

### KNIT BABY'S BONNET

PRETTY HEAD COVERING THAT IS EASY TO MAKE.

Best, Perhaps, in Rabbit Yarn or Saxony—Success Will Be Sure if One Will Follow the Directions Given Here.

How cunning the little baby bonnets are knitted in rabbit yarn or saxony, and so easy to make! Indeed, anyone who can do the plain knitting stitch can make a bonnet by following directions:

First, it is necessary to find the face size. This will be 12, 14 or 16 inches, according to the age of the child to wear it. Four skeins of two-fold saxony wool will be required, white or pink, as preferred. To make the bonnet cast on 82 stitches, using No. 2 bone needles. Knit in ridges for 14 inches, or 107 ridges, and bind off.

To make the band round the neck of the crown, with a steel needle pick up one stitch from the 107 ridges.



Made of Rabbit Yarn.

Start on the right side and decrease to 54 stitches by knitting two stitches together to end of row. Knit 13 ridges on these 54 stitches, then bind off. If the bonnet is white, make the turn-back flap of white satin or corded silk—a strip of ribbon about 3 1/2 or 4 inches wide will answer. Decorate with embroidered rosebuds, or, if this is beyond the knitter's skill, bought embroidery could be applied. The outer edge should be trimmed with a frill of narrow val lace and the flap lined with a bit of pink india or other soft silk.

The knitting is laid in three plaits at the ears to shape the bonnet, the stitches to be concealed under rosettes of pink ribbon.

The raw edge of the flap is turned under the knitted edge and a cap lining of soft white silk fitted in. Then a ruching of lace is sewed in around the face, and lastly the ties of white or pink ribbon are added.

Of course, one may keep the bonnet all white, all one color, or a combination of white and a color. For instance, if the baby is a boy the knitting and silk flap might be white and the ribbons blue. The embroidery could be forget-me-nots, or the entire bonnet, with the exception of the lace frill and the ruching, which would be white, of course, might be blue. In that case pink rosebuds would be more effective than forget-me-nots upon a blue background.

### FIRST TEST THE CRETONNE

Cheaper Grade Not Always a Good Investment—Makes Excellent Furniture Cover.

A cheap cretonne is not always a good investment, as it often becomes thin after a few weeks' wear and looks more like a coarse muslin than a good cretonne, so before investing in a low-priced material it should be tested. To do this take a small piece and rub it thoroughly as if washing. If the threads separate and it becomes thin, it will wear badly, and is not really economical, no matter how cheap the price, but if it passes this ordeal it will probably last as long and wear as well as a much higher-priced one.

A cretonne with a dark background is far more serviceable than one of lighter coloring, and need not make the room appear dark if some cheerful tones are introduced into the floral design.

To cover furniture is not really such a difficult task as many would imagine, provided a reliable pattern can be obtained, and it is first carefully pinned to the sofa or chair and fitted so that any parts which are too large or too small can be altered and arranged. Cretonne is generally 30 inches wide, and a full-sized sofa requires six yards.

When cutting the cover for the sofa the pieces for covering the arms must be laid, before cutting, with their right sides together, or when cut it may be found that they are both for the right or left, and this would involve an enormous waste of material. Also the pat-

tern should be planned in such a way that the design will run up the seat and back of the sofa, and over the sides, or arms, and the pattern must be carefully matched in the center, where the material will be joined.

### KEEP HANDS FROM CHAPPING

Or If They Are Now in Bad Condition Here Are Remedies That Will Help.

The first chilly day is the day one should begin to wage a war against chapped hands. If you can keep your hands from becoming chapped in the transitional weather between hot and cold, you will have little difficulty with them later on, for it is in the first cold days that they are especially sensitive to cold. Still, it is never too late.

Chapped hands are almost always caused by insufficient drying after washing, or perhaps the water was icy cold and very hard, or used too hot. Both extremes are bad for the skin. To preserve the hands in good condition in cool weather, they should, whenever possible, be washed in tepid water, and if this is softened by a teaspoonful of borax so much the better.

Be sure to use a soap of good quality, and when drying the hands take the precaution of rubbing each finger separately.

If the hands are rubbed over once a day with a slice of lemon and a little cold cream, or if mutton tallow is rubbed into them thoroughly before going to bed at night, there will be little danger of the skin becoming chapped or rough.

### FOR THE GIRL WHO SKATES

Appropriate and Attractive Costumes of Biscuit Tan Cloth Is Latest Idea of Fashion.

One sees young women in velvet and even silk skating frocks at the rinks in the city, but the real outdoor girl wears a proper skating rig of which an attractive example is il-



lustrated here. Severely tailored coat and skirt are of biscuit tan cloth and the snug little skating hat is red brown beaver with a band to match. White woolen gloves and a warm scarf, which may be tied over the ears if needed, complete the costume.

### SUITABLE FOR FLESHY MAID

Many Fabrics Especially Adapted to Hair and Some She Should Be Careful to Avoid.

The girl who is too fleshy should never wear shiny stuffs such as satin. They catch the light on the curve of your figure and make you look much stouter than you really are. Soft dull stuffs are the right things for you.

Never wear a blouse of one stuff and the skirt of another, but always have whole dresses or costumes. A contrasting vest collar or front on a dark dress is quite allowable.

Wear strips or plain stuffs rather than checks or flowered patterns. Don't have a contrasting belt—it cuts you in two and, by taking away your height, increases your apparent width.

Wear becoming collars. High ones are very unbecoming to a thick throat and, besides, you are nearly sure to have a pretty neck—most stout people have—so you may as well show it.

Let your indoor skirts touch the ground always. Have them made close-fitting on the hips with a good flare out at the foot. A skirt which draws in round the feet always increases the apparent size of the hips.

### USE FOR LEFT-OVER TURKEY

Probably There is No Better Way Than by Converting It into a Salad.

Generally there is quite a bit of the turkey left over, not enough perhaps for a full meal again but quite sufficient for an excellent salad for an evening function, high tea or a course luncheon. If the white turkey meat does run short it is an easy matter to supplement it with some of the dark meat or even roast veal or fresh pork and no one will be the wiser. Cut the meat into dice, then measure and allow an equal quantity of celery, cut in fairly good-sized pieces. If you have any walnuts, butternuts or almonds, cook them in a little stock or boiling salted water for twenty minutes, then chop fine. At serving time mix together the turkey or other meat, nuts and celery and allow to each quart of the mixture, a teaspoonful of salt, a quarter teaspoonful of paprika, a teaspoonful of Worcestershire sauce and if you like it a tiny piece or clove of garlic, just enough to give a suggestion to the palate, without the odor. Toss and mix well and having lined your salad bowl with crisp lettuce leaves, put in the salad mixed with a little mayonnaise, heap up, mask with more mayonnaise and serve. A pretty garnish for this is the stuffed olives or bits of the sweet red peppers that come in cans. Chicken salad is made in the same way. A few spoonfuls of the stock in which the chicken has been boiled, makes a richer salad.

### YEAST FOR THE QUICK BREAD

Its Proper Preparation Has Much to Do With the Success of the Baking.

Two hour bread is mixed, kneaded, raised, and baked in two hours. But first there is yeast to make for it. To make yeast for the two-hour bread, boil six potatoes until soft. Take out, mash them, and add them to the water (there should be one quart of this) with four tablespoonfuls of sugar, two tablespoonfuls of salt, two tablespoonfuls of shortening, either lard or butter, and set all aside until lukewarm. Add, then, half a cake of yeast which has been dissolved in half a pint of lukewarm water; stir in half a cupful of flour, and let the yeast stand 36 hours. Use one and a half cupfuls of this liquid for each loaf and just enough flour to keep the dough from sticking to the board. Stir in with a spoon, then knead on the breadboard for 20 minutes and shape into loaves. Let these rise again until they are the size you wish the loaves to be, put them into the pan, and bake 30 or 40 minutes.

### Lamb Souffle.

Melt one tablespoonful butter, add one-half tablespoonful flour and stir until well blended; then pour on gradually, while stirring constantly, one cupful of milk. Bring to the boiling point, add one-quarter cupful of soft stale bread crumbs, one-half teaspoonful salt, one-quarter teaspoonful celery salt, few grains of pepper and a few drops of onion juice. Remove from the range, add one cupful finely chopped cold cooked lamb, yolks of two eggs, beaten until thick and lemon-colored; then cut and fold in the whites of two eggs, beaten stiff and dry. Turn into a buttered baking dish and bake 30 minutes in a moderate oven. Serve with tomato sauce. Beef, veal or chicken may be used instead of lamb. This dish is easily prepared and a splendid way to use leftovers.

### Cold Chicken Soup.

Cook one chicken, half bunch of celery, quarter cupful of rice in two quarts of water, cool, skim, add minced parsley, two tablespoonfuls grated cooked ham, juice of a lemon, two cupfuls cream, salt, white pepper, and dice of white bread.

### Clam Broth on Bellevue.

Take a dozen large cherry-stone clams. Wash them well and place them in a deep pan, covering them with a pint of water. Let them boil for ten minutes; the hot water will open the clams. Remove the clams and strain the broth through a cloth. Cut up the clams in tiny bits and put them in the soup. For company you can add a little chicken broth to the clam broth and a touch of whipped cream on the top of the individual cups.

### Baked Apples.

Baked apples have an excellent effect upon the whole physical system, feeding the brain as well as adding to the flesh and keeping the blood pure. Baked sweet apples are a very pleasing addition to a saucer of oatmeal when served with sweet cream. They are very appetizing. Thousands of bushels of sour apples are used for pies in hundreds of families, where well-baked apples would prove more nourishing food and much more economical. They are good for old people.

### IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair. A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant. Adv.

### Left It to the Horse.

The Swede knew that he was incompetent, but he needed the job very badly indeed. The farmer saw at a glance that he was a green hand, but he was urgently in need of help.

So an arrangement was made. After dinner the farmer sent his new hand down to plow a field, and a few moments later followed him. Peering from the concealment of a clump of bushes, he observed for some time the frantic but futile efforts of his hand to run a straight furrow. Finally the Swede came to a discouraged halt, mopped his brow and addressed the horses wearily.

"Oh, well, then, go wherever you please," he said. "It all has got to be plowed anyway."

### FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

### An Awful Mistake.

"That was an awful mistake the surgeon made. The man he operated on didn't have what he thought he did." "Didn't have appendicitis, at all, eh?" "Oh, he had appendicitis, all right, but he didn't have any money."

Will power may merely be another name for won't power.

### Backache Warns You

Backache is one of Nature's warnings of kidney weakness. Kidney disease kills thousands every year. Don't neglect a bad back. If your back is lame—if it hurts to stoop or lift—if there is irregularity of the secretions—suspect your kidneys. If you suffer head-aches, dizziness and are tired, nervous and worn-out, you have further proof. Use Doan's Kidney Pills, a fine medicine for bad backs and weak kidneys.

### An Ohio Case

Mrs. Julia Risk, 706 Summit St., DeLancey, Ohio, says: "I was in a bad way with kidney trouble and for days I had to stay in bed. Dreadful headaches came on and the pains in the small of my back were so bad, I could hardly stand them. I couldn't rest well, and was tired and worn-out. I was a weak and emaciated and my complexion was sallow. Doan's Kidney Pills brought me relief after doctors had failed and gradually I improved until I was in good health again."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
POSTER-MILBURN CO., BUFFALO, N. Y.

### Don't Cut Out A SHOE BOIL, CAPPED HOCK OR BURSITIS



will remove them and leave no blemishes. Reduces any puff or swelling. Does not blister or remove the hair, and horse can be worked. \$2 a bottle delivered. Book 6 K free. ABSORBINE, JR., the antiseptic liniment for medical. For Boils, Bruises, Old Sores, Swellings, Various Veins, Varicocites, Allays Pain. Price \$1 and \$2 a bottle at druggists or delivered. Will tell more if you write. W. F. YOUNG, P. D. F., 210 Temple St., Springfield, Mass.

### Wouldn't Work Twice.

"Hello! Just the man I wanted to see! I was just telling friends—or trying to tell them—that story you told me last week, but I could not begin to make it as exasperatingly funny as you made it. Come on, tell it to them."

"I cannot tell that story again until—"

"Until what?" "Until you have repaid the \$5 you borrowed from me the last time you laughed at it."

### Fond of Engravings.

Grubbs—Who is your favorite artist? Stubbs—The gentleman who designs Uncle Sam's \$20 gold certificates.

### Status of the United States.

Knicker—Are we prepared for defense and offense? Bocker—No, only for sit-on-the-fence.

### The Usual Way.

"That affair is too much of a tax on my patience." "Why not swear it off?"

### Specifications Sought.

"She is a very smart woman." "High-brow or low-neck species?"—Philadelphia Ledger.

### Dubious.

"Your wife is out of danger then?" "I shall think so unless the doctor comes back."

Many a woman poses as an angel who wears her wings on her hat instead of on her shoulders.

If a woman continually accuses her husband of being bad the chances are that he will make good.

It's well to know how to do some things, and better to know how to not do others.

There is only one way to get along with some people, and that is their own way.

No man can be popular unless he has learned to keep his troubles to himself.



### Canada is Calling You to her Rich Wheat Lands

She extends to Americans a hearty invitation to settle on her FREE Homestead lands of 160 acres each or secure some of the low priced lands in Manitoba, Saskatchewan and Alberta.

This year wheat is higher but Canadian land just as cheap, so the opportunity is more attractive than ever. Canada wants you to help to feed the world by tilling some of her soil—land similar to that which during many years has averaged 20 to 45 bushels of wheat to the acre. Think what you can make with wheat around \$1 a bushel and land so easy to get. Wonderful yields also of Oats, Barley and Flax. Mixed farming is fully as profitable an industry as grain growing.

The Government this year is asking farmers to put increased acreage into grain. Military service is not compulsory in Canada but there is a great demand for farm labor to replace the many young men who have volunteered for service. The climate is healthful and agreeable, railway facilities excellent, good schools and churches convenient. Write for literature and particulars as to reduced railway rates to Superintendent Immigration, Ottawa, Canada, or to

W. S. NETHERY, Room 82, Interurban Bldg., Columbus, O.

Canadian Government Agent