapter U. D. C. which met Saturday afternoon in the home of Mrs. Charles K. Francis, the following members were elected to represent that chapter at the state meeting to be held at Ada, Okla., in August: Mesdames Ned C. Rigsbee, T. W. Stallings, E. Forrest Hayden, F. W. Purdy, W. R. Clements, W. C. Farmer and W. H. Crowder. The alternates elected were: Mesdames E. L. Merry, Charles K. Francis, Walter Duckett, D. C. Acosta, W. T. Brady, O. H. P. Thomas and W. E. Broach. Mrs. Louis Cohen, president, will attend by virtue of her office as will Mrs. Ora Upp who is state and local treasurer. After the business meeting the hostess served an ice course assisted by Mrs. Cohen.

Terry-Buck.

Miss Amy Buck, eldest daughter of Mr. and Mrs. E. E. Buck of Carney, Okla., and Mr. James Terry of Tulsa were married at the home of the bride's parents on Monday afternoon at 4 o'clock, June 30, the Rev. L. E. Gibbs officiating. Only the immediate families were present. A luncheon was served afterwards in honor of the bridal party and guests. The bride, since graduating at Edmund, has been teaching school in Lincoln county. The groom is a successful oil man, having interests near Tulsa. Mr. and Mrs. Terry are now motoring to California on their honeymoon. They expect to make this city their home and will return about September 1.

Picnic Party.

A merry party of young folk, chaperoned by Mr. and Mrs. Lee Omohundro, enjoyed a picnic at Sand Springs last evening, going out about 6 o'clock and having supper. The boys of the G. K. S. club were hosts, and these were Messrs. Walter Miller, James Fitzgerald, Walter Moran, Lane Poe, Wynn Omohundro, Armour Guy, Parker Short and Robert Markham. Their guests were Misses Rebecca Haskell, Katherine Fulghum, Marjorie Welch, Lucile Thomason, Lucy Mae Marquis, Gertrude Clark of Muskogee, Pauline Woods and Jane Robinson.

Motored to Chicago.

An interesting letter has been received from Miss Maud E. Littlefield in which she tells of her recent motor trip to Chicago and of her summer's study. Miss Littlefield and her sister left Tulsa at noon Thursday and reached Chicago the following Tuesday at 2 o'clock, 932 miles, driving fifty hours. This Tulsa musician is assisting Mrs. Harriet Bacon McDonald in her July normal class of the Dunning system in Chicago, her sister taking the course preparatory to assisting her with her Tulsa work. They expect to return to Tulsa about September 15.

Bridge Party.

Mrs. E. H. Short of 1418 South Denver, is entertaining her sister, Mrs. C. W. McCormick of Austin, Texas, on Wednesday afternoon Mrs. Short will compliment Mrs. McCormick with an informal afternoon of bridge. This visitor expects to leave Thursday night for the east, visiting Atlantic City and points on the New England coast.

Tulsan Complimented.

Mrs. Albert G. Hunt shared honors with Miss Geraldine Sadler of Tishomingo on Saturday in Oklahoma City, when Mrs. C. R. Scott of 424 West Fifteenth street entertained at luncheon in their honor.

Picnic Party.

The younger girls in the swimming classes of the Y. W. C. A. will be given a picnic at Farthena park on Thursday afternoon. They will be chaperoned by Misses Ivy Hefner, Lucile Horton and Mildred Hansen.

Dinner Party.

Mr. and Mrs. W. C. Brown entertained twenty of their friends at dinner in the Country club on Thursday evening, the table being those lovely carnations so much in vogue this time, honoring Major C. C. Hickok, Jr., who is home on a visit from the same group who he brought to dinner.

Mr. and Mrs. J. B. Coulter, Misses Edna and Irma Coulter and the children in the family were guests at their summer home on the St. Clair River near Detroit, as special announcement Mr. Coulter, the Misses Coulter and little Miss Charlotte motored to their destination while Mrs. Coulter and the smaller children went by rail.

Corporal Albert E. Lane of the N. A. C. attached to the University of Tulsa, returned home from a year spent overseas. Corporal Lane and family are at Wagoner's lake, South Boston, their former home. Corporal Lane arrived a week ago, coming over on the "Pittsburg." Arriving at Boston he was later discharged from duty at Camp Devens.

Miss Margaret Chandler of Bloom Springs, Ark., who spent last week in the home of Mr. and Mrs. H. G. McClure as the guest of Miss Lorraine McClure, will spend the remaining days of her sojourn in Tulsa, as the guest of Mr. and Mrs. Farmer in Irving Place.

Mrs. Grant C. Stebbins is in Brownwood, Texas, with Mr. Stebbins, who is there on business at present. Miss Louise Stebbins expects to leave shortly for Petoskey, Mich.

Mrs. F. G. McClintock and daughter, Miss Marion, expect to leave the last part of the week for Colorado Springs to spend the summer. They will be joined there during their stay by Mr. McClintock.

Mrs. Herbert D. Mason and Mrs. Charles W. Flint who motored to Glacier Park, Mont., reached their destination after a two weeks' journey.

Miss Gertrude Clark will return to her home in Muskogee today after a visit here in the home of Mr. and Mrs. J. B. McAnally in the Henrietta apartments.

Mr. and Mrs. W. J. Hand and family who have been residing at 1243 South Cincinnati avenue, are now at home to their friends at 407 North Santa Fe in Irving Place.

Mr. and Mrs. Murray D. Russell, Miss Ramona and Mr. Bruce Russell have returned from a ten days' camping trip on the banks of the Spavinaw.

Mrs. J. A. Bearman of 1211 South Boulder, and two children, Richard and Agnes, left last week to spend the summer in Colorado.

Mrs. H. L. Cannady has returned from Kansas City where she visited her mother.

Stop Itching Eczema

Never mind how often you have tried and failed, you can stop burning, itching eczema quickly by applying Zemo furnished by any druggist for 35c. Extra large bottle, $1.00. Healing begins the moment Zemo is applied. In a short time usually every trace of eczema, tetter, pimples, rash, blackheads and similar skin diseases will be removed.

For clearing the skin and making it vigorously healthy, always use Zemo, the penetrating, antiseptic liquid. It is not greasy and does not stain. When others fail it is the one dependable treatment for skintroubles of all kinds.

The E. W. Rose Co., Cleveland, O.

Information for Voters

WHO ENTITLED TO VOTE. Every person who has resided within the state for one year, within the county six months, within the precinct 30 days, who is duly registered, who is over the age of 21 years, who has paid taxes on property within the City of Tulsa during the past 12 months or for whom taxes have been paid within such time, is qualified to vote. Any married woman who, with her husband have accumulated property by their joint efforts during the marriage relation upon which taxes have been paid, for the benefit of both, during the past 12 months has the right to vote, if otherwise qualified and registered. Any person who owns either real or personal property, of whatever kind, in the city of Tulsa upon which taxes have been paid during the last 12 months if he is an otherwise qualified voter, is entitled to vote. This includes persons who have paid the state registration fee on automobiles.

CHALLENGERS. No provision has been made by the law for the appointment of challengers in an election held for the purpose of voting upon the question of the issuance of municipal bonds and therefore no challengers are permitted. They will not be allowed to interfere with the election or to be within the polling places.

CHALLENGED VOTERS. The only officials authorized by law in this election to challenge the qualification of any person desiring to vote are the election officers. When an election officer doubts the qualification of any person offering to vote, such person shall not be permitted to vote except he or she make a "Challenged Voter's Affidavit." If the precinct officer then knows, or is informed and believes, that the person offering to vote is not qualified, he may make an "Affidavit of Challenge." When such latter affidavit is made the voter shall not be permitted to vote, except he procure an affidavit of a freeholder and household or the form of "Freeholder and Householder's Affidavit," which shall recite that the person making such affidavit is a freeholder and resident and householder of the precinct and that he has resided therein for at least one year last past, and that he personally knows the person offering to vote to be duly qualified. When such "Freeholder and Householder's Affidavit" is made, the person offering to vote should then be permitted to cast his ballot.

CHALLENGE FOR PROPERTY AND TAXPAYING QUALIFICATIONS. If any person is challenged by a precinct officer on account of supposed lack of qualifications as to property interests and tax paying he may be required to make an "Affidavit of Payment of Taxes," after which he may be permitted to cast his ballot. Any married woman offering to vote who claims the right thereto by reason of her interest in property acquired by the joint efforts of her husband and herself during marriage upon which taxes have been paid, when challenged, may be permitted to vote upon making "Affidavit of Qualification of Married Women Voters." Such affidavit does not have to be made except in case the right of the woman voter is challenged.

FAILURE TO PRESENT TAX RECEIPT. It is not necessary to present a tax receipt to precinct officials as a condition precedent to voting. A tax receipt is merely evidence of qualification and if a tax receipt has been held, but cannot be produced and presented for any reason, the voter is not to be denied his right to vote for this reason. He may make an "Affidavit of Payment of Taxes" or offer other satisfactory proof of his qualification in this respect, in which event he should be permitted to vote.

PRESIDENT IS URGED TO CALL OFF HIS TOUR

WASHINGTON, July 7.—President Wilson's address at the capitol on Thursday will be to the senate only, Secretary Tumulty, at New York, today advised the white house. The president will appear before the upper house at 12:15 to lay before it the peace treaty, with the league of nations incorporated, and the proposed pact by which America, with Great Britain, would go to the assistance of France in the event of an "unprovoked" attack upon her by Germany.

Indications now are, white house officials said, that the president will be unable to start on his proposed speaking tour for at least two weeks after his arrival in Washington. There have been many requests that the president's itinerary include an address at the Methodist Centenary at Columbus, Ohio, but as the closing session will be held on July 13, it was pointed out that the president probably will be unable to accept.

It is known that many of the president's friends have advised him to abandon the speaking tour entirely, or for the present at least. They have urged him, it was learned, at least to wait until after it becomes apparent what the senate will do with reference to the treaty and the league covenant before going before the people.

The president will leave New York tomorrow night about 5 o'clock, arriving in Washington between 10 and 11 o'clock. Plans for his reception here were being made today, and one of the features will be the erection of an arch of flowers in the union station through which he will pass on the way to his waiting automobile.

If five of the best business men of Tulsa will bet five million dollars on the city's future, are the other 70,000 people here taking much of a chance in betting an equal amount and giving the city an adequate water supply.

Robert A. McBirney
Funeral Director Phone 456-191
512 South Main—Adv.

MANN'S HAT SHOP
Sinclair Bldg. 10 East 5th St.
LAST REDUCTION SALE ON ALL SUMMER HATS
Tabled From $1.00 to $10.00

How Much Must We Eat?

(By MRS. ALICE DYSES FULLING, DEPT. OF FOOD ECONOMICS)

Part II.

The housewife is considered as an average woman doing average work. If she will multiply her weight by twenty she will have approximately the number of calories she needs in a day.

For example the housewife who weighs 100 pounds will need 2,000 calories of food per day. The 100 calorie portions (sometimes called standard portions) is taken as the unit of measure in serving our food. The housewife referred to should have plenty of these standard portions. Approximately one-fifth of these should be selected from the protein group.

The standard portion is about the same measure which we have always used in serving our food. The following are 100 calorie (standard portions):

2 thin slices of bread.
Cream cheese, 2x1x1-2 inch.
Evaporated milk, 1-4 cup.
Veribest oil, 1 tablespoon.
Rolled oats, 2-4 cup.
Product rice, 2-3 cup.
Round steak, slice 4x4x1-8 inch.
Frankfurter, 1.
Roast leg mutton, slice 3x1 2-4x 1-8 inch.
Canned salmon, 1-2 cup (scant.)
Canned tuna fish, 1-2 cup.
Jelly, 1 tablespoon.
Molasses, 1 1-2 tablespoon.
Baked beans, 1-2 cup.
Canned corn, 1-3 cup.
Olives, 6 to 8.
Canned peaches, 2 halves.
Oleomargarine, 1 tablespoonful.

With such a table as a guide selecting a balanced menu is a simple matter. First decide upon the protein food, such as meat, eggs or fish, then select four times the amount of the protein food from the others. Be careful to include a vegetable and fruit.

To reduce the cost use more grain foods and less meat and meat substitutes, less sugars and fats. Always use plenty of milk, as children under 16 should have at least a quart each day, and adults a pint either as a beverage or used in cooking. Every time we add a pint of milk to the diet we may reduce the meat by two ounces. A pint of milk is equal in nutritive value to two ounces of meat.

An average woman at moderate work should have each day:

2 1-2 pounds vegetables and fruits.
6 2-3 ounces milk.
11 2-3 ounces meat, fish, egg or cheese.
6 2-3 ounces cereals and grains.
2 1-2 ounces sweets.
2 1-2 ounces fats.

SENATE PROVIDES FOR INSANE SERVICE MEN

WASHINGTON, July 7.—In considering the sundry civil bill the senate increased by $125,000 the appropriation for the support of St. Elizabeth's hospital. The purpose of this increase is to add to the number of attendants and members of the professional staff at the hospital which is located on the outskirts of Washington, and where there are 2,500 insane soldiers and sailors. It is represented that these unfortunate men have not been provided with a sufficient number of attendants and as a result many of them have been kept indoors for weeks at a time.

In the hearings before the house appropriations committee, Rear Admiral William C. Braisted, surgeon general of the navy and president of the board of visitors to St. Elizabeths, admitted the institution was in bad straits.

If a millionaire pays taxes on a million dollars worth of property he will pay as much of the bond issue as five hundred men who own homes valued at two thousand dollars.

When I Feed My Baby

I LOVE to feed my baby. It seems somehow something more than just fixing his bottles and giving them to him.

It seems like giving him actual health—watching his cheeks grow pink, watching his little arms and legs fill out and dimple, watching him sleep better and smile oftener as he grows stronger and takes a firmer grip on life.

It was our old doctor who said, "Try Nestlé's. You know he must have milk in some form—and Nestlé's is a food made out of pure milk, only the curds of the milk are broken up and made easier to digest.

"It has already added to it just the right amount of cream—just the right amount of sugar. It comes to you a clean, fluffy powder in an air-tight tin—all you have to do is add water and boil. There are none of the germ dangers of raw milk—it is the nearest thing I know to mother's milk itself."

And now I love to feed my baby with those warm, full bottles of the food that have taken away fear from my heart.

I know the Nestlé Company will be glad to send you enough for twelve feedings and a Mother's Book by specialists on how to take care of your baby, if you will fill out and send the coupon below. They want you to feed your baby with health and happiness, too.

Nestlé's is pure milk in powder form that is already modified and does not require the further addition of milk. Always pure and safe, always uniform, and free from the dangers of home modification, Nestlé's has stood the test of time, generations and has today the largest sale of any baby food in the world.

FREE! Enough Nestlé's for 12 feedings. Send the coupon!

NESTLÉ'S MILK FOOD

Nestlé's Food Company
Dept. 195, 124 Williams St., New York, N.Y.
Please send me free your book and trial package.
Name
Address
City State

The Price Could Be Cut—This Way

If Cloverbloom Packages Weighed Only 15 Ounces—The Price Would Drop

IF CLOVERBLOOM were packed, like some ordinary butter, in 15-ounce cartons, the price would be lower; because you would get less butter!

But Cloverbloom, high grade Northern creamery butter, is sold only in *full pound* cartons. Even though you pay a cent or two more, it actually costs you less per ounce. Besides, it goes farther and is better quality. Ask for

Armour's Cloverbloom TRADE MARK BUTTER

Which Size Are You Paying For?

The smaller 15 ounce cartons are reproportioned throughout. That's why it's hard to detect the difference. A little butter is taken off each of the sides and ends.

In size these two cartons are almost alike. In weight, they differ. And, based on relative cost, *per ounce of butter*, the *full pound* of Cloverbloom is cheaper.

Read the Label on Your Carton

The law specifies that the net weight of the contents shall be plainly printed on every carton of butter. Look at the label.

Finest Butter Churned

Only the best pasteurized cream is used in churning Cloverbloom butter—rich, pure and sweet. To protect its goodness and flavor it is wrapped in waxed paper parchment and carton. Ask for it.

ARMOUR & COMPANY

H. M. McKAY Manager, Tulsa Branch House, Telephone 103-859

Armour's QUALITY PRODUCTS

Hunt's Daily Store News

VOL. VII TUESDAY, JULY 8, 1919 NO. 8

Sale of Soaps

A fortunate purchase of High-Grade Soaps offered much below present day values.

On Sale for a limited time—
In the Toilet Goods Section

White Laundry Soap
5 Bars for 27c
or $5.19 Case
Not more than one case to a customer and only one purchase to a customer.
A small lot of Armour's White Laundry Soap, marked low to sell at once
—Main Floor

Cuticura Soap
An excellent facial soap. Regular 25c value
at 21c cake
or 59c for box of 3 cakes

Packer's Tar Soap
Especially good for shampoos. Regular 23c value
for 21c cake
59c for box of 3 cakes

Armour's Certified Complexion Soap
Regular 25c values
at 19c cake
65c for box of 4 cakes

Woodbury's Facial Soap
Regular 25c value
for 21c cake
59c for box of 3 cakes

Jergen's Violet Glycerine
A well-known soap with the fragrance of crushed violets. Regular 10c value
23c for box of 3 cakes

Stork Castile Soap
Made from pure olive oil by Armour & Co. Especially fine for baby's bath. Regular 25c value
for 17c cake

Chauteau Toilet Soaps
Another good toilet soap made by Armour & Co., in violet, rose and bouquet odors. Regular 12½c values
for 10c cake
22c for box of 3 cakes

Sylvan Toilet Soaps
High grade toilet soaps made by Armour & Co., in rose, heliotrope, sandalwood, carnation, violet and lilac. Regular 15c value
for 11c cake

Armour's Super-Tar Soap
An excellent bath soap; made of high-grade ingredients. Regular 25c value
for 18c cake
48c for box of 3 cakes

Cocoa Almond Oil
A splendid hard-water soap, made by Andrew Jergens Co. Regular 12½c value
for 10c cake
23c for box of 3 cakes

"Garden Series" Toilet Soaps
One of the very fine toilet soaps made by Armour & Co.; rose, violet and Verbena odors. Regular 25c value
for 24c cake
69c for box of 3 cakes

"Monster" Series Bath Soaps
Buttermilk, hazel cream, oatmeal, Turkish bath and clover blossom soaps. Regular 5c value
69c for box of 12 cakes

"Fair Skin Series" Toilet Soaps
Almond, honey, oatmeal, buttermilk, glycerine and cucumber soaps, made by Armour & Co. Regular 15c value
for 12c cake
33c for box of 3 cakes

Jergens' Bath Tablets
High grade bath soaps in four odors. Regular 12½c values
for 10c cake
12 cakes for 90c

Cashmere Bouquet
Colgate's highly scented toilet soap
for 25c cake

Baby's Bath Combination
3 cakes of Stork Castile soap and large can of unscented borated talcum. Regular 75c value
for 49c

"Rosaire" Series—Toilet Soaps
High-grade toilet soaps; glycerine, oatmeal, Elderfloom, violet, glycerine and almond cocoa. Regular 15c and 20c values
for 12c cake

Armour's Bath Tablets
Extra large size cakes, in four different odors. Regular 12½c value
for 10c cake
3 cakes for 23c; 12 cakes for 90c

"La Satineuse" Series
Fine scented toilet soap, in rose, violet, heliotrope and sandalwood odors. Regular 25c value
for 19c cake
53c for box of 3 cakes

New Ribbon Sport Hats
The shipment includes coral, blue, white and purple
Millinery Dept.
—Third Floor

THE HUNT CO.
—DEPARTMENT STORE—
Main St. —Between Third and Fourth Sts.

Futurist Undergarments
Modern, practical undergarments of batiste and silk, in flesh color.
Section
Mezzanine Floor
Underwear